



# 4<sup>th</sup> SOUTH ASIAN JUNIOR ATHLETICS CHAMPIONSHIPS



11<sup>th</sup> - 13<sup>th</sup> September 2024

Jawaharlal Nehru Stadium, Chennai

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## Results Day-3 (13-09-2024)



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**4th South Asian Junior Athletics Championships 2024**

JN Stadium Chennai, Tamil Nadu

11-13 September 2024



**Event # 10 MENS Triple Jump JUNIOR**

#SAAF JUNIOR RECORD:K.RAJ K COLOMBO 15.96 06/05/2018

1	D.M.H.KAVINDA DISSANAYA	256	25/01/05	SRI LANKA	+0.2m/s	<b>15.09m</b>
	15.04, 15.09, 13.59, 15.04, 14.51, 14.46					
2	M.D.S.HANSAKA SANDEEPA	269	29/10/06	SRI LANKA	+0.5m/s	<b>14.92m</b>
	F, 14.92, 14.63, 14.91, F, 14.87					
3	MD. TAMIM HOSSAIN	109	08/01/08	BANGLADESH	-0.3m/s	<b>14.75m</b>
	14.31, 14.75, 14.71, 14.21, 14.45, 14.45					
4	BHUPENDRA SINGH BISHT	159	13/10/05	INDIA	+0.8m/s	<b>14.71m</b>
	F, 14.34, F, 14.65, 14.20, 14.71					
5	RAVIPRAKASH .	156	23/11/05	INDIA	+0.4m/s	<b>14.70m</b>
	14.51, 14.17, 14.28, 14.70, 14.15, 13.23					
	BISHAL GURUNG	209	29/07/08	NEPAL		<b>NM</b>
	F, F, F, F, F, -					

**Event # 27 WOMENS Javelin Throw JUNIOR**

#SAAF JUNIOR RECORD:S.CHOUDHARY COLOMBO 48.08 06/05/2018

1	DEEPIKA .	124	21/11/05	INDIA		<b>54.98m #</b>
	52.08, 53.02, 52.40, 54.98, 52.23, 51.79					
2	POONAM .	127	22/04/07	INDIA		<b>51.21m #</b>
	46.23, 42.54, 51.21, 46.34, 46.91, 45.77					
3	W.G.NISANSALA MADUBASH	229	20/12/05	SRI LANKA		<b>35.02m</b>
	34.05, F, F, 35.02, F, F					

**Event # 25 WOMENS Shot Put JUNIOR**

#SAAF JUNIOR RECORD:K.BALIYAN COLOMBO 14.77 05/05/2018

1	TAMANNA .	128	31/08/06	INDIA		<b>14.43m</b>
	F, 12.91, 13.84, 14.43, 13.99, 14.02					
2	POOJA KUMARI	138	01/07/07	INDIA		<b>14.02m</b>
	13.60, 13.48, 14.02, 13.50, 13.98, F					
3	H.ISALI MALKETHMI	230	20/12/05	SRI LANKA		<b>10.68m</b>
	9.37, 10.05, 10.40, 10.54, 10.60, 10.68					
4	SHARMIN AKTER	103	01/12/05	BANGLADESH		<b>10.41m</b>
	10.19, 10.09, 10.13, 10.25, 10.41, 10.01					

**Event # 8 MENS High Jump JUNIOR**

**HEIGHTS: 1.80, 1.85, 1.90, 1.93, 1.96, 1.99, 2.02, 2.04, 2.06, 2.08, 2.10, 2.12, 2.14, 2.15, 2.17, 2.19**

#SAAF JUNIOR RECORD:S.MOHAN RANCHI 2.06 11/11/2013

1	G.LESANDU ARTHAVIDU	248	16/05/06	SRI LANKA		<b>2.17m #</b>
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2	A.T.DINUSHAN MENDIS	263	24/03/08	SRI LANKA		<b>2.10m #</b>
	--- --- --- --- --- XO O O O XXO XO XXX					
3	JUWEL THOMAS	184	06/06/07	INDIA		<b>2.04m</b>
	O O O O XO O XO O XXX					
4	SAGAR ROY	175	31/10/06	INDIA		<b>1.93m</b>
	--- --- XO XXO XXX					



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**Event # 5 MENS 1500m Run JUNIOR**

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#SAAF JUNIOR RECORD:A.. COLOMBO 3:51.52 05/05/2018

1	PRIYANSHU .	154	20/05/06	INDIA	<b>3:53.22</b>
2	RAHUL SARNALIYA	178	15/10/06	INDIA	<b>3:53.64</b>
3	T.W.M.PRASHAN BUDDIKA R	250	13/06/06	SRI LANKA	<b>4:03.79</b>
4	BADAL KARKI	208	27/03/08	NEPAL	<b>4:06.47</b>
5	G.T.BANDARAGE SANUKA M	270	03/01/06	SRI LANKA	<b>4:14.93</b>
6	AJAYA B.K	207	24/03/07	NEPAL	<b>4:24.89</b>
7	AIDH ABDULLA RIFAU	195	12/09/08	MALDIVES	<b>4:40.95</b>
8	MOHAMED AYAAN SHAFEEU	198	03/06/08	MALDIVES	<b>4:44.81</b>

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**Event # 19 WOMENS 1500m Run JUNIOR**

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#SAAF JUNIOR RECORD:D.DEORE COLOMBO 4:31.38 05/05/2018

1	VINEETA GURJAR	136	27/09/05	INDIA	<b>4:33.63</b>
2	LAXITA VINOD SANDILEA	147	13/02/05	INDIA	<b>4:37.61</b>
3	T.G.H.DULANJANA PRADEEP	234	13/06/06	SRI LANKA	<b>4:39.01</b>
4	M.G.T.ABHISHEKA PEMASIRI	233	30/10/08	SRI LANKA	<b>4:49.54</b>
5	NARAYANI BHANDARI	205	21/12/07	NEPAL	<b>4:59.59</b>
6	ASHMITA BHUJEL	203	27/06/07	NEPAL	<b>5:00.45</b>
7	EDEN SONAM	119	21/07/07	BHUTAN	<b>6:31.23</b>

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**Event # 29 MENS 4x400m Relay JUNIOR**

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#SAAF JUNIOR RECORD:S.U20 TEAM COLOMBO 3:08.21 06/05/2018

1	SRI LANKA D			SRI LANKA				<b>3:09.27</b>
	266	U NETHSARA	14-02-2005	271	J SHASHINTHA SILVA	10-12-2007		
	258	G.W.JATHYA KIRULU	15-06-2006	267	S RAJAKARUNA	02-05-2007		
2	INDIA B			INDIA				<b>3:11.14</b>
	173	ABIRAM P	18-12-2005	151	ANKUL .	19-11-2005		
	170	VINOD KUMAR BANOTH	16-12-2005	169	JAY KUMAR	10-06-2006		
3	BANGLADESH A			BANGLADESH				<b>3:21.50</b>
	114	B SHEIKH	31-12-2006	116	M AL SOBUR	31-12-2005		
	112	MD. HAFIZUR RAHMAN	20-02-2008	115	MD. ASLAM SIKDER	06-06-2006		
4	PAKISTAN C			PAKISTAN				<b>3:22.39</b>
	214	KHAN ANIS	08-03-2005	217	FARHAN MUHAMMAD	12-05-2006		
	222	K MUHAMMAD SHERAZ	03-02-2005	221	SHARJEEL MUHAMMAD	01-12-2005		
5	MALDIVES E			MALDIVES				<b>3:25.47</b>
	196	HUSSAIN ZEEK SUAD	29-12-2005	200	M ZU IZ SUAD	30-05-2007		
	201	Y MOHAMED	05-01-2006	194	ABDULLA IKRAM	05-05-2005		
	NEPAL E			NEPAL				<b>DNS</b>



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**Event # 30 WOMENS 4x400m Relay JUNIOR**

#SAAF JUNIOR RECORD:S.U20 TEAM COLOMBO 3:43.31 06/05/2018

1	INDIA B			INDIA			<b>3:44.35</b>
	146	S SACHIN SANGLE	16-11-2005	148	KANISTA TEENA	01-12-2005	
	141	SANDRA MOL SABU	08-07-2005	144	NEERU PAHTAK	27-01-2007	
2	SRI LANKA C			SRI LANKA			<b>3:49.99</b>
	247	A WIJETHUNGA	12-07-2006	236	D PRAVINDI DUNUSING	12-03-2005	
	241	G SASHINI BHAGYA	03-06-2007	232	K.TAKSHIMA NUHANSA	29-11-2006	
3	BANGLADESH A			BANGLADESH			<b>3:57.37</b>
	104	NUSRAT JAHAN RUNA	15-02-2005	101	MST MIM AKTER	30-12-2007	
	106	MST AZMI KHTUN	20-10-2007	102	MST SUMAIYA AKTER	24-12-2007	
4	MALDIVES D			MALDIVES			<b>4:08.07</b>
	189	HAWWA MUZNA FAIZ	17-02-2006	192	Z RASHEED	20-07-2008	
	193	ZIVA MOOSA SHAFEEU	10-06-2007	186	AHNA NIZAAR	25-06-2007	
	NEPAL D			NEPAL			<b>DNS</b>

**Event # 24 WOMENS Triple Jump JUNIOR**

#SAAF JUNIOR RECORD:P.S COLOMBO 12.69 06/05/2018

1	RISHIKA AWASTHI	152	23/11/05	INDIA	-0.2m/s	<b>12.76m #</b>
	F, 12.41, 12.48, 12.76, F, 12.67					
2	M.DILKI NEHARA	231	14/04/08	SRI LANKA	+0.1m/s	<b>12.32m</b>
	12.23, F, 12.18, 11.79, 12.08, 12.32					
	ANISHA THARU	202	13/08/08	NEPAL		<b>NM</b>
	F, -, NM, r					
	PRATHIKSHA YAMUNA	150	03/11/05	INDIA		<b>NM</b>
	F, F, F, F, F, F					
	H.M.N.MADUSHANI HERATH	224	04/05/05	SRI LANKA		<b>DNS</b>
	DNS					

**Event # 2 MENS 200m Run JUNIOR**

#SAAF JUNIOR RECORD:H.EASHAN RANCHI 21.44 12/11/2013

**RESULTS OF FINALS**

1	R.INDUSARA VIDUSHAN	275	09/02/05	SRI LANKA	-0.7m/s sw	<b>21.33 #</b>
2	PRATIK MAHARANA	171	08/06/07	INDIA	-0.7m/s sw	<b>21.41 #</b>
3	W.M.KOUSHAN THAMEL	272	22/02/05	SRI LANKA	-0.7m/s sw	<b>21.44 #</b>
4	ANKIT KUMAR KASWAN	165	05/06/05	INDIA	-0.7m/s sw	<b>21.63</b>
5	GAJENDRA SINGH	181	24/03/07	INDIA	-0.7m/s sw	<b>21.90</b>
6	MUNIR MUHAMMAD	219	10/11/05	PAKISTAN	-0.7m/s sw	<b>22.51</b>
7	AADESH KUMAR YADAV	206	02/12/06	NEPAL	-0.7m/s sw	<b>22.66</b>
8	ULLAH ATTA	215	03/05/07	PAKISTAN	-0.7m/s sw	<b>22.99</b>

**RESULTS OF PRELIMS Heat 1**

1	W.M.KOUSHAN THAMEL	272	22/02/05	SRI LANKA	-0.3m/s w	<b>21.66</b>
2	PRATIK MAHARANA	171	08/06/07	INDIA	-0.3m/s w	<b>21.97</b>
3	ANKIT KUMAR KASWAN	165	05/06/05	INDIA	-0.3m/s w	<b>22.03</b>
4	AADESH KUMAR YADAV	206	02/12/06	NEPAL	-0.3m/s w	<b>22.76</b>
5	ULLAH ATTA	215	03/05/07	PAKISTAN	-0.3m/s w	<b>23.17</b>
6	TOBGAY TASHI	122	31/07/07	BHUTAN	-0.3m/s w	<b>25.94</b>

**RESULTS OF PRELIMS Heat 2**

1	R.INDUSARA VIDUSHAN	275	09/02/05	SRI LANKA	-0.9m/s s	<b>21.82</b>
2	GAJENDRA SINGH	181	24/03/07	INDIA	-0.9m/s s	<b>22.23</b>
3	MUNIR MUHAMMAD	219	10/11/05	PAKISTAN	-0.9m/s s	<b>22.86</b>
	YUBRAJ B.K	210	14/02/05	NEPAL		<b>DNS</b>



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**Event # 16 WOMENS 200m Run JUNIOR**

#SAAF JUNIOR RECORD:A.SUSEENDRAN RANCHI 24.32 12/11/2013

1	UNNATHI AIYAPPA BOLLAND	130	05/06/05	INDIA	+0.2m/s e	<b>23.91 #</b>
2	NANCY .	125	12/12/07	INDIA	+0.2m/s e	<b>24.11 #</b>
3	NEERU PAHTAK	144	27/01/07	INDIA	+0.2m/s e	<b>24.91</b>
4	A.W.G.J. SHENAR WIJETHUNG	247	12/07/06	SRI LANKA	+0.2m/s e	<b>25.20</b>
5	P.U. DILANMA RANSINI PERE	238	17/01/07	SRI LANKA	+0.2m/s e	<b>25.42</b>
6	DINA GOPALI	204	08/02/09	NEPAL	+0.2m/s e	<b>28.43</b>
7	PELDEN CHIMMI	117	15/08/09	BHUTAN	+0.2m/s e	<b>31.97</b>

**Event # 13 MENS Javelin Throw JUNIOR**

#SAAF JUNIOR RECORD:A.SINGH COLOMBO 71.47 05/05/2018

1	ROHAN YADAV	185	10/09/06	INDIA		<b>69.22m</b>
	63.78, 69.22, F, 67.38, F, F					
2	DIPANSHU SHARMA	180	25/04/06	INDIA		<b>68.85m</b>
	67.41, 68.85, F, 66.86, F, 64.11					
3	U.G.B.DILHARA DANASINGH	253	05/02/05	SRI LANKA		<b>62.22m</b>
	F, 60.21, 62.16, 61.55, 62.22, 60.50					
4	BILAL MUHAMMAD	216	12/02/06	PAKISTAN		<b>60.27m</b>
	56.69, 54.46, 57.22, 57.82, 60.27, 59.83					

**Event # 14 MENS 4x100m Relay JUNIOR**

#SAAF JUNIOR RECORD:S.U20 TEAM COLOMBO 41.27 30/11/2007

1	SRI LANKA D			SRI LANKA		<b>40.28 #</b>
	272 W.M.KOUSHAN THAMEL	22-02-2005		254 W DINETH INDUWARA	14-01-2005	
	275 R VIDUSHAN	09-02-2005		264 W MERONE JULIAN	10-07-2005	
2	INDIA B			INDIA		<b>40.76 #</b>
	171 PRATIK MAHARANA	08-06-2007		176 KARTHIKEYAN S	11-09-2005	
	177 MAHENDRA SANTA	25-05-2005		164 D MRUTYAM JAYARAM	12-01-2005	
3	MALDIVES E			MALDIVES		<b>41.98</b>
	196 HUSSAIN ZEEK SUAD	29-12-2005		197 I NIZAAAR	28-02-2006	
	200 M ZU IZ SUAD	30-05-2007		199 M SHAMIN	26-11-2005	
4	BANGLADESH A			BANGLADESH		<b>42.63</b>
	111 MD. MASUM MOSTOFA	20-08-2006		109 MD. TAMIM HOSSAIN	08-01-2008	
	110 MD. SHIPON MIA	10-01-2009		113 D SAIDY	04-05-2008	
5	PAKISTAN C			PAKISTAN		<b>42.96</b>
	212 MUAVIA AMEER	29-08-2007		219 MUNIR MUHAMMAD	10-11-2005	
	215 ULLAH ATTA	03-05-2007		218 HASNAIN MUHAMMAD	01-06-2005	
	NEPAL E			NEPAL		<b>DNS</b>



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**Event # 28 WOMENS 4x100m Relay JUNIOR**

#SAAF JUNIOR RECORD:S.U20 TEAM COLOMBO 46.23 05/05/2018

1	INDIA B	125 NANCY .	12-12-2007	INDIA	134 N CORNELIO	02-02-2005	45.08 #
		145 ABINAYA RAJARAJAN	21-11-2006		129 V SUDHEEKSHA .	28-04-2005	
2	SRI LANKA C	246 H SITHMINI RANASGAL	20-07-2005	SRI LANKA	239 K.DHANANI RASHMA	23-06-2005	46.48
		238 P RANSINI PERERA	17-01-2007		244 S SHANELLA ANNE	20-03-2005	
3	MALDIVES D	189 HAWWA MUZNA FAIZ	17-02-2006	MALDIVES	186 AHNA NIZAAR	25-06-2007	48.04
		193 ZIVA MOOSA SHAFEEU	10-06-2007		190 MARIYAM RU YA ALI	16-06-2005	
4	BANGLADESH A	101 MST MIM AKTER	30-12-2007	BANGLADESH	105 MAYNA KHANOM	08-01-2005	48.18
		106 MST AZMI KHTUN	20-10-2007		102 MST SUMAIYA AKTER	24-12-2007	



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