



# 63<sup>rd</sup> NATIONAL OPEN ATHLETICS CHAMPIONSHIPS - 2024

**30<sup>th</sup> AUG - 02<sup>nd</sup> SEP 2024**

**Sree Kanteerva Stadium, Bangalore, Karnataka**

*Organised by*



*Jointly Organised by*

**Karnataka Athletics Association**



# Results Day-1 (30-08-2024)



HSBC



Indian Oil Corporation Limited

**63rd National Open Athletics Championships 2024**

Sree Kanteerava Outdoor Stadium

30-08-2024

8/30/24 - 9/2/24

30 Aug-02 September, Bangalore,Karnataka

**Event # 43 WOMENS 20Km Race Walk**

# NR.:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR.:RAVINA . BENGALURU 1:34.55 2022

1	RAVINA .	207	21/05/97	HARYANA	1:35:52.00
2	MUNITA PRAJAPATI	569	15/01/02	RAILWAY SPORTS	1:37:40.00
3	VANDANA .	287	10/12/03	KARNATAKA	1:39:41.00
4	SEJAL ANIL SINGH	579	12/08/03	RAILWAY SPORTS	1:42:25.00
5	MOKAVI MUTHURATHINAM	774	07/09/02	TAMIL NADU	1:43:09.00
6	SHALINI .	888	08/10/02	UTTRAKHAND	1:44:09.00
7	NIKITA LAMBA	655	01/07/02	RAJASTHAN	1:46:21.00
8	KAMLA .	640	15/08/99	RAJASTHAN	1:47:08.00
9	RESHMA PATEL	841	15/09/04	UTTAR PRADESH	1:49:17.00
10	ROJI PATEL	842	23/08/01	UTTAR PRADESH	1:56:08.00
11	SHIVANI ..	890	09/05/97	UTTRAKHAND	2:00:28.00
	PRIYANKA GOSWAMI	554	10/03/96	RAILWAY SPORTS	DNF



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**Event # 21 MENS 20Km Race Walk**

# NR.:AKSHDEEP SINGH CHANDIGARH 1:19.38 30/01/2024

% MR.:BABUBHAI PANUCHA JAMSHEDPUR 1:23.40 2007

1	SERVIN .	700	26/11/99	SSCB	1:25:35.00
2	AMIT .	224	25/12/03	HARYANA	1:25:40.00
3	ARSHPREET SINGH	740	22/11/00	SSCB	1:26:56.00
4	MUKESH NITHARWAL	729	04/06/00	SSCB	1:28:08.00
5	NINGTHOUKHONGJA .	441	01/03/02	MANIPUR	1:30:27.00
6	NEERAJ CHAURASIYA	859	06/07/00	UTTAR PRADESH	1:30:32.00
7	MONU JAKHAR	154	11/06/01	DELHI	1:30:44.00
8	ANEESH A A	355	25/04/98	KERALA	1:32:32.00
9	BALJINDER SINGH	514	18/09/86	PUNJAB	1:34:17.00
10	SANDIP .	506	12/11/97	PUNJAB	1:34:56.00
11	BILIN GEORGE ANTO	603	09/11/04	RAILWAY SPORTS	1:35:25.00
12	ROMIT DHARAMPAL SINGH	630	20/09/92	RAILWAY SPORTS	1:48:36.00
	RAHUL .	239	07/01/00	HARYANA	DQ
	JASPAL SINGH	273	19/11/98	JHARKHAND	DNF
	SAHIL .	505	09/04/02	PUNJAB	DNF
	HARDEEP .	232	22/09/98	HARYANA	DNF
	SANABAM SINGH	445	15/10/89	MANIPUR	DNS
	JUNED .	584	10/05/99	RAILWAY SPORTS	DNS



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**Event # 28 WOMENS 5000m Run**

# NR.:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR.:O.P. JAISHA KOLKATA 15:31.73 2015

1	SEEMA ..	265	10/01/01	HIMACHAL PRADESH	15:47.95
2	SANJIVANI JADHAV	418	12/07/96	MAHARASHTRA	15:55.69
3	LILI DAS	550	18/03/98	RAILWAY SPORTS	16:25.53
4	SHRADDHA KATHIRIYA	559	20/12/01	RAILWAY SPORTS	16:55.16
5	REBI PAL	567	12/12/01	RAILWAY SPORTS	17:15.79
6	ANTIMA PAL	835	01/01/04	UTTAR PRADESH	17:21.63
7	SUPRITI KACHHAP	268	03/04/03	JHARKHAND	17:24.32
8	SANGHAMITRA MAHATA	270	25/12/04	JHARKHAND	17:34.31
9	TANNU .	213	06/03/03	HARYANA	17:45.19
10	SAPNA PATEL	170	10/03/99	GOA	18:08.22
11	VANDANA MORI	178	31/08/02	GUJARAT	18:26.03
12	KAJAL KANWADE	177	26/01/01	GUJARAT	18:54.48

**Event # 6 MENS 5000m Run**

# NR.:GULVEER SINGH GRESHAM 13:18.92 09/06/2024

% MR.:BAHADUR SINGH CHENNAI 13:54.72 1994

1	GULVEER SINGH	743	01/06/98	SSCB	13:54.70 %
2	SUNIL DAWAR	395	02/08/01	MADHYA PRADESH	14:00.50
3	LOVEPREET SINGH	747	13/01/99	SSCB	14:00.89
4	VINOD SINGH	413	20/07/05	MADHYA PRADESH	14:04.67
5	ABHISHEK ..	589	15/07/97	RAILWAY SPORTS	14:11.49
6	LOVE CHAUDHARY	858	01/07/03	UTTAR PRADESH	14:13.55
7	PRAKASHRAO DESHMUKH	713	21/06/99	SSCB	14:13.74
8	RAKESH MANDAL	899	16/04/99	UTTRAKHAND	14:17.31
9	SHIVAM YADAV	886	16/01/01	UTTAR PRADESH	14:17.51
10	BITTU .	228	11/11/01	HARYANA	14:20.96
11	ANURAG YADAV	190	01/07/02	GUJARAT	14:23.82
12	AJEET KUMAR	606	03/07/99	RAILWAY SPORTS	14:25.10
13	GAURAV BHOSALE	424	16/09/05	MAHARASHTRA	14:32.27
14	LOKESH CHAUDHARY	597	01/07/99	RAILWAY SPORTS	14:34.32
15	SUNIL .	442	05/12/02	MANIPUR	14:39.99
16	VISHAL SHERWAL	162	07/03/03	DELHI	14:45.77
17	RAKESH .	660	19/07/02	RAJASTHAN	14:51.47
18	TRILOK KUMAR	125	10/08/01	BIHAR	14:56.71
19	RAJESH MANMYA	676	13/07/01	RAJASTHAN	15:13.38
	INDRAJEET PATEL	476	15/01/94	ONGC	DNF
	SACHELAL PATEL	900	07/03/96	UTTRAKHAND	DNF
	RAVI GULIA	252	25/10/01	HARYANA	DNF

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**Event # 16 MENS Discus Throw**

# NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012

% MR.:ANIL KUMAR BANGALORE 60.07 2003

**RESULTS OF PRELIMS**

1	NIRBHAY SINGH 53.31, 55.44, -	264	20/11/96	HARYANA	55.44m
2	ALEX THANKACHAN 50.11, 53.20, 53.03	379	21/03/00	KERALA	53.20m
3	PRAVEEN KUMAR NEHRA 48.22, 49.41, 52.39	609	09/11/98	RAILWAY SPORTS	52.39m
4	PRAVEEN KUMAR 51.46, 51.12, 52.27	721	02/02/96	SSCB	52.27m
5	SHUBHKARMAN GHOTRA 50.94, 51.00, 52.23	510	05/10/03	PUNJAB	52.23m
6	GAGANDEEP SINGH 50.94, 52.13, -	742	20/05/95	SSCB	52.13m
7	NAGENDRA NAIK 51.85, F, 50.62	319	18/11/02	KARNATAKA	51.85m
8	OINAM SINGH 47.87, 50.84, 51.36	444	22/01/02	MANIPUR	51.36m
9	ABHIMANYU ABHIMANYU 51.32, 51.21, F	248	18/12/01	HARYANA	51.32m
10	ASHISH KUMAR 50.88, 50.59, F	862	11/09/02	UTTAR PRADESH	50.88m
11	BHANU SHARMA 49.03, 49.95, F	678	19/10/96	RAJASTHAN	49.95m
12	ROHIT KUMAR 48.88, 49.85, 49.30	672	29/09/00	RAJASTHAN	49.85m
13	AMIT KUMAR 47.52, 48.48, 47.40	155	17/04/98	DELHI	48.48m
14	PARSHANT MALIK 47.58, 46.74, 47.82	725	10/07/91	SSCB	47.82m
15	PRADEEP KUMAR 44.94, 47.61, 47.38	608	01/04/01	RAILWAY SPORTS	47.61m
16	IKRAM KHAN 47.60, F, 47.14	400	01/07/01	MADHYA PRADESH	47.60m
17	ASHWANI LAMBA 47.27, F, F	402	29/03/98	MADHYA PRADESH	47.27m
18	ARVIND SHARMA 43.89, 45.54, 46.47	161	30/11/03	DELHI	46.47m
19	SATYAM SINGH 46.40, 45.99, F	905	27/12/00	UTTRAKHAND	46.40m
20	ARUN SINGH 45.96, 45.07, 45.85	875	15/07/04	UTTAR PRADESH	45.96m
21	RAHUL SINGH F, 45.15, F	878	21/08/00	UTTAR PRADESH	45.15m
22	JAGJEET . 43.72, F, 44.33	472	09/08/80	ONGC	44.33m
23	RAMANAND SINGH F, 40.83, F	274	02/10/02	JHARKHAND	40.83m
	LOKESH RAJ G . F, F, F	792	05/10/01	TAMIL NADU	NM

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SIDHARTH K C .	353	26/06/01	KERALA	DNS
AJAY KUMAR	253	20/06/03	HARYANA	DNS

**Event # 25 WOMENS 400m Run**

# NR.:HIMA DAS JAKARTA 50.79 26/08/2018

% MR.:ANJALI DEVI BHUANESWAR 51.79 2018

**RESULTS OF PRELIMS Heat 1**

1	DEVYANIBA ZALA	182	15/03/02	GUJARAT	53.20
2	RUPAL .	831	23/12/04	UTTAR PRADESH	53.70
3	KUNJA RAJITHA	104	01/01/03	ANDHRA PRADESH	53.74
4	GUG KAUR	491	23/08/98	PUNJAB	54.88
5	FLORENCE BARLA	546	01/01/01	RAILWAY SPORTS	54.97
6	PRAJNA .	283	25/07/01	KARNATAKA	55.14
7	STEPHY KOSHY	337	22/03/03	KERALA	58.12
8	SHIREEN AHLUWALIA	129	04/04/06	CHANDIGARH	1:00.73

**RESULTS OF PRELIMS Heat 2**

1	AISHWARYA MISHRA	419	16/08/97	MAHARASHTRA	52.71
2	MUGADA .	102	05/06/03	ANDHRA PRADESH	54.04
3	SNEHA K	336	19/05/99	KERALA	54.10
4	MANISHA .	201	24/05/02	HARYANA	54.52
5	ANTAKSHRI .	639	20/01/00	RAJASTHAN	55.87
6	REVATHI V	581	23/11/97	RAILWAY SPORTS	57.21
7	RAMANDEEP KAUR .	483	24/06/89	PUNJAB	57.43
8	BABY S	783	06/06/00	TAMIL NADU	1:00.08

**RESULTS OF PRELIMS Heat 3**

1	SUMMY .	690	21/05/03	SSCB	54.54
2	SWATHI RONGALI	106	07/08/00	ANDHRA PRADESH	55.42
3	NATHALIEA EVANG MARIEA	772	17/08/02	TAMIL NADU	55.44
4	MAHI NANDAL	217	25/12/06	HARYANA	55.50
5	SALINI VALUPARAMBIL KRIS	582	10/01/98	RAILWAY SPORTS	56.50
6	DISHA ALIGE	289	02/06/05	KARNATAKA	56.78
7	RAMA TANWAR	657	08/07/03	RAJASTHAN	57.84
8	GOWRINANDANA .	330	26/03/02	KERALA	DO

**Event # 3 MENS 400m Run**

# NR.:MUHAMMED ANAS KLDNO 45.21 13/07/2019

% MR.:AROKYA RAJIV KOLKATA 45.70 2015

**RESULTS OF SEMIS Heat 1**

1	MOHIT KUMAR	719	01/09/97	SSCB	46.90
2	A.SURAJ .	789	20/12/03	TAMIL NADU	47.44
3	MANU T S .	352	17/10/01	KERALA	47.60
4	RAHUL KADAM	432	03/10/98	MAHARASHTRA	48.42
5	SETU MISHRA	127	12/06/05	BIHAR	48.50
6	PRAKHAR SHARMA	902	01/09/99	UTTRAKHAND	48.71
7	JASHANPREET SINGH	520	04/07/00	PUNJAB	49.21
8	ABHISHEK .	220	31/10/03	HARYANA	50.08

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**RESULTS OF SEMIS Heat 2**

1	TUSHAR MANNA	157	03/10/01	DELHI	46.88
2	VISHAL TK	819	17/12/03	TAMIL NADU	47.85
3	JAGMEET SINGH	518	28/12/96	PUNJAB	47.99
4	ATUL .	226	24/07/03	HARYANA	48.53
5	SAJJAN MISHRA	403	25/07/00	MADHYA PRADESH	49.28
6	SAHIL MALIK	898	19/04/06	UTTRAKHAND	49.46
7	BHUVAN PUJERI	322	13/06/05	KARNATAKA	49.67

**RESULTS OF SEMIS Heat 3**

1	VIKRANT PANCHAL	611	30/01/00	RAILWAY SPORTS	47.10
2	RAHUL BABY	704	28/08/97	SSCB	47.34
3	LOKESH SINGH GURJAR	666	02/02/02	RAJASTHAN	47.92
4	AAKASH BABU CHINTHALA	801	14/11/97	TAMIL NADU	48.35
5	SHARON ABRAHAM	148	27/08/03	DELHI	48.50
6	ASTIK PRADHAN	469	23/04/06	ODISHA	48.54
7	YASH JOSHI	431	09/04/04	MAHARASHTRA	50.09

**RESULTS OF PRELIMS Heat 1**

1	VISHAL TK	819	17/12/03	TAMIL NADU	46.97
2	RASHID .	392	08/01/01	MADHYA PRADESH	47.05
3	JAGMEET SINGH	518	28/12/96	PUNJAB	47.17
4	PRAKHAR SHARMA	902	01/09/99	UTTRAKHAND	47.68
5	RAHUL KADAM	432	03/10/98	MAHARASHTRA	48.44
6	SHARON ABRAHAM	148	27/08/03	DELHI	48.61
7	BHUVAN PUJERI	322	13/06/05	KARNATAKA	49.16

**RESULTS OF PRELIMS Heat 2**

1	MOHIT KUMAR	719	01/09/97	SSCB	47.38
2	A.SURAJ .	789	20/12/03	TAMIL NADU	47.96
3	JASHANPREET SINGH	520	04/07/00	PUNJAB	48.62
4	SAHIL MALIK	898	19/04/06	UTTRAKHAND	48.80
5	MAHENDAR CHOUDHARY	309	09/02/02	KARNATAKA	49.35
6	ALI AHMAD	855	07/01/98	UTTAR PRADESH	49.52
7	DEVRAJ CHALWADI	172	30/01/02	GOA	51.88

**RESULTS OF PRELIMS Heat 3**

1	VIKRANT PANCHAL	611	30/01/00	RAILWAY SPORTS	46.83
2	TUSHAR MANNA	157	03/10/01	DELHI	47.36
3	ASTIK PRADHAN	469	23/04/06	ODISHA	48.46
4	AAKASH BABU CHINTHALA	801	14/11/97	TAMIL NADU	48.50
5	SETU MISHRA	127	12/06/05	BIHAR	48.78
6	DHARMVEER CHOUDHARY	711	05/02/01	SSCB	49.42
7	NAKKA RAJESH	117	15/08/00	ANDHRA PRADESH	49.78

**RESULTS OF PRELIMS Heat 4**

1	MANU T S .	352	17/10/01	KERALA	47.65
2	ABHISHEK .	220	31/10/03	HARYANA	48.26
3	SAJJAN MISHRA	403	25/07/00	MADHYA PRADESH	48.55
4	KAVEN S.K	622	20/11/01	RAILWAY SPORTS	49.05
5	ANKIT BHADU	662	12/07/01	RAJASTHAN	56.39
	BALAKRISHNA .	303	29/01/03	KARNATAKA	DNS
	SHAILESH MOKAL	436	24/09/04	MAHARASHTRA	DNS

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**RESULTS OF PRELIMS Heat 5**

1	RAHUL BABY	704	28/08/97	SSCB		<b>47.78</b>
2	ATUL .	226	24/07/03	HARYANA		<b>48.25</b>
3	LOKESH SINGH GURJAR	666	02/02/02	RAJASTHAN		<b>48.47</b>
4	YASH JOSHI	431	09/04/04	MAHARASHTRA		<b>49.09</b>
5	K.AVINASH .	585	03/12/00	RAILWAY SPORTS		<b>50.22</b>
6	AKASH DUBEY	397	13/12/00	MADHYA PRADESH		<b>50.46</b>
7	ANGELO CARVALHO	171	19/10/03	GOA		<b>51.73</b>

**Event # 1 MENS 100m Run**

#NR.:M.HOBLIDHAR BENGALURU 10.23 11/10/2023

% MR.:MANIKANTA HOBLIDHAR BENGALURU 10.23 2023

**RESULTS OF SEMIS Heat 1**

1	AMLAN BORGHAIN	596	25/04/98	RAILWAY SPORTS	-0.2m/s w	<b>10.46</b>
2	HARJIT .	694	28/08/97	SSCB	-0.2m/s w	<b>10.55</b>
3	GAGAN L GOWDA	313	29/06/02	KARNATAKA	-0.2m/s w	<b>10.71</b>
4	NISHANT KUMAR	865	22/06/01	UTTAR PRADESH	-0.2m/s w	<b>10.73</b>
5	JAY SHAH	439	11/10/97	MAHARASHTRA	-0.2m/s w	<b>10.74</b>
6	ABHINAV C	363	16/04/01	KERALA	-0.2m/s w	<b>10.86</b>
	10.851					
7	VIBHASKAR KUMAR	126	15/02/04	BIHAR	-0.2m/s w	<b>10.86</b>
	10.860					
8	SANJEEV RAJAK	136	28/12/98	CHHATTISGARH	-0.2m/s w	<b>11.08</b>

**RESULTS OF SEMIS Heat 2**

1	MANIKANTA H	716	29/11/01	SSCB	+0.7m/s ne	<b>10.48</b>
2	NALUBOTHU SRINIVAS	634	09/10/02	RAILWAY SPORTS	+0.7m/s ne	<b>10.50</b>
3	PRANAV GURAV	430	03/07/01	MAHARASHTRA	+0.7m/s ne	<b>10.54</b>
4	ABHINASH SAHU	471	23/03/00	ODISHA	+0.7m/s ne	<b>10.56</b>
5	GUNI VASANT NAIDU	272	30/07/97	JHARKHAND	+0.7m/s ne	<b>10.72</b>
6	ARUN C	800	08/09/01	TAMIL NADU	+0.7m/s ne	<b>10.73</b>
7	DHANUSH KUDTARKAR	316	15/03/04	KARNATAKA	+0.7m/s ne	<b>10.78</b>
8	MR. VIPIN KUSHWAH	401	02/04/01	MADHYA PRADESH	+0.7m/s ne	<b>11.51</b>

**RESULTS OF SEMIS Heat 3**

1	LALU PRASAD BHOI	457	21/09/03	ODISHA	+0.5m/s e	<b>10.34</b>
2	SIVA B	592	13/10/94	RAILWAY SPORTS	+0.5m/s e	<b>10.51</b>
3	GURINDERVIR SINGH	744	24/12/00	SSCB	+0.5m/s e	<b>10.53</b>
4	VIKAS SHEOKAND	261	26/08/99	HARYANA	+0.5m/s e	<b>10.68</b>
5	ANURAG C V	365	23/01/04	KERALA	+0.5m/s e	<b>10.72</b>
6	ADITYA SINGH	903	20/02/03	UTTRAKHAND	+0.5m/s e	<b>10.87</b>
7	YERNENA RAO	137	02/08/00	CHHATTISGARH	+0.5m/s e	<b>10.87</b>
8	ARYAN .	302	28/11/03	KARNATAKA	+0.5m/s e	<b>10.88</b>



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**RESULTS OF PRELIMS Heat 1**

1	GAGAN L GOWDA	313	29/06/02	KARNATAKA	+0.3m/s n	<b>10.57</b>
2	ARUN C	800	08/09/01	TAMIL NADU	+0.3m/s n	<b>10.63</b>
3	GURINDERVIR SINGH	744	24/12/00	SSCB	+0.3m/s n	<b>10.65</b>
4	ABHINAV C	363	16/04/01	KERALA	+0.3m/s n	<b>10.70</b>
5	JAY SHAH	439	11/10/97	MAHARASHTRA	+0.3m/s n	<b>10.76</b>
6	MANE DINESH	823	05/04/00	TELANGANA	+0.3m/s n	<b>10.97</b>
7	GUNDU PRAVEEN	116	06/10/94	ANDHRA PRADESH	+0.3m/s n	<b>11.87</b>
	GURMEET SINGH	876	12/01/99	UTTAR PRADESH		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	AMLAN BORGOHAIN	596	25/04/98	RAILWAY SPORTS	+1.5m/s n	<b>10.62</b>
2	VIKAS SHEOKAND	261	26/08/99	HARYANA	+1.5m/s n	<b>10.71</b>
3	GUNI VASANT NAIDU	272	30/07/97	JHARKHAND	+1.5m/s n	<b>10.79</b>
4	YERNENA RAO	137	02/08/00	CHHATTISGARH	+1.5m/s n	<b>10.86</b>
5	ADITYA SINGH DODIYA	396	15/03/00	MADHYA PRADESH	+1.5m/s n	<b>10.93</b>
6	VIVEK KACHOTIYA	668	09/08/01	RAJASTHAN	+1.5m/s n	<b>10.95</b>
7	MOHAMED SHAN P	378	30/01/04	KERALA	+1.5m/s n	<b>10.97</b>
	RAKHIL A G	147	16/04/97	DELHI		<b>DNS</b>

**RESULTS OF PRELIMS Heat 3**

1	HARJIT .	694	28/08/97	SSCB	+1.2m/s n	<b>10.96</b>
2	VIBHASKAR KUMAR	126	15/02/04	BIHAR	+1.2m/s n	<b>10.97</b>
3	SANJEEV RAJAK	136	28/12/98	CHHATTISGARH	+1.2m/s n	<b>11.08</b>
4	MR. VIPIN KUSHWAH	401	02/04/01	MADHYA PRADESH	+1.2m/s n	<b>11.50</b>
5	ABHIJITH NAIR	826	02/10/96	TELANGANA	+1.2m/s n	<b>11.53</b>
6	KASARAM NETHAJI	115	10/02/99	ANDHRA PRADESH	+1.2m/s n	<b>18.23</b>
	AMIYA MALLICK	465	14/11/92	ODISHA		<b>DQ</b>
	AKASH KUMAR PATEL	186	13/07/93	GUJARAT		<b>DNS</b>

**RESULTS OF PRELIMS Heat 4**

1	MANIKANTA H	716	29/11/01	SSCB	+0.8m/s nw	<b>10.53</b>
2	ABHINASH SAHU	471	23/03/00	ODISHA	+0.8m/s nw	<b>10.54</b>
3	SIVA B	592	13/10/94	RAILWAY SPORTS	+0.8m/s nw	<b>10.61</b>
4	NISHANT KUMAR	865	22/06/01	UTTAR PRADESH	+0.8m/s nw	<b>10.72</b>
5	PRANAV GURAV	430	03/07/01	MAHARASHTRA	+0.8m/s nw	<b>10.86</b>
6	DHANUSH KUDTARKAR	316	15/03/04	KARNATAKA	+0.8m/s nw	<b>10.87</b>
7	SUNIL PUROHIT	187	16/05/03	GUJARAT	+0.8m/s nw	<b>11.31</b>
8	RAHUL GHOSH	443	29/03/97	MANIPUR	+0.8m/s nw	<b>11.74</b>

**RESULTS OF PRELIMS Heat 5**

1	LALU PRASAD BHOI	457	21/09/03	ODISHA	+0.2m/s ne	<b>10.49</b>
2	NALUBOTHU SRINIVAS	634	09/10/02	RAILWAY SPORTS	+0.2m/s ne	<b>10.71</b>
3	ANURAG C V	365	23/01/04	KERALA	+0.2m/s ne	<b>10.78</b>
4	ARYAN .	302	28/11/03	KARNATAKA	+0.2m/s ne	<b>10.82</b>
5	ADITYA SINGH	903	20/02/03	UTTRAKHAND	+0.2m/s ne	<b>10.83</b>
6	VARCHASVA CHAUDHARY	149	22/09/01	DELHI	+0.2m/s ne	<b>11.26</b>
7	KAILASH SINGH	263	25/12/05	HARYANA	+0.2m/s ne	<b>11.26</b>

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**Event # 38 WOMENS Discus Throw**

# NR.:KAMALPREET KAUR PATIALA 66.59 21/06/2021

% MR.:NEELAM J. SINGH BANGALORE 61.17 2003

1	SEEMA .	208	25/02/99	HARYANA		<b>54.89m</b>
		54.89, 52.21, 53.83, F, 54.11, F				
2	NIDHI .	534	03/01/97	RAILWAY SPORTS		<b>52.46m</b>
		51.97, F, 51.61, 52.46, 51.87, 50.52				
3	SANYA YADAV	219	09/08/03	HARYANA		<b>49.84m</b>
		49.84, 48.25, 49.69, 49.74, 48.57, F				
4	SUNITA .	211	20/03/00	HARYANA		<b>49.83m</b>
		48.56, 49.83, 49.78, 48.80, 49.32, 49.46				
5	MUKESH KUMARI	653	01/01/97	RAJASTHAN		<b>49.28m</b>
		49.28, F, 47.93, 45.12, 48.66, F				
6	GURVEER KAUR	492	19/10/95	PUNJAB		<b>48.96m</b>
		F, 47.76, 48.96, 47.71, F, 48.57				
7	KRISHNA JAYASANKAR	768	10/11/02	TAMIL NADU		<b>48.57m</b>
		47.13, 47.86, 45.86, 47.81, F, 48.57				
8	KIRAN .	641	01/07/03	RAJASTHAN		<b>47.90m</b>
		47.38, 47.90, 46.59, 46.41, F, F				
9	ANISHA .	139	03/07/05	DELHI		<b>47.77m</b>
		F, F, 47.77				
10	SANDEEP KUMARI	563	10/12/92	RAILWAY SPORTS		<b>47.08m</b>
		47.08, 45.45, 45.65				
11	BHAVANA YADAV	145	09/04/99	DELHI		<b>46.63m</b>
		F, 46.59, 46.63				
12	NEETIKA VERMA	849	04/03/01	UTTAR PRADESH		<b>46.59m</b>
		46.59, 45.37, 45.50				
13	K M MADHU VERMA	390	01/05/95	MADHYA PRADESH		<b>45.34m</b>
		42.81, 44.70, 45.34				
14	SHIVANI .	536	08/10/99	RAILWAY SPORTS		<b>45.27m</b>
		45.27, F, F				

**Event # 23 WOMENS 100m Run**

# NR.:DUTEE CHAND PATIALA 11.17 21/06/2021

% MR.:DUTEE CHAND RANCHI 11.22 2019

**RESULTS OF PRELIMS Heat 1**

1	SNEHA S.S	300	27/03/98	KARNATAKA	+0.8m/s n	<b>11.55</b>
2	GIRIDHARANI RAVIKUMAR	573	07/07/01	RAILWAY SPORTS	+0.8m/s n	<b>11.72</b>
3	PRAGYAN PRASANT SAHU	452	19/12/99	ODISHA	+0.8m/s n	<b>11.84</b>
4	SUDESHNA SHIVANKAR	421	09/09/03	MAHARASHTRA	+0.8m/s n	<b>11.87</b>
		11.863				
5	MARIYA PARVEEN	837	01/01/04	UTTAR PRADESH	+0.8m/s n	<b>12.11</b>
	SIMRAN KAUR	142	01/08/98	DELHI		<b>DNS</b>
	BHAWNA .	194	06/12/03	HARYANA		<b>DNS</b>
	MADHUMITA DEB	384	04/01/02	MADHYA PRADESH		<b>DNS</b>

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**RESULTS OF PRELIMS Heat 2**

1	HIMASHREE ROY	575	15/03/95	RAILWAY SPORTS	-0.1m/s e	<b>11.80</b>
2	DANESHWARI T	301	14/08/00	KARNATAKA	-0.1m/s e	<b>11.87</b>
	11.868					
3	TAMASHREE MISHRA	908	18/05/03	WEST BENGAL	-0.1m/s e	<b>12.18</b>
4	SHILBI P	338	16/05/96	KERALA	-0.1m/s e	<b>12.21</b>
5	TEENA PAREEK	656	04/04/02	RAJASTHAN	-0.1m/s e	<b>12.23</b>
6	ANSHU .	192	06/06/01	HARYANA	-0.1m/s e	<b>12.66</b>
7	SAKSHI KOLEKAR	169	03/10/03	GOA	-0.1m/s e	<b>13.39</b>
	DEEPSHIKHA .	828	07/10/00	UTTAR PRADESH		<b>DNS</b>

**RESULTS OF PRELIMS Heat 3**

1	NITHYA GANDHE	553	10/11/99	RAILWAY SPORTS	+0.9m/s n	<b>11.59</b>
2	SRABANI NANDA	451	07/05/91	ODISHA	+0.9m/s n	<b>11.70</b>
3	KAVERI PATIL	297	11/06/00	KARNATAKA	+0.9m/s n	<b>11.85</b>
4	NANCY .	204	12/12/07	HARYANA	+0.9m/s n	<b>11.92</b>
5	SHIVKANYA MUKATI	386	01/03/04	MADHYA PRADESH	+0.9m/s n	<b>12.40</b>
6	MAHERA SIDDIQUE	180	06/04/01	GUJARAT	+0.9m/s n	<b>12.45</b>
	PAVITHRA R	780	22/03/02	TAMIL NADU		<b>DNF</b>

**Event # 36 WOMENS Triple Jump**

# NR.:MAYOOKHA JOHNY KOBE 14.11 9/07/2011

% MR.:MAYOOKHA JOHNY KOLKATA 13.78 2015

1	SHEENA V	345	22/11/92	KERALA	+2.3m/s	<b>13.27m</b>
	12.76, X, X, 12.86, X, 13.27					
2	MALLALA ANUSHA	544	10/07/02	RAILWAY SPORTS	+2.2m/s	<b>13.17m</b>
	12.65, 12.60, 12.93, 13.14, 13.17, X					
3	BABISHA P	776	26/12/01	TAMIL NADU	+0.5m/s	<b>13.13m</b>
	12.66, 12.37, 12.79, 13.13, 13.02, 12.48					
4	NIHARIKA VASHISHT	500	17/10/95	PUNJAB	+0.5m/s	<b>13.06m</b>
5	KARTHIKA GOTHANDAPANI	555	02/01/96	RAILWAY SPORTS	+0.3m/s	<b>13.01m</b>
6	PAVITHRA G	293	10/03/00	KARNATAKA	+1.7m/s	<b>12.88m</b>
7	MERYMUKTA SORENG	454	01/11/04	ODISHA	+1.2m/s	<b>12.88m</b>
8	MEERA SHIBU	340	25/07/02	KERALA	+1.2m/s	<b>12.74m</b>
9	BHAIRABI ROY	574	02/02/95	RAILWAY SPORTS	+0.2m/s	<b>12.72m</b>
10	L.ASHA ILANGO	767	18/06/99	TAMIL NADU	+0.3m/s	<b>12.35m</b>
11	NIMISHA DAYMA	383	15/05/03	MADHYA PRADESH	+0.6m/s	<b>12.26m</b>
	KM. SONAM .	829	15/05/98	UTTAR PRADESH		<b>DNS</b>
	GAYATHRY SIVAKUMAR	341	26/02/01	KERALA		<b>NM</b>
	AISHWARYA R	778	03/01/00	TAMIL NADU		<b>DNS</b>

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## Event # 53 MENS Decathlon

MR.:

K.SINGH HYDE 7257 2005

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	<b>KUSHAL MOHITE (43)</b> MAHARASHTRA	<b>3636</b>	11.07 845	6.48 693	10.77 532	1.90 714	49.20 852	3636	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
2	<b>ARUN KUMAR (809)</b> TAMIL NADU	<b>3576</b>	11.02 856	7.09 835	9.99 485	1.78 610	50.54 790	3576	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
3	<b>STALIN JOES S (737)</b> SSCB	<b>3521</b>	11.27 801	6.66 734	11.69 588	1.81 636	51.15 762	3521	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
4	<b>YAMAN DEEP SHARM</b> RAILWAY SPORTS	<b>3459</b>	11.40 774	6.73 750	10.28 502	1.87 687	51.51 746	3459	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
5	<b>KAMAL DHANKHAR</b> HARYANA	<b>3429</b>	11.87 677	6.53 704	12.02 608	1.90 714	51.96 726	3429	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
6	<b>KAMAL SINGH (745)</b> SSCB	<b>3356</b>	11.90 671	6.68 739	11.71 589	1.81 636	52.08 721	3356	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
7	<b>LOKESH RATHOD (32)</b> KARNATAKA	<b>3301</b>	11.44 765	6.25 641	10.10 492	1.84 661	51.60 742	3301	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
8	<b>JOHN PAUL J (806)</b> TAMIL NADU	<b>3298</b>	11.32 791	6.46 688	11.40 570	1.63 488	51.19 761	3298	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
9	<b>GURLAL SINGH (515)</b> PUNJAB	<b>3134</b>	11.86 679	6.00 587	13.80 716	1.66 512	53.99 640	3134	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
10	<b>MOHIT . (236)</b> HARYANA	<b>3107</b>	11.81 689	6.19 628	10.09 491	1.81 636	53.44 663	3107	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	

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## Event # 53 MENS Decathlon

MR.:

K.SINGH HYDE 7257 2005

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	<b>THOWFEEQ N (376)</b> KERALA	<b>0</b>	DNS 0	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	<b>VEERARAGAVENDR</b> RAILWAY SPORTS	<b>0</b>	12.78 506	4.79 343	9.94 482	DNS 0	DNS 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	<b>CHAMANJOT SINGH</b> HARYANA	<b>0</b>	11.89 673	6.24 639	10.15 495	1.69 536	DNS 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	<b>GOKUL K R (718)</b> SSCB	<b>0</b>	12.17 618	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	<b>MUHAMMED PP (377)</b> KERALA	<b>0</b>	11.61 730	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	<b>PRAVEEN R (616)</b> RAILWAY SPORTS	<b>0</b>	11.74 703	5.46 473	9.23 440	DNS 0	DNS 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	



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