

**63<sup>rd</sup> National Open Athletics Championships 2024**  
**30<sup>th</sup> Aug to 02<sup>nd</sup> Sept 2024**  
**Bengalore,(Karnataka)**

<b>BEST ATHLETES</b>				
<b>MEN</b>	<b>Nithin (200m)</b>	<b>Tamil Nadu</b>	<b>20.66s</b>	<b>1118 pts</b>
<b>WOMEN</b>	<b>Ancy Sojan E (Long Jump)</b>	<b>SERVICES</b>	<b>6.71m</b>	<b>1153 pts</b>
<b>CHAMPIONSHIPS</b>				
<b>MEN</b>	<b>SERVICES</b>			<b>137 pts</b>
<b>WOMEN</b>	<b>RAILWAYS</b>			<b>201 pts</b>
<b>OVERALL</b>	<b>RAILWAYS</b>			<b>318 pts</b>