



# 63<sup>rd</sup> NATIONAL OPEN ATHLETICS CHAMPIONSHIPS - 2024

**30<sup>th</sup> AUG - 02<sup>nd</sup> SEP 2024**

**Sree Kanteerva Stadium, Bangalore, Karnataka**

*Organised by*



*Jointly Organised by*

**Karnataka Athletics Association**



# Detailed Results



HSBC



**63rd National Open Athletics Championships 2024**

Sree Kanteerava Outdoor Stadium

02-09-2024

8/30/24 - 9/2/24

30 Aug-02 September, Bangalore,Karnataka

**Event # 1 MENS 100m Run**

#NR.:M.HOBLIDHAR BENGALURU 10.23 11/10/2023

% MR.:MANIKANTA HOBLIDHAR BENGALURU 10.23 2023

**RESULTS OF FINALS Heat 1**

1	LALU PRASAD BHOI	457	21/09/03	ODISHA	+0.0m/s e	<b>10.46</b>
2	MANIKANTA H	716	29/11/01	SSCB	+0.0m/s e	<b>10.48</b>
3	SIVA B	592	13/10/94	RAILWAY SPORTS	+0.0m/s e	<b>10.50</b>
4	AMLAN BORGHAIN	596	25/04/98	RAILWAY SPORTS	+0.0m/s e	<b>10.51</b>
5	GURINDERVIR SINGH	744	24/12/00	SSCB	+0.0m/s e	<b>10.55</b>
6	NALUBOTHU SRINIVAS	634	09/10/02	RAILWAY SPORTS	+0.0m/s e	<b>10.59</b>
7	PRANAV GURAV	430	03/07/01	MAHARASHTRA	+0.0m/s e	<b>10.68</b>
8	HARJIT .	694	28/08/97	SSCB	+0.0m/s e	<b>11.67</b>

**RESULTS OF SEMIS Heat 1**

1	AMLAN BORGHAIN	596	25/04/98	RAILWAY SPORTS	-0.2m/s w	<b>10.46</b>
2	HARJIT .	694	28/08/97	SSCB	-0.2m/s w	<b>10.55</b>
3	GAGAN L GOWDA	313	29/06/02	KARNATAKA	-0.2m/s w	<b>10.71</b>
4	NISHANT KUMAR	865	22/06/01	UTTAR PRADESH	-0.2m/s w	<b>10.73</b>
5	JAY SHAH	439	11/10/97	MAHARASHTRA	-0.2m/s w	<b>10.74</b>
6	ABHINAV C	363	16/04/01	KERALA	-0.2m/s w	<b>10.86</b>
	10.851					
7	VIBHASKAR KUMAR	126	15/02/04	BIHAR	-0.2m/s w	<b>10.86</b>
	10.860					
8	SANJEEV RAJAK	136	28/12/98	CHHATTISGARH	-0.2m/s w	<b>11.08</b>

**RESULTS OF SEMIS Heat 2**

1	MANIKANTA H	716	29/11/01	SSCB	+0.7m/s ne	<b>10.48</b>
2	NALUBOTHU SRINIVAS	634	09/10/02	RAILWAY SPORTS	+0.7m/s ne	<b>10.50</b>
3	PRANAV GURAV	430	03/07/01	MAHARASHTRA	+0.7m/s ne	<b>10.54</b>
4	ABHINASH SAHU	471	23/03/00	ODISHA	+0.7m/s ne	<b>10.56</b>
5	GUNI VASANT NAIDU	272	30/07/97	JHARKHAND	+0.7m/s ne	<b>10.72</b>
6	ARUN C	800	08/09/01	TAMIL NADU	+0.7m/s ne	<b>10.73</b>
7	DHANUSH KUDTARKAR	316	15/03/04	KARNATAKA	+0.7m/s ne	<b>10.78</b>
8	MR. VIPIN KUSHWAH	401	02/04/01	MADHYA PRADESH	+0.7m/s ne	<b>11.51</b>

**RESULTS OF SEMIS Heat 3**

1	LALU PRASAD BHOI	457	21/09/03	ODISHA	+0.5m/s e	<b>10.34</b>
2	SIVA B	592	13/10/94	RAILWAY SPORTS	+0.5m/s e	<b>10.51</b>
3	GURINDERVIR SINGH	744	24/12/00	SSCB	+0.5m/s e	<b>10.53</b>
4	VIKAS SHEOKAND	261	26/08/99	HARYANA	+0.5m/s e	<b>10.68</b>
5	ANURAG C V	365	23/01/04	KERALA	+0.5m/s e	<b>10.72</b>
6	ADITYA SINGH	903	20/02/03	UTTRAKHAND	+0.5m/s e	<b>10.87</b>
7	YERNENA RAO	137	02/08/00	CHHATTISGARH	+0.5m/s e	<b>10.87</b>
8	ARYAN .	302	28/11/03	KARNATAKA	+0.5m/s e	<b>10.88</b>

**RESULTS OF PRELIMS Heat 1**

1	GAGAN L GOWDA	313	29/06/02	KARNATAKA	+0.3m/s n	<b>10.57</b>
2	ARUN C	800	08/09/01	TAMIL NADU	+0.3m/s n	<b>10.63</b>
3	GURINDERVIR SINGH	744	24/12/00	SSCB	+0.3m/s n	<b>10.65</b>
4	ABHINAV C	363	16/04/01	KERALA	+0.3m/s n	<b>10.70</b>
5	JAY SHAH	439	11/10/97	MAHARASHTRA	+0.3m/s n	<b>10.76</b>
6	MANE DINESH	823	05/04/00	TELANGANA	+0.3m/s n	<b>10.97</b>
7	GUNDU PRAVEEN	116	06/10/94	ANDHRA PRADESH	+0.3m/s n	<b>11.87</b>
	GURMEET SINGH	876	12/01/99	UTTAR PRADESH		<b>DNS</b>

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**RESULTS OF PRELIMS Heat 2**

1	AMLAN BORGHAIN	596	25/04/98	RAILWAY SPORTS	+1.5m/s n	<b>10.62</b>
2	VIKAS SHEOKAND	261	26/08/99	HARYANA	+1.5m/s n	<b>10.71</b>
3	GUNI VASANT NAIDU	272	30/07/97	JHARKHAND	+1.5m/s n	<b>10.79</b>
4	YERNENA RAO	137	02/08/00	CHHATTISGARH	+1.5m/s n	<b>10.86</b>
5	ADITYA SINGH DODIYA	396	15/03/00	MADHYA PRADESH	+1.5m/s n	<b>10.93</b>
6	VIVEK KACHOTIYA	668	09/08/01	RAJASTHAN	+1.5m/s n	<b>10.95</b>
7	MOHAMED SHAN P RAKHIL A G	378 147	30/01/04 16/04/97	KERALA DELHI	+1.5m/s n	<b>10.97</b> <b>DNS</b>

**RESULTS OF PRELIMS Heat 3**

1	HARJIT .	694	28/08/97	SSCB	+1.2m/s n	<b>10.96</b>
2	VIBHASKAR KUMAR	126	15/02/04	BIHAR	+1.2m/s n	<b>10.97</b>
3	SANJEEV RAJAK	136	28/12/98	CHHATTISGARH	+1.2m/s n	<b>11.08</b>
4	MR. VIPIN KUSHWAH	401	02/04/01	MADHYA PRADESH	+1.2m/s n	<b>11.50</b>
5	ABHIJITH NAIR	826	02/10/96	TELANGANA	+1.2m/s n	<b>11.53</b>
6	KASARAM NETHAJI	115	10/02/99	ANDHRA PRADESH	+1.2m/s n	<b>18.23</b>
	AMIYA MALLICK	465	14/11/92	ODISHA		<b>DO</b>
	AKASH KUMAR PATEL	186	13/07/93	GUJARAT		<b>DNS</b>

**RESULTS OF PRELIMS Heat 4**

1	MANIKANTA H	716	29/11/01	SSCB	+0.8m/s nw	<b>10.53</b>
2	ABHINASH SAHU	471	23/03/00	ODISHA	+0.8m/s nw	<b>10.54</b>
3	SIVA B	592	13/10/94	RAILWAY SPORTS	+0.8m/s nw	<b>10.61</b>
4	NISHANT KUMAR	865	22/06/01	UTTAR PRADESH	+0.8m/s nw	<b>10.72</b>
5	PRANAV GURAV	430	03/07/01	MAHARASHTRA	+0.8m/s nw	<b>10.86</b>
6	DHANUSH KUPTARKAR	316	15/03/04	KARNATAKA	+0.8m/s nw	<b>10.87</b>
7	SUNIL PUROHIT	187	16/05/03	GUJARAT	+0.8m/s nw	<b>11.31</b>
8	RAHUL GHOSH	443	29/03/97	MANIPUR	+0.8m/s nw	<b>11.74</b>

**RESULTS OF PRELIMS Heat 5**

1	LALU PRASAD BHOI	457	21/09/03	ODISHA	+0.2m/s ne	<b>10.49</b>
2	NALUBOTHU SRINIVAS	634	09/10/02	RAILWAY SPORTS	+0.2m/s ne	<b>10.71</b>
3	ANURAG C V	365	23/01/04	KERALA	+0.2m/s ne	<b>10.78</b>
4	ARYAN .	302	28/11/03	KARNATAKA	+0.2m/s ne	<b>10.82</b>
5	ADITYA SINGH	903	20/02/03	UTTRAKHAND	+0.2m/s ne	<b>10.83</b>
6	VARCHASVA CHAUDHARY	149	22/09/01	DELHI	+0.2m/s ne	<b>11.26</b>
7	KAILASH SINGH	263	25/12/05	HARYANA	+0.2m/s ne	<b>11.26</b>

**Event # 2 MENS 200m Run**

# NR.:AMLAN BORGHAIN THENHIPALAM 20.52 6/04/2022

% MR.:ANIMESH KUJUR BENGALURU 20.74 2023

**RESULTS OF FINALS Heat 1**

1	NITHIN .	794	12/04/99	TAMIL NADU	+0.6m/s ne	<b>20.66 %</b>
2	NALUBOTHU SRINIVAS	634	09/10/02	RAILWAY SPORTS	+0.6m/s ne	<b>20.67 %</b>
3	ABHIN DEVADIGA	599	15/08/01	RAILWAY SPORTS	+0.6m/s ne	<b>20.81</b>
4	RAGUL KUMAR G	804	22/03/00	TAMIL NADU	+0.6m/s ne	<b>20.92</b>
5	SANDEEP SINGH	749	30/10/97	SSCB	+0.6m/s ne	<b>21.13</b>
6	JAY SHAH	439	11/10/97	MAHARASHTRA	+0.6m/s ne	<b>21.40</b>
7	LOVEPREET SINGH	746	27/11/99	SSCB	+0.6m/s ne	<b>21.41</b>
8	SHUBHAM .	242	29/08/01	HARYANA	+0.6m/s ne	<b>21.59</b>

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**RESULTS OF SEMIS Heat 1**

1	LOVEPREET SINGH	746	27/11/99	SSCB	-1.0m/s se	21.32
2	SHUBHAM .	242	29/08/01	HARYANA	-1.0m/s se	21.38
3	PRASANNAKUMAR MANNUR	318	06/03/03	KARNATAKA	-1.0m/s se	21.43
4	RAHUL KADAM	432	03/10/98	MAHARASHTRA	-1.0m/s se	21.44
5	TAMIL ARASU S	621	20/05/02	RAILWAY SPORTS	-1.0m/s se	21.45
6	ANKIT KUMAR KASWAN	669	05/06/05	RAJASTHAN	-1.0m/s se	21.54
7	D. HARISH .	791	06/11/01	TAMIL NADU	-1.0m/s se	21.81
8	PRANAV KS	372	05/06/97	KERALA	-1.0m/s se	21.95

**RESULTS OF SEMIS Heat 2**

1	NALUBOTHU SRINIVAS	634	09/10/02	RAILWAY SPORTS	+1.2m/s n	20.80
2	RAGUL KUMAR G	804	22/03/00	TAMIL NADU	+1.2m/s n	20.87
3	YASH JOSHI	431	09/04/04	MAHARASHTRA	+1.2m/s n	21.41
4	GURUPRASAD G C	312	01/01/97	KARNATAKA	+1.2m/s n	21.57
5	GAJENDRA SINGH	683	24/03/07	RAJASTHAN	+1.2m/s n	21.64
6	KAPIL .	695	10/11/03	SSCB	+1.2m/s n	21.99
7	ANKUR .	225	05/09/99	HARYANA	+1.2m/s n	22.12
8	SUNIL PUROHIT	187	16/05/03	GUJARAT	+1.2m/s n	22.50

**RESULTS OF SEMIS Heat 3**

1	NITHIN .	794	12/04/99	TAMIL NADU	-0.5m/s s	20.89
2	ABHIN DEVADIGA	599	15/08/01	RAILWAY SPORTS	-0.5m/s s	20.93
3	SANDEEP SINGH	749	30/10/97	SSCB	-0.5m/s s	21.13
4	JAY SHAH	439	11/10/97	MAHARASHTRA	-0.5m/s s	21.35
5	VINAYAK SOTTANNANAVAR	326	09/07/01	KARNATAKA	-0.5m/s s	21.84
6	SHEKHER TOMER	138	04/10/98	CHHATTISGARH	-0.5m/s s	21.95
7	PARAS .	267	24/06/98	HIMACHAL PRADESH	-0.5m/s s	22.00
8	NITHIN ESLAVATH	824	03/03/03	TELANGANA	-0.5m/s s	22.39

**RESULTS OF PRELIMS Heat 1**

1	RAGUL KUMAR G	804	22/03/00	TAMIL NADU	+0.5m/s n	20.93
2	TAMIL ARASU S	621	20/05/02	RAILWAY SPORTS	+0.5m/s n	21.54
3	ANKIT KUMAR KASWAN	669	05/06/05	RAJASTHAN	+0.5m/s n	21.66
4	LOVEPREET SINGH	746	27/11/99	SSCB	+0.5m/s n	21.67
5	PRANAV KS	372	05/06/97	KERALA	+0.5m/s n	21.95
6	ANKUR .	225	05/09/99	HARYANA	+0.5m/s n	22.01
	SAJJAN MISHRA	403	25/07/00	MADHYA PRADESH		DNS

**RESULTS OF PRELIMS Heat 2**

1	ABHIN DEVADIGA	599	15/08/01	RAILWAY SPORTS	-0.2m/s e	21.46
2	SANDEEP SINGH	749	30/10/97	SSCB	-0.2m/s e	21.53
3	RAHUL KADAM	432	03/10/98	MAHARASHTRA	-0.2m/s e	21.79
4	SUNIL PUROHIT	187	16/05/03	GUJARAT	-0.2m/s e	22.63
5	GOTTUMUKKALA. TARUN KU	827	01/09/03	TELANGANA	-0.2m/s e	22.72
	RAKHIL A G	147	16/04/97	DELHI		DNS
	MANEESH M	374	06/02/93	KERALA		DNS

**RESULTS OF PRELIMS Heat 3**

1	SHUBHAM .	242	29/08/01	HARYANA	+0.1m/s w	21.93
2	JAY SHAH	439	11/10/97	MAHARASHTRA	+0.1m/s w	21.94
3	VINAYAK SOTTANNANAVAR	326	09/07/01	KARNATAKA	+0.1m/s w	22.05
4	NITHIN ESLAVATH	824	03/03/03	TELANGANA	+0.1m/s w	22.26
5	SANJEEV RAJAK	136	28/12/98	CHHATTISGARH	+0.1m/s w	22.48
6	ANGELO CARVALHO	171	19/10/03	GOA	+0.1m/s w	22.49
	EMMANUEL PAUL	406	10/07/99	MADHYA PRADESH		DQ

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**RESULTS OF PRELIMS Heat 4**

1	NITHIN .	794	12/04/99	TAMIL NADU	+0.3m/s e	21.52
2	KAPIL .	695	10/11/03	SSCB	+0.3m/s e	21.76
3	GAJENDRA SINGH	683	24/03/07	RAJASTHAN	+0.3m/s e	21.90
4	PARAS .	267	24/06/98	HIMACHAL PRADESH	+0.3m/s e	22.22
5	MOHAMED SHAN P	378	30/01/04	KERALA	+0.3m/s e	22.66
6	DHARMBIR .	230	10/12/90	HARYANA	+0.3m/s e	22.69

**RESULTS OF PRELIMS Heat 5**

1	NALUBOTHU SRINIVAS	634	09/10/02	RAILWAY SPORTS	+0.5m/s nw	21.41
2	PRASANNAKUMAR MANNUR	318	06/03/03	KARNATAKA	+0.5m/s nw	21.51
3	YASH JOSHI	431	09/04/04	MAHARASHTRA	+0.5m/s nw	21.67
4	GURUPRASAD G C	312	01/01/97	KARNATAKA	+0.5m/s nw	21.79
5	SHEKHER TOMER	138	04/10/98	CHHATTISGARH	+0.5m/s nw	22.03
6	D. HARISH .	791	06/11/01	TAMIL NADU	+0.5m/s nw	22.12

**Event # 3 MENS 400m Run**

# NR.:MUHAMMED ANAS KLADNO 45.21 13/07/2019

% MR.:AROKYA RAJIV KOLKATA 45.70 2015

**RESULTS OF FINALS Heat 1**

1	TUSHAR MANNA	157	03/10/01	DELHI		45.97
2	MOHIT KUMAR	719	01/09/97	SSCB		46.13
3	VIKRANT PANCHAL	611	30/01/00	RAILWAY SPORTS		46.33
4	RAHUL BABY	704	28/08/97	SSCB		46.77
5	A.SURAJ .	789	20/12/03	TAMIL NADU		46.93
6	RASHID .	392	08/01/01	MADHYA PRADESH		46.99
7	MANU T S .	352	17/10/01	KERALA		47.52
8	VISHAL TK	819	17/12/03	TAMIL NADU		48.59

**RESULTS OF SEMIS Heat 1**

1	MOHIT KUMAR	719	01/09/97	SSCB		46.90
2	A.SURAJ .	789	20/12/03	TAMIL NADU		47.44
3	MANU T S .	352	17/10/01	KERALA		47.60
4	RAHUL KADAM	432	03/10/98	MAHARASHTRA		48.42
5	SETU MISHRA	127	12/06/05	BIHAR		48.50
6	PRAKHAR SHARMA	902	01/09/99	UTTRAKHAND		48.71
7	JASHANPREET SINGH	520	04/07/00	PUNJAB		49.21
8	ABHISHEK .	220	31/10/03	HARYANA		50.08

**RESULTS OF SEMIS Heat 2**

1	TUSHAR MANNA	157	03/10/01	DELHI		46.88
2	VISHAL TK	819	17/12/03	TAMIL NADU		47.85
3	JAGMEET SINGH	518	28/12/96	PUNJAB		47.99
4	ATUL .	226	24/07/03	HARYANA		48.53
5	SAJJAN MISHRA	403	25/07/00	MADHYA PRADESH		49.28
6	SAHIL MALIK	898	19/04/06	UTTRAKHAND		49.46
7	BHUVAN PUJERI	322	13/06/05	KARNATAKA		49.67

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**RESULTS OF SEMIS Heat 3**

1	VIKRANT PANCHAL	611	30/01/00	RAILWAY SPORTS	47.10
2	RAHUL BABY	704	28/08/97	SSCB	47.34
3	RASHID .	392	08/01/01	MADHYA PRADESH	47.63
4	LOKESH SINGH GURJAR	666	02/02/02	RAJASTHAN	47.92
5	AAKASH BABU CHINTHALA	801	14/11/97	TAMIL NADU	48.35
6	SHARON ABRAHAM	148	27/08/03	DELHI	48.50
7	ASTIK PRADHAN	469	23/04/06	ODISHA	48.54
8	YASH JOSHI	431	09/04/04	MAHARASHTRA	50.09

**RESULTS OF PRELIMS Heat 1**

1	VISHAL TK	819	17/12/03	TAMIL NADU	46.97
2	RASHID .	392	08/01/01	MADHYA PRADESH	47.05
3	JAGMEET SINGH	518	28/12/96	PUNJAB	47.17
4	PRAKHAR SHARMA	902	01/09/99	UTTRAKHAND	47.68
5	RAHUL KADAM	432	03/10/98	MAHARASHTRA	48.44
6	SHARON ABRAHAM	148	27/08/03	DELHI	48.61
7	BHUVAN PUJERI	322	13/06/05	KARNATAKA	49.16

**RESULTS OF PRELIMS Heat 2**

1	MOHIT KUMAR	719	01/09/97	SSCB	47.38
2	A.SURAJ .	789	20/12/03	TAMIL NADU	47.96
3	JASHANPREET SINGH	520	04/07/00	PUNJAB	48.62
4	SAHIL MALIK	898	19/04/06	UTTRAKHAND	48.80
5	MAHENDAR CHOUDHARY	309	09/02/02	KARNATAKA	49.35
6	ALI AHMAD	855	07/01/98	UTTAR PRADESH	49.52
7	DEVRAJ CHALWADI	172	30/01/02	GOA	51.88

**RESULTS OF PRELIMS Heat 3**

1	VIKRANT PANCHAL	611	30/01/00	RAILWAY SPORTS	46.83
2	TUSHAR MANNA	157	03/10/01	DELHI	47.36
3	ASTIK PRADHAN	469	23/04/06	ODISHA	48.46
4	AAKASH BABU CHINTHALA	801	14/11/97	TAMIL NADU	48.50
5	SETU MISHRA	127	12/06/05	BIHAR	48.78
6	DHARMVEER CHOUDHARY	711	05/02/01	SSCB	49.42
7	NAKKA RAJESH	117	15/08/00	ANDHRA PRADESH	49.78

**RESULTS OF PRELIMS Heat 4**

1	MANU T S .	352	17/10/01	KERALA	47.65
2	ABHISHEK .	220	31/10/03	HARYANA	48.26
3	SAJAN MISHRA	403	25/07/00	MADHYA PRADESH	48.55
4	KAVEN S.K	622	20/11/01	RAILWAY SPORTS	49.05
5	ANKIT BHADU	662	12/07/01	RAJASTHAN	56.39
	BALAKRISHNA .	303	29/01/03	KARNATAKA	DNS
	SHAILESH MOKAL	436	24/09/04	MAHARASHTRA	DNS

**RESULTS OF PRELIMS Heat 5**

1	RAHUL BABY	704	28/08/97	SSCB	47.78
2	ATUL .	226	24/07/03	HARYANA	48.25
3	LOKESH SINGH GURJAR	666	02/02/02	RAJASTHAN	48.47
4	YASH JOSHI	431	09/04/04	MAHARASHTRA	49.09
5	K.AVINASH .	585	03/12/00	RAILWAY SPORTS	50.22
6	AKASH DUBEY	397	13/12/00	MADHYA PRADESH	50.46
7	ANGELO CARVALHO	171	19/10/03	GOA	51.73

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Sree Kanteerava Outdoor Stadium

02-09-2024

8/30/24 - 9/2/24

30 Aug-02 September, Bangalore,Karnataka

**Event # 4 MENS 800m Run**

# NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018

% MR.:GHAMANDA RAM HYDERABAD 1:46.67 2005

**RESULTS OF FINALS Heat 1**

1	MOHAMMED P	730	03/02/96	SSCB	1:48.10
2	PRAKASH GADADE	714	31/07/02	SSCB	1:49.52
3	SHYAM MILAN BIND	394	05/08/04	MADHYA PRADESH	1:49.83
4	TUSHAR BHEKANE	307	25/08/03	KARNATAKA	1:49.91
5	MANJEET ..	245	07/07/02	HARYANA	1:50.28
6	VINOD KUMAR BANOTH	822	16/12/05	TELANGANA	1:50.64
7	AJEET SINGH	410	29/10/02	MADHYA PRADESH	1:52.89
	GAURAV ATTRI	249	14/10/02	HARYANA	DNF

**RESULTS OF PRELIMS Heat 1**

1	VINOD KUMAR BANOTH	822	16/12/05	TELANGANA	1:51.21
2	GAURAV ATTRI	249	14/10/02	HARYANA	1:51.60
3	SOMNATH CHAUHAN	598	02/02/04	RAILWAY SPORTS	1:51.61
4	JAGDISH .	659	08/08/96	RAJASTHAN	1:51.71
5	GURMAN SINGH	516	27/08/97	PUNJAB	1:52.15
6	BOPANNA THELAPANDA	328	23/06/05	KARNATAKA	1:52.19
7	ASHOK DANDASENA	460	05/07/94	ODISHA	1:52.83
8	BASANT CHAUHAN	130	31/08/01	CHANDIGARH	1:52.94
9	BEJOY J	369	23/03/06	KERALA	1:53.26
10	ANU KUMAR	896	02/11/02	UTTRAKHAND	1:54.26
11	VASAN C .	796	30/01/04	TAMIL NADU	1:56.84
12	SHAHROUKH .	854	31/12/01	UTTAR PRADESH	1:57.26
13	VIRSAANG THAKOR	189	21/12/03	GUJARAT	1:58.64

**RESULTS OF PRELIMS Heat 2**

1	MOHAMMED P	730	03/02/96	SSCB	1:52.53
2	AJEET SINGH	410	29/10/02	MADHYA PRADESH	1:52.64
3	HARSH .	233	10/01/01	HARYANA	1:52.86
4	LOKESH K	315	01/10/04	KARNATAKA	1:52.89
5	AMAN KUMAR	861	20/10/99	UTTAR PRADESH	1:53.37
6	PARMESH KUMAR	132	05/10/92	CHANDIGARH	1:53.79
7	YOGESH DHINDHWAL	665	01/08/03	RAJASTHAN	1:54.04
8	SALMAN FAROOKH	366	16/04/02	KERALA	1:55.25
9	MANPREET SANDHU	901	04/02/99	UTTRAKHAND	1:55.90
10	MUJAMIL AMEER	591	24/02/98	RAILWAY SPORTS	1:56.32
11	DAYANIDHI MUNDA	466	02/06/04	ODISHA	1:58.19
12	NAVEEN KUMAR	135	22/02/99	CHHATTISGARH	1:59.19

**RESULTS OF PRELIMS Heat 3**

1	PRAKASH GADADE	714	31/07/02	SSCB	1:51.07
2	TUSHAR BHEKANE	307	25/08/03	KARNATAKA	1:51.13
3	SHYAM MILAN BIND	394	05/08/04	MADHYA PRADESH	1:51.16
4	MANJEET ..	245	07/07/02	HARYANA	1:51.40
5	SHARAN SHANKAR	818	21/03/98	TAMIL NADU	1:51.89
6	AKHIL K A .	346	04/06/00	KERALA	1:52.16
7	PRATHAMESH DEORE	426	27/10/02	MAHARASHTRA	1:52.57
8	YUVRAJ TYAGI	882	13/04/04	UTTAR PRADESH	1:52.69
9	MAYANK YADAV	688	02/08/06	RAJASTHAN	1:53.44
10	DEBASIS PATNAIK	467	27/10/97	ODISHA	1:54.32
11	JAS SINGH	519	23/08/99	PUNJAB	1:57.67
	SHIVAM SHARMA	624	11/10/02	RAILWAY SPORTS	DNF

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**Event # 5 MENS 1500m Run**

# NR.:JINSON JOHNSON BERLIN 3:35.24 1/09/2019

% MR.:CHATHOLI HAMZA JAMSHEDPUR 3:39.90 2007

1	RITESH OHRE	610	31/12/03	RAILWAY SPORTS	3:47.41
2	VIKASH .	244	01/01/04	HARYANA	3:47.86
3	RAHUL BALODA	705	05/06/99	SSCB	3:47.87
4	AHSAN .	851	15/03/03	UTTAR PRADESH	3:48.15
5	AJAY BIND	595	02/04/99	RAILWAY SPORTS	3:48.51
6	MANPREET SANDHU	901	04/02/99	UTTRAKHAND	3:49.51
7	YOGESH DHINDHWAL	665	01/08/03	RAJASTHAN	3:49.54
8	AJEET KUMAR	606	03/07/99	RAILWAY SPORTS	3:50.68
9	YOONUS SHAH	739	10/05/01	SSCB	3:50.97
10	KARTIK KARKERA	434	17/03/97	MAHARASHTRA	3:51.27
11	JAGDISH .	659	08/08/96	RAJASTHAN	3:51.36
12	ANKIT MALIK	256	22/08/02	HARYANA	3:52.42
13	ASHOK DANDASENA	460	05/07/94	ODISHA	3:53.06
14	RAHUL CHAVAN	425	10/02/02	MAHARASHTRA	3:53.21
15	ADARSH GOPI	368	01/12/00	KERALA	3:53.37
16	RAMIKESH RAMIKESH	259	24/12/04	HARYANA	3:54.15
17	DHOLARAM .	658	05/07/00	RAJASTHAN	3:58.39

**Event # 6 MENS 5000m Run**

# NR.:GULVEER SINGH GRESHAM 13:18.92 09/06/2024

% MR.:BAHADUR SINGH CHENNAI 13:54.72 1994

1	GULVEER SINGH	743	01/06/98	SSCB	13:54.70 %
2	SUNIL DAWAR	395	02/08/01	MADHYA PRADESH	14:00.50
3	LOVEPREET SINGH	747	13/01/99	SSCB	14:00.89
4	VINOD SINGH	413	20/07/05	MADHYA PRADESH	14:04.67
5	ABHISHEK ..	589	15/07/97	RAILWAY SPORTS	14:11.49
6	LOVE CHAUDHARY	858	01/07/03	UTTAR PRADESH	14:13.55
7	PRAKASHRAO DESHMUKH	713	21/06/99	SSCB	14:13.74
8	RAKESH MANDAL	899	16/04/99	UTTRAKHAND	14:17.31
9	SHIVAM YADAV	886	16/01/01	UTTAR PRADESH	14:17.51
10	BITTU .	228	11/11/01	HARYANA	14:20.96
11	ANURAG YADAV	190	01/07/02	GUJARAT	14:23.82
12	AJEET KUMAR	606	03/07/99	RAILWAY SPORTS	14:25.10
13	GAURAV BHOSALE	424	16/09/05	MAHARASHTRA	14:32.27
14	LOKESH CHAUDHARY	597	01/07/99	RAILWAY SPORTS	14:34.32
15	SUNIL .	442	05/12/02	MANIPUR	14:39.99
16	VISHAL SHERWAL	162	07/03/03	DELHI	14:45.77
17	RAKESH .	660	19/07/02	RAJASTHAN	14:51.47
18	TRILOK KUMAR	125	10/08/01	BIHAR	14:56.71
19	RAJESH MANMYA	676	13/07/01	RAJASTHAN	15:13.38
	INDRAJEET PATEL	476	15/01/94	ONGC	DNF
	SACHELAL PATEL	900	07/03/96	UTTRAKHAND	DNF
	RAVI GULIA	252	25/10/01	HARYANA	DNF



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**Event # 7 MENS 10000m Run**

#NR.:G.SINGH SAN JUAN CAPISTRANO 27:41.81 16/03/2024

% MR.:SHIVNATH SINGH JALANDHAR 28:58.10 1978

1	ABHISHEK ..	589	15/07/97	RAILWAY SPORTS	29:48.18
2	ARUN RATHOD	438	27/03/00	MAHARASHTRA	29:52.54
3	SUNIL KUMAR	723	10/03/97	SSCB	29:56.09
4	ROHIT ..	247	05/03/98	HARYANA	30:06.64
5	MOHD ALEEM	857	20/01/03	UTTAR PRADESH	30:15.36
6	DINESH .	852	09/05/99	UTTAR PRADESH	30:18.23
7	VINOD SINGH	413	20/07/05	MADHYA PRADESH	30:19.04
8	PARMJEET SINGH	685	15/08/99	RAJASTHAN	30:20.93
9	RAJ PATHAK	871	12/01/00	UTTAR PRADESH	30:22.08
10	ABHISHEK DEVKATE	427	05/09/02	MAHARASHTRA	30:35.99
11	RINKU SINGH	629	19/06/03	RAILWAY SPORTS	30:43.96
12	TRILOK KUMAR	125	10/08/01	BIHAR	30:48.74
13	MUKESH KUMAR	671	10/11/03	RAJASTHAN	31:33.74
14	SURESH KUMAR	474	01/07/91	ONGC	32:48.27
15	AMARESH PRAJAPATI	158	10/09/01	DELHI	33:01.74
	SUNIL .	442	05/12/02	MANIPUR	DNF
	GULVEER SINGH	743	01/06/98	SSCB	DNS
	KRIPASHANKAR YADAV	446	11/05/05	MANIPUR	DNF
	RAJESH KUMAR	897	01/06/94	UTTRAKHAND	DNF
	ROHIT KUMAR	156	07/01/01	DELHI	DNS
	SAWAN BARWAL	706	18/02/98	SSCB	DNF
	HARISH .	583	09/06/99	RAILWAY SPORTS	DNS

**Event # 8 MENS 110m Hurdles**

#NR.:T.SHIRSE JYVASKYLA 13.41 22/05/2024

% MR.:TEJAS ASHOK SHIRSE BENGALURU 13.67 2023

**RESULTS OF FINALS Heat 1**

1	MANAV R	615	07/06/00	RAILWAY SPORTS	+0.4m/s nw	13.86
2	TEJAS SHIRSE	626	04/06/02	RAILWAY SPORTS	+0.4m/s nw	14.01
3	RONALD .	393	09/04/98	MADHYA PRADESH	+0.4m/s nw	14.32
4	SIDDHANTH THINGALAYA	479	03/01/91	ONGC	+0.4m/s nw	14.33
5	MUHAMMED LAZAN VK	373	01/06/02	KERALA	+0.4m/s nw	14.57
6	TARUNDEEP BHATIA	708	06/09/94	SSCB	+0.4m/s nw	14.59
	MADHVENDRA SHEKHAWAT	681	30/10/03	RAJASTHAN		DQ
	HARMANJEET SINGH	164	20/04/02	DELHI		DNF

**RESULTS OF PRELIMS Heat 1**

1	TEJAS SHIRSE	626	04/06/02	RAILWAY SPORTS	+0.2m/s ne	13.82
2	MADHVENDRA SHEKHAWAT	681	30/10/03	RAJASTHAN	+0.2m/s ne	14.30
3	HARMANJEET SINGH	164	20/04/02	DELHI	+0.2m/s ne	14.39
4	SUBBASH S	816	17/02/02	TAMIL NADU	+0.2m/s ne	14.76
5	SUSHANTH D	310	03/09/01	KARNATAKA	+0.2m/s ne	15.25
	MAYMON POULOSE	735	01/05/97	SSCB		DNF

**RESULTS OF PRELIMS Heat 2**

1	SIDDHANTH THINGALAYA	479	03/01/91	ONGC	-1.2m/s s	14.10
2	MUHAMMED LAZAN VK	373	01/06/02	KERALA	-1.2m/s s	14.45
3	DHANUSH ADITHAN G	602	30/09/01	RAILWAY SPORTS	-1.2m/s s	14.72
4	JASWANT SINGH RAJPUT	188	01/07/97	GUJARAT	-1.2m/s s	14.91
5	SHIVDARSHAN .	134	27/10/02	CHHATTISGARH	-1.2m/s s	16.16
	MATTE RAVI KIRAN	111	19/02/97	ANDHRA PRADESH		DNF

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**RESULTS OF PRELIMS Heat 3**

1	MANAV R	615	07/06/00	RAILWAY SPORTS	-0.4m/s sw	14.23
2	RONALD .	393	09/04/98	MADHYA PRADESH	-0.4m/s sw	14.48
3	TARUNDEEP BHATIA	708	06/09/94	SSCB	-0.4m/s sw	14.56
4	NISHANTHRAJA G	803	12/04/01	TAMIL NADU	-0.4m/s sw	14.57
5	VIKSIT KUMAR	867	02/12/03	UTTAR PRADESH	-0.4m/s sw	15.46
6	BHANU SRINIVAS JAMMULA	110	31/01/03	ANDHRA PRADESH	-0.4m/s sw	15.47

**Event # 9 MENS 400m Hurdles**

# NR.:A. DHARUN PATIALA 48.80 16/3/2019

% MR.:M.P. JABIR RANCHI 49.41 2019

**RESULTS OF FINALS Heat 1**

1	AMAN .	223	28/11/99	HARYANA		50.52
2	JABIR PALLIYALIL	731	08/06/96	SSCB		50.53
3	NIKHIL BHARDWAJ	707	24/05/96	SSCB		50.90
4	ROHAN KAMBLE	433	15/02/02	MAHARASHTRA		51.09
5	KARNA BAG	593	10/07/04	RAILWAY SPORTS		51.48
6	AFTAB ALAM	856	03/03/97	UTTAR PRADESH		52.15
7	SATHISH K	808	01/09/94	TAMIL NADU		52.71
8	MANOOP M .	351	22/08/01	KERALA		1:00.29

**RESULTS OF PRELIMS Heat 1**

1	JABIR PALLIYALIL	731	08/06/96	SSCB		52.20
2	AFTAB ALAM	856	03/03/97	UTTAR PRADESH		52.35
3	SUBHAS DAS	910	23/01/02	WEST BENGAL		52.91
4	MAGENDRAN S	814	17/08/01	TAMIL NADU		54.35
	RUCHIT MORI	185	24/08/01	GUJARAT		DQ
	ROHITH .	587	14/06/02	RAILWAY SPORTS		DNF
	AKHILBABU AKHILNIVAS CH	358	20/12/01	KERALA		DNS

**RESULTS OF PRELIMS Heat 2**

1	SATHISH K	808	01/09/94	TAMIL NADU		51.53
2	MANOOP M .	351	22/08/01	KERALA		51.97
3	KARNA BAG	593	10/07/04	RAILWAY SPORTS		52.14
4	PRANAM DEVENDRA SHETTY	325	21/04/99	KARNATAKA		53.77
5	VIKSIT KUMAR	867	02/12/03	UTTAR PRADESH		54.56
6	KAPIL DAGAR	150	23/06/02	DELHI		56.67
	DHAVAL UTEKAR	753	06/10/00	SSCB		DQ

**RESULTS OF PRELIMS Heat 3**

1	NIKHIL BHARDWAJ	707	24/05/96	SSCB		51.75
2	AMAN .	223	28/11/99	HARYANA		51.85
3	ROHAN KAMBLE	433	15/02/02	MAHARASHTRA		51.88
4	ARUNJITH .	348	01/06/03	KERALA		52.24
5	HARDEEP ..	507	27/06/03	PUNJAB		52.33
6	MOHD IMRAN	153	01/01/03	DELHI		55.47
7	AMARNATH DUKKARWADKA	601	04/08/97	RAILWAY SPORTS		55.81

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**Event # 10 MENS 3000m Steeplechase**

# NR.:AVINASH SABLE PARIS 8:09.01 07/07/2024

% MR.:AVINASH SABLE BHUBANESWAR 8:29.80 2018

1	SIDDHANT PUJARI	437	22/12/01	MAHARASHTRA	8:46.05
2	ROHIT VERMA	754	20/10/98	SSCB	8:46.30
3	SOURABH ANTIL	703	29/12/01	SSCB	8:47.14
4	SAURABH SAURABH	260	14/10/99	HARYANA	8:49.49
5	SHUBHAM BHANDARE	423	17/06/00	MAHARASHTRA	8:58.75
6	PRINCE RAJ MISHRA	618	01/03/99	RAILWAY SPORTS	9:02.39
7	SURAJ PAL	870	05/02/02	UTTAR PRADESH	9:02.43
8	BIBIN GEORGE	367	19/02/98	KERALA	9:02.79
9	NISHANT .	237	06/11/04	HARYANA	9:02.91
10	VISHNU KUMAR	673	15/07/05	RAJASTHAN	9:03.33
11	VIKRAM SINGH	412	03/07/96	MADHYA PRADESH	9:05.03
12	DHEERAJ YADAV	883	07/05/03	UTTAR PRADESH	9:08.22
13	DHULADEV GHAGARE	429	22/02/03	MAHARASHTRA	9:09.17
14	BALKISHAN .	692	09/11/98	SSCB	9:12.84
15	BRAHMA LAL KUMAWAT	675	07/12/02	RAJASTHAN	9:17.51
16	PRINCE .	122	01/11/99	BIHAR	9:19.18
17	ATUL POONIA	613	01/10/00	RAILWAY SPORTS	9:21.70
18	NAGARAJ DIVATE	311	15/08/99	KARNATAKA	9:28.71
19	SANJAY KUMAR DHINDHWAI	664	25/08/03	RAJASTHAN	9:34.42
20	MAYKAL DAMOR	183	15/12/01	GUJARAT	9:44.69
	GAURAV YADAV	415	04/08/04	MADHYA PRADESH	DNF
	AJEET PAL	404	30/12/04	MADHYA PRADESH	DNF
	NAGRAJ KHURSANE	605	06/07/95	RAILWAY SPORTS	DNF

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**Event # 11 MENS High Jump****HEIGHTS: 1.95, 2.00, 2.05, 2.08, 2.11, 2.14, 2.17, 2.20, 2.23, 2.26**

# NR.:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

% MR.:SARVESH ANIL KUSHARE RANCHI 2.26 2019

1	JOMON JOY	370	19/10/03	KERALA	2.14m
		O O O XO O XXO XXX			
2	AADARSH RAM	619	27/09/97	RAILWAY SPORTS	2.11m
		--- O O O XO XXX			
3	ROHIT .	240	08/03/00	HARYANA	2.11m
		O O O O XXO XXX			
4	SUDEEP .	306	29/04/04	KARNATAKA	2.08m
		O O XO O XXX			
4	ABHAY GURAV	715	03/05/00	SSCB	2.08m
		O O XO O XXX			
6	ATHULJITH A	356	27/03/04	KERALA	2.08m
		O O O XXO XXX			
7	BHARATH B	360	02/01/04	KERALA	2.08m
		O XO O XXO XXX			
8	BHARATHI VISWANATHAN	756	20/05/94	SSCB	2.05m
		--- --- O XXX			
9	JESSE SANDESH	623	22/10/95	RAILWAY SPORTS	2.05m
		--- XO O --- XXX			
10	SUSHIL THORI	686	06/06/02	RAJASTHAN	2.05m
		O O XO XXX			
10	A MOTHI ARUN	799	23/02/97	TAMIL NADU	2.05m
		O O XO XXX			
12	SWADHIN KUMAR MAJHI	464	10/04/00	ODISHA	2.05m
		O XO XO XXX			
13	ARVINDD J	805	24/06/02	TAMIL NADU	2.00m
		O O XXX			
13	DHEENA DHAYALAN V	481	01/07/01	PUDUCHERRY	2.00m
		O O XXX			
15	SUNIL KUMAR .	661	15/01/04	RAJASTHAN	2.00m
		XO O XXX			
16	CHANDRA MOHAN	811	10/01/00	TAMIL NADU	2.00m
		O XO XXX			
16	SHAIK MOHIDDIN	114	27/08/98	ANDHRA PRADESH	2.00m
		O XO XXX			
18	DHAIRYSHIL GAYAKWAD	428	10/02/03	MAHARASHTRA	2.00m
		O XXO XXX			
18	NIKHIL KUMAR DAS	461	14/03/03	ODISHA	2.00m
		O XXO XXX			
20	HIMANSHU YADAV	687	03/09/03	RAJASTHAN	2.00m
		XO XXO XXX			
21	PEDA KAMARAJU SRIKAKOL	118	10/05/99	ANDHRA PRADESH	1.95m
		O XXX			
21	AKASH .	222	10/03/01	HARYANA	1.95m
		O XXX			
23	ARYAN PATIL	732	22/02/04	SSCB	1.95m
		XO XX- X			
24	ARNAV TYAGI	880	12/06/03	UTTAR PRADESH	1.95m
		XXO XXX			
	VICKY SONONE	414	09/12/00	MADHYA PRADESH	DNS
		DNS			
	KAUSTUBHA JAISWAL	399	28/01/00	MADHYA PRADESH	NM
		--- XXX			

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**HEIGHTS: 1.95, 2.00, 2.05, 2.08, 2.11, 2.14, 2.17, 2.20, 2.23, 2.26**

MANJEET .	235	10/01/04	HARYANA	DNS
DNS				

**Event # 12 MENS Pole Vault****HEIGHTS: 4.40, 4.55, 4.70, 4.80, 4.90, 5.00, 5.05, 5.10, 5.16**

# NR.:SIVA SUBRAMANIAM GUJARAT 5.31 3/10/2022

% MR.:PARSHANT KANHIYA BENGALURU 5.15 2022

1	M.GOWTHAM .	793	25/09/02	TAMIL NADU	5.05m
	---	---	XO	O O	XXO XO X-- XX
2	ANSHU PATEL	405	03/05/05	MADHYA PRADESH	5.00m
	---	---	XO	XO O	XXO X-- XX
3	KULDEEP KUMAR	864	12/03/05	UTTAR PRADESH	4.90m
	---	---	XXO	O O	XXX
4	SIVA S	815	05/06/96	TAMIL NADU	4.90m
	---	---	O	O XO	XXX
5	SIDHARTH AK	357	27/08/00	KERALA	4.70m
	---	---	O	XXX	
5	RAMBEER .	698	30/06/96	SSCB	4.70m
	---	---	O	XXX	
7	AVNEESH KUMAR	863	01/07/01	UTTAR PRADESH	4.70m
	XO	O O	XXX		
8	GOURAV .	693	20/02/02	SSCB	4.70m
	---	O	XO	XXX	
9	JESSAN .	350	03/01/98	KERALA	4.70m
	---	XO	XO	XXX	
10	P. SUBASH CHANDRAN	308	06/03/03	KARNATAKA	4.55m
	---	O	XXX		
11	A.GNANA SONE	633	02/03/01	RAILWAY SPORTS	4.55m
	XO	O X--	XX		
12	SOHAN RAM	677	05/07/97	RAJASTHAN	4.40m
	O	XXX			
12	NITIN .	238	25/08/01	HARYANA	4.40m
	O	XXX			
12	UTTAM .	243	15/11/00	HARYANA	4.40m
	O	XXX			
12	AMAN SINGH	411	01/07/06	MADHYA PRADESH	4.40m
	O	XXX			
16	BINEESH JACOB	604	17/03/86	RAILWAY SPORTS	4.40m
	XXO	XXX			
	YUGENDRAN R	736	01/10/03	SSCB	NM
	---	---	---	XXX	
	KRISHNA PRASATH	812	30/09/91	TAMIL NADU	NM
	---	---	---	XXX	
	DHIRENDRA KUMAR	607	28/08/99	RAILWAY SPORTS	NM
	---	XXX			
	PAWAN YADAV	884	10/05/04	UTTAR PRADESH	DNS
	DNS				
	AKSHAY .	347	22/05/03	KERALA	NM
	---	XXX			
	TANUJ KUMAR	254	27/12/03	HARYANA	NM
	---	---	XXX		

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**Event # 13 MENS Long Jump**

# NR.:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR.:M. SREESHANKAR BHUBANESWAR 8.20 2018

**RESULTS OF FINALS**

1	ARYA S	620	31/12/01	RAILWAY SPORTS	+1.0m/s	<b>7.89m</b>
		7.52, 7.89, 7.87, 7.86, F, 7.67				
2	MUHAMMED YAHIYA	382	03/12/95	KERALA	+1.4m/s	<b>7.78m</b>
		7.62, F, 7.52, 7.55, 7.55, 7.78				
3	JAGROOP .	503	18/08/98	PUNJAB	+1.1m/s	<b>7.65m</b>
		7.54, F, 7.43, 7.53, 7.65, F				
4	ARAVINTH E	802	30/06/00	TAMIL NADU	+0.5m/s	<b>7.58m</b>
		F, 7.58, F, F, F, F				
5	SARUN PAYASINGH	468	09/07/00	ODISHA	+1.0m/s	<b>7.55m</b>
		F, F, 7.26, F, 7.55, 7.47				
6	DEEPAK .	229	18/05/05	HARYANA	+1.4m/s	<b>7.40m</b>
		7.33, F, F, 7.40, 7.32, 7.33				
7	PURUSHOTHAM .	304	12/11/01	KARNATAKA	+1.0m/s	<b>7.36m</b>
		7.25, 7.36, F, F, F, F				
8	MANDEEP SINGH	684	10/12/05	RAJASTHAN	+0.7m/s	<b>7.35m</b>
		7.29, 7.23, 7.22, 7.25, 7.21, 7.35				
9	SETHU S NAIR	738	10/07/97	SSCB	+0.8m/s	<b>7.24m</b>
		7.24, F, 6.90				
10	VISHNU SIVA SANKAR	167	22/11/96	DELHI	+1.5m/s	<b>7.18m</b>
		7.13, 7.18, 7.03				
11	MOHAMMED ASIEF.K	894	13/11/02	UTTRAKHAND	+0.9m/s	<b>6.76m</b>
		6.76, 6.69, F				
	BHUPENDER SINGH	628	13/11/01	RAILWAY SPORTS		<b>DNS</b>
		-,-,-				

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**RESULTS OF PRELIMS**

1	ARAVINTH E 7.15, 7.61, -	802	30/06/00	TAMIL NADU	+1.1m/s	<b>7.61m</b>
2	ARYA S 7.60, -, -	620	31/12/01	RAILWAY SPORTS	+0.6m/s	<b>7.60m</b>
3	MUHAMMED YAHIYA 7.23, 7.28, 7.60	382	03/12/95	KERALA	+2.8m/s	<b>7.60m</b>
4	JAGROOP . 7.36, F, 7.57	503	18/08/98	PUNJAB	+0.8m/s	<b>7.57m</b>
5	VISHNU SIVA SANKAR F, 7.28, 7.50	167	22/11/96	DELHI	+0.7m/s	<b>7.50m</b>
6	DEEPAK . F, 7.50, 7.43	229	18/05/05	HARYANA	+0.3m/s	<b>7.50m</b>
7	MOHAMMED ASIEF.K 7.48, F, F	894	13/11/02	UTTRAKHAND	+1.0m/s	<b>7.48m</b>
8	SARUN PAYASINGH 7.28, 7.44, 7.46	468	09/07/00	ODISHA	+1.0m/s	<b>7.46m</b>
9	MANDEEP SINGH 7.27, 7.43, 7.36	684	10/12/05	RAJASTHAN	+0.4m/s	<b>7.43m</b>
10	BHUPENDER SINGH 7.38, 5.54, -	628	13/11/01	RAILWAY SPORTS	-0.1m/s	<b>7.38m</b>
11	PURUSHOTHAM . 7.29, 7.37, F	304	12/11/01	KARNATAKA	+0.4m/s	<b>7.37m</b>
12	SETHU S NAIR 7.37, F, F	738	10/07/97	SSCB	+0.4m/s	<b>7.37m</b>
13	SARAN . F, 7.34, 6.97	795	26/12/00	TAMIL NADU	+0.5m/s	<b>7.34m</b>
14	SWAMINATHAN R 7.25, 7.04, 7.34	617	07/04/96	RAILWAY SPORTS	+0.7m/s	<b>7.34m</b>
15	VISHNU M 7.29, 7.32, 7.29	797	10/10/98	TAMIL NADU	+0.3m/s	<b>7.32m</b>
16	SUNNY . 7.09, 7.31, 7.25	123	13/07/01	BIHAR	+1.0m/s	<b>7.31m</b>
17	AMITRA GHOSH 7.17, 7.12, 7.28	911	05/08/03	WEST BENGAL	+0.7m/s	<b>7.28m</b>
18	ANUSH T R 7.12, 7.19, 7.24	327	17/02/98	KARNATAKA	+0.6m/s	<b>7.24m</b>
19	SREEKANTH KM 7.04, F, 7.20	371	18/05/01	KERALA	-0.9m/s	<b>7.20m</b>
20	AVINASH . 6.93, 6.97, 7.18	227	16/10/02	HARYANA	+0.3m/s	<b>7.18m</b>
21	VINOTH YUVARAJ 7.18, 6.87, 7.00	758	26/09/94	SSCB	+1.0m/s	<b>7.18m</b>
22	AKHIL TV 7.08, 7.14, F	380	13/04/00	KERALA	+0.1m/s	<b>7.14m</b>
23	SIDDHARTH NAIK 6.84, F, 7.10	727	08/09/95	SSCB	+1.7m/s	<b>7.10m</b>
24	KRISHNA SHARMA 6.87, 6.97, 7.06	408	02/08/99	MADHYA PRADESH	+0.5m/s	<b>7.06m</b>
25	SAHIL MAHABALI 7.00, F, F	255	27/12/97	HARYANA	+0.3m/s	<b>7.00m</b>
26	HABIB KATHAT 6.66, 6.85, F	670	16/02/03	RAJASTHAN	+1.5m/s	<b>6.85m</b>
27	ANANTHAKRISHNAN PILLAI 6.68, 6.76, 6.79	173	28/07/97	GOA	+1.2m/s	<b>6.79m</b>
28	ARYAN CHOUDHARY 4.87, 5.81, -	860	13/01/04	UTTAR PRADESH	+0.2m/s	<b>5.81m</b>
	DINESH KUMAR CHOUDHAR'	663	25/11/02	RAJASTHAN		<b>DNS</b>

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MANEESH SHARMA	409	22/12/99	MADHYA PRADESH	DNS
ZAFARKHAN SARWAR	324	19/07/03	KARNATAKA	DNS

**Event # 14 MENS Triple Jump**

# NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023

% MR.:RENJITH MAHESHWARY KOCHI 16.97 2010

1	MOHAMMED S.N	817	24/03/94	TAMIL NADU	+1.1m/s	<b>16.28m</b>
	F, F, 15.88, F, 16.28, F					
2	GAILEY VENISTER	637	31/01/00	RAILWAY SPORTS	+0.4m/s	<b>16.27m</b>
	15.41, 16.18, 16.24, 16.27, 15.64, F					
3	SEBASTIAN V S	381	04/10/03	KERALA	+1.4m/s	<b>16.15m</b>
	15.67, 15.31, 15.61, 16.06, 15.86, 16.15					
4	PUNEET KUMAR	722	02/02/94	SSCB	+1.1m/s	<b>15.96m</b>
	15.17, 15.33, 15.71, F, 15.96, 15.95					
5	NARPINDER .	504	06/11/02	PUNJAB	+0.1m/s	<b>15.91m</b>
	15.39, 15.91, 15.32, 15.45, 15.35, 15.08					
6	KARTHIK U	752	03/06/93	SSCB	+1.4m/s	<b>15.85m</b>
	15.52, 15.65, 15.51, 14.08, 15.78, 15.85					
7	MOHANRAJ J	807	26/06/01	TAMIL NADU	+0.8m/s	<b>15.76m</b>
	15.76, 15.57, F, 15.17, 15.00, 15.22					
8	VIMAL THAMIZHCHELVAN	751	25/03/96	SSCB	+0.8m/s	<b>15.72m</b>
	15.72, F, F, F, F, 15.18					
9	KAPIL PANDI	612	31/12/95	RAILWAY SPORTS	+2.8m/s	<b>15.59m</b>
	15.59, 15.32, F					
10	YUVA RAJ .	798	31/07/01	TAMIL NADU	+1.5m/s	<b>15.48m</b>
	15.48, F, 15.11					
11	RAHUL ..	508	31/10/98	PUNJAB	+0.8m/s	<b>15.36m</b>
	14.91, 14.93, 15.36					
12	PRADEEP KUMAR.	868	20/01/04	UTTAR PRADESH	+1.0m/s	<b>15.07m</b>
	14.85, 14.55, 15.07					
13	ARPINDER SINGH	478	30/12/92	ONGC	-1.1m/s	<b>14.28m</b>
	14.28, F, F					
14	AKASH VARGHESE	636	13/08/01	RAILWAY SPORTS	+0.1m/s	<b>13.89m</b>
	13.89, -, -					
	YASHAS GOWDA	314	07/11/02	KARNATAKA		<b>DNS</b>
	DNS					



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**Event # 15 MENS Shot Put**

#NR.:T.SINGH TOOR BHUBANESWAR 21.77 19/06/2023

% MR.:TAJINDERPAL SINGH TOOR RANCHI 20.92 2019

**RESULTS OF FINALS**

1	SAMARDEEP GILL	398	03/01/01	MADHYA PRADESH	<b>19.27m</b>
	19.27, F, F, F, F, F				
2	ABHILASH SAXENA	407	05/07/93	MADHYA PRADESH	<b>18.53m</b>
	17.23, 17.05, 17.52, 18.53, 17.76, -				
3	DHANVEER SINGH	741	28/12/02	SSCB	<b>18.51m</b>
	18.51, F, F, F, 18.23, 18.02				
4	ASHISH BHALOTHIA	594	11/11/99	RAILWAY SPORTS	<b>18.02m</b>
	16.38, 17.71, 18.02, 17.54, F, 16.98				
5	VANAM SHARMA	680	13/04/98	RAJASTHAN	<b>17.93m</b>
	F, 17.40, 17.93, 17.74, 17.63, F				
6	AMANDEEP DHALIWAL	600	16/05/02	RAILWAY SPORTS	<b>17.73m</b>
	16.76, 16.95, 17.28, 17.73, 17.41, F				
7	PRABHKIRPAL SINGH	523	12/07/97	PUNJAB	<b>17.72m</b>
	F, 17.72, 17.39, 17.39, F, F				
8	IQBAL CHAHAL	509	13/11/99	PUNJAB	<b>17.63m</b>
	F, 16.57, 17.63, 17.11, 17.30, F				
9	ARYAN TYAGI	881	14/08/01	UTTAR PRADESH	<b>17.26m</b>
	17.06, 16.92, 17.26				
10	NARESH ANTIL	702	20/03/91	SSCB	<b>17.09m</b>
	17.09, F, F				
11	ARMAANDEEP SINGH	512	14/06/00	PUNJAB	<b>17.06m</b>
	16.54, 17.06, 16.50				
12	SANYAM .	241	05/10/03	HARYANA	<b>16.80m</b>
	16.80, F, F				

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**RESULTS OF PRELIMS**

1	SAMARDEEP GILL 17.63, 18.32, -	398	03/01/01	MADHYA PRADESH	18.32m
2	ARYAN TYAGI F, 17.65, F	881	14/08/01	UTTAR PRADESH	17.65m
3	VANAM SHARMA 17.08, F, 17.47	680	13/04/98	RAJASTHAN	17.47m
4	SANYAM . 17.41, F, F	241	05/10/03	HARYANA	17.41m
5	DHANVEER SINGH 17.05, 17.03, 17.40	741	28/12/02	SSCB	17.40m
6	ABHILASH SAXENA 15.96, 17.38, 16.60	407	05/07/93	MADHYA PRADESH	17.38m
7	IQBAL CHAHAL 15.33, 17.37, F	509	13/11/99	PUNJAB	17.37m
8	ASHISH BHALOTHIA 16.90, 17.27, 16.36	594	11/11/99	RAILWAY SPORTS	17.27m
9	NARESH ANTIL F, F, 17.12	702	20/03/91	SSCB	17.12m
10	ARMAANDEEP SINGH 16.56, 17.10, F	512	14/06/00	PUNJAB	17.10m
11	PRABHKIRPAL SINGH 16.63, 16.88, 16.82	523	12/07/97	PUNJAB	16.88m
12	AMANDEEP DHALIWAL 16.85, F, 16.75	600	16/05/02	RAILWAY SPORTS	16.85m
13	SIDDHARTH RAO 16.26, 16.72, 15.03	159	15/08/95	DELHI	16.72m
14	SHAKTI SOLANKI 16.09, F, 16.43	632	17/12/96	RAILWAY SPORTS	16.43m
15	RAM CHANDRA 15.48, 16.31, 16.32	710	01/01/99	SSCB	16.32m
16	BALAJI . 15.08, 16.19, 16.26	790	26/09/00	TAMIL NADU	16.26m
16	RAVI KUMAR 15.93, 16.26, 16.22	866	06/05/92	UTTAR PRADESH	16.26m
18	VISHWA VISHWA 16.05, 16.12, 16.02	820	26/11/03	TAMIL NADU	16.12m
19	DEVINDER SINGH 15.47, 15.97, 16.04	163	30/10/92	DELHI	16.04m
20	RAMANAND SINGH 15.38, F, 16.02	274	02/10/02	JHARKHAND	16.02m
21	SANA CHAUDHARY . 15.86, F, 15.82	853	24/12/01	UTTAR PRADESH	15.86m
22	PATEL MARKAND HASMUKH 14.64, 15.22, 15.55	184	01/08/00	GUJARAT	15.55m
23	S.SRI KUMARAN 14.55, 13.05, 14.50	810	23/08/03	TAMIL NADU	14.55m
24	OMPRAKASH KARHANA F, F, 12.65	473	11/01/87	ONGC	12.65m
	SOURABH VIJ F, -, -	480	14/06/87	ONGC	NM
	ASHU DALAL	250	28/11/01	HARYANA	DNS

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**Event # 16 MENS Discus Throw**

# NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012

% MR.:ANIL KUMAR BANGALORE 60.07 2003

**RESULTS OF FINALS**

1	GAGANDEEP SINGH	742	20/05/95	SSCB	55.71m
		53.22, X, X, 53.00, X, 55.71			
2	PRAVEEN KUMAR NEHRA	609	09/11/98	RAILWAY SPORTS	55.35m
		51.88, 55.25, X, 55.35, 55.04, 53.58			
3	NIRBHAY SINGH	264	20/11/96	HARYANA	55.24m
		55.09, X, 54.20, 52.69, 55.24, X			
4	ALEX THANKACHAN	379	21/03/00	KERALA	53.31m
5	BHANU SHARMA	678	19/10/96	RAJASTHAN	53.10m
6	OINAM SINGH	444	22/01/02	MANIPUR	52.75m
7	PRAVEEN KUMAR	721	02/02/96	SSCB	52.00m
8	SHUBHKARMAN GHOTRA	510	05/10/03	PUNJAB	51.78m
9	ABHIMANYU ABHIMANYU	248	18/12/01	HARYANA	51.09m
10	ASHISH KUMAR	862	11/09/02	UTTAR PRADESH	49.97m
11	NAGENDRA NAIK	319	18/11/02	KARNATAKA	49.69m
	ROHIT KUMAR	672	29/09/00	RAJASTHAN	NM

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1	NIRBHAY SINGH 53.31, 55.44, -	264	20/11/96	HARYANA	55.44m
2	ALEX THANKACHAN 50.11, 53.20, 53.03	379	21/03/00	KERALA	53.20m
3	PRAVEEN KUMAR NEHRA 48.22, 49.41, 52.39	609	09/11/98	RAILWAY SPORTS	52.39m
4	PRAVEEN KUMAR 51.46, 51.12, 52.27	721	02/02/96	SSCB	52.27m
5	SHUBHKARMAN GHOTRA 50.94, 51.00, 52.23	510	05/10/03	PUNJAB	52.23m
6	GAGANDEEP SINGH 50.94, 52.13, -	742	20/05/95	SSCB	52.13m
7	NAGENDRA NAIK 51.85, F, 50.62	319	18/11/02	KARNATAKA	51.85m
8	OINAM SINGH 47.87, 50.84, 51.36	444	22/01/02	MANIPUR	51.36m
9	ABHIMANYU ABHIMANYU 51.32, 51.21, F	248	18/12/01	HARYANA	51.32m
10	ASHISH KUMAR 50.88, 50.59, F	862	11/09/02	UTTAR PRADESH	50.88m
11	BHANU SHARMA 49.03, 49.95, F	678	19/10/96	RAJASTHAN	49.95m
12	ROHIT KUMAR 48.88, 49.85, 49.30	672	29/09/00	RAJASTHAN	49.85m
13	AMIT KUMAR 47.52, 48.48, 47.40	155	17/04/98	DELHI	48.48m
14	PARSHANT MALIK 47.58, 46.74, 47.82	725	10/07/91	SSCB	47.82m
15	PRADEEP KUMAR 44.94, 47.61, 47.38	608	01/04/01	RAILWAY SPORTS	47.61m
16	IKRAM KHAN 47.60, F, 47.14	400	01/07/01	MADHYA PRADESH	47.60m
17	ASHWANI LAMBA 47.27, F, F	402	29/03/98	MADHYA PRADESH	47.27m
18	ARVIND SHARMA 43.89, 45.54, 46.47	161	30/11/03	DELHI	46.47m
19	SATYAM SINGH 46.40, 45.99, F	905	27/12/00	UTTRAKHAND	46.40m
20	ARUN SINGH 45.96, 45.07, 45.85	875	15/07/04	UTTAR PRADESH	45.96m
21	RAHUL SINGH F, 45.15, F	878	21/08/00	UTTAR PRADESH	45.15m
22	JAGJEET . 43.72, F, 44.33	472	09/08/80	ONGC	44.33m
23	RAMANAND SINGH F, 40.83, F	274	02/10/02	JHARKHAND	40.83m
	LOKESH RAJ G . F, F, F	792	05/10/01	TAMIL NADU	NM
	SIDHARTH K C .	353	26/06/01	KERALA	DNS
	AJAY KUMAR	253	20/06/03	HARYANA	DNS

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**Event # 17 MENS Hammer Throw**

# NR.:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

% MR.:PRAMOD KUMAR TIWARI CHENNAI 70.05 2001

**RESULTS OF FINALS**

1	RAVI . 60.67, 62.95, 64.13, 63.42, 63.90, 66.41	586	23/10/99	RAILWAY SPORTS	<b>66.41m</b>
2	ASHISH JAKHAR F, 60.64, 61.61, F, F, 64.87	717	05/01/99	SSCB	<b>64.87m</b>
3	NITESH POONIA 63.09, 64.40, 63.31, 62.94, 64.15, 64.85	614	31/12/00	RAILWAY SPORTS	<b>64.85m</b>
4	MOHAMMAD SHAHBAN F, 63.39, 60.55, 63.56, F, 62.40	873	16/04/04	UTTAR PRADESH	<b>63.56m</b>
5	TARANVEER SINGH 57.43, 62.60, 62.40, 62.51, 62.91, 61.24	750	01/10/96	SSCB	<b>62.91m</b>
6	PRAVEEN KUMAR. 59.06, 62.10, 61.75, 62.57, F, 59.71	674	14/12/00	RAJASTHAN	<b>62.57m</b>
7	NIRAJ KUMAR 57.87, 61.86, F, F, F, 61.66	720	17/09/90	SSCB	<b>61.86m</b>
8	BAJINDER SINGH 60.85, F, 58.02, F, 60.64, 61.15	513	01/10/90	PUNJAB	<b>61.15m</b>
9	MO NADEEM 59.21, F, 58.64	869	20/04/04	UTTAR PRADESH	<b>59.21m</b>
10	HIMANSHU . 58.26, F, 58.42	234	07/06/01	HARYANA	<b>58.42m</b>
11	KAUSHAL SINGH F, 54.50, 56.62	165	16/11/88	DELHI	<b>56.62m</b>
12	DINESH S 53.72, 54.72, 55.66	813	05/02/03	TAMIL NADU	<b>55.66m</b>

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**30 Aug-02 September, Bangalore, Karnataka****RESULTS OF PRELIMS**

1	PRAVEEN KUMAR. 62.99, F, 62.27	674	14/12/00	RAJASTHAN	<b>62.99m</b>
2	RAVI . 58.50, F, 62.76	586	23/10/99	RAILWAY SPORTS	<b>62.76m</b>
3	MOHAMMAD SHAHBAN 62.29, F, 62.11	873	16/04/04	UTTAR PRADESH	<b>62.29m</b>
4	BAJINDER SINGH 59.29, 60.40, 62.16	513	01/10/90	PUNJAB	<b>62.16m</b>
5	NITESH POONIA 61.93, 60.65, 60.39	614	31/12/00	RAILWAY SPORTS	<b>61.93m</b>
6	NIRAJ KUMAR 57.94, 61.20, 58.41	720	17/09/90	SSCB	<b>61.20m</b>
7	MO NADEEM 59.24, 60.80, 60.96	869	20/04/04	UTTAR PRADESH	<b>60.96m</b>
8	TARANVEER SINGH F, 59.64, F	750	01/10/96	SSCB	<b>59.64m</b>
9	ASHISH JAKHAR F, F, 58.84	717	05/01/99	SSCB	<b>58.84m</b>
10	DINESH S 56.74, 58.76, 55.55	813	05/02/03	TAMIL NADU	<b>58.76m</b>
11	HIMANSHU . 57.91, 57.01, 58.02	234	07/06/01	HARYANA	<b>58.02m</b>
12	KAUSHAL SINGH 57.75, F, 58.00	165	16/11/88	DELHI	<b>58.00m</b>
13	PARAS DESHWAL 52.93, F, 57.60	151	25/12/01	DELHI	<b>57.60m</b>
14	GURDEV . 57.27, F, F	502	14/08/01	PUNJAB	<b>57.27m</b>
15	SACHIN . 56.12, F, F	305	03/06/03	KARNATAKA	<b>56.12m</b>
16	CHAND HOODA F, 55.41, 54.35	131	04/12/99	CHANDIGARH	<b>55.41m</b>
17	YUVRAJ JAKHAR 53.19, F, 54.29	667	07/12/01	RAJASTHAN	<b>54.29m</b>
18	DHEERAJ POOJARY 52.95, 51.48, 53.41	321	08/11/03	KARNATAKA	<b>53.41m</b>
19	SUDEEP M 49.95, 52.83, 52.46	317	10/11/02	KARNATAKA	<b>52.83m</b>
20	MANI DHULIPUDI F, F, 48.54	108	09/07/01	ANDHRA PRADESH	<b>48.54m</b>
	GAURAV . F, F, F	231	12/02/96	HARYANA	<b>NM</b>
	AJAZ AHMAD -, -, -	590	25/05/91	RAILWAY SPORTS	<b>NM</b>
	PARAMVIR SINGH	522	16/12/04	PUNJAB	<b>DNS</b>
	DEVANG .	146	20/12/03	DELHI	<b>DNS</b>
	SHANTANU UCHALE	440	31/01/99	MAHARASHTRA	<b>DNS</b>

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**Event # 18 MENS Javelin Throw**

# NR.:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022

% MR.:D.P MANU BENGALURU 82.06 2023

**RESULTS OF FINALS**

1	VIKRANT MALIK	257	02/01/96	HARYANA	<b>80.02m</b>
	80.02, F, F, 74.18, -, F				
2	SACHIN YADAV	885	25/10/99	UTTAR PRADESH	<b>79.80m</b>
	76.25, 74.74, 79.47, 79.80, 78.02, F				
3	ROHIT YADAV	638	06/06/01	RAILWAY SPORTS	<b>79.31m</b>
	79.31, F, 75.29, 75.19, 78.24, 75.91				
4	YASHVIR SINGH	631	22/10/01	RAILWAY SPORTS	<b>77.72m</b>
	76.44, 73.70, 75.46, 73.87, F, 77.72				
5	SARBJEET SINGH	524	03/09/94	PUNJAB	<b>77.43m</b>
	F, 75.52, F, F, 73.05, 77.43				
6	UTTAM PATIL	734	01/11/98	SSCB	<b>75.51m</b>
	F, 67.96, 75.51, F, 71.30, F				
7	SHIVAM LOHAKARE	724	14/09/04	SSCB	<b>73.83m</b>
	73.83, -, -, -, -, -				
8	BIBIN ANTONY	359	04/05/94	KERALA	<b>73.00m</b>
	F, 73.00, F, F, F, F				
9	PARMOD .	696	03/12/99	SSCB	<b>71.66m</b>
	69.20, 69.19, 71.66				
10	ABHISHEK DRALL	152	11/05/98	DELHI	<b>71.52m</b>
	71.52, F, 69.92				
11	ARUN BABY	362	30/04/93	KERALA	<b>71.48m</b>
	67.68, 71.48, 67.96				
12	SAHIL SILWAL	627	17/12/00	RAILWAY SPORTS	<b>69.78m</b>
	69.78, 69.06, 69.01				

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1	SACHIN YADAV 80.04, -, -	885	25/10/99	UTTAR PRADESH	<b>80.04m</b>
2	UTTAM PATIL 74.50, 75.51, -	734	01/11/98	SSCB	<b>75.51m</b>
3	ROHIT YADAV 71.58, 74.85, -	638	06/06/01	RAILWAY SPORTS	<b>74.85m</b>
4	SARBJEET SINGH 74.33, 74.75, -	524	03/09/94	PUNJAB	<b>74.75m</b>
5	VIKRANT MALIK F, 74.36, -	257	02/01/96	HARYANA	<b>74.36m</b>
6	SAHIL SILWAL 72.83, F, 67.54	627	17/12/00	RAILWAY SPORTS	<b>72.83m</b>
7	YASHVIR SINGH 69.77, 70.53, 72.55	631	22/10/01	RAILWAY SPORTS	<b>72.55m</b>
8	ARUN BABY 72.52, F, 69.37	362	30/04/93	KERALA	<b>72.52m</b>
9	SHIVAM LOHAKARE 64.59, 66.04, 72.45	724	14/09/04	SSCB	<b>72.45m</b>
10	PARMOD . 64.35, 70.56, 72.23	696	03/12/99	SSCB	<b>72.23m</b>
11	ABHISHEK DRALL 71.04, 68.80, 70.72	152	11/05/98	DELHI	<b>71.04m</b>
12	BIBIN ANTONY 67.67, 69.68, F	359	04/05/94	KERALA	<b>69.68m</b>
13	NIKUNJ SINGH 66.75, 68.86, 66.30	166	18/05/00	DELHI	<b>68.86m</b>
14	AKULA KRISHNA NAIDU 67.86, F, 65.66	112	20/05/96	ANDHRA PRADESH	<b>67.86m</b>
15	SHASHANK PATIL 65.43, 65.83, 67.47	320	10/10/04	KARNATAKA	<b>67.47m</b>
16	SAMAR SINGH 66.12, F, F	904	03/01/00	UTTRAKHAND	<b>66.12m</b>
17	ADITYA . F, 61.20, 64.96	221	22/10/06	HARYANA	<b>64.96m</b>
18	SAMARJEET MALHI 59.22, 60.85, 63.99	475	07/11/88	ONGC	<b>63.99m</b>
19	KAPIL SHARMA 63.74, 58.11, 59.82	679	31/08/95	RAJASTHAN	<b>63.74m</b>
20	HARMANPREET SINGH 61.96, 61.67, 62.71	517	22/02/97	PUNJAB	<b>62.71m</b>



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**Event # 19 MENS 4x100m Relay**

# NR.:NATIONAL TEAM NEW DELHI 38.89 12/10/2010

% MR.:TAMIL NADU TEAM BENGALURU 39.42 2023

**RESULTS OF FINALS Heat 1**

1	ODISHA F			ODISHA			<b>39.65</b>
	471	ABHINASH SAHU	23-03-2000	463	ANIMESH KUJUR	02-06-2003	
	457	LALU PRASAD BHOI	21-09-2003	465	AMIYA MALLICK	14-11-1992	
2	RAILWAY SPORTS G			RAILWAY SPORTS			<b>39.82</b>
	621	TAMIL ARASU S	20-05-2002	599	ABHIN DEVADIGA	15-08-2001	
	634	NALUBOTHU SRINIVAS	09-10-2002	596	AMLAN BORGHOAIN	25-04-1998	
3	SSCB I			SSCB			<b>39.99</b>
	744	GURINDERVIR SINGH	24-12-2000	748	PAL SINGH	10-11-2000	
	716	MANIKANTA H	29-11-2001	733	NIKHIL PATIL	21-06-2002	
4	KERALA E			KERALA			<b>40.65</b>
	378	MOHAMED SHAN P	30-01-2004	361	BIBIN B	12-12-1999	
	363	ABHINAV C	16-04-2001	372	PRANAV KS	05-06-1997	
5	RAJASTHAN H			RAJASTHAN			<b>41.50</b>
	682	M SHEKHAWAT	05-10-1998	669	ANKIT KUMAR KASWAN	05-06-2005	
	683	GAJENDRA SINGH	24-03-2007	681	M SHEKHAWAT	30-10-2003	
6	TAMIL NADU J			TAMIL NADU			<b>42.74</b>
	794	NITHIN .	12-04-1999	804	RAGUL KUMAR G	22-03-2000	
	816	SUBBASH S	17-02-2002	800	ARUN C	08-09-2001	
7	JHARKHAND D			JHARKHAND			<b>42.92</b>
	275	S SINGH	06-05-1997	272	GUNI VASANT NAIDU	30-07-1997	
	271	CHHOTU MANDAL	31-08-2002	276	SHIV KUMAR SOREN	23-01-2005	
8	CHHATTISGARH B			CHHATTISGARH			<b>43.72</b>
	138	SHEKHER TOMER	04-10-1998	137	YERNENA RAO	02-08-2000	
	134	SHIVDARSHAN .	27-10-2002	136	SANJEEV RAJAK	28-12-1998	

**RESULTS OF PRELIMS Heat 1**

1	SSCB I			SSCB			<b>40.26</b>
	744	GURINDERVIR SINGH	24-12-2000	748	PAL SINGH	10-11-2000	
	716	MANIKANTA H	29-11-2001	733	NIKHIL PATIL	21-06-2002	
2	ODISHA F			ODISHA			<b>40.53</b>
	471	ABHINASH SAHU	23-03-2000	463	ANIMESH KUJUR	02-06-2003	
	459	A DALABEHERA	12-04-2003	465	AMIYA MALLICK	14-11-1992	
3	JHARKHAND D			JHARKHAND			<b>41.44</b>
	275	S SINGH	06-05-1997	276	SHIV KUMAR SOREN	23-01-2005	
	271	CHHOTU MANDAL	31-08-2002	272	GUNI VASANT NAIDU	30-07-1997	
4	RAJASTHAN H			RAJASTHAN			<b>42.37</b>
	682	M SHEKHAWAT	05-10-1998	683	GAJENDRA SINGH	24-03-2007	
	669	ANKIT KUMAR KASWAN	05-06-2005	681	M SHEKHAWAT	30-10-2003	
5	CHHATTISGARH B			CHHATTISGARH			<b>43.32</b>
	134	SHIVDARSHAN .	27-10-2002	136	SANJEEV RAJAK	28-12-1998	
	138	SHEKHER TOMER	04-10-1998	137	YERNENA RAO	02-08-2000	
6	TELANGANA K			TELANGANA			<b>44.02</b>
	824	NITHIN ESLAVATH	03-03-2003	822	VINOD KUMAR BANOTH	16-12-2005	
	827	G TARUN KUMAR RAJU	01-09-2003	823	MANE DINESH	05-04-2000	

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**RESULTS OF PRELIMS Heat 2**

1	RAILWAY SPORTS G			RAILWAY SPORTS			<b>41.22</b>
	621	TAMIL ARASU S	20-05-2002	599	ABHIN DEVADIGA	15-08-2001	
	634	NALUBOTHU SRINIVAS	09-10-2002	596	AMLAN BORGOHAIN	25-04-1998	
2	TAMIL NADU J			TAMIL NADU			<b>41.43</b>
	794	NITHIN .	12-04-1999	804	RAGUL KUMAR G	22-03-2000	
	816	SUBBASH S	17-02-2002	800	ARUN C	08-09-2001	
3	KERALA E			KERALA			<b>41.48</b>
	361	BIBIN B	12-12-1999	372	PRANAV KS	05-06-1997	
	363	ABHINAV C	16-04-2001	365	ANURAG C V	23-01-2004	
4	ANDHRA PRADESH A			ANDHRA PRADESH			<b>45.67</b>
	107	VARRI DEMUDU NAIDU	10-06-2001	116	GUNDU PRAVEEN	06-10-1994	
	117	NAKKA RAJESH	15-08-2000	110	B JAMMULA	31-01-2003	
	DELHI C			DELHI			<b>DNF</b>
	168	ABHISHEK YADAV	01-07-2003	149	V CHAUDHARY	22-09-2001	
	167	VISHNU SIVA SANKAR	22-11-1996	160	NEHAL SAGAR	05-04-2002	

**Event # 20 MENS 4x400m Relay**

# NR.:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023

% MR.:SERVICES TEAM KOLKATA 3:06.63 2015

1	SSCB F			SSCB			<b>3:07.11</b>
	699	RINCE .	31-08-2002	711	D CHOUDHARY	05-02-2001	
	704	RAHUL BABY	28-08-1997	712	S DATTATRAY DESHMUK	29-07-1996	
2	TAMIL NADU G			TAMIL NADU			<b>3:08.56</b>
	808	SATHISH K	01-09-1994	789	A.SURAJ .	20-12-2003	
	801	A CHINTHALA	14-11-1997	819	VISHAL TK	17-12-2003	
3	RAILWAY SPORTS E			RAILWAY SPORTS			<b>3:08.70</b>
	622	KAVEN S.K	20-11-2001	598	SOMNATH CHAUHAN	02-02-2004	
	585	K.AVINASH .	03-12-2000	611	VIKRANT PANCHAL	30-01-2000	
4	ODISHA C			ODISHA			<b>3:11.68</b>
	463	ANIMESH KUJUR	02-06-2003	467	DEBASIS PATNAIK	27-10-1997	
	469	ASTIK PRADHAN	23-04-2006	470	SASWAT KUMAR SAHOO	15-11-2004	
5	PUNJAB D			PUNJAB			<b>3:13.39</b>
	518	JAGMEET SINGH	28-12-1996	516	GURMAN SINGH	27-08-1997	
	521	LOVEJOT SINGH	13-07-1998	511	MANOJ KUMAR	30-08-1998	
	KERALA B			KERALA			<b>DNS</b>
	HARYANA A			HARYANA			<b>DNS</b>

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**Event # 21 MENS 20Km Race Walk**

# NR.:AKSHDEEP SINGH CHANDIGARH 1:19.38 30/01/2024

% MR.:BABUBHAI PANUCHA JAMSHEDPUR 1:23.40 2007

1	SERVIN .	700	26/11/99	SSCB	1:25:35.00
2	AMIT .	224	25/12/03	HARYANA	1:25:40.00
3	ARSHPREET SINGH	740	22/11/00	SSCB	1:26:56.00
4	MUKESH NITHARWAL	729	04/06/00	SSCB	1:28:08.00
5	NINGTHOUKHONGJA .	441	01/03/02	MANIPUR	1:30:27.00
6	NEERAJ CHAURASIYA	859	06/07/00	UTTAR PRADESH	1:30:32.00
7	MONU JAKHAR	154	11/06/01	DELHI	1:30:44.00
8	ANEESH A A	355	25/04/98	KERALA	1:32:32.00
9	BALJINDER SINGH	514	18/09/86	PUNJAB	1:34:17.00
10	SANDIP .	506	12/11/97	PUNJAB	1:34:56.00
11	BILIN GEORGE ANTO	603	09/11/04	RAILWAY SPORTS	1:35:25.00
12	ROMIT DHARAMPAL SINGH	630	20/09/92	RAILWAY SPORTS	1:48:36.00
	RAHUL .	239	07/01/00	HARYANA	DQ
	JASPAL SINGH	273	19/11/98	JHARKHAND	DNF
	SAHIL .	505	09/04/02	PUNJAB	DNF
	HARDEEP .	232	22/09/98	HARYANA	DNF
	SANABAM SINGH	445	15/10/89	MANIPUR	DNS
	JUNED .	584	10/05/99	RAILWAY SPORTS	DNS



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**Event # 22 MENS 35Km Race Walk**

# NR.:RAM BABOO DUDINCE 2:29.56 25/03/2023

% MR.:RAM BABOO BENGALURU 2:39.05 2022

1	AMIT .	224	25/12/03	HARYANA	2:38:00.00 %
2	VIJAY VISHWAKARMA	755	11/10/99	SSCB	2:39:13.00
3	EKNATH TURAMBEKAR	635	08/01/98	RAILWAY SPORTS	2:39:36.00
4	RESHAM MIDHUN	726	06/12/87	SSCB	2:41:34.00
5	SACHIN SHARMA	874	12/08/01	UTTAR PRADESH	2:45:36.00
6	JUNED .	584	10/05/99	RAILWAY SPORTS	2:45:55.00
7	HARDEEP .	232	22/09/98	HARYANA	2:46:21.00
8	ANAND KUMAR DIVEDI	124	07/07/98	BIHAR	2:48:42.00
9	SACHIN BOHRA	895	22/03/03	UTTRAKHAND	2:49:35.00
10	VIKASH YADAV	757	25/10/00	SSCB	2:52:45.00
11	MONU JAKHAR	154	11/06/01	DELHI	2:52:47.00
12	RAJ MISHRA	825	05/07/04	TELANGANA	2:53:44.00
13	GEORGE MATHEW .	349	25/06/91	KERALA	2:55:03.00
14	MOHIT ..	246	22/08/01	HARYANA	2:57:23.00
	SANABAM SINGH	445	15/10/89	MANIPUR	DNF
	ROMIT DHARAMPAL SINGH	630	20/09/92	RAILWAY SPORTS	DNF
	KUSHAL SINGH	877	04/01/99	UTTAR PRADESH	DNF
	SAHIL .	505	09/04/02	PUNJAB	DNF
	SURINDER SINGH	525	04/07/88	PUNJAB	DNF



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**Event # 23 WOMENS 100m Run**

# NR.:DUTEE CHAND PATIALA 11.17 21/06/2021

% MR.:DUTEE CHAND RANCHI 11.22 2019

**RESULTS OF FINALS Heat 1**

1	NITHYA GANDHE 11.561	553	10/11/99	RAILWAY SPORTS	+0.9m/s ne	<b>11.57</b>
2	SNEHA S.S 11.563	300	27/03/98	KARNATAKA	+0.9m/s ne	<b>11.57</b>
3	GIRIDHARANI RAVIKUMAR	573	07/07/01	RAILWAY SPORTS	+0.9m/s ne	<b>11.64</b>
4	SRABANI NANDA	451	07/05/91	ODISHA	+0.9m/s ne	<b>11.73</b>
5	KAVERI PATIL	297	11/06/00	KARNATAKA	+0.9m/s ne	<b>11.86</b>
6	HIMASHREE ROY	575	15/03/95	RAILWAY SPORTS	+0.9m/s ne	<b>11.93</b>
7	PRAGYAN PRASANT SAHU	452	19/12/99	ODISHA	+0.9m/s ne	<b>12.08</b>
8	DANESHWARI T	301	14/08/00	KARNATAKA	+0.9m/s ne	<b>12.13</b>

**RESULTS OF PRELIMS Heat 1**

1	SNEHA S.S	300	27/03/98	KARNATAKA	+0.8m/s n	<b>11.55</b>
2	GIRIDHARANI RAVIKUMAR	573	07/07/01	RAILWAY SPORTS	+0.8m/s n	<b>11.72</b>
3	PRAGYAN PRASANT SAHU	452	19/12/99	ODISHA	+0.8m/s n	<b>11.84</b>
4	SUDESHNA SHIVANKAR 11.863	421	09/09/03	MAHARASHTRA	+0.8m/s n	<b>11.87</b>
5	MARIYA PARVEEN	837	01/01/04	UTTAR PRADESH	+0.8m/s n	<b>12.11</b>
	SIMRAN KAUR	142	01/08/98	DELHI		<b>DNS</b>
	BHAWNA .	194	06/12/03	HARYANA		<b>DNS</b>
	MADHUMITA DEB	384	04/01/02	MADHYA PRADESH		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	HIMASHREE ROY	575	15/03/95	RAILWAY SPORTS	-0.1m/s e	<b>11.80</b>
2	DANESHWARI T 11.868	301	14/08/00	KARNATAKA	-0.1m/s e	<b>11.87</b>
3	TAMASHREE MISHRA	908	18/05/03	WEST BENGAL	-0.1m/s e	<b>12.18</b>
4	SHILBI P	338	16/05/96	KERALA	-0.1m/s e	<b>12.21</b>
5	TEENA PAREEK	656	04/04/02	RAJASTHAN	-0.1m/s e	<b>12.23</b>
6	ANSHU .	192	06/06/01	HARYANA	-0.1m/s e	<b>12.66</b>
7	SAKSHI KOLEKAR DEEPSHIKHA .	169 828	03/10/03 07/10/00	GOA UTTAR PRADESH	-0.1m/s e	<b>13.39</b> <b>DNS</b>

**RESULTS OF PRELIMS Heat 3**

1	NITHYA GANDHE	553	10/11/99	RAILWAY SPORTS	+0.9m/s n	<b>11.59</b>
2	SRABANI NANDA	451	07/05/91	ODISHA	+0.9m/s n	<b>11.70</b>
3	KAVERI PATIL	297	11/06/00	KARNATAKA	+0.9m/s n	<b>11.85</b>
4	NANCY .	204	12/12/07	HARYANA	+0.9m/s n	<b>11.92</b>
5	SHIVKANYA MUKATI	386	01/03/04	MADHYA PRADESH	+0.9m/s n	<b>12.40</b>
6	MAHERA SIDDIQUE PAVITHRA R	180 780	06/04/01 22/03/02	GUJARAT TAMIL NADU	+0.9m/s n	<b>12.45</b> <b>DNF</b>

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8/30/24 - 9/2/24

30 Aug-02 September, Bangalore,Karnataka

**Event # 24 WOMENS 200m Run**

# NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

% MR.:SARASWATI SAHA NEW DELHI 22.83 2002

**RESULTS OF FINALS Heat 1**

1	NITHYA GANDHE	553	10/11/99	RAILWAY SPORTS	+1.1m/s ne	<b>23.51</b>
2	SRABANI NANDA	451	07/05/91	ODISHA	+1.1m/s ne	<b>23.83</b>
3	NANCY .	204	12/12/07	HARYANA	+1.1m/s ne	<b>23.84</b>
4	KAVERI PATIL	297	11/06/00	KARNATAKA	+1.1m/s ne	<b>23.96</b>
5	MADHUMITA DEB	384	04/01/02	MADHYA PRADESH	+1.1m/s ne	<b>24.03</b>
6	DEVYANIBA ZALA	182	15/03/02	GUJARAT	+1.1m/s ne	<b>24.07</b>
7	ANTAKSHRI .	639	20/01/00	RAJASTHAN	+1.1m/s ne	<b>25.19</b>
	SAMRITI JAMWAL	266	04/12/03	HIMACHAL PRADESH		<b>DNS</b>

**RESULTS OF PRELIMS Heat 1**

1	NANCY .	204	12/12/07	HARYANA	+0.3m/s n	<b>23.94</b>
2	NITHYA GANDHE	553	10/11/99	RAILWAY SPORTS	+0.3m/s n	<b>24.05</b>
3	MADHUMITA DEB	384	04/01/02	MADHYA PRADESH	+0.3m/s n	<b>24.24</b>
4	DEVYANIBA ZALA	182	15/03/02	GUJARAT	+0.3m/s n	<b>24.35</b>
5	SHILBI P	338	16/05/96	KERALA	+0.3m/s n	<b>24.86</b>
6	SWATHI RONGALI	106	07/08/00	ANDHRA PRADESH	+0.3m/s n	<b>24.88</b>
7	JYOTHIKA .	280	29/09/02	KARNATAKA	+0.3m/s n	<b>25.02</b>
	SIMRAN KAUR	142	01/08/98	DELHI		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	SAMRITI JAMWAL	266	04/12/03	HIMACHAL PRADESH	+1.1m/s n	<b>24.08</b>
2	KAVERI PATIL	297	11/06/00	KARNATAKA	+1.1m/s n	<b>24.16</b>
3	HIMASHREE ROY	575	15/03/95	RAILWAY SPORTS	+1.1m/s n	<b>24.49</b>
4	SONIA .	210	05/01/01	HARYANA	+1.1m/s n	<b>24.51</b>
5	SUMMY .	690	21/05/03	SSCB	+1.1m/s n	<b>24.70</b>
6	ANU R	339	20/04/93	KERALA	+1.1m/s n	<b>25.16</b>
7	SABHYA PATEL	843	25/07/98	UTTAR PRADESH	+1.1m/s n	<b>25.65</b>
8	NEETU PRAJAPATI	388	05/07/95	MADHYA PRADESH	+1.1m/s n	<b>26.14</b>

**RESULTS OF PRELIMS Heat 3**

1	SRABANI NANDA	451	07/05/91	ODISHA	+0.4m/s n	<b>24.50</b>
2	ANTAKSHRI .	639	20/01/00	RAJASTHAN	+0.4m/s n	<b>24.95</b>
3	NATHALIEA EVANG MARIEA	772	17/08/02	TAMIL NADU	+0.4m/s n	<b>24.96</b>
4	CHELIMI .	101	07/01/03	ANDHRA PRADESH	+0.4m/s n	<b>25.01</b>
5	GIRIDHARANI RAVIKUMAR	573	07/07/01	RAILWAY SPORTS	+0.4m/s n	<b>25.34</b>
6	SHIVKANYA MUKATI	386	01/03/04	MADHYA PRADESH	+0.4m/s n	<b>25.59</b>
7	MAHERA SIDDIQUE	180	06/04/01	GUJARAT	+0.4m/s n	<b>25.93</b>

**Event # 25 WOMENS 400m Run**

# NR.:HIMA DAS JAKARTA 50.79 26/08/2018

% MR.:ANJALI DEVI BHUANESWAR 51.79 2018

**RESULTS OF FINALS Heat 1**

1	AISHWARYA MISHRA	419	16/08/97	MAHARASHTRA		<b>53.77</b>
2	DEVYANIBA ZALA	182	15/03/02	GUJARAT		<b>53.87</b>
3	KUNJA RAJITHA	104	01/01/03	ANDHRA PRADESH		<b>54.27</b>
4	RUPAL .	831	23/12/04	UTTAR PRADESH		<b>54.63</b>
5	MUGADA .	102	05/06/03	ANDHRA PRADESH		<b>54.68</b>
6	SUMMY .	690	21/05/03	SSCB		<b>55.37</b>
7	SNEHA K	336	19/05/99	KERALA		<b>55.82</b>
8	SWATHI RONGALI	106	07/08/00	ANDHRA PRADESH		<b>56.02</b>

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**RESULTS OF PRELIMS Heat 1**

1	DEVYANIBA ZALA	182	15/03/02	GUJARAT	53.20
2	RUPAL .	831	23/12/04	UTTAR PRADESH	53.70
3	KUNJA RAJITHA	104	01/01/03	ANDHRA PRADESH	53.74
4	GUG KAUR	491	23/08/98	PUNJAB	54.88
5	FLORENCE BARLA	546	01/01/01	RAILWAY SPORTS	54.97
6	PRAJNA .	283	25/07/01	KARNATAKA	55.14
7	STEPHY KOSHY	337	22/03/03	KERALA	58.12
8	SHIREEN AHLUWALIA	129	04/04/06	CHANDIGARH	1:00.73

**RESULTS OF PRELIMS Heat 2**

1	AISHWARYA MISHRA	419	16/08/97	MAHARASHTRA	52.71
2	MUGADA .	102	05/06/03	ANDHRA PRADESH	54.04
3	SNEHA K	336	19/05/99	KERALA	54.10
4	MANISHA .	201	24/05/02	HARYANA	54.52
5	ANTAKSHRI .	639	20/01/00	RAJASTHAN	55.87
6	REVATHI V	581	23/11/97	RAILWAY SPORTS	57.21
7	RAMANDEEP KAUR .	483	24/06/89	PUNJAB	57.43
8	BABY S	783	06/06/00	TAMIL NADU	1:00.08

**RESULTS OF PRELIMS Heat 3**

1	SUMMY .	690	21/05/03	SSCB	54.54
2	SWATHI RONGALI	106	07/08/00	ANDHRA PRADESH	55.42
3	NATHALIEA EVANG MARIEA	772	17/08/02	TAMIL NADU	55.44
4	MAHI NANDAL	217	25/12/06	HARYANA	55.50
5	SALINI VALUPARAMBIL KRIS	582	10/01/98	RAILWAY SPORTS	56.50
6	DISHA ALIGE	289	02/06/05	KARNATAKA	56.78
7	RAMA TANWAR	657	08/07/03	RAJASTHAN	57.84
	GOWRINANDANA .	330	26/03/02	KERALA	DQ

**Event # 26 WOMENS 800m Run**

# NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010

% MR.:TINTU LUKKA KOLKATA 2:00.56 2015

**RESULTS OF FINALS Heat 1**

1	CHANDA .	530	16/08/01	RAILWAY SPORTS	2:01.16
2	TWINKLE .	485	17/10/95	PUNJAB	2:03.59
3	GUG KAUR	491	23/08/98	PUNJAB	2:04.77
4	KAVITHA V	787	15/06/98	TAMIL NADU	2:05.62
5	POOJA ...	543	17/06/02	RAILWAY SPORTS	2:07.79
6	LAXMIPRIYA KISAN	449	10/04/05	ODISHA	2:10.17
7	PRISCILLA DANIEL	331	01/07/02	KERALA	2:10.22
8	AKSHANA .	528	01/06/03	RAILWAY SPORTS	2:12.11

**RESULTS OF PRELIMS Heat 1**

1	CHANDA .	530	16/08/01	RAILWAY SPORTS	2:07.19
2	KAVITHA V	787	15/06/98	TAMIL NADU	2:08.21
3	GUG KAUR	491	23/08/98	PUNJAB	2:09.57
4	LAXMIPRIYA KISAN	449	10/04/05	ODISHA	2:10.20
5	PRISCILLA DANIEL	331	01/07/02	KERALA	2:11.63
6	RAMA TANWAR	657	08/07/03	RAJASTHAN	2:14.96
7	MITTAL CHAUDHRI	175	19/05/01	GUJARAT	2:23.91
	SHALU CHAUDHARY	141	27/01/94	DELHI	DNS

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**RESULTS OF PRELIMS Heat 2**

1	TWINKLE .	485	17/10/95	PUNJAB	2:09.49
2	POOJA ...	543	17/06/02	RAILWAY SPORTS	2:10.07
3	AKSHANA .	528	01/06/03	RAILWAY SPORTS	2:11.75
4	LAVANYA R	779	08/08/01	TAMIL NADU	2:12.04
5	SHIVANKI AWASTHI	833	01/07/03	UTTAR PRADESH	2:12.08
6	DEEPASHREE .	279	25/10/03	KARNATAKA	2:15.17
7	JYOTI ...	214	05/07/97	HARYANA	2:16.05
	KM DEEKSHA	385	01/01/99	MADHYA PRADESH	DNS

**Event # 27 WOMENS 1500m Run**

# NR.:DEEKSHA . LOS ANGELES 4:04.78 11/05/2024

% MR.:HARMILAN BAINS WARANGAL 4:05.39 2021

1	LILI DAS	550	18/03/98	RAILWAY SPORTS	4:16.52
2	KM DEEKSHA	385	01/01/99	MADHYA PRADESH	4:25.91
3	SUNITA ..	542	31/03/98	RAILWAY SPORTS	4:26.29
4	MUSKAN .	203	10/06/08	HARYANA	4:31.04
5	SAPNA PATEL	170	10/03/99	GOA	4:41.61
6	MEENA .	643	15/09/00	RAJASTHAN	4:44.56
7	NEHA PANWAR	836	01/07/03	UTTAR PRADESH	4:45.89
8	REKHA .	128	23/04/99	CHANDIGARH	4:49.13
9	GOURI KOTIYAL	891	01/07/01	UTTRAKHAND	5:02.60
	S. NEELAMBARI .	762	22/10/99	TAMIL NADU	DNS
	KAJAL KANWADE	177	26/01/01	GUJARAT	DNF

**Event # 28 WOMENS 5000m Run**

# NR.:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR.:O.P. JAISHA KOLKATA 15:31.73 2015

1	SEEMA ..	265	10/01/01	HIMACHAL PRADESH	15:47.95
2	SANJIVANI JADHAV	418	12/07/96	MAHARASHTRA	15:55.69
3	LILI DAS	550	18/03/98	RAILWAY SPORTS	16:25.53
4	SHRADDHA KATHIRIYA	559	20/12/01	RAILWAY SPORTS	16:55.16
5	REBI PAL	567	12/12/01	RAILWAY SPORTS	17:15.79
6	ANTIMA PAL	835	01/01/04	UTTAR PRADESH	17:21.63
7	SUPRITI KACHHAP	268	03/04/03	JHARKHAND	17:24.32
8	SANGHAMITRA MAHATA	270	25/12/04	JHARKHAND	17:34.31
9	TANNU .	213	06/03/03	HARYANA	17:45.19
10	SAPNA PATEL	170	10/03/99	GOA	18:08.22
11	VANDANA MORI	178	31/08/02	GUJARAT	18:26.03
12	KAJAL KANWADE	177	26/01/01	GUJARAT	18:54.48



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**Event # 29 WOMENS 10000m Run**

#NR.:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010

% MR.:KAVITA RAUT KOCHI 32:41.31 2010

1	SEEMA ..	265	10/01/01	HIMACHAL PRADESH	33:56.86
2	SONIKA .	538	12/06/99	RAILWAY SPORTS	34:50.57
3	KAVITA YADAV	850	08/11/98	UTTAR PRADESH	35:10.77
4	AMRITA PATEL	568	08/03/01	RAILWAY SPORTS	35:24.47
5	ARCHANA JADHAV	417	10/10/04	MAHARASHTRA	35:44.26
6	REEBA GEORGE	334	07/08/96	KERALA	36:17.67
7	SUCHIKA .	644	02/02/02	RAJASTHAN	36:19.57
8	SONIYA .	889	25/07/00	UTTRAKHAND	36:54.35
9	K M LAXMI .	281	01/02/98	KARNATAKA	37:23.74
10	ANJULI SUBBA	689	24/07/00	SIKKIM	38:03.13
11	KAVITA .	198	16/12/98	HARYANA	39:13.70
	BHARTI .	193	01/01/97	HARYANA	DNF
	BABLI VERMA	848	08/05/00	UTTAR PRADESH	DNS
	POONAM SONUNE	580	04/04/00	RAILWAY SPORTS	DNF
	PRANALI SANAJY SHEGOKAI	420	09/10/03	MAHARASHTRA	DNS
	SANJIVANI JADHAV	418	12/07/96	MAHARASHTRA	DNF
	D.LATHA D	766	20/06/02	TAMIL NADU	DNS

**Event # 30 WOMENS 100m Hurdles**

# NR.:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

% MR.:JYOTI YARRAJI BENGALURU 12.82 2022

**RESULTS OF FINALS Heat 1**

1	NITHYA RAMRAJ	782	20/09/98	TAMIL NADU	-1.0m/s se	13.04
2	PRAGYAN PRASANT SAHU	452	19/12/99	ODISHA	-1.0m/s se	13.45
3	NANDHINI K	769	13/07/99	TAMIL NADU	-1.0m/s se	13.69
4	SABITA TOPPO	456	06/04/05	ODISHA	-1.0m/s se	14.14
5	ANN TOMY	344	25/02/02	KERALA	-1.0m/s se	14.15
6	S. SRIRESHMA .	763	04/05/01	TAMIL NADU	-1.0m/s se	14.18
	KANIMOZHI C	548	08/11/97	RAILWAY SPORTS		DNF
	GEETA DEVASI	651	12/03/03	RAJASTHAN		DNS

**RESULTS OF PRELIMS Heat 1**

1	NITHYA RAMRAJ	782	20/09/98	TAMIL NADU	-0.3m/s sw	13.13
2	SABITA TOPPO	456	06/04/05	ODISHA	-0.3m/s sw	14.04
3	S. SRIRESHMA .	763	04/05/01	TAMIL NADU	-0.3m/s sw	14.22
4	ANN TOMY	344	25/02/02	KERALA	-0.3m/s sw	14.36
5	AKSHATHA .	529	10/11/97	RAILWAY SPORTS	-0.3m/s sw	15.28

**RESULTS OF PRELIMS Heat 2**

1	PRAGYAN PRASANT SAHU	452	19/12/99	ODISHA	-0.7m/s s	13.80
2	NANDHINI K	769	13/07/99	TAMIL NADU	-0.7m/s s	14.00
3	KANIMOZHI C	548	08/11/97	RAILWAY SPORTS	-0.7m/s s	14.04
4	GEETA DEVASI	651	12/03/03	RAJASTHAN	-0.7m/s s	14.69
5	PRATIBHA KUMARI	269	06/01/01	JHARKHAND	-0.7m/s s	14.74

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**Event # 31 WOMENS 400m Hurdles**

# NR.:P.T. USHA LOS ANGELES 55.42 8/08/1984

% MR.:P.T. USHA TRIVANDRUM 56.80 1985

**RESULTS OF FINALS Heat 1**

1	R VITHYA RAMRAJ	571	20/09/98	RAILWAY SPORTS	56.23 %
2	SINCHAL .	537	05/02/01	RAILWAY SPORTS	57.60
3	PRAJNA .	283	25/07/01	KARNATAKA	57.90
4	OLIMBA STEFFI .	761	15/02/02	TAMIL NADU	58.09
5	NEHA DHABALE	416	06/08/03	MAHARASHTRA	59.07
6	DEEKSHITA RAMAK GOWDA	296	28/04/03	KARNATAKA	1:01.04
7	AMULYA BM	290	15/03/05	KARNATAKA	1:01.05
8	KHUSHDEEP KAUR .	482	03/04/00	PUNJAB	1:02.78

**RESULTS OF PRELIMS Heat 1**

1	R VITHYA RAMRAJ	571	20/09/98	RAILWAY SPORTS	58.41
2	OLIMBA STEFFI .	761	15/02/02	TAMIL NADU	59.60
3	NEHA DHABALE	416	06/08/03	MAHARASHTRA	1:00.28
4	DEEKSHITA RAMAK GOWDA	296	28/04/03	KARNATAKA	1:00.85
5	VEERPAL .	486	07/09/97	PUNJAB	1:01.59
6	JYOTI RANI	844	04/12/03	UTTAR PRADESH	1:06.36

**RESULTS OF PRELIMS Heat 2**

1	SINCHAL .	537	05/02/01	RAILWAY SPORTS	59.02
2	PRAJNA .	283	25/07/01	KARNATAKA	59.99
3	MUGADA .	102	05/06/03	ANDHRA PRADESH	1:02.26
4	DHIVYA.J .	759	31/01/98	TAMIL NADU	1:11.27
	RAMANDEEP KAUR.	497	20/12/03	PUNJAB	DNS
	NANHI .	533	16/10/99	RAILWAY SPORTS	DNS

**RESULTS OF PRELIMS Heat 3**

1	KHUSHDEEP KAUR .	482	03/04/00	PUNJAB	1:01.29
2	AMULYA BM	290	15/03/05	KARNATAKA	1:01.80
3	RAJI CHRISTUDAS THANKAM	342	01/08/88	KERALA	1:02.07
4	SHREEVARTHANI S K	785	18/04/05	TAMIL NADU	1:02.29
5	MOUMI JANA	906	23/08/04	WEST BENGAL	1:03.75

**Event # 32 WOMENS 3000m Steeplechase**

# NR.:PARUL CHAUDHARY BUDAPEST 9:15.31 27/08/2023

% MR.:LALITA BABAR KOLKATA 9:39.83 2015

1	REBI PAL	567	12/12/01	RAILWAY SPORTS	10:21.28
2	KOMAL JAGADALE	556	26/01/99	RAILWAY SPORTS	10:26.34
3	SUSMITA TIGGA	455	25/12/03	ODISHA	10:43.52
4	VANDANA MORI	178	31/08/02	GUJARAT	10:54.25
5	SMITHA D.R.	291	09/12/00	KARNATAKA	10:59.09
6	ANUPRIYA M	771	10/05/97	TAMIL NADU	11:07.64
7	BABLI VERMA	848	08/05/00	UTTAR PRADESH	11:27.85
8	JADA RINKAL VINODBHAI	181	01/06/03	GUJARAT	11:40.49
	CHINTA .	531	26/03/93	RAILWAY SPORTS	DNF
	BHAGYASHREE NAVALE	179	20/12/01	GUJARAT	DNF
	ANJALI .	887	10/03/99	UTTRAKHAND	DNS

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**Event # 33 WOMENS High Jump****HEIGHTS: 1.55, 1.60, 1.65, 1.70, 1.73, 1.76, 1.78, 1.80, 1.82, 1.84, 2.05, 2.10, 2.15, 2.20**

# NR.:SAHANA KUMARI HYDERABAD 1.92 23/06/2012

% MR.:SAHANA KUMARI CHENNAI 1.84 2012

1	REKHA -	527	24/01/99	RAILWAY SPORTS	1.82m
	---	O O O O O O XXO XXX			
2	GOBIKA K .	760	06/08/02	TAMIL NADU	1.80m
	---	XXO XO XO XXO XO XXX			
3	MANSHI .	830	03/09/02	UTTAR PRADESH	1.78m
	---	O O O O O XXX			
4	PALLAVI PATIL	298	12/09/02	KARNATAKA	1.76m
	---	O O O XXO O XXX			
5	ABHINAYA SHETTY	577	16/06/99	RAILWAY SPORTS	1.76m
	---	O O XO XO XXX			
6	SUPRIYA B	545	11/03/01	RAILWAY SPORTS	1.73m
	---	O O O O XXX			
7	KEVINAA ANNAVI	765	23/03/02	TAMIL NADU	1.70m
		O O O O XXX			
8	ANGEL DEVASIA	332	06/12/94	KERALA	1.70m
	---	XO O XXX			
9	GRACENA MERLY	773	23/05/00	TAMIL NADU	1.70m
	---	XO XO XXX			
10	POOJA RAWAT	892	01/01/03	UTTRAKHAND	1.65m
		O O O XXX			
11	SINCHANA M S	299	28/02/03	KARNATAKA	1.65m
	---	O XO XXX			

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**Event # 34 WOMENS Pole Vault****HEIGHTS: 3.30, 3.40, 3.50, 3.60, 3.70, 3.75, 3.80, 3.85, 3.90, 3.95, 4.00, 4.05, 4.10, 4.15, 4.20**

# NR.:ROSE MEENA PAULRAJ BENGALURU 4.21 15/10/2022

% MR.:ROSY MEENA PAULRAJ BENGALURU 4.21 2022

1	BARANICA ELANGO VAN	551	03/02/97	RAILWAY SPORTS	4.15m
				--- --- --- O --- --- O --- O --- O O XXO XO XXX	
2	KRISHNA RACHAN	570	24/05/94	RAILWAY SPORTS	4.10m
				--- --- --- --- XO --- O --- O --- XO --- XXO --- XXX	
3	PAVITHRA VENKATESH	788	08/12/01	TAMIL NADU	4.00m
				--- --- --- --- --- O --- XO --- XO XXX	
4	ROSY PAULRAJ	777	28/10/97	TAMIL NADU	3.90m
				--- --- --- --- O --- O --- XO XXX	
5	MARIYA JAISON	557	23/09/97	RAILWAY SPORTS	3.85m
				--- --- --- --- O --- X-- O --- XX- X	
6	SINDHUSHREE G	294	23/10/00	KARNATAKA	3.70m
				--- --- --- XO XO --- XXX	
7	VANSHIKA GHANGHAS	215	08/10/05	HARYANA	3.60m
				--- XO O O XXX	
8	KARTHIKA V	786	21/11/05	TAMIL NADU	3.60m
				O O XO XO XXX	
9	POOJA .	205	05/09/01	HARYANA	3.50m
				O O O XXX	
9	NEKHA ELDHO	333	05/03/03	KERALA	3.50m
				O O O XXX	
11	NISHA BANU ABDULLA	288	24/01/97	KARNATAKA	3.50m
				--- O XXO XXX	
12	RAJNI .	206	12/03/04	HARYANA	3.40m
				O O XXX	
	KANAK PANDEY	387	08/08/02	MADHYA PRADESH	NM
				XXX	

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**Event # 35 WOMENS Long Jump**

# NR.:ANJU B. GEORGE ATHENS 6.83 27/08/2004

% MR.:ANJU B. GEORGE NEW DELHI 6.74 2002

1	ANCY SOJAN E	691	01/03/01	SSCB	+0.1m/s	<b>6.71m</b>
	6.35, 6.43, 6.63, 6.61, 6.71, 6.54					
2	KARTHIKA GOTHANDAPANI	555	02/01/96	RAILWAY SPORTS	+0.1m/s	<b>6.29m</b>
	5.88, 6.06, 6.07, 6.11, 6.29, F					
3	BHAVANI YADAV BHAGAVATI	547	19/12/98	RAILWAY SPORTS	+0.5m/s	<b>6.25m</b>
	6.11, F, F, 6.10, F, 6.25					
4	KUSUMA RAVADA	105	15/09/01	ANDHRA PRADESH	+1.0m/s	<b>6.24m</b>
	6.10, 5.83, 6.02, 5.84, F, 6.24					
5	NAYANA JAMES	335	18/10/95	KERALA	+0.2m/s	<b>6.20m</b>
	F, 6.09, F, 6.20, F, 6.17					
6	PUNITHA RAMASAMY	781	13/04/00	TAMIL NADU	+0.3m/s	<b>6.11m</b>
	5.88, 6.03, 6.06, 5.84, 6.11, 6.01					
7	RIMPI BURAGOHAJIN	119	10/12/99	ASSAM	-1.0m/s	<b>6.11m</b>
	6.01, 5.90, 6.11, 5.99, 6.01, 5.90					
8	DEEPANSHI SINGH	846	03/04/01	UTTAR PRADESH	-1.4m/s	<b>6.10m</b>
	5.99, 5.98, 6.10, 5.90, F, 6.04					
9	BABISHA P	776	26/12/01	TAMIL NADU	+0.7m/s	<b>5.94m</b>
	5.70, 5.94, 5.80					
10	SHERIN A	764	24/02/00	TAMIL NADU	+0.2m/s	<b>5.93m</b>
	5.87, 5.93, F					
11	PRIYANKA KERKETTA	562	13/10/98	RAILWAY SPORTS	+0.2m/s	<b>5.87m</b>
	F, F, 5.87					
12	DEESHA GANAPATHY	295	16/08/05	KARNATAKA	-0.4m/s	<b>5.73m</b>
	5.73, 5.57, F					
13	NIRMA BHURAJI	174	03/06/04	GUJARAT	+0.4m/s	<b>5.71m</b>
	5.69, F, 5.71					
14	ANJU SINGH	133	23/02/04	CHHATTISGARH	+0.0m/s	<b>4.58m</b>
	4.58, 4.55, 4.54					
	MANISHA MEREL	450	05/07/01	ODISHA		<b>NM</b>
	F, F, F					
	LAKSHMI GEMMELA	103	18/06/04	ANDHRA PRADESH		<b>NM</b>
	F, F, F					

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**Event # 36 WOMENS Triple Jump**

# NR.:MAYOOKHA JOHNY KOBE 14.11 9/07/2011

% MR.:MAYOOKHA JOHNY KOLKATA 13.78 2015

1	SHEENA V	345	22/11/92	KERALA	+2.3m/s	13.27m
	12.76, X, X, 12.86, X, 13.27					
2	MALLALA ANUSHA	544	10/07/02	RAILWAY SPORTS	+2.2m/s	13.17m
	12.65, 12.60, 12.93, 13.14, 13.17, X					
3	BABISHA P	776	26/12/01	TAMIL NADU	+0.5m/s	13.13m
	12.66, 12.37, 12.79, 13.13, 13.02, 12.48					
4	NIHARIKA VASHISHT	500	17/10/95	PUNJAB	+0.5m/s	13.06m
5	KARTHIKA GOTHANDAPANI	555	02/01/96	RAILWAY SPORTS	+0.3m/s	13.01m
6	PAVITHRA G	293	10/03/00	KARNATAKA	+1.7m/s	12.88m
7	MERYMUKTA SORENG	454	01/11/04	ODISHA	+1.2m/s	12.88m
8	MEERA SHIBU	340	25/07/02	KERALA	+1.2m/s	12.74m
9	BHAIRABI ROY	574	02/02/95	RAILWAY SPORTS	+0.2m/s	12.72m
10	LASHA ILANGO	767	18/06/99	TAMIL NADU	+0.3m/s	12.35m
11	NIMISHA DAYMA	383	15/05/03	MADHYA PRADESH	+0.6m/s	12.26m
	KM. SONAM .	829	15/05/98	UTTAR PRADESH		DNS
	GAYATHRY SIVAKUMAR	341	26/02/01	KERALA		NM
	AISHWARYA R	778	03/01/00	TAMIL NADU		DNS

**Event # 37 WOMENS Shot Put**

# NR.:ABHA KHATUA BHUBANESWAR 18.41 13/05/2024

% MR.:MANPREET KAUR KOLKATA 17.96 2015

1	MANPREET KAUR.	561	06/07/90	RAILWAY SPORTS		16.42m
	F, 15.06, 15.42, 15.74, 16.42, 15.95					
2	REKHA ..	541	02/02/01	RAILWAY SPORTS		16.12m
	15.19, 15.67, 15.86, 15.28, 16.12, 16.02					
3	YOGITA .	540	01/11/00	RAILWAY SPORTS		15.65m
	14.66, 15.42, 14.73, 14.79, 15.65, F					
4	VIDHI .	832	27/12/04	UTTAR PRADESH		15.41m
	F, 14.29, 14.59, 14.76, 15.04, 15.41					
5	KACHNAR CHAUDHARY	647	17/05/99	RAJASTHAN		15.35m
	15.35, F, 15.31, 14.76, 14.40, 14.78					
6	SHIKSHA .	209	12/12/02	HARYANA		15.03m
	14.68, 14.89, 14.41, 15.03, F, F					
7	KRISHNA JAYASANKAR	768	10/11/02	TAMIL NADU		14.82m
	12.70, 14.82, 13.48, 13.89, 12.80, 13.33					
8	KAVITA KUMARI	652	10/01/02	RAJASTHAN		14.45m
	14.45, F, F, 13.73, F, F					
9	SRISHTI VIG	144	15/07/95	DELHI		14.27m
	14.08, 14.27, 14.13					
10	AMBIKA .	278	13/04/00	KARNATAKA		14.25m
	13.74, 14.25, 13.84					
11	SONU KUMARI	654	03/04/04	RAJASTHAN		13.40m
	13.25, 13.40, F					
12	NIVETHA T .	282	27/02/97	KARNATAKA		12.46m
	12.35, 12.07, 12.46					
13	MONIKA .	202	03/09/01	HARYANA		12.19m
	11.61, F, 12.19					
14	KRISHNA RAJPUT .	140	19/05/00	DELHI		10.85m
	10.59, 10.61, 10.85					
	JASKANWAL KAUR	494	18/11/04	PUNJAB		DNS
	RAKHI SANGWAN	218	10/07/95	HARYANA		DNS

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**Event # 38 WOMENS Discus Throw**

# NR.:KAMALPREET KAUR PATIALA 66.59 21/06/2021

% MR.:NEELAM J. SINGH BANGALORE 61.17 2003

1	SEEMA .	208	25/02/99	HARYANA	54.89m
		54.89, 52.21, 53.83, F, 54.11, F			
2	NIDHI .	534	03/01/97	RAILWAY SPORTS	52.46m
		51.97, F, 51.61, 52.46, 51.87, 50.52			
3	SANYA YADAV	219	09/08/03	HARYANA	49.84m
		49.84, 48.25, 49.69, 49.74, 48.57, F			
4	SUNITA .	211	20/03/00	HARYANA	49.83m
		48.56, 49.83, 49.78, 48.80, 49.32, 49.46			
5	MUKESH KUMARI	653	01/01/97	RAJASTHAN	49.28m
		49.28, F, 47.93, 45.12, 48.66, F			
6	GURVEER KAUR	492	19/10/95	PUNJAB	48.96m
		F, 47.76, 48.96, 47.71, F, 48.57			
7	KRISHNA JAYASANKAR	768	10/11/02	TAMIL NADU	48.57m
		47.13, 47.86, 45.86, 47.81, F, 48.57			
8	KIRAN .	641	01/07/03	RAJASTHAN	47.90m
		47.38, 47.90, 46.59, 46.41, F, F			
9	ANISHA .	139	03/07/05	DELHI	47.77m
		F, F, 47.77			
10	SANDEEP KUMARI	563	10/12/92	RAILWAY SPORTS	47.08m
		47.08, 45.45, 45.65			
11	BHAVANA YADAV	145	09/04/99	DELHI	46.63m
		F, 46.59, 46.63			
12	NEETIKA VERMA	849	04/03/01	UTTAR PRADESH	46.59m
		46.59, 45.37, 45.50			
13	K M MADHU VERMA	390	01/05/95	MADHYA PRADESH	45.34m
		42.81, 44.70, 45.34			
14	SHIVANI .	536	08/10/99	RAILWAY SPORTS	45.27m
		45.27, F, F			

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**Event # 39 WOMENS Hammer Throw**

# NR.:SARITA SINGH PATIALA 65.25 1/06/2017

% MR.:MANJU BALA WARANGAL 64.42 2021

1	HARSHITA SEHRAWAT	143	01/04/03	DELHI	<b>61.04m</b>
	58.33, 58.13, 58.46, 59.31, 59.93, 61.04				
2	TANYA CHAUDHARY	834	21/09/03	UTTAR PRADESH	<b>60.18m</b>
	58.27, 60.18, 58.47, 59.45, F, 59.65				
3	ANMOL KAUR	490	04/01/92	PUNJAB	<b>58.82m</b>
	58.82, 55.92, 57.97, 53.90, 55.33, 56.34				
4	DIVYA SHANDILYA	453	05/07/98	ODISHA	<b>58.61m</b>
	54.56, F, 58.37, 55.72, 55.79, 58.61				
5	KULVINDER .	532	15/02/98	RAILWAY SPORTS	<b>56.91m</b>
	F, 56.91, 55.85, 55.71, 50.54, F				
6	MANPREET KAUR	495	19/08/98	PUNJAB	<b>56.14m</b>
	F, 55.15, F, F, F, 56.14				
7	MAYA .	642	20/02/01	RAJASTHAN	<b>55.33m</b>
	50.29, 50.07, 55.33, 53.74, 54.37, F				
8	AAISHA PATEL	838	01/07/99	UTTAR PRADESH	<b>53.76m</b>
	F, 53.76, F, 53.38, 49.14, F				
9	ANISHA DAHIYA	549	03/12/00	RAILWAY SPORTS	<b>53.15m</b>
	F, 53.15, F				
10	SARITA R SINGH	578	26/10/89	RAILWAY SPORTS	<b>52.41m</b>
	F, 51.14, 52.41				
11	SURABHI VEDPATHAK	422	29/08/98	MAHARASHTRA	<b>51.58m</b>
	48.65, 49.38, 51.58				
12	SHRUTI SINGH	847	21/01/00	UTTAR PRADESH	<b>50.81m</b>
	50.81, F, 48.55				



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**Event # 40 WOMENS Javelin Throw**

# NR.:ANNU RANI JAMSHEDPUR 63.82 8/05/2022

% MR.:ANNU RANI LUCKNOW 60.01 2016

1	ANNU RANI	572	29/08/92	RAILWAY SPORTS	58.97m
	F, 58.73, 56.23, 58.97, F, 56.37				
2	JYOTI .	196	01/04/02	HARYANA	58.10m
	56.88, F, 55.62, 57.88, 56.76, 58.10				
3	DEEPIKA .	195	21/11/05	HARYANA	55.23m
	51.26, 52.77, 52.95, 50.49, 55.23, 51.86				
4	KARISHMA SANIL	576	04/06/00	RAILWAY SPORTS	52.25m
	52.25, F, F, 48.10, 47.69, 48.11				
5	RAMYASHREE JAIN .	285	18/11/04	KARNATAKA	51.52m
	F, 51.52, F, F, 49.06, 50.15				
6	RASHMI K	558	24/11/93	RAILWAY SPORTS	51.42m
	51.42, F, 49.90, F, F, F				
7	UMA CHOUDHARY	650	04/10/99	RAJASTHAN	46.97m
	46.97, 46.67, 44.65, 44.94, 44.11, 46.83				
8	SANJANA CHOUDHARY	649	09/07/99	RAJASTHAN	45.84m
	42.62, 44.17, 45.35, 45.84, F, F				
9	LALITA CHOUDHARY	648	19/05/98	RAJASTHAN	45.19m
	F, 45.19, 38.49				
10	DIKSHA DWIVEDI	176	24/06/01	GUJARAT	44.53m
	43.93, 44.53, 40.29				
11	ANJANI KUMARI	121	01/01/00	BIHAR	44.45m
	44.45, F, 42.69				
12	HEMAMALINI NEELAKANDA	775	12/04/00	TAMIL NADU	44.17m
	43.95, F, 44.17				
13	RUNJUN PEGU	120	05/09/99	ASSAM	42.52m
	40.80, 42.52, 41.66				
14	SHRAVYA .	286	01/11/02	KARNATAKA	40.32m
	40.32, 38.10, 37.57				
	SHAKSHI SHARMA	845	09/02/02	UTTAR PRADESH	NM

**Event # 41 WOMENS 4x100m Relay**

# NR.:NATIONAL TEAM PATIALA 43.37 21/06/2021

% MR.:RAILWAYS TEAM BENGALURU 44.87 2023

1	KARNATAKA A			KARNATAKA	45.21
	297 KAVERI PATIL	11-06-2000	301 DANESHWARI T	14-08-2000	
	280 JYOTHIKA .	29-09-2002	300 SNEHA S.S	27-03-1998	
2	RAILWAY SPORTS D		RAILWAY SPORTS		45.29
	553 NITHYA GANDHE	10-11-1999	575 HIMASHREE ROY	15-03-1995	
	565 AVANTIKA NARALE	11-07-2003	573 G RAVIKUMAR	07-07-2001	
3	ODISHA B		ODISHA		45.93
	451 SRABANI NANDA	07-05-1991	454 MERYMUKTA SORENG	01-11-2004	
	447 SUKHI BASKEY	02-11-2002	448 BINATI BEHERA	05-05-1999	
4	TAMIL NADU E		TAMIL NADU		46.24
	763 S. SRIRESHMA .	04-05-2001	764 SHERIN A	24-02-2000	
	769 NANDHINI K	13-07-1999	782 NITHYA RAMRAJ	20-09-1998	
5	PUNJAB C		PUNJAB		50.19
	489 AMANPREET KAUR	10-08-2002	488 NAINY BALA	25-01-1992	
	498 DEEPTI RANI	20-08-1989	501 ISHIKA VERMA	30-03-2003	

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**Event # 42 WOMENS 4x400m Relay**

# NR.:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

% MR.:RAILWAYS TEAM BENGALURU 3:36.72 2022

1	RAILWAY SPORTS F			RAILWAY SPORTS			<b>3:39.01</b>
	546 FLORENCE BARLA	01-01-2001		552 SHIVANI GAIKWAD	08-09-2001		
	537 SINCHAL .	05-02-2001		571 R VITHYA RAMRAJ	20-09-1998		
2	ANDHRA PRADESH A			ANDHRA PRADESH			<b>3:39.11</b>
	106 SWATHI RONGALI	07-08-2000		101 CHELIMI .	07-01-2003		
	102 MUGADA .	05-06-2003		104 KUNJA RAJITHA	01-01-2003		
3	PUNJAB E			PUNJAB			<b>3:39.40</b>
	483 RAMANDEEP KAUR .	24-06-1989		486 VEERPAL .	07-09-1997		
	485 TWINKLE .	17-10-1995		491 GUG KAUR	23-08-1998		
4	TAMIL NADU G			TAMIL NADU			<b>3:41.10</b>
	759 DHIVYA.J .	31-01-1998		761 OLIMBA STEFFI .	15-02-2002		
	772 N MARIEA	17-08-2002		779 LAVANYA R	08-08-2001		
5	KARNATAKA C			KARNATAKA			<b>3:45.91</b>
	296 D GOWDA	28-04-2003		280 JYOTHIKA .	29-09-2002		
	289 DISHA ALIGE	02-06-2005		283 PRAJNA .	25-07-2001		
6	HARYANA B			HARYANA			<b>3:47.59</b>
	197 KARUNA .	06-07-2005		214 JYOTI ...	05-07-1997		
	217 MAHI NANDAL	25-12-2006		201 MANISHA .	24-05-2002		
	KERALA D			KERALA			<b>DNS</b>

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**Event # 43 WOMENS 20Km Race Walk**

# NR.:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR.:RAVINA . BENGALURU 1:34.55 2022

1	RAVINA .	207	21/05/97	HARYANA	1:35:52.00
2	MUNITA PRAJAPATI	569	15/01/02	RAILWAY SPORTS	1:37:40.00
3	VANDANA .	287	10/12/03	KARNATAKA	1:39:41.00
4	SEJAL ANIL SINGH	579	12/08/03	RAILWAY SPORTS	1:42:25.00
5	MOKAVI MUTHURATHINAM	774	07/09/02	TAMIL NADU	1:43:09.00
6	SHALINI .	888	08/10/02	UTTRAKHAND	1:44:09.00
7	NIKITA LAMBA	655	01/07/02	RAJASTHAN	1:46:21.00
8	KAMLA .	640	15/08/99	RAJASTHAN	1:47:08.00
9	RESHMA PATEL	841	15/09/04	UTTAR PRADESH	1:49:17.00
10	ROJI PATEL	842	23/08/01	UTTAR PRADESH	1:56:08.00
11	SHIVANI ..	890	09/05/97	UTTRAKHAND	2:00:28.00
	PRIYANKA GOSWAMI	554	10/03/96	RAILWAY SPORTS	DNF



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**Event # 44 WOMENS 35Km Race Walk**

# NR.:MANJU . RANCHI 2:57.54 15/02/2023

% MR.:PAYAL . BENGALURU 3:04.48 2022

1	PAYAL .	535	05/05/99	RAILWAY SPORTS	3:02:24.00 %
2	RAMANDEEP KAUR	560	30/04/99	RAILWAY SPORTS	3:08:22.00
3	BANDANA PATEL	839	16/08/98	UTTAR PRADESH	3:09:31.00
4	MANSI NEGI	566	03/05/03	RAILWAY SPORTS	3:11:12.00
5	PUJA PRAMANIK	909	07/09/99	WEST BENGAL	3:20:39.00
6	KOMAL .	199	14/10/99	HARYANA	3:22:00.00
7	NEHA SAINI	893	16/10/01	UTTRAKHAND	3:41:31.00
8	POOJA ..	487	06/09/98	PUNJAB	3:41:39.00
	PRIYANKA PATEL	840	09/05/98	UTTAR PRADESH	DNF
	VANDANA .	287	10/12/03	KARNATAKA	DNS
	RAVINA .	207	21/05/97	HARYANA	DNS



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**Event # 45 WOMENS Heptathlon**

MR.:

S.BARMAN BENG 5798 2022

NR.:

J.SHOBHA NEW 6211 17/03/2004

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
<b>1</b>	<b>AGASARA NANDINI (821)</b> TELANGANA	<b>5526</b>	13.81	1.62	12.63	23.92	<b>3455</b>	5.90	31.95	2:26.43	<b>2071</b>
			1005	759	703	988		819	514	738	
<b>2</b>	<b>MOUMITA MONDAL (564)</b> RAILWAY SPORTS	<b>5126</b>	13.61	1.53	8.50	24.18	<b>3084</b>	6.21	30.42	2:34.17	<b>2042</b>
			1034	655	432	963		915	485	642	
<b>2</b>	<b>POOJA - (526)</b> RAILWAY SPORTS	<b>5126</b>	15.06	1.68	10.96	26.39	<b>3019</b>	5.47	38.67	2:23.72	<b>2107</b>
			834	830	592	763		691	642	774	
<b>4</b>	<b>TANU . (539)</b> RAILWAY SPORTS	<b>4838</b>	15.40	1.65	11.02	26.27	<b>2955</b>	5.26	43.22	2:44.44	<b>1883</b>
			790	795	596	774		631	729	523	
<b>5</b>	<b>DEEPIKA S (784)</b> TAMIL NADU	<b>4704</b>	14.94	1.53	9.22	25.74	<b>2804</b>	5.58	29.79	2:29.14	<b>1900</b>
			850	655	479	820		723	473	704	
<b>6</b>	<b>KAMALJEET KAUR (216)</b> HARYANA	<b>4669</b>	15.32	1.59	10.09	26.51	<b>2812</b>	5.40	27.75	2:25.41	<b>1857</b>
			800	724	535	753		671	434	752	
<b>7</b>	<b>TANUSHREE . (645)</b> RAJASTHAN	<b>4577</b>	15.63	1.62	8.88	27.05	<b>2683</b>	5.13	35.57	2:28.15	<b>1894</b>
			760	759	456	708		595	583	716	
<b>8</b>	<b>RAKSHITHA . (284)</b> KARNATAKA	<b>4441</b>	14.71	1.47	8.63	25.13	<b>2783</b>	5.05	25.84	2:30.47	<b>1658</b>
			880	588	440	875		573	398	687	
	<b>MARIYA THOMAS (343)</b> KERALA	<b>2596</b>	15.72	1.47	10.68	27.33	<b>2596</b>	4.99			
			749	588	574	685		557			

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63rd National Open Athletics Championships 2024

Sree Kanteerava Outdoor Stadium

02-09-2024

30 Aug-02 September, Bangalore,Karnataka

**Event # 45 WOMENS Heptathlon**

MR.:

S.BARMAN BENG 5798 2022

NR.:

J.SHOBHA NEW 6211 17/03/2004

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
	<b>JYOTI - (191)</b> HARYANA		15.15	1.74	9.97	25.72		5.76	27.83	DNS	<b>1213</b>
		<b>0</b>	822	903	527	822		777	436	0	
	<b>REKHA RANI (499)</b> PUNJAB		17.44	1.53	7.00	28.07		5.09	19.09	DNS	<b>856</b>
		<b>0</b>	548	655	335	625		584	272	0	
	<b>JYOTI . (196)</b> HARYANA		DNS	DNS	DNS						
		<b>0</b>	0	0	0						
	<b>SONU BHALOTHIA (646)</b> RAJASTHAN		17.91	1.50	DNS						
		<b>0</b>	498	621	0						



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## 63rd National Open Athletics Championships 2024

Sree Kanteerava Outdoor Stadium

30/08/2024

31-08-2024

30 Aug-02 September, Bangalore,Karnataka

## Event # 53 MENS Decathlon

MR.:

K.SINGH HYDE 7257 2005

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	STALIN JOES S SSCB	<b>6856</b>	11.27 801	6.66 734	11.69 588	1.81 636	51.15 762	3521	15.88 746	34.53 554	4.40 731	58.69 718	4:55.41 586	3335
2	YAMAN DEEP RAILWAY	<b>6737</b>	11.40 774	6.73 750	10.28 502	1.87 687	51.51 746	3459	15.33 810	39.07 646	4.20 673	52.40 624	5:06.20 525	3278
3	KUSHAL MOHITE MAHARASHTRA	<b>6699</b>	11.07 845	6.48 693	10.77 532	1.90 714	49.20 852	3636	14.58 901	32.25 509	3.10 381	60.59 747	5:06.18 525	3063
4	KAMAL SINGH SSCB	<b>6523</b>	11.90 671	6.68 739	11.71 589	1.81 636	52.08 721	3356	16.06 726	37.37 611	4.10 645	52.12 620	4:59.04 565	3167
5	KAMAL HARYANA	<b>6483</b>	11.87 677	6.53 704	12.02 608	1.90 714	51.96 726	3429	15.88 746	32.27 509	3.90 590	53.59 642	4:58.73 567	3054
6	ARUN KUMAR TAMIL NADU	<b>6389</b>	11.02 856	7.09 835	9.99 485	1.78 610	50.54 790	3576	15.12 835	29.79 460	4.20 673	47.93 558	5:54.57 287	2813
7	MOHIT . (236) HARYANA	<b>6273</b>	11.81 689	6.19 628	10.09 491	1.81 636	53.44 663	3107	16.48 680	33.24 529	4.20 673	55.07 664	4:49.83 620	3166
8	LOKESH RATHOD KARNATAKA	<b>6194</b>	11.44 765	6.25 641	10.10 492	1.84 661	51.60 742	3301	15.82 753	29.83 461	4.00 617	49.02 574	5:12.91 488	2893
9	GURLAL SINGH PUNJAB	<b>6117</b>	11.86 679	6.00 587	13.80 716	1.66 512	53.99 640	3134	17.40 583	39.62 657	3.90 590	55.22 666	5:12.95 487	2983
10	JOHN PAUL J (806) TAMIL NADU	<b>6090</b>	11.32 791	6.46 688	11.40 570	1.63 488	51.19 761	3298	15.94 740	37.46 613	3.70 535	43.51 493	5:27.56 411	2792

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63rd National Open Athletics Championships 2024

Sree Kanteerava Outdoor Stadium

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30 Aug-02 September, Bangalore,Karnataka

## Event # 53 MENS Decathlon

MR.:

K.SINGH HYDE 7257 2005

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	<b>THOWFEEQ N (376)</b> KERALA	<b>0</b>	DNS	DNS	DNS	DNS	No Result		No Result	DNS	DNS	DNS	No Result	
	<b>VEERARAGAVEND</b> RAILWAY	<b>0</b>	12.78	4.79	9.94	DNS	DNS		No Result	DNS	DNS	DNS	No Result	
	<b>CHAMANJOT</b> HARYANA	<b>0</b>	11.89	6.24	10.15	1.69	DNS		No Result	DNS	DNS	DNS	No Result	
	<b>GOKUL K R (718)</b> SSCB	<b>0</b>	12.17	DNS	DNS	DNS	No Result		No Result	DNS	DNS	DNS	No Result	
	<b>MUHAMMED PP</b> KERALA	<b>0</b>	11.61	DNS	DNS	DNS	No Result		No Result	DNS	DNS	DNS	No Result	
	<b>PRAVEEN R (616)</b> RAILWAY	<b>0</b>	11.74	5.46	9.23	DNS	DNS		No Result	DNS	DNS	DNS	No Result	



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**63rd National Open Athletics Championships 2024**

Sree Kanteerava Outdoor Stadium

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8/30/24 - 9/2/24

30 Aug-02 September, Bangalore,Karnataka

**Event # 64 MIXED 4x400m Relay**

# NR.:NATIONAL TEAM PANCHKULA 3:12.87 30/06/2024

% MR.:KARNATAKA STATE TEAM BENGALURU 3:21.53 2022

1	PUNJAB C	518 JAGMEET SINGH	28-12-1996	PUNJAB	485 TWINKLE .	17-10-1995	<b>3:23.27</b>
		520 JASHANPREET SINGH	04-07-2000		491 GUG KAUR	23-08-1998	
2	KERALA A	352 MANU T S .	17-10-2001	KERALA	336 SNEHA K	19-05-1999	<b>3:25.28</b>
		364 ABDUL C R	23-05-2002		330 GOWRINANDANA .	26-03-2002	
3	TAMIL NADU F	789 A.SURAJ .	20-12-2003	TAMIL NADU	772 N MARIEA	17-08-2002	<b>3:26.68</b>
		819 VISHAL TK	17-12-2003		779 LAVANYA R	08-08-2001	
4	RAJASTHAN E	662 ANKIT BHADU	12-07-2001	RAJASTHAN	657 RAMA TANWAR	08-07-2003	<b>3:32.39</b>
		666 L GURJAR	02-02-2002		639 ANTAKSHRI .	20-01-2000	
5	ODISHA B	449 LAXMIPRIYA KISAN	10-04-2005	ODISHA	470 SASWAT KUMAR	15-11-2004	<b>3:35.58</b>
		447 SUKHI BASKEY	02-11-2002		458 JASHBEER BILUNG	14-09-2004	
	RAILWAY SPORTS D	601 A DUKKARWADKAR	04-08-1997	RAILWAY SPORTS	582 S VALUPARAMBIL	10-01-1998	
		611 VIKRANT PANCHAL	30-01-2000		546 FLORENCE BARLA	01-01-2001	



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