



63rd NATIONAL OPEN ATHLETICS CHAMPIONSHIPS - 2024

30th AUG - 02nd SEP 2024

Sree Kanteerva Stadium, Bangalore, Karnataka

Organised by



Jointly Organised by

Karnataka Athletics Association



UPDATED COMPETITION SCHEDULE



HSBC



63rd National Open Athletics Championships 2024

Sree Kanteerava Stadium, Bangaluru, Karnataka

Competition Schedule As on 28 08 2024

30-08-2024 Forenoon

| Event No | Scheduled Time | Event & Specification | Gender | Round |
|----------|----------------|------------------------------|--------|---------------------|
| 101 | 0600hrs | 20km Race Walk | Men | Final 1 |
| 102 | 0605hrs | 20km Race Walk | Women | Final 2 |
| 103 | 0645hrs | 5000m | Women | Final 3 |
| 104 | 0710hrs | 5000m | Men | Final 4 |
| 105 | 0740hrs | 100m | Men | Decathlon 1 |
| 106 | 0745hrs | Discus Throw [2.000kg] FOP 2 | Men | Q.Round Group 1 |
| 107 | 0750hrs | High Jump | Men | Q.Round Group 1 & 2 |
| 108 | 0820hrs | Long Jump | Men | Decathlon 2 |
| 109 | 0830hrs | Discus Throw [2.000kg] FOP 2 | Men | Q.Round Group 2 |
| 110 | 0920hrs | Shot Put [7.260kg] | Men | Decathlon 3 |
| 111 | 0940hrs | 400m | Women | Round 1 |
| 112 | 1000hrs | 400m | Men | Round 1 |

Opening Ceremony @ 1000hrs

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| 113 | 1035hrs | 100m | Men | Round 1 |
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30-08-2024 Afternoon

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|-----|----------------|-------------------------------|--------------|-------------------------|
| 114 | 1430hrs | Discus Throw [1.000kg] FOP 2 | Women | Final 5 |
| 115 | 1500hrs | High Jump | Men | Decathlon 4 |
| | 1510hrs | 20km Race Walk | Men | Medal Ceremony 1 |
| | 1517hrs | 20km Race Walk | Women | Medal Ceremony 2 |
| 116 | 1530hrs | Pole Vault | Men | Final 6 |
| | 1535hrs | 5000m | Women | Medal Ceremony 3 |
| | 1542hrs | 5000m | Men | Medal Ceremony 4 |
| 117 | 1600hrs | 100m | Women | Round 1 |
| 118 | 1610hrs | Triple Jump | Women | Final 7 |
| 119 | 1620hrs | 100m | Men | Semi Final |
| | 1640hrs | Discus Throw [1.000kg] | Women | Medal Ceremony 5 |
| 120 | 1655hrs | 400m | Women | Semi Final |
| 121 | 1710hrs | 400m | Men | Semi Final |

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|-----------------------------|----------------|------------------------------|--------------|--------------------------|
| 122 | 1730hrs | 400m | Men | Decathlon 5 |
| | 1740hrs | Triple Jump | Women | Medal Ceremony 6 |
| | 1747hrs | Pole Vault | Men | Medal Ceremony 7 |
| 31-08-2024 Forenoon | | | | |
| 201 | 0730hrs | 110m Hurdles [1.067m] | Men | Decathlon 6 |
| 202 | 0750hrs | 110m Hurdles [1.067m] | Men | Round 1 |
| 203 | 0800hrs | Shot Put [7.260kg] | Men | Q.Round Group 1 |
| 204 | 0810hrs | Discus Throw [2.000kg] FOP 2 | Men | Decathlon 7 |
| 205 | 0820hrs | 100m Hurdles [83.8cm] | Women | Round 1 |
| 206 | 0850hrs | Shot Put [7.260kg] | Men | Q.Round Group 2 |
| 207 | 0900hrs | Hammer Throw [7.260kg] FOP 2 | Men | Q.Round Group 1 |
| 208 | 0910hrs | Pole Vault | Men | Decathlon 8 |
| 209 | 1010hrs | Hammer Throw [7.260kg] FOP 2 | Men | Q.Round Group 2 |
| 31-08-2024 Afternoon | | | | |
| 210 | 1430hrs | Discus Throw [2.000kg] FOP 2 | Men | Final 8 |
| 211 | 1445hrs | Javelin Throw [600gm] | Women | Final 9 |
| 212 | 1500hrs | High Jump | Women | Final 10 |
| 213 | 1510hrs | 110m Hurdles [1.067m] | Men | Final 11 |
| 214 | 1520hrs | Long Jump | Men | Q.Round Group 1 |
| 215 | 1530hrs | 100m Hurdles [83.8cm] | Women | Final 12 |
| | 1535hrs | 110m Hurdles [1.067m] | Men | Medal Ceremony 8 |
| 216 | 1545hrs | 400m | Women | Final 13 |
| 217 | 1555hrs | 400m | Men | Final 14 |
| | 1600hrs | 100m Hurdles [83.8cm] | Women | Medal Ceremony 9 |
| 218 | 1610hrs | Shot Put [4.000kg] | Women | Final 15 |
| | 1615hrs | 400m | Women | Medal Ceremony 10 |
| | 1620hrs | 400m | Men | Medal Ceremony 11 |
| | 1625hrs | Javelin Throw [600gm] | Women | Medal Ceremony 12 |
| 219 | 1630hrs | 100m | Women | Final 16 |
| 220 | 1635hrs | Long Jump | Men | Q.Round Group 2 |
| 221 | 1635hrs | Javelin Throw [800gm] | Men | Decathlon 9 |
| 222 | 1640hrs | 100m | Men | Final17 |
| 223 | 1650hrs | 1500m | Women | Final18 |
| 224 | 1700hrs | 1500m | Men | Final19 |

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|-----------------------------|----------------|-------------------------------|------------------------|--------------------------|
| | 1705hrs | Discus Throw [2.000kg] | Men | Medal Ceremony 13 |
| | 1710hrs | 100m | Women | Medal Ceremony 14 |
| | 1715hrs | 100m | Men | Medal Ceremony 15 |
| | 1720hrs | High Jump | Women | Medal Ceremony 16 |
| 225 | 1730hrs | 4 X 100m Relay | Men | Round 1 |
| 226 | 1740hrs | 4 X 400m Mixed Relay | Men & Women | Final 20 |
| 227 | 1750hrs | 1500m | Men | Decathlon 10 /Final 21 |
| | 1755hrs | 1500m | Women | Medal Ceremony 17 |
| | 1800hrs | 1500m | Men | Medal Ceremony 18 |
| | 1805hrs | Shot Put [4.000kg] | Women | Medal Ceremony 19 |
| | 1810hrs | 4 X 400m Mixed Relay | Men & Women | Medal Ceremony 20 |
| | 1820hrs | Decathlon | Men | Medal Ceremony 21 |
| 01-09-2024 Forenoon | | | | |
| 301 | 0600hrs | 35km Race Walk | Men | Final 22 |
| 302 | 0605hrs | 35km Race Walk | Women | Final 23 |
| 303 | 0740hrs | 100m Hurdles [83.8cm] | Women | Heptathlon 1 |
| 304 | 0800hrs | 800m | Women | Round 1 |
| 305 | 0810hrs | Javelin Throw [800gm] | Men | Q.Round Group 1 |
| 306 | 0815hrs | 800m | Men | Round 1 |
| 307 | 0820hrs | High Jump | Women | Heptathlon 2 |
| 308 | 0840hrs | 200m | Women | Round 1 |
| 309 | 0900hrs | 200m | Men | Round 1 |
| 310 | 0910hrs | Javelin Throw [800gm] | Men | Q.Round Group 2 |
| 01-09-2024 Afternoon | | | | |
| 311 | 1430hrs | Hammer Throw [7.260kg] FOP 2 | Men | Final 24 |
| 312 | 1440hrs | Pole Vault | Women | Final 25 |
| | 1445hrs | 35km Race Walk | Men | Medal Ceremony 22 |
| | 1452hrs | 35km Race Walk | Women | Medal Ceremony 23 |
| 313 | 1500hrs | Shot Put [4.000kg] | Women | Heptathlon 3 |
| 314 | 1510hrs | High Jump | Men | Final 26 |
| 315 | 1615hrs | 200m | Men | Semi Final |
| 316 | 1620hrs | Shot Put [7.260kg] | Men | Final 27 |
| 317 | 1630hrs | 200m | Women | Heptathlon 4 |
| 318 | 1630hrs | Long Jump | Men | Final 28 |

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| | 1635hrs | Hammer Throw [7.260kg] | Men | Medal Ceremony 24 |
| 319 | 1650hrs | 400m Hurdles [76.2cm] | Women | Round 1 |
| 320 | 1715hrs | 400m Hurdles [91.4cm] | Men | Round 1 |
| | 1735hrs | Hig Jump | Men | Medal Ceremony 25 |
| 321 | 1745hrs | 4 X 100m Relay | Women | Final 29 |
| 322 | 1755hrs | 4 X 100m Relay | Men | Final 30 |
| | 1800hrs | Long Jump | Men | Medal Ceremony 26 |
| | 1805hrs | Hig Jump | Men | Medal Ceremony 27 |
| | 1810hrs | Pole Vault | Women | Medal Ceremony 28 |
| | 1815hrs | 4 X 100m Relay | Women | Medal Ceremony 29 |
| | 1820hrs | 4 X 100m Relay | Men | Medal Ceremony 30 |
| 02-09-2024 Forenoon | | | | |
| 401 | 0630hrs | 10000m | Men | Final 31 |
| 402 | 0710hrs | 10000m | Women | Final 32 |
| 403 | 0800hrs | Long Jump | Women | Heptathlon 5 |
| 404 | 0900hrs | Javelin Throw [600gm] | Women | Heptathlon 6 |
| 02-09-2024 Afternoon | | | | |
| 405 | 1430hrs | Hammer Throw [4.000kg] FOP 2 | Women | Final 33 |
| 406 | 1500hrs | 400m Hurdles [76.2cm] | Women | Final 34 |
| | 1505hrs | 10000m | Men | Medal Ceremony 31 |
| | 1510hrs | 10000m | Women | Medal Ceremony 32 |
| 407 | 1515hrs | Triple Jump | Men | Final 35 |
| 408 | 1520hrs | 400m Hurdles [91.4cm] | Men | Final 36 |
| | 1525hrs | 400m Hurdles [76.2cm] | Women | Medal Ceremony 33 |
| 409 | 1540hrs | 200m | Women | Final 37 |
| 410 | 1545hrs | Javelin Throw [800gm] | Men | Final 42 |
| 411 | 1550hrs | 200m | Men | Final 38 |
| | 1555hrs | 400m Hurdles [91.4cm] | Men | Medal Ceremony 34 |
| | 1602hrs | Hammer Throw [4.000kg] FOP 2 | Women | Medal Ceremony 35 |
| 412 | 1610hrs | 800m | Women | Final 39 |
| 413 | 1620hrs | 800m | Men | Final 40 |
| 414 | 1630hrs | 800m | Women | Heptathlon 7/ 41 |
| 415 | 1640hrs | Long Jump | Women | Final 44 |
| 416 | 1645hrs | 3000m Steeple Chase [91.4cm] | Men | Final 43 |

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| | 1655hrs | 200m | Women | Medal Ceremony 36 |
| | 1702hrs | 200m | Men | Medal Ceremony 37 |
| 417 | 1710hrs | 3000m Steeple Chase [76.2cm] | Women | Final 45 |
| | 1720hrs | 800m | Women | Medal Ceremony 38 |
| | 1727hrs | 800m | Men | Medal Ceremony 39 |
| 418 | 1735hrs | 4 X 400m Relay | Women | Final 46 |
| | 1740hrs | Heptathlon | Women | Medal Ceremony 40 |
| 419 | 1750hrs | 4 X 400m Relay | Men | Final 47 |
| | 1755hrs | Triple Jump | Men | Medal Ceremony 41 |
| | 1800hrs | Javelin Throw [800gm] | Men | Medal Ceremony 42 |
| | 1805hrs | Long Jump | Women | Medal Ceremony 43 |
| | 1810hrs | 3000m Steeple Chase [91.4cm] | Men | Medal Ceremony 44 |
| | 1815hrs | 3000m Steeple Chase [76.2cm] | Women | Medal Ceremony 45 |
| | 1820hrs | 4 X 400m Relay | Women | Medal Ceremony 46 |
| | 1825hrs | 4 X 400m Relay | Men | Medal Ceremony 47 |
| Valedictory Function 1830hrs | | | | |



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