



63rd NATIONAL OPEN ATHLETICS CHAMPIONSHIPS - 2024

30th AUG - 02nd SEP 2024

Sree Kanteerva Stadium, Bangalore, Karnataka

Organised by



Jointly Organised by

Karnataka Athletics Association



START LIST DAY-1 (30-08-2024)



HSBC



63rd National Open Athletics Championships 2024

Sree Kanteerava Stadium, Bangaluru, Karnataka

Competition Schedule As on 28 08 2024

30-08-2024 Forenoon

Event No	Scheduled Time	Event & Specification	Gender	Round
101	0600hrs	20km Race Walk	Men	Final 1
102	0605hrs	20km Race Walk	Women	Final 2
103	0645hrs	5000m	Women	Final 3
104	0710hrs	5000m	Men	Final 4
105	0740hrs	100m	Men	Decathlon 1
106	0745hrs	Discus Throw [2.000kg] FOP 2	Men	Q.Round Group 1
107	0750hrs	High Jump	Men	Final As Per Schedule
108	0820hrs	Long Jump	Men	Decathlon 2
109	0830hrs	Discus Throw [2.000kg] FOP 2	Men	Q.Round Group 2
110	0920hrs	Shot Put [7.260kg]	Men	Decathlon 3
111	0940hrs	400m	Women	Round 1
112	1000hrs	400m	Men	Round 1

Opening Ceremony @ 1000hrs

113	1035hrs	100m	Men	Round 1
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30-08-2024 Afternoon

114	1430hrs	Discus Throw [1.000kg] FOP 2	Women	Final 5
115	1500hrs	High Jump	Men	Decathlon 4
	1510hrs	20km Race Walk	Men	Medal Ceremony 1
	1517hrs	20km Race Walk	Women	Medal Ceremony 2
116	1530hrs	Pole Vault	Men	Final 6
	1535hrs	5000m	Women	Medal Ceremony 3
	1542hrs	5000m	Men	Medal Ceremony 4
117	1600hrs	100m	Women	Round 1
118	1610hrs	Triple Jump	Women	Final 7
119	1620hrs	100m	Men	Semi Final
	1640hrs	Discus Throw [1.000kg]	Women	Medal Ceremony 5
120	1655hrs	400m	Women	Semi Final
121	1710hrs	400m	Men	Semi Final
122	1730hrs	400m	Men	Decathlon 5
	1740hrs	Triple Jump	Women	Medal Ceremony 6
	1747hrs	Pole Vault	Men	Medal Ceremony 7



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Athletics Federation of India

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63rd National Open Athletics Championships 2024**Sree Kanteerava Outdoor Stadium****30 Aug-02 September, Bangalore, Karnataka****Start List Day-1 (30/08/2024)**

Event # 21 MENS 20Km Race Walk					FINAL
NR.:AKSHDEEP SINGH CHANDIGARH 1:19.38 30/01/2024					TIME: 06:00 HRS
MR.:BABUBHAI PANUCHA JAMSHEDPUR 1:23.40 2007					
1	SANDIP .	506		12/11/97	PUNJAB
2	MONU JAKHAR	154		11/06/01	DELHI
3	JUNED .	584		10/05/99	RAILWAY SPORTS
4	JASPAL SINGH	273		19/11/98	JHARKHAND
5	BALJINDER SINGH	514		18/09/86	PUNJAB
6	NEERAJ CHAURASIYA	859		06/07/00	UTTAR PRADESH
7	SAHIL .	505		09-04-2002	PUNJAB
8	SERVIN .	700		26/11/99	SSCB
9	ROMIT DHARAMPAL SINGH	630		20/09/92	RAILWAY SPORTS
10	ARSHPREET SINGH	740		22/11/00	SSCB
11	AMIT .	224		25/12/03	HARYANA
12	ANEESH A A	355		25/04/98	KERALA
13	SANABAM SINGH	445		15/10/89	MANIPUR
14	MUKESH NITHARWAL	729		04/06/00	SSCB
15	RAHUL .	239		07/01/00	HARYANA
16	NINGTHOUKHONGJA .	441		01/03/02	MANIPUR
17	HARDEEP .	232		22/09/98	HARYANA
18	BILIN GEORGE ANTO	603		09/11/04	RAILWAY SPORTS
Event # 43 WOMENS 20Km Race Walk					FINAL
NR.:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021					TIME: 06:05 HRS
MR.:RAVINA . BENGALURU 1:34.55 2022					
1	NIKITA LAMBA	655		01/07/02	RAJASTHAN
2	RAVINA .	207		21/05/97	HARYANA
3	ROJI PATEL	842		23/08/01	UTTAR PRADESH
4	VANDANA .	287		10/12/03	KARNATAKA
5	SHALINI .	888		08/10/02	UTTRAKHAND
6	SEJAL ANIL SINGH	579		12/08/03	RAILWAY SPORTS
7	MOKAVI MUTHURATHINAM	774		07/09/02	TAMIL NADU
8	RESHMA PATEL	841		15/09/04	UTTAR PRADESH
9	PRIYANKA GOSWAMI	554		10/03/96	RAILWAY SPORTS
10	MUNITA PRAJAPATI	569		15/01/02	RAILWAY SPORTS
11	SHIVANI ..	890		09/05/97	UTTRAKHAND
12	KAMLA .	640		15/08/99	RAJASTHAN
Event # 28 WOMENS 5000m Run					FINAL
NR.:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023					TIME: 06:45 HRS
MR.:O.P. JAISHA KOLKATA 15:31.73 2015					
1	ANTIMA PAL	835		01/01/04	UTTAR PRADESH
2	SANJIVANI JADHAV	418		12/07/96	MAHARASHTRA
3	REBI PAL	567		12/12/01	RAILWAY SPORTS
4	SAPNA PATEL	170		10/03/99	GOA
5	SEEMA ..	265		10/01/01	HIMACHAL PRADESH
6	SUPRITI KACHHAP	268		03/04/03	JHARKHAND
7	TANNU .	213		06/03/03	HARYANA
8	SHRADDHA KATHIRIYA	559		20/12/01	RAILWAY SPORTS
9	LILI DAS	550		18/03/98	RAILWAY SPORTS
10	KAJAL KANWADE	177		26/01/01	GUJARAT
11	VANDANA MORI	178		31/08/02	GUJARAT
12	SANGHAMITRA MAHATA	270		25/12/04	JHARKHAND

Event # 6 MENS 5000m Run					FINAL
NR.:GULVEER SINGH GRESHAM 13:18.92 09/06/2024					TIME: 07:10 HRS
MR.:BAHADUR SINGH CHENNAI 13:54.72 1994					
1	PRAKASHRAO DESHMUKH	713		21/06/99	SSCB
2	INDRAJEET PATEL	476		15/01/94	ONGC
3	SHIVAM YADAV	886		16/01/01	UTTAR PRADESH
4	TRILOK KUMAR	125		10/08/01	BIHAR
5	ABHISHEK ..	589		15/07/97	RAILWAY SPORTS
6	ANURAG YADAV	190		01/07/02	GUJARAT
7	LOVE CHAUDHARY	858		01/07/03	UTTAR PRADESH
8	SUNIL DAWAR	395		02/08/01	MADHYA PRADESH
9	AJEET KUMAR	606		03/07/99	RAILWAY SPORTS
10	SUNIL .	442		05/12/02	MANIPUR
11	LOVEPREET SINGH	747		13/01/99	SSCB
12	GAURAV BHOSALE	424		16/09/05	MAHARASHTRA
13	BITTU .	228		11/11/01	HARYANA
14	VINOD SINGH	413		20/07/05	MADHYA PRADESH
15	RAVI GULIA	252		25/10/01	HARYANA
16	RAKESH .	660		19/07/02	RAJASTHAN
17	RAKESH MANDAL	899		16/04/99	UTTRAKHAND
18	SACHELAL PATEL	900		07/03/96	UTTRAKHAND
19	LOKESH CHAUDHARY	597		01/07/99	RAILWAY SPORTS
20	VISHAL SHERWAL	162		07/03/03	DELHI
21	GULVEER SINGH	743		01/06/98	SSCB
22	RAJESH MANMYA	676		13/07/01	RAJASTHAN
Event # 54 MENS 100m Decathlon-1					TIME: 07:40 HRS
Heat 1					
1	MUHAMMED PP	377		30-07-1996	KERALA
2	VEERARAGAVENDRA .	588		12-12-1999	RAILWAY SPORTS
3	LOKESH RATHOD	323		06-04-2002	KARNATAKA
4	YAMAN DEEP SHARMA	625		10-03-1999	RAILWAY SPORTS
5	KUSHAL MOHITE	435		02-04-2003	MAHARASHTRA
6	JOHN PAUL J	806		22-10-1999	TAMIL NADU
7	GOKUL K R	718		29-11-1999	SSCB
8	KAMAL DHANKHAR	251		13-10-1998	HARYANA
Heat 2					
1	ARUN KUMAR	809		04-07-1996	TAMIL NADU
2	KAMAL SINGH	745		08-12-1998	SSCB
3	MOHIT .	236		10-09-2001	HARYANA
4	PRAVEEN R	616		17-03-1995	RAILWAY SPORTS
5	CHAMANJOT SINGH	262		16-04-2001	HARYANA
6	STALIN JOES S	737		01-06-1999	SSCB
7	GURLAL SINGH	515		12-10-1994	PUNJAB
8	THOWFEEQ N	376		20-12-2003	KERALA
Event # 16 MENS Discus Throw					QUALIFYING ROUND
NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012					TIME: 07:45 HRS
MR.:ANIL KUMAR BANGALORE 60.07 2003					
QUALIFYING MARK: 53.50M / BEST 12					
Group A					
1	PARSHANT MALIK	725		10/07/91	SSCB
2	NAGENDRA NAIK	319		18/11/02	KARNATAKA
3	PRAVEEN KUMAR NEHRA	609		09/11/98	RAILWAY SPORTS
4	ARVIND SHARMA	161		30/11/03	DELHI
5	BHANU SHARMA	678		19/10/96	RAJASTHAN
6	ARUN SINGH	875		15/07/04	UTTAR PRADESH
7	GAGANDEEP SINGH	742		20/05/95	SSCB
8	NIRBHAY SINGH	264		20/11/96	HARYANA
9	OINAM SINGH	444		22/01/02	MANIPUR

10	RAHUL SINGH	878		21/08/00	UTTAR PRADESH
11	RAMANAND SINGH	274		02/10/02	JHARKHAND
12	SATYAM SINGH	905		27/12/00	UTTRAKHAND
13	ALEX THANKACHAN	379		21/03/00	KERALA
Event # 55 MENS Long Jump Decathlon-2					TIME: 08:20 HRS
Event # 16 MENS Discus Throw					QUALIFYING ROUND
NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012					TIME: 08:30 HRS
MR.:ANIL KUMAR BANGALORE 60.07 2003					
QUALIFYING MARK: 53.50M / BEST 12					
GROUP B					
1	JAGJEET .	472		09/08/80	ONGC
2	LOKESH RAJ G .	792		05/10/01	TAMIL NADU
3	SIDHARTH K C .	353		26/06/01	KERALA
4	ABHIMANYU ABHIMANYU	248		18/12/01	HARYANA
5	SHUBHKARMAN GHOTRA	510		05/10/03	PUNJAB
6	IKRAM KHAN	400		01/07/01	MADHYA PRADESH
7	AJAY KUMAR	253		20/06/03	HARYANA
8	AMIT KUMAR	155		17/04/98	DELHI
9	ASHISH KUMAR	862		11/09/02	UTTAR PRADESH
10	PRADEEP KUMAR	608		01/04/01	RAILWAY SPORTS
11	PRAVEEN KUMAR	721		02/02/96	SSCB
12	ROHIT KUMAR	672		29/09/00	RAJASTHAN
13	ASHWANI LAMBA	402		29/03/98	MADHYA PRADESH
Event # 56 MENS Shot Put Decathlon-3					TIME: 09:20 HRS
Event # 25 WOMENS 400m Run					HEATS
NR.:HIMA DAS JAKARTA 50.79 26/08/2018					TIME: 09:40 HRS
MR.:ANJALI DEVI BHUANESWAR 51.79 2018					
4 HEATS: 3Q + 4q					
Heat 1					
2	DEVYANIBA ZALA	182		15/03/02	GUJARAT
3	STEPHY KOSHY	337		22/03/03	KERALA
4	GUG KAUR	491		23/08/98	PUNJAB
5	RAMA TANWAR	657		08/07/03	RAJASTHAN
6	RUPAL .	831		23/12/04	UTTAR PRADESH
7	PRAJNA .	283		25/07/01	KARNATAKA
8	KUNJA RAJITHA	104		01/01/03	ANDHRA PRADESH
Heat 2					
2	MANISHA .	201		24/05/02	HARYANA
3	SHIREEN AHLUWALIA	129		04/04/06	CHANDIGARH
4	BABY S	783		06/06/00	TAMIL NADU
5	REVATHI V	581		23/11/97	RAILWAY SPORTS
6	SNEHA K	336		19/05/99	KERALA
7	ANTAKSHRI .	639		20/01/00	RAJASTHAN
8	DISHA ALIGE	289		02/06/05	KARNATAKA
Heat 3					
2	SWATHI RONGALI	106		07/08/00	ANDHRA PRADESH
3	GOWRINANDANA .	330		26/03/02	KERALA
4	SALINI VALUPARAMBIL KRISHNA	582		10/01/98	RAILWAY SPORTS
5	NATHALIEA EVANG MARIEA	772		17/08/02	TAMIL NADU
6	MAHI NANDAL	217		25/12/06	HARYANA
7	SUMMY .	690		21/05/03	SSCB

Heat 4					
2	TAMANNA .	212		15/05/06	HARYANA
3	VANDANA SHARMA	389		08/09/98	MADHYA PRADESH
4	AISHWARYA MISHRA	419		16/08/97	MAHARASHTRA
5	FLORENCE BARLA	546		01/01/01	RAILWAY SPORTS
6	MUGADA .	102		05/06/03	ANDHRA PRADESH
7	RAMANDEEP KAUR .	483		24/06/89	PUNJAB
Event # 3 MENS 400m Run					HEATS
NR.:MUHAMMED ANAS KLADNO 45.21 13/07/2019					TIME: 10:00 HRS
MR.:AROKYA RAJIV KOLKATA 45.70 2015					
5 HEATS: 4Q + 4q					
Heat 1					
2	PRAKHAR SHARMA	902		01/09/99	UTTRAKHAND
3	SHARON ABRAHAM	148		27/08/03	DELHI
4	VISHAL TK	819		17/12/03	TAMIL NADU
5	RAHUL KADAM	432		03/10/98	MAHARASHTRA
6	JAGMEET SINGH	518		28/12/96	PUNJAB
7	RASHID .	392		08/01/01	MADHYA PRADESH
8	BHUVAN PUJERI	322		13/06/05	KARNATAKA
Heat 2					
2	DEVRAJ CHALWADI	172		30/01/02	GOA
3	MOHIT KUMAR	719		01/09/97	SSCB
4	MAHENDAR CHOUDHARY	309		09/02/02	KARNATAKA
5	SAHIL MALIK	898		19/04/06	UTTRAKHAND
6	A.SURAJ .	789		20/12/03	TAMIL NADU
7	ALI AHMAD	855		07/01/98	UTTAR PRADESH
8	JASHANPREET SINGH	520		04/07/00	PUNJAB
Heat 3					
2	NAKKA RAJESH	117		15/08/00	ANDHRA PRADESH
3	DHARMVEER CHOUDHARY	711		05/02/01	SSCB
4	ASTIK PRADHAN	469		23/04/06	ODISHA
5	VIKRANT PANCHAL	611		30/01/00	RAILWAY SPORTS
6	TUSHAR MANNA	157		03/10/01	DELHI
7	AAKASH BABU CHINTHALA	801		14/11/97	TAMIL NADU
8	SETU MISHRA	127		12/06/05	BIHAR
Heat 4					
2	SHAILESH MOKAL	436		24/09/04	MAHARASHTRA
3	ABHISHEK .	220		31/10/03	HARYANA
4	ANKIT BHADU	662		12/07/01	RAJASTHAN
5	KAVEN S.K	622		20/11/01	RAILWAY SPORTS
6	MANU T S .	352		17/10/01	KERALA
7	BALAKRISHNA .	303		29/01/03	KARNATAKA
8	SAJJAN MISHRA	403		25/07/00	MADHYA PRADESH
Heat 5					
2	AKASH DUBEY	397		13/12/00	MADHYA PRADESH
3	K.AVINASH .	585		03/12/00	RAILWAY SPORTS
4	RAHUL BABY	704		28/08/97	SSCB
5	YASH JOSHI	431		09/04/04	MAHARASHTRA
6	LOKESH SINGH GURJAR	666		02/02/02	RAJASTHAN
7	ATUL .	226		24/07/03	HARYANA
8	ANGELO CARVALHO	171		19/10/03	GOA

Event # 1 MENS 100m Run					HEATS
NR.:MANIKANTA HOBLIDHAR BENGALURU 10.23 11/10/2023					TIME: 10:35 HRS
MR.:MANIKANTA HOBLIDHAR BENGALURU 10.23 2023					
5 HEATS: 4Q + 4q					
Heat 1					
1	GAGAN L GOWDA	313		29/06/02	KARNATAKA
2	ABHINAV C	363		16/04/01	KERALA
3	ARUN C	800		08/09/01	TAMIL NADU
4	GURMEET SINGH	876		12/01/99	UTTAR PRADESH
5	JAY SHAH	439		11/10/97	MAHARASHTRA
6	GURINDERVIR SINGH	744		24/12/00	SSCB
7	MANE DINESH	823		05/04/00	TELANGANA
8	GUNDU PRAVEEN	116		06/10/94	ANDHRA PRADESH
Heat 2					
1	YERVENA RAO	137		02/08/00	CHHATTISGARH
2	VIVEK KACHOTIYA	668		09/08/01	RAJASTHAN
3	RAKHIL A G	147		16/04/97	DELHI
4	AMLAN BORGHAIN	596		25/04/98	RAILWAY SPORTS
5	MOHAMED SHAN P	378		30/01/04	KERALA
6	VIKAS SHEOKAND	261		26/08/99	HARYANA
7	GUNI VASANT NAIDU	272		30/07/97	JHARKHAND
8	ADITYA SINGH DODIYA	396		15/03/00	MADHYA PRADESH
Heat 3					
1	MR. VIPIN KUSHWAH	401		02/04/01	MADHYA PRADESH
2	AKASH KUMAR PATEL	186		13/07/93	GUJARAT
3	AMIYA MALLICK	465		14/11/92	ODISHA
4	KASARAM NETHAJI	115		10/02/99	ANDHRA PRADESH
5	HARJIT .	694		28/08/97	SSCB
6	ABHIJITH NAIR	826		02/10/96	TELANGANA
7	VIBHASKAR KUMAR	126		15/02/04	BIHAR
8	SANJEEV RAJAK	136		28/12/98	CHHATTISGARH
Heat 4					
1	NISHANT KUMAR	865		22/06/01	UTTAR PRADESH
2	DHANUSH KUDTARKAR	316		15/03/04	KARNATAKA
3	SIVA B	592		13/10/94	RAILWAY SPORTS
4	ABHINASH SAHU	471		23/03/00	ODISHA
5	MANIKANTA H	716		29/11/01	SSCB
6	SUNIL PUROHIT	187		16/05/03	GUJARAT
7	RAHUL GHOSH	443		29/03/97	MANIPUR
8	PRANAV GURAV	430		03/07/01	MAHARASHTRA
Heat 5					
2	ANURAG C V	365		23/01/04	KERALA
3	NALUBOTHU SRINIVAS	634		09/10/02	RAILWAY SPORTS
4	VARCHASVA CHAUDHARY	149		22/09/01	DELHI
5	LALU PRASAD BHOI	457		21/09/03	ODISHA
6	ADITYA SINGH	903		20-02-2003	UTTRAKHAND
7	ARYAN .	302		28/11/03	KARNATAKA
8	KAILASH SINGH	263		25/12/05	HARYANA

Event # 38 WOMENS Discus Throw					FINAL
NR.:KAMALPREET KAUR PATIALA 66.59 21/06/2021					TIME: 14:30 HRS
MR.:NEELAM J. SINGH BANGALORE 61.17 2003					
1	ANISHA .	139		03/07/05	DELHI
2	KIRAN .	641		01/07/03	RAJASTHAN
3	NIDHI .	534		03/01/97	RAILWAY SPORTS
4	SEEMA .	208		25/02/99	HARYANA
5	SHIVANI .	536		08/10/99	RAILWAY SPORTS
6	SUNITA .	211		20/03/00	HARYANA
7	KRISHNA JAYASANKAR	768		10/11/02	TAMIL NADU
8	GURVEER KAUR	492		19/10/95	PUNJAB
9	MUKESH KUMARI	653		01/01/97	RAJASTHAN
10	SANDEEP KUMARI	563		10/12/92	RAILWAY SPORTS
11	K M MADHU VERMA	390		01/05/95	MADHYA PRADESH
12	NEETIKA VERMA	849		04/03/01	UTTAR PRADESH
13	BHAVANA YADAV	145		09/04/99	DELHI
14	SANYA YADAV	219		09/08/03	HARYANA
Event # 57 MENS High Jump Decathlon-4					TIME: 15:00 HRS
Event # 12 MENS Pole Vault					FINAL
NR.:SIVA SUBRAMANIAM GUJARAT 5.31 3/10/2022					TIME: 15:30 HRS
MR.:PARSHANT KANHIYA BENGALURU 5.15 2022					
1	AKSHAY .	347		22/05/03	KERALA
2	GOURAV .	693		20/02/02	SSCB
3	JESSAN .	350		03/01/98	KERALA
4	M.GOWTHAM .	793		25/09/02	TAMIL NADU
5	NITIN .	238		25/08/01	HARYANA
6	RAMBEER .	698		30/06/96	SSCB
7	UTTAM .	243		15/11/00	HARYANA
8	SIDHARTH AK	357		27/08/00	KERALA
9	P. SUBASH CHANDRAN	308		06/03/03	KARNATAKA
10	BINEESH JACOB	604		17/03/86	RAILWAY SPORTS
11	AVNEESH KUMAR	863		01/07/01	UTTAR PRADESH
12	DHIRENDRA KUMAR	607		28/08/99	RAILWAY SPORTS
13	KULDEEP KUMAR	864		12/03/05	UTTAR PRADESH
14	TANUJ KUMAR	254		27/12/03	HARYANA
15	ANSHU PATEL	405		03/05/05	MADHYA PRADESH
16	KRISHNA PRASATH	812		30/09/91	TAMIL NADU
17	YUGENDRAN R	736		01-10-2003	SSCB
18	SOHAN RAM	677		05/07/97	RAJASTHAN
19	SIVA S	815		05/06/96	TAMIL NADU
20	AMAN SINGH	411		01/07/06	MADHYA PRADESH
21	A.GNANA SONE	633		02/03/01	RAILWAY SPORTS
22	PAWAN YADAV	884		10/05/04	UTTAR PRADESH

Event # 23 WOMENS 100m Run					HEATS
NR.:DUTEE CHAND PATIALA 11.17 21/06/2021					TIME: 16:00 HRS
MR.:DUTEE CHAND RANCHI 11.22 2019					
3 HEATS: 2Q + 2q					
Heat 1					
1	MADHUMITA DEB	384	04/01/02	MADHYA PRADESH	
2	SIMRAN KAUR	142	01/08/98	DELHI	
3	SUDESHNA SHIVANKAR	421	09/09/03	MAHARASHTRA	
4	SNEHA S.S	300	27/03/98	KARNATAKA	
5	BHAWNA .	194	06/12/03	HARYANA	
6	PRAGYAN PRASANT SAHU	452	19/12/99	ODISHA	
7	GIRIDHARANI RAVIKUMAR	573	07/07/01	RAILWAY SPORTS	
8	MARIYA PARVEEN	837	01/01/04	UTTAR PRADESH	
Heat 2					
1	SAKSHI KOLEKAR	169	03/10/03	GOA	
2	DEEPSHIKHA .	828	07/10/00	UTTAR PRADESH	
3	TAMASHREE MISHRA	908	18-05-2003	WEST BENGAL	
4	HIMASHREE ROY	575	15/03/95	RAILWAY SPORTS	
5	SHILBI P	338	16/05/96	KERALA	
6	DANESHWARI T	301	14/08/00	KARNATAKA	
7	ANSHU .	192	06/06/01	HARYANA	
8	TEENA PAREEK	656	04/04/02	RAJASTHAN	
Heat 3					
2	SHIVKANYA MUKATI	386	01/03/04	MADHYA PRADESH	
3	NITHYA GANDHE	553	10/11/99	RAILWAY SPORTS	
4	KAVERI PATIL	297	11/06/00	KARNATAKA	
5	NANCY .	204	12/12/07	HARYANA	
6	SRABANI NANDA	451	07/05/91	ODISHA	
7	PAVITHRA R	780	22/03/02	TAMIL NADU	
8	MAHERA SIDDIQUE	180	06/04/01	GUJARAT	
Event # 36 WOMENS Triple Jump					FINAL
NR.:MAYOOKHA JOHNY KOBE 14.11 9/07/2011					TIME: 16:10 HRS
MR.:MAYOOKHA JOHNY KOLKATA 13.78 2015					
1	KM. SONAM .	829	15/05/98	UTTAR PRADESH	
2	MALLALA ANUSHA	544	10/07/02	RAILWAY SPORTS	
3	NIMISHA DAYMA	383	15/05/03	MADHYA PRADESH	
4	PAVITHRA G	293	10/03/00	KARNATAKA	
5	KARTHIKA GOTHANDAPANI	555	02/01/96	RAILWAY SPORTS	
6	I.ASHA ILANGO	767	18/06/99	TAMIL NADU	
7	BABISHA P	776	26/12/01	TAMIL NADU	
8	AISHWARYA R	778	03/01/00	TAMIL NADU	
9	BHAIRABI ROY	574	02/02/95	RAILWAY SPORTS	
10	MEERA SHIBU	340	25/07/02	KERALA	
11	GAYATHRY SIVAKUMAR	341	26/02/01	KERALA	
12	MERYMUKTA SORENG	454	01/11/04	ODISHA	
13	SHEENA V	345	22/11/92	KERALA	
14	NIHARIKA VASHISHT	500	17/10/95	PUNJAB	
Event # 1 MENS 100m Run					SEMI FINAL
NR.:MANIKANTA HOBLIDHAR BENGALURU 10.23 11/10/2023					TIME: 16:20 HRS
MR.:MANIKANTA HOBLIDHAR BENGALURU 10.23 2023					

Event # 25 WOMENS 400m Run				SEMI FINAL
NR.:HIMA DAS JAKARTA 50.79 26/08/2018				TIME: 16:55 HRS
MR.:ANJALI DEVI BHUANESWAR 51.79 2018				
Event # 3 MENS 400m Run				SEMI FINAL
NR.:MUHAMMED ANAS KLADNO 45.21 13/07/2019				TIME: 17:10 HRS
MR.:AROKYA RAJIV KOLKATA 45.70 2015				
Event # 58 MENS 400m Decathlon-5				TIME: 17:30 HRS



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