



63rd NATIONAL OPEN ATHLETICS CHAMPIONSHIPS - 2024

30th AUG - 02nd SEP 2024

Sree Kanteerva Stadium, Bangalore, Karnataka

Organised by



Jointly Organised by

Karnataka Athletics Association



START LIST DAY-4 (02-09-2024)



HSBC



63rd National Open Athletics Championships 2024

Sree Kanteerava Stadium, Bangaluru, Karnataka

Updated Competition Schedule As on 31 08 2024

Event No	Scheduled Time	Event & Specification	Gender	Round
02-09-2024 Forenoon				
401	0630hrs	10000m	Men	Final 31
402	0710hrs	10000m	Women	Final 32
	0745hrs	10000m	Men	Medal Ceremony 31
	0750hrs	10000m	Women	Medal Ceremony 32
403	0800hrs	Long Jump	Women	Heptathlon 5
404	0900hrs	Javelin Throw [600gm]	Women	Heptathlon 6
02-09-2024 Afternoon				
405	1300hrs	Triple Jump	Men	Final 33
406	1310hrs	Hammer Throw [4.000kg] FOP 2	Women	Final 34
407	1320hrs	Javelin Throw [800gm]	Men	Final 35
408	1330hrs	400m Hurdles [76.2cm]	Women	Final 36
409	1345hrs	400m Hurdles [91.4cm]	Men	Final 37
410	1405hrs	200m	Women	Final 38
411	1415hrs	200m	Men	Final 39
	1420hrs	400m Hurdles [76.2cm]	Women	Medal Ceremony 33
	1425hrs	400m Hurdles [91.4cm]	Men	Medal Ceremony 34
412	1430hrs	800m	Women	Final 40
413	1440hrs	800m	Men	Final 41
414	1445hrs	Long Jump	Women	Final 42
415	1450hrs	800m	Women	Heptathlon 7/ 43
	1455hrs	Hammer Throw [4.000kg] FOP 2	Women	Medal Ceremony 35
416	1505hrs	3000m Steeple Chase [91.4cm]	Men	Final 44
	1515hrs	200m	Women	Medal Ceremony 36
	1520hrs	200m	Men	Medal Ceremony 37
417	1525hrs	3000m Steeple Chase [76.2cm]	Women	Final 45
	1535hrs	800m	Women	Medal Ceremony 38
	1540hrs	800m	Men	Medal Ceremony 39

418	1545hrs	4 X 400m Relay	Women	Final 46
	1550hrs	Heptathlon	Women	Medal Ceremony 40
419	1600hrs	4 X 400m Relay	Men	Final 47
	1610hrs	Triple Jump	Men	Medal Ceremony 41
	1615hrs	Javelin Throw [800gm]	Men	Medal Ceremony 42
	1620hrs	Long Jump	Women	Medal Ceremony 43
	1625hrs	3000m Steeple Chase [91.4cm]	Men	Medal Ceremony 44
	1630hrs	3000m Steeple Chase [76.2cm]	Women	Medal Ceremony 45
	1635hrs	4 X 400m Relay	Women	Medal Ceremony 46
	1640hrs	4 X 400m Relay	Men	Medal Ceremony 47



HSBC



Athletics Federation of India

www.indianathletics.in

63rd National Open Athletics Championships 2024**Sree Kanteerava Outdoor Stadium****30 Aug-02 September, Bangalore, Karnataka****Start List Day- 4 (02/09/2024)**

Event # 7 MENS 10000m Run				
NR.:G.SINGH SAN JUAN CAPISTRANO 27:41.81 16/03/2024				
MR.:SHIVNATH SINGH JALANDHAR 28:58.10 1978				
1	MUKESH KUMAR	671	10/11/03	RAJASTHAN
2	HARISH .	583	09/06/99	RAILWAY SPORTS
3	PARMJEET SINGH	685	15/08/99	RAJASTHAN
4	ABHISHEK DEVKATE	427	05/09/02	MAHARASHTRA
5	RINKU SINGH	629	19/06/03	RAILWAY SPORTS
6	SUNIL .	442	05/12/02	MANIPUR
7	VINOD SINGH	413	20/07/05	MADHYA PRADESH
8	ARUN RATHOD	438	27/03/00	MAHARASHTRA
9	GULVEER SINGH	743	01/06/98	SSCB
10	ROHIT ..	247	05/03/98	HARYANA
11	AMARESH PRAJAPATI	158	10/09/01	DELHI
12	SAWAN BARWAL	706	18/02/98	SSCB
13	SUNIL KUMAR	723	10/03/97	SSCB
14	SURESH KUMAR	474	01/07/91	ONGC
15	DINESH .	852	09/05/99	UTTAR PRADESH
16	TRILOK KUMAR	125	10/08/01	BIHAR
17	RAJESH KUMAR	897	01/06/94	UTTRAKHAND
18	KRIPASHANKAR YADAV	446	11/05/05	MANIPUR
19	RAJ PATHAK	871	12/01/00	UTTAR PRADESH
20	MOHD ALEEM	857	20/01/03	UTTAR PRADESH
21	ABHISHEK ..	589	15/07/97	RAILWAY SPORTS
22	ROHIT KUMAR	156	07/01/01	DELHI
Event # 29 WOMENS 10000m Run				
NR.:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010				
MR.:KAVITA RAUT KOCHI 32:41.31 2010				
1	BABLI VERMA	848	08/05/00	UTTAR PRADESH
2	SONIKA .	538	12/06/99	RAILWAY SPORTS
3	SONIYA .	889	25/07/00	UTTRAKHAND
4	AMRITA PATEL	568	08/03/01	RAILWAY SPORTS
5	K M LAXMI .	281	01/02/98	KARNATAKA
6	BHARTI .	193	01/01/97	HARYANA
7	SEEMA ..	265	10/01/01	HIMACHAL PRADESH
8	SANJIVANI JADHAV	418	12/07/96	MAHARASHTRA
9	D.LATHA D	766	20/06/02	TAMIL NADU
10	REEBA GEORGE	334	07/08/96	KERALA
11	ARCHANA JADHAV	417	10/10/04	MAHARASHTRA
12	KAVITA .	198	16/12/98	HARYANA
13	KAVITA YADAV	850	08/11/98	UTTAR PRADESH
14	PRANALI SANAJY SHEGOKAR	420	09/10/03	MAHARASHTRA
15	SUCHIKA .	644	02/02/02	RAJASTHAN
16	POONAM SONUNE	580	04/04/00	RAILWAY SPORTS
17	ANJULI SUBBA	689	24/07/00	SIKKIM
Event # 50 WOMENS Long Jump Heptathlon-5				
TIME: 08:00 HRS				
Event # 51 WOMENS Javelin Throw Heptathlon-6				
TIME: 09:00 HRS				

Event # 14 MENS Triple Jump					FINAL
NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023					TIME: 13:00 HRS
MR.:RENJITH MAHESHWARY KOCHI 16.97 2010					
1	NARPINDER .	504	06/11/02	PUNJAB	
2	YUVA RAJ .	798	31/07/01	TAMIL NADU	
3	RAHUL ..	508	31/10/98	PUNJAB	
4	YASHAS GOWDA	314	07/11/02	KARNATAKA	
5	MOHANRAJ J	807	26/06/01	TAMIL NADU	
6	PUNEET KUMAR	722	02/02/94	SSCB	
7	PRADEEP KUMAR.	868	20/01/04	UTTAR PRADESH	
8	KAPIL PANDI	612	31/12/95	RAILWAY SPORTS	
9	MOHAMMED S.N	817	24/03/94	TAMIL NADU	
10	ARPINDER SINGH	478	30/12/92	ONGC	
11	VIMAL THAMIZHCHELVAN	751	25/03/96	SSCB	
12	KARTHIK U	752	03/06/93	SSCB	
13	SEBASTIAN V S	381	04/10/03	KERALA	
14	AKASH VARGHESE	636	13/08/01	RAILWAY SPORTS	
15	GAILEY VENISTER	637	31/01/00	RAILWAY SPORTS	
Event # 39 WOMENS Hammer Throw					FINAL
NR.:SARITA SINGH PATIALA 65.25 1/06/2017					TIME: 13:10 HRS
MR.:MANJU BALA WARANGAL 64.42 2021					
1	KULVINDER .	532	15/02/98	RAILWAY SPORTS	
2	MAYA .	642	20/02/01	RAJASTHAN	
3	TANYA CHAUDHARY	834	21/09/03	UTTAR PRADESH	
4	ANISHA DAHIYA	549	03/12/00	RAILWAY SPORTS	
5	ANMOL KAUR	490	04/01/92	PUNJAB	
6	MANPREET KAUR	495	19/08/98	PUNJAB	
7	AAISHA PATEL	838	01/07/99	UTTAR PRADESH	
8	HARSHITA SEHRAWAT	143	01/04/03	DELHI	
9	DIVYA SHANDILYA	453	05/07/98	ODISHA	
10	SARITA R SINGH	578	26/10/89	RAILWAY SPORTS	
11	SHRUTI SINGH	847	21/01/00	UTTAR PRADESH	
12	SURABHI VEDPATHAK	422	29/08/98	MAHARASHTRA	
Event # 18 MENS Javelin Throw					FINAL
NR.:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022					TIME: 13:20 HRS
MR.:D.P MANU BENGALURU 82.06 2023					
1	SACHIN YADAV	885	25/10/99	UTTAR PRADESH	
2	UTTAM PATIL	734	01/11/98	SSCB	
3	ROHIT YADAV	638	06/06/01	RAILWAY SPORTS	
4	SARBJEET SINGH	524	03/09/94	PUNJAB	
5	VIKRANT MALIK	257	02/01/96	HARYANA	
6	SAHIL SILWAL	627	17/12/00	RAILWAY SPORTS	
7	YASHVIR SINGH	631	22/10/01	RAILWAY SPORTS	
8	ARUN BABY	362	30/04/93	KERALA	
9	SHIVAM LOHAKARE	724	14/09/04	SSCB	
10	PARMOD .	696	03/12/99	SSCB	
11	ABHISHEK DRALL	152	11/05/98	DELHI	
12	BIBIN ANTONY	359	04/05/94	KERALA	
Event # 31 WOMENS 400m Hurdles					FINAL
NR.:P.T. USHA LOS ANGELES 55.42 8/08/1984					TIME: 13:30 HRS
MR.:P.T. USHA TRIVANDRUM 56.80 1985					
1	NEHA DHABALE	416	06/08/03	MAHARASHTRA	
2	DEEKSHITA RAMAK GOWDA	296	28/04/03	KARNATAKA	
3	PRAJNA .	283	25/07/01	KARNATAKA	

4	R VITHYA RAMRAJ	571		20/09/98	RAILWAY SPORTS
5	SINCHAL .	537		05/02/01	RAILWAY SPORTS
6	KHUSHDEEP KAUR .	482		03/04/00	PUNJAB
7	OLIMBA STEFFI .	761		15/02/02	TAMIL NADU
8	AMULYA BM	290		15/03/05	KARNATAKA
Event # 9 MENS 400m Hurdles					FINAL
NR.:A. DHARUN PATIALA 48.80 16/3/2019					TIME: 13:45 HRS
MR.:M.P. JABIR RANCHI 49.41 2019					
1	ROHAN KAMBLE	433		15/02/02	MAHARASHTRA
2	KARNA BAG	593		10/07/04	RAILWAY SPORTS
3	MANOOP M .	351		22/08/01	KERALA
4	SATHISH K	808		01/09/94	TAMIL NADU
5	NIKHIL BHARDWAJ	707		24/05/96	SSCB
6	JABIR PALLIYALIL	731		08/06/96	SSCB
7	AMAN .	223		28/11/99	HARYANA
8	AFTAB ALAM	856		03/03/97	UTTAR PRADESH
Event # 24 WOMENS 200m Run					FINAL
NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002					TIME: 14:05 HRS
MR.:SARASWATI SAHA NEW DELHI 22.83 2002					
1	MADHUMITA DEB	384		04/01/02	MADHYA PRADESH
2	DEVYANIBA ZALA	182		15/03/02	GUJARAT
3	NITHYA GANDHE	553		10/11/99	RAILWAY SPORTS
4	KAVERI PATIL	297		11/06/00	KARNATAKA
5	NANCY .	204		12/12/07	HARYANA
6	SAMRITI JAMWAL	266		04/12/03	HIMACHAL PRADESH
7	SRABANI NANDA	451		07/05/91	ODISHA
8	ANTAKSHRI .	639		20/01/00	RAJASTHAN
Event # 2 MENS 200m Run					FINAL
NR.:AMLAN BORGHAIN THENHIPALAM 20.52 6/04/2022					TIME: 14:15 HRS
MR.:ANIMESH KUJUR BENGALURU 20.74 2023					
1	SANDEEP SINGH	749		30/10/97	SSCB
2	JAY SHAH	439		11/10/97	MAHARASHTRA
3	RAGUL KUMAR G	804		22/03/00	TAMIL NADU
4	ABHIN DEVADIGA	599		15/08/01	RAILWAY SPORTS
5	NALUBOTHU SRINIVAS	634		09/10/02	RAILWAY SPORTS
6	NITHIN .	794		12/04/99	TAMIL NADU
7	LOVEPREET SINGH	746		27-11-1999	SSCB
8	SHUBHAM .	242		29/08/01	HARYANA
Event # 26 WOMENS 800m Run					FINAL
NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010					TIME: 14:30 HRS
MR.:TINTU LUKKA KOLKATA 2:00.56 2015					
1	PRISCILLA DANIEL	331		01/07/02	KERALA
2	AKSHANA .	528		01/06/03	RAILWAY SPORTS
3	POOJA ...	543		17/06/02	RAILWAY SPORTS
4	CHANDA .	530		16/08/01	RAILWAY SPORTS
5	KAVITHA V	787		15/06/98	TAMIL NADU
6	TWINKLE .	485		17/10/95	PUNJAB
7	GUG KAUR	491		23/08/98	PUNJAB
8	LAXMIPRIYA KISAN	449		10/04/05	ODISHA

Event # 4 MENS 800m Run				FINAL
NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018				TIME: 14:40 HRS
MR.:GHAMANDA RAM HYDERABAD 1:46.67 2005				
1	MOHAMMED P	730	03/02/96	SSCB
2	AJEET SINGH	410	29/10/02	MADHYA PRADESH
3	MANJEET ..	245	07/07/02	HARYANA
4	PRAKASH GADADE	714	31/07/02	SSCB
5	TUSHAR BHEKANE	307	25/08/03	KARNATAKA
6	SHYAM MILAN BIND	394	05/08/04	MADHYA PRADESH
7	VINOD KUMAR BANOTH	822	16/12/05	TELANGANA
8	GAURAV ATTRI	249	14/10/02	HARYANA
Event # 35 WOMENS Long Jump				FINAL
NR.:ANJU B. GEORGE ATHENS 6.83 27/08/2004				TIME: 14:45 HRS
MR.:ANJU B. GEORGE NEW DELHI 6.74 2002				
1	SHERIN A	764	24/02/00	TAMIL NADU
2	BHAVANI YADAV BHAGAVATHI	547	19/12/98	RAILWAY SPORTS
3	DEEPANSHI SINGH	846	03/04/01	UTTAR PRADESH
4	RIMPI BURAGOHAJ	119	10/12/99	ASSAM
5	ANCY SOJAN E	691	01/03/01	SSCB
6	DEESHA GANAPATHY	295	16/08/05	KARNATAKA
7	LAKSHMI GEMMELA	103	18/06/04	ANDHRA PRADESH
8	KARTHIKA GOTHANDAPANI	555	02/01/96	RAILWAY SPORTS
9	NAYANA JAMES	335	18/10/95	KERALA
10	PRIYANKA KERKETTA	562	13/10/98	RAILWAY SPORTS
11	MANISHA MEREL	450	05/07/01	ODISHA
12	BABISHA P	776	26/12/01	TAMIL NADU
13	PUNITHA RAMASAMY	781	13/04/00	TAMIL NADU
14	KUSUMA RAVADA	105	15/09/01	ANDHRA PRADESH
15	ANJU SINGH	133	23/02/04	CHHATTISGARH
16	NIRMA BHURAJI	174	03/06/04	GUJARAT
Event # 52 WOMENS 800m Heptathlon-7				TIME: 14:50 HRS
Event # 10 MENS 3000m Steeplechase				FINAL
NR.:AVINASH SABLE PARIS 8:09.01 07/07/2024				TIME: 15:05 HRS
MR.:AVINASH SABLE BHUBANESWAR 8:29.80 2018				
1	SURAJ PAL	870	05/02/02	UTTAR PRADESH
2	VIKRAM SINGH	412	03/07/96	MADHYA PRADESH
3	BALKISHAN .	692	09/11/98	SSCB
4	SAURABH SAURABH	260	14/10/99	HARYANA
5	NAGARAJ DIVATE	311	15/08/99	KARNATAKA
6	SIDDHANT PUJARI	437	22/12/01	MAHARASHTRA
7	ATUL POONIA	613	01/10/00	RAILWAY SPORTS
8	BRAHMA LAL KUMAWAT	675	07/12/02	RAJASTHAN
9	GAURAV YADAV	415	04/08/04	MADHYA PRADESH
10	PRINCE .	122	01/11/99	BIHAR
11	MAYKAL DAMOR	183	15/12/01	GUJARAT
12	DHULADEV GHAGARE	429	22/02/03	MAHARASHTRA
13	PRINCE RAJ MISHRA	618	01/03/99	RAILWAY SPORTS
14	AJEET PAL	404	30/12/04	MADHYA PRADESH
15	ROHIT VERMA	754	20/10/98	SSCB
16	DHEERAJ YADAV	883	07/05/03	UTTAR PRADESH
17	VISHNU KUMAR	673	15/07/05	RAJASTHAN
18	BIBIN GEORGE	367	19/02/98	KERALA

19	NISHANT .	237		06/11/04	HARYANA
20	SHUBHAM BHANDARE	423		17/06/00	MAHARASHTRA
21	SANJAY KUMAR DHINDHWAL	664		25/08/03	RAJASTHAN
22	NAGRAJ KHURSANE	605		06/07/95	RAILWAY SPORTS
23	SOURABH ANTIL	703		29/12/01	SSCB
Event # 32 WOMENS 3000m Steeplechase					FINAL
NR.:PARUL CHAUDHARY BUDAPEST 9:15.31 27/08/2023					TIME: 15:25 HRS
MR.:LALITA BABAR KOLKATA 9:39.83 2015					
1	ANJALI .	887		10/03/99	UTTRAKHAND
2	SUSMITA TIGGA	455		25/12/03	ODISHA
3	KOMAL JAGADALE	556		26/01/99	RAILWAY SPORTS
4	ANUPRIYA M	771		10/05/97	TAMIL NADU
5	SMITHA D.R.	291		09/12/00	KARNATAKA
6	JADA RINKAL VINODBHAI	181		01/06/03	GUJARAT
7	VANDANA MORI	178		31/08/02	GUJARAT
8	BHAGYASHREE NAVALE	179		20/12/01	GUJARAT
9	BABLI VERMA	848		08/05/00	UTTAR PRADESH
10	REBI PAL	567		12/12/01	RAILWAY SPORTS
11	CHINTA .	531		26/03/93	RAILWAY SPORTS
Event # 42 WOMENS 4x400m Relay					FINAL
NR.:NATIONAL TEAM ATHENS 3:26.89 27/08/2004					TIME: 15:45 HRS
MR.:RAILWAYS TEAM BENGALURU 3:36.72 2022					
1	ANDHRA PRADESH A	99025			ANDHRA PRADESH
2	KERALA D	99028			KERALA
3	PUNJAB E	99029			PUNJAB
4	KARNATAKA C	99027			KARNATAKA
5	TAMIL NADU G	99031			TAMIL NADU
6	RAILWAY SPORTS F	99030			RAILWAY SPORTS
7	HARYANA B	99026			HARYANA
Event # 20 MENS 4x400m Relay					FINAL
NR.:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023					TIME: 16:00 HRS
MR.:SERVICES TEAM KOLKATA 3:06.63 2015					
2	HARYANA A	99013			HARYANA
3	RAILWAY SPORTS E	99017			RAILWAY SPORTS
4	ODISHA C	99015			ODISHA
5	SSCB F	99018			SSCB
6	TAMIL NADU G	99019			TAMIL NADU
7	KERALA B	99014			KERALA
8	PUNJAB D	99016			PUNJAB

