

63rd National Inter State Senior Athletics Championship

Tau Devi Lal Stadium, Sector- 3,

29-06-2024

6/27/24 - 6/30/24

27-30 June 2024, Panchkula, Haryana

Event # 40 WOMENS 20Km Race Walk

& OLY. Q.MARK: 1:29:20.00

NR:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR:BHAWNA JAT BHUBANESWAR 1:37:03.00 2023

1	RAVINA .	244	21/05/97	HARYANA	1:39:53.00
2	MUNITA PRAJAPATI	859	15/01/02	UTTAR PRADESH (WC)	1:40:20.00
3	SEJAL ANIL SINGH	478	12/08/03	MAHARASHTRA	1:41:28.00
4	POOJA KUMAWAT	615	02/12/99	RAJASTHAN	1:42:40.00
5	KAMLA .	599	15/08/99	RAJASTHAN	1:47:56.00
6	SHALINI .	824	08/10/02	UTTRAKHAND	1:48:46.00
7	RESHMA PATEL	774	15/09/04	UTTAR PRADESH	1:49:51.00
8	PUJA PRAMANIK	849	07/09/99	WEST BENGAL	1:51:37.00
9	ROJI PATEL	775	23/08/01	UTTAR PRADESH	1:53:19.00
	MAMTA PAL.	770	03/04/98	UTTAR PRADESH	DQ
	PAYAL .	823	05/05/99	UTTRAKHAND	DNF
	MONIKA .	239	17/01/02	HARYANA	DNF
	JYOTI -	229	01/11/02	HARYANA	DNF



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**Tau Devi Lal Stadium, Sector- 3,
27-30 June 2024, Panchkula, Haryana**

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Event # 18 MENS Javelin Throw

& OLY. Q.MARK: 85.50

NR:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022

% MR:MANU DP CHENNAI 84.35 2022

RESULTS OF PRELIMS

1	VIKRANT MALIK 81.47, -, -	538	02/01/96	ODISHA	81.47m
2	UTTAM PATIL 79.57, -, -	496	01/11/98	MAHARASHTRA	79.57m
3	KISHORE JENA 77.69, -, -	535	06/09/95	ODISHA	77.69m
4	SACHIN YADAV. F, 77.17, -	818	25/10/99	UTTAR PRADESH	77.17m
5	SARBJEET SINGH F, F, 76.65	597	03/09/94	PUNJAB	76.65m
6	ABHISHEK SINGH 72.22, 76.53, -	838	20/05/95	UTTRAKHAND	76.53m
7	PARMOD . 74.47, 76.30, -	278	03/12/99	HARYANA	76.30m
8	SHIVAM LOHAKARE 69.71, 75.14, -	493	14/09/04	MAHARASHTRA	75.14m
9	SAHIL SILWAL 72.52, 75.02, -	307	17/12/00	HARYANA	75.02m
10	ABHISHEK DRALL 71.34, 70.95, 73.65	183	11/05/98	DELHI	73.65m
11	ROHIT YADAV 70.77, 71.72, 73.28	816	06/06/01	UTTAR PRADESH	73.28m
12	ANUJ KALERA 72.15, 69.89, 71.91	639	28/11/01	RAJASTHAN	72.15m
13	MOHIT .. 67.75, F, 71.41	288	04/07/01	HARYANA	71.41m
14	NIKUNJ SINGH 69.01, 71.26, 67.09	201	18/05/00	DELHI	71.26m
15	BIBIN ANTONY F, 68.71, 68.34	438	04/05/94	MADHYA PRADESH	68.71m
16	IZHAR AHMAD 67.10, 65.24, 63.93	437	03/03/03	MADHYA PRADESH	67.10m
17	SUBHASH PATHAK 61.57, 60.31, 65.89	145	25/04/01	BIHAR	65.89m
18	AKULA KRISHNA NAIDU F, 54.35, 51.13	115	20/05/96	ANDHRA PRADESH	54.35m
	MANJINDER SINGH DNS	592	09/12/98	PUNJAB	DNS
	SHIVPAL SINGH DNS	810	07/06/95	UTTAR PRADESH	DNS
	HARISH KUMAR DNS	644	30/10/96	RAJASTHAN	DNS

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27-30 June 2024, Panchkula, Haryana

Event # 29 WOMENS 100m Hurdles

& OLY. Q.MARK: 12.77

NR:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

% MR:JYOTHI YARRAJI BHUBANESWAR 12.92 2023

RESULTS OF PRELIMS Heat 1

1	PRAGYAN PRASANT SAHU	524	19/12/99	ODISHA	+0.1m/s	13.50
2	NITHYA RAMRAJ	696	20/09/98	TAMIL NADU	+0.1m/s	13.54
3	S. SRIRESHMA .	678	04/05/01	TAMIL NADU	+0.1m/s	14.27
4	MEDHA KAMATH	343	04/12/97	KARNATAKA	+0.1m/s	14.52
5	ALIZA MULLA	472	28/02/06	MAHARASHTRA	+0.1m/s	14.56
6	PRATHEEKA .	335	04/08/00	KARNATAKA	+0.1m/s	14.89
	14.822					
7	NAMAYI RUCHITHA	745	05/05/04	TELANGANA	+0.1m/s	14.89
	14.886					

RESULTS OF PRELIMS Heat 2

1	JYOTHI YARRAJI	112	28/08/99	ANDHRA PRADESH	-0.5m/s se	13.64
2	MOUMITA MONDAL	846	09/12/01	WEST BENGAL	-0.5m/s se	14.05
3	ANJALI C	339	27/07/00	KARNATAKA	-0.5m/s se	14.36
4	NANDHINI K	686	13/07/99	TAMIL NADU	-0.5m/s se	14.40
	BHATERI .	234	20/05/96	HARYANA		DNF
	SABITA TOPPO	528	06/04/05	ODISHA		DNS

Event # 8 MENS 110m Hurdles

& OLY. Q.MARK: 13.27

NR:TEJAS ASHOK SHIRSE JYVASKYLA 13.41 22/05/2024

% MR:SIDDHANTH THINGALAYA LUCKNOW 13.65 2019

RESULTS OF PRELIMS Heat 1

1	MUHAMMED LAZAN VK	406	01/06/02	KERALA	-1.3m/s s	14.47
2	NISHANTHRAJA G	718	12/04/01	TAMIL NADU	-1.3m/s s	14.58
3	HARMANJEET SINGH	198	20/04/02	DELHI	-1.3m/s s	14.76
4	YASHWANTH LAVETI	116	28/08/01	ANDHRA PRADESH	-1.3m/s s	14.84
	RITESH CHOUDHARY	441	15/01/02	MADHYA PRADESH		DNF
	VIKSIT KUMAR	800	02/12/03	UTTAR PRADESH		DNS

RESULTS OF PRELIMS Heat 2

1	MADHVENDRA SHEKHAWAT	658	30/10/03	RAJASTHAN	-0.6m/s s	13.95
2	MANAV R	725	07/06/00	TAMIL NADU	-0.6m/s s	14.00
3	SACHIN BINU	395	18/05/98	KERALA	-0.6m/s s	14.21
4	A. GRACESON JEEVA	534	05/04/03	ODISHA	-0.6m/s s	14.76
5	SEELAM RAVINDRA REDDY	120	08/06/02	ANDHRA PRADESH	-0.6m/s s	15.20
6	SHUBHAM RAWAT	194	24/08/04	DELHI	-0.6m/s s	15.29

RESULTS OF PRELIMS Heat 3

1	TEJAS SHIRSE	501	04/06/02	MAHARASHTRA	-0.5m/s se	13.67
2	RONALD .	435	09/04/98	MADHYA PRADESH	-0.5m/s se	14.30
3	DHANUSH ADITHAN G	717	30/09/01	TAMIL NADU	-0.5m/s se	14.37
4	MATTE RAVI KIRA .	113	19/02/97	ANDHRA PRADESH	-0.5m/s se	14.81
5	SANDEEP CHOUDHARY	635	13/06/02	RAJASTHAN	-0.5m/s se	15.04
6	LOKENDRA PACHERA	804	01/07/93	UTTAR PRADESH	-0.5m/s se	16.31

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Event # 25 WOMENS 800m Run

& OLY. Q.MARK: 1:59.30

NR:TINTU LUKA SPLIT 1:59.17 04/09/2010

% MR:K.C. ROSA KUTTY BANGALORE 2:00.49 1997

RESULTS OF PRELIMS Heat 1

1	CHANDA .	162	16/08/01	DELHI	2:05.72
2	GUG KAUR	553	23/08/98	PUNJAB	2:06.42
3	LAVANYA R	692	08/08/01	TAMIL NADU	2:06.79
4	AMANDEEP KAUR	550	09/07/03	PUNJAB	2:06.93
5	RAKHI .	756	25/07/01	UTTAR PRADESH	2:09.04
6	LAXITA SANDILEA	215	13/02/05	GUJARAT	2:13.68
7	ELAVARASI KUMARAN	687	08/06/99	TAMIL NADU	2:15.56

RESULTS OF PRELIMS Heat 2

1	KAVITHA V	701	15/06/98	TAMIL NADU	2:07.99
2	KM DEEKSHA	425	01/01/99	MADHYA PRADESH	2:08.15
3	TWINKLE .	548	17/10/95	PUNJAB	2:08.25
4	TANVI MALIK	765	01/01/06	UTTAR PRADESH	2:09.34
5	VINEETA GURJAR	763	27/09/05	UTTAR PRADESH	2:12.11
6	LAXMIPRIYA KISAN	521	10/04/05	ODISHA	2:13.40
7	FASUHAA AHMED	507	12/06/03	MALDIVES	2:20.94

Event # 4 MENS 800m Run

& OLY. Q.MARK: 1:44.70

NR:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018

% MR:JINSON JOHNSON GUWAHATI 1:45.65 2018

RESULTS OF PRELIMS Heat 1

1	TUSHAR BHEKANE	353	25/08/03	KARNATAKA	1:50.95
2	ANKESH CHAUDHARY	323	28/12/98	HIMACHAL PRADESH	1:51.45
3	JATIN .	274	30/07/02	HARYANA	1:51.61
4	ASHOK DANDASENA	530	05/07/94	ODISHA	1:51.73
5	BASANT CHAUHAN	156	31/08/01	CHANDIGARH	1:51.97
6	HARJOT SINGH	582	25/10/00	PUNJAB	1:52.60
7	VASAN C	713	30/01/04	TAMIL NADU	1:54.14
8	HARSHDEEP SINGH.	841	28/12/02	UTTRAKHAND	1:56.15
	HIMANSHU BHADANA	788	17/11/01	UTTAR PRADESH	DNS

RESULTS OF PRELIMS Heat 2

1	SHYAM MILAN BIND	439	05/08/04	MADHYA PRADESH	1:49.11
2	MOHAMMED AFJAL P	410	03/02/96	KERALA	1:50.06
3	SATYA DEV .	283	21/02/02	HARYANA	1:50.50
4	VINOD KUMAR BANOTH	749	16/12/05	TELANGANA	1:51.27
5	DEBASIS PATNAIK	542	27/10/97	ODISHA	1:52.60
6	DINESH KUMAR	324	03/02/91	HIMACHAL PRADESH	1:56.00
7	PRATHAMESH DEORE	482	27/10/02	MAHARASHTRA	1:58.74
8	HUSSAIN RIZA	511	01/04/97	MALDIVES	2:04.27
	GURMAN SINGH	581	27/08/97	PUNJAB	DNS

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RESULTS OF PRELIMS Heat 3

1	RIJOY J	400	21/12/03	KERALA		1:51.05
2	MANJEET .	276	07/07/02	HARYANA		1:51.14
3	BOPANNA THELAPANDA	367	23/06/05	KARNATAKA		1:51.40
4	SHAKEEL .	627	17/04/05	RAJASTHAN		1:52.09
5	SREE KIRAN	720	29/09/01	TAMIL NADU		1:52.22
6	DAYANIDHI MUNDA	540	02/06/04	ODISHA		1:52.32
7	ANU KUMAR	831	02/11/02	UTTRAKHAND		1:53.31
8	DEVARAKONDA SINDHUR	122	27/10/03	ANDHRA PRADESH		1:54.20
9	SAHIL KHAN	641	07/11/05	RAJASTHAN		1:55.50

Event # 23 WOMENS 200m Run

& OLY. Q.MARK: 22.57

NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

% MR:HIMA DAS GUWAHATI 23.10 2018

RESULTS OF PRELIMS Heat 1

1	SRABANI NANDA	523	07/05/91	ODISHA	-0.7m/s	24.22
2	HIMASHREE ROY	264	15/03/95	HARYANA	-0.7m/s	24.35
3	DEVYANIBA ZALA	218	15/03/02	GUJARAT	-0.7m/s	24.52
4	NATHALIEA EVANG MARIEA	688	17/08/02	TAMIL NADU	-0.7m/s	24.58
5	SUDESHNA SHIVANKAR	477	09/09/03	MAHARASHTRA	-0.7m/s	24.69
6	JYOTHIKA .	333	29/09/02	KARNATAKA	-0.7m/s	25.07
7	ANTAKSHRI .	598	20/01/00	RAJASTHAN	-0.7m/s	28.02
	RIYA CHAUHAN	166	02/02/02	DELHI		DNS

RESULTS OF PRELIMS Heat 2

1	GIRIDHARANI RAVIKUMAR	698	07/07/01	TAMIL NADU	-1.5m/s s	24.73
2	KAVERI PATIL	345	11/06/00	KARNATAKA	-1.5m/s s	24.85
3	ANJALI P D	380	22/03/01	KERALA	-1.5m/s s	24.90
4	KUSUM THAKUR	319	27/07/03	HIMACHAL PRADESH	-1.5m/s s	25.07
5	HIMA DAS	126	09/01/00	ASSAM	-1.5m/s s	25.17
6	MAHERA SIDDIQUE	216	06/04/01	GUJARAT	-1.5m/s s	25.59
7	TWINKLE PUNDIR	429	10/12/92	MADHYA PRADESH	-1.5m/s s	25.71
8	VIJYA SINGH	136	02/02/00	BIHAR	-1.5m/s s	25.91

RESULTS OF PRELIMS Heat 3

1	NEERU PAHTAK	169	27/01/07	DELHI	-1.9m/s s	24.19
2	MADHUMITA DEB	424	04/01/02	MADHYA PRADESH	-1.9m/s s	24.24
3	NANCY .	240	12/12/07	HARYANA	-1.9m/s s	24.36
4	SAKSHI CHAVAN	211	18/01/05	GUJARAT	-1.9m/s s	24.83
5	SWATHI RONGALI	110	07/08/00	ANDHRA PRADESH	-1.9m/s s	24.93
6	SIMI N S	344	22/10/97	KARNATAKA	-1.9m/s s	25.13
7	SHATAKSHI RAI	135	30/05/02	BIHAR	-1.9m/s s	25.56
8	PAVITHRA R	693	22/03/02	TAMIL NADU	-1.9m/s s	25.87

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Event # 2 MENS 200m Run

& OLY. Q.MARK: 20.16

NR:AMLAN BORGHAIN THENHIPALAM 20.52 06/04/2022

% MR:AMLAN BORGHAIN BHUBANESWAR 20.71 2023

RESULTS OF SEMIS Heat 1

1	NALUBOTHU SRINIVAS	123	09/10/02	ANDHRA PRADESH	-0.5m/s sw	20.93
2	RAGUL KUMAR G	719	22/03/00	TAMIL NADU	-0.5m/s sw	21.14
3	JAY SHAH	500	11/10/97	MAHARASHTRA	-0.5m/s sw	21.43
4	DONDAPATI MRUTY JAYARA	533	12/01/05	ODISHA	-0.5m/s sw	21.57
5	LOVEPREET SINGH	589	27/11/99	PUNJAB	-0.5m/s sw	21.75
6	NIKUNJ ZALA	228	18/01/04	GUJARAT	-0.5m/s sw	21.84
7	YASH JOSHI	488	09/04/04	MAHARASHTRA	-0.5m/s sw	21.86
8	VIGNESH A	436	04/07/96	MADHYA PRADESH	-0.5m/s sw	21.91

RESULTS OF SEMIS Heat 2

1	ANIMESH KUJUR	536	02/06/03	ODISHA	-1.5m/s s	21.10
2	KAPIL .	275	10/11/03	HARYANA	-1.5m/s s	21.59
3	LAKSHAY .	786	18/12/04	UTTAR PRADESH	-1.5m/s s	21.61
4	VIKRAM KUMAR GURJAR	636	07/06/99	RAJASTHAN	-1.5m/s s	22.17
5	ANKUR .	268	05/09/99	HARYANA	-1.5m/s s	22.27
6	ATUL .	269	24/07/03	HARYANA	-1.5m/s s	22.29
7	NITHIN .	707	12/04/99	TAMIL NADU	-1.5m/s s	1:01.69 &#%

RESULTS OF PRELIMS Heat 1

1	ANIMESH KUJUR	536	02/06/03	ODISHA	-0.9m/s se	21.32
2	ABHIN DEVADIGA	354	15/08/01	KARNATAKA	-0.9m/s se	21.52
3	LOVEPREET SINGH	589	27/11/99	PUNJAB	-0.9m/s se	21.69
4	ATUL .	269	24/07/03	HARYANA	-0.9m/s se	21.86
5	YASH JOSHI	488	09/04/04	MAHARASHTRA	-0.9m/s se	21.92
6	VIKRAM KUMAR GURJAR	636	07/06/99	RAJASTHAN	-0.9m/s se	22.02
7	YATEESH CHAUHAN	440	10/07/03	MADHYA PRADESH	-0.9m/s se	22.36
	VIBHASKAR KUMAR	144	15/02/04	BIHAR		DNS

RESULTS OF PRELIMS Heat 2

1	NALUBOTHU SRINIVAS	123	09/10/02	ANDHRA PRADESH	-1.0m/s se	21.37
2	JAY SHAH	500	11/10/97	MAHARASHTRA	-1.0m/s se	21.54
3	KAPIL .	275	10/11/03	HARYANA	-1.0m/s se	21.56
4	NIKUNJ ZALA	228	18/01/04	GUJARAT	-1.0m/s se	21.95
5	ANKIT KUMAR KASWAN	640	05/06/05	RAJASTHAN	-1.0m/s se	22.35
6	GOWTHAM ALLURI	748	28/12/05	TELANGANA	-1.0m/s se	22.59
7	AMAN KUMAR	140	12/12/05	BIHAR	-1.0m/s se	22.90
	SAISIDDHARTH R	726	28/10/03	TAMIL NADU		DNS

RESULTS OF PRELIMS Heat 3

1	RAGUL KUMAR G	719	22/03/00	TAMIL NADU	-0.3m/s e	21.18
2	DONDAPATI MRUTY JAYARA	533	12/01/05	ODISHA	-0.3m/s e	21.56
3	ANKUR .	268	05/09/99	HARYANA	-0.3m/s e	21.86
4	SHIVAM SIKARWAR	456	02/04/02	MADHYA PRADESH	-0.3m/s e	22.19
5	JEBIN SIBI	223	25/09/02	GUJARAT	-0.3m/s e	22.21
6	HARMANPREET SINGH	584	19/01/97	PUNJAB	-0.3m/s e	22.32
7	RAHUL KADAM	489	03/10/98	MAHARASHTRA	-0.3m/s e	22.76

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RESULTS OF PRELIMS Heat 4

1	NITHIN .	707	12/04/99	TAMIL NADU	+0.5m/s ne	21.43
2	LAKSHAY .	786	18/12/04	UTTAR PRADESH	+0.5m/s ne	21.58
3	VIGNESH A	436	04/07/96	MADHYA PRADESH	+0.5m/s ne	21.71
4	SANJEEV RAJAK	159	28/12/98	CHHATTISGARH	+0.5m/s ne	22.24
	VINAYAK SOTTANNANAVAR	365	09/07/01	KARNATAKA		DO
	JAY SHIV	808	15/12/05	UTTAR PRADESH	T.R. NO. 17.2.3	DNS

Event # 12 MENS Pole Vault

HEIGHTS: 4.30, 4.50, 4.70, 4.80, 4.90, 5.00, 5.05, 5.10, 5.12, 5.15, 5.20, 5.25, 5.30, 5.35, 5.40, 5.45, 5.50, 5.55
5.60, 5.65, 5.70, 5.75, 5.80

& OLY. Q.MARK: 5.82

NR:S SIVA GANDHINAGAR 5.31 30/10/2022

% MR:S. SIVA . BHUBANESWAR 5.11 2023

1	YUGENDRAN R	728	01/10/03	TAMIL NADU		5.00m
					--- --- XO --- O --- --- XXX	
2	M.GOWTHAM .	706	25/09/02	TAMIL NADU		4.90m
					--- --- O O O XXX	
3	LAKSHAY ..	287	17/10/01	HARYANA		4.90m
					--- --- XXO XXO XXX	
4	SHEKHAR PANDEY	805	01/02/01	UTTAR PRADESH		4.80m
					--- --- XO XXX	
5	SIDHARTH AK	394	27/08/00	KERALA		4.80m
					--- --- XO XO XXX	
6	ANSHU PATEL	451	03/05/05	MADHYA PRADESH		4.80m
					--- O XXO XO XXX	
7	KULDEEP KUMAR	795	12/03/05	UTTAR PRADESH		4.70m
					--- --- O --- XX- X	
8	PAWAN YADAV	815	10/05/04	UTTAR PRADESH		4.70m
					--- XXO XO XXX	
9	P.SUBASH CHANDR SUBASH	366	06/03/03	KARNATAKA		4.50m
					O O XXX	
10	AKSHAY .	389	22/05/03	KERALA		4.50m
					--- XO XXX	
11	GOURAV .	272	20/02/02	HARYANA		4.50m
					--- XXO XXX	
12	NARENDRA SINGH.	660	29/07/03	RAJASTHAN		4.30m
					O XXX	
	SOHAN RAM	653	05/07/97	RAJASTHAN		NM
					XXX	
	TANUJ KUMAR	299	27/12/03	HARYANA		DNS
					DNS	
	AMAN SINGH	458	01/07/06	MADHYA PRADESH		DNS
					DNS	
	KRISHNA PRASATH	724	30/09/91	TAMIL NADU		NM
					--- --- XXX	
	RAMBEER .	626	30/06/96	RAJASTHAN		DNS
					DNS	
	JESSAN .	390	03/01/98	KERALA		NM
					--- --- XXX	

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Event # 17 MENS Hammer Throw

& OLY. Q.MARK: 78.20

NR:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

% MR:NIRAJ KUMAR HYDERABAD 70.73 2016

1	PRAVEEN KUMAR.	649	14/12/00	RAJASTHAN	68.76m
		66.93, 68.50, 68.76, 63.79, F, 65.16			
2	DAMNEET SINGH	578	10/03/00	PUNJAB	66.40m
		66.40, 65.07, 65.86, F, F, 65.53			
3	MOHAMMAD SHAHBAN	807	16/04/04	UTTAR PRADESH	65.02m
		63.07, F, 65.02, F, 63.07, 62.14			
4	ASHISH JAKHAR	293	05/01/99	HARYANA	64.30m
		F, F, 61.52, F, 61.02, 64.30			
5	NIRAJ KUMAR	645	17/09/90	RAJASTHAN	63.90m
		F, F, 63.90, F, 61.05, 61.15			
6	DEVANG .	178	20/12/03	DELHI	63.71m
		57.50, 60.50, 63.39, 62.75, 63.71, 62.76			
7	MO NADEEM	803	20/04/04	UTTAR PRADESH	63.43m
		F, 62.14, F, F, 59.81, 63.43			
8	GURDEV .	566	14/08/01	PUNJAB	62.20m
		55.09, 61.88, F, 62.20, F, F			
9	JAI CHAND .	625	08/07/01	RAJASTHAN	61.11m
		57.97, 60.64, 61.11			
10	KAUSHAL SINGH	199	16/11/88	DELHI	60.32m
		56.67, F, 60.32			
11	SHANTANU UCHALE	504	31/01/99	MAHARASHTRA	59.35m
		59.35, F, F			
12	AMIT PUNDIR	305	05/05/04	HARYANA	58.20m
		53.62, F, 58.20			
13	SHIV KUMAR	832	02/07/86	UTTRAKHAND	55.70m
		48.66, 55.70, 54.92			
	SACHIN YADAV	817	30/12/01	UTTAR PRADESH	DNS
		DNS			
	TARANVEER BAINS	570	01/10/96	PUNJAB	DNS
		DNS			
	GAURAV .	271	12/02/96	HARYANA	DNS
		DNS			

Event # 11 MENS High Jump

& OLY. Q.MARK: 2.33

NR:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

% MR:B CHETHAN GUWAHATI 2.25 2018

RESULTS OF FINALS

1	SARVESH KUSHARE	492	17/06/95	MAHARASHTRA	2.25m %
2	TEJASWIN SHANKAR	195	21/12/98	DELHI	2.21m
3	JESSE SANDESH	363	22/10/95	KARNATAKA	2.18m
4	BHARATHI VISWANATHAN	738	20/05/94	TAMIL NADU	2.15m
5	AADARSH RAM	730	27/09/97	TAMIL NADU	2.15m
6	GURJEET SINGG	308	05/01/00	HARYANA	2.10m
6	SUSHIL THORI	662	06/06/02	RAJASTHAN	2.10m
8	ROHIT -	265	08/03/00	HARYANA	2.10m
9	ABHAY GURAV	485	03/05/00	MAHARASHTRA	2.05m
9	SUDEEP .	352	29/04/04	KARNATAKA	2.05m
11	JOMON JOY	401	19/10/03	KERALA	2.05m
12	ATHULJITH A	393	27/03/04	KERALA	2.00m

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HEIGHTS: 1.90, 1.95, 2.00, 2.05, 2.10**RESULTS OF PRELIMS**

1	TEJASWIN SHANKAR	195	21/12/98	DELHI	2.10m
	--- O O O O				
1	SARVESH KUSHARE	492	17/06/95	MAHARASHTRA	2.10m
	--- --- --- O O				
3	GURJEET SINGG	308	05/01/00	HARYANA	2.10m
	--- --- O XO XO				
4	ABHAY GURAV	485	03/05/00	MAHARASHTRA	2.10m
	O O XO O XXO				
5	JESSE SANDESH	363	22/10/95	KARNATAKA	2.05m
	--- --- O O ---				
5	ROHIT -	265	08/03/00	HARYANA	2.05m
	O O O O XX-				
5	AADARSH RAM	730	27/09/97	TAMIL NADU	2.05m
	--- --- O O X--				
8	ATHULJITH A	393	27/03/04	KERALA	2.05m
	O XO XO O XXX				
9	JOMON JOY	401	19/10/03	KERALA	2.05m
	O --- O XO XXX				
10	SUDEEP .	352	29/04/04	KARNATAKA	2.05m
	O O XO XO XXX				
10	SUSHIL THORI	662	06/06/02	RAJASTHAN	2.05m
	O O XO XO XXX				
10	BHARATHI VISWANATHAN	738	20/05/94	TAMIL NADU	2.05m
	--- --- XO XO XX-				
13	SWADHIN KUMAR MAJHI	537	10/04/00	ODISHA	2.05m
	--- O XXO XO XXX				
14	DHAIRYSHIL GAYAKWAD GO	484	10/02/03	MAHARASHTRA	2.00m
	O O O XXX				
14	PRAVEEN KUMAR..	190	15/05/03	DELHI	2.00m
	O O O XXX				
16	SHAIK MOHIDDIN	118	27/08/98	ANDHRA PRADESH	2.00m
	O XO O XXX				
17	A MOTHI ARUN	711	23/02/97	TAMIL NADU	2.00m
	--- O XO XXX				
18	DHEENA DHAYALAN V	545	01/07/01	PUDUCHERRY	2.00m
	XO XXO XXO XXX				
19	MD ASRAF ALI	851	16/01/03	WEST BENGAL	1.95m
	O O XXX				
20	NIKHIL KUMAR DAS	531	14/03/03	ODISHA	1.95m
	XO XO XXX				
	VICKY SONONE	462	09/12/00	MADHYA PRADESH	DNS
	DNS				
	BIJENDER .	785	22/02/03	UTTAR PRADESH	DNS
	DNS				
	SANDEEP KUMAR	799	20/12/03	UTTAR PRADESH	DNS
	DNS				

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Event # 30 WOMENS 400m Hurdles

& OLY. Q.MARK: 54.85

NR:P.T USHA LOS ANGELES 55.42 08/08/1984

% MR:VITHYA RAMRAJ BHUBANESWAR 56.01 2023

RESULTS OF PRELIMS Heat 1

1	RAMANDEEP KAUR	560	20/12/03	PUNJAB	1:01.19
2	DEEKSHITA RAMAK GOWDA	342	28/04/03	KARNATAKA	1:01.40
3	RAJI CHRISTUDAS THANKAM	385	01/08/88	KERALA	1:02.80
4	GURDEEP KAUR	554	02/06/01	PUNJAB	1:03.40
5	RITIKA .	246	22/11/02	HARYANA	1:04.73
6	MUGADA .	102	05/06/03	ANDHRA PRADESH	1:08.04
	R VITHYA RAMRAJ	697	20-09-98	TAMIL NADU	DNS

RESULTS OF PRELIMS Heat 2

1	PRAJNA .	334	25/07/01	KARNATAKA	59.73
2	ANU R	381	20/04/93	KERALA	1:01.18
3	OLIMBA STEFFI .	676	15/02/02	TAMIL NADU	1:01.21
4	DHIVYA.J .	674	31/01/98	TAMIL NADU	1:02.13
5	VANDANA SHARMA	430	08/09/98	MADHYA PRADESH	1:02.27
	VEERPAL KAUR	563	24/03/94	PUNJAB	DNF
	NANHI .	241	16/10/99	HARYANA	DNS

Event # 13 MENS Long Jump

& OLY. Q.MARK: 8.27

NR:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR:SREESHANKAR M BHUBANESWAR 8.41 2023

RESULTS OF FINALS

1	ARYA S	361	31/12/01	KARNATAKA	-0.2m/s	7.78m
		7.74, F, 7.78, F, 7.70, 7.74				
2	JESWIN ALDRIN	710	24/12/01	TAMIL NADU	+1.0m/s	7.75m
		F, 7.75, F, F, 5.50, 7.70				
3	ARAVINTH E	716	30/06/00	TAMIL NADU	+0.1m/s	7.73m
		7.55, F, 7.73, F, 7.39, F				
4	MUHAMMED ANEES YAHIYA	858	03/12/95	KERALA (WC)	-0.3m/s	7.64m
		7.64, 6.72, -, -, -, -				
5	KRISHNA SHARMA	453	02/08/99	MADHYA PRADESH	+0.1m/s	7.62m
		7.34, 7.62, 7.50, 7.54, 7.46, 7.46				
6	MOHD SAZID	306	10/02/06	HARYANA	+0.6m/s	7.55m
		F, 7.43, 7.47, 7.55, 7.40, 7.52				
7	AKHIL TV	414	13/04/00	KERALA	+1.3m/s	7.50m
		6.85, 7.50, F, 7.35, 7.22, 7.45				
8	BHUPENDER SINGH	309	13/11/01	HARYANA	+0.2m/s	7.43m
		F, 7.42, 7.37, 7.43, F, 7.34				
9	AVINASH .	270	16/10/02	HARYANA	-1.4m/s	7.37m
		7.37, 7.36, 7.23				
10	SWAMINATHAN R	727	07/04/96	TAMIL NADU	+0.0m/s	7.37m
		7.36, 7.37, 7.15				
11	VINOTH YUVARAJ	417	26/09/94	KERALA	+0.3m/s	7.34m
		F, 7.34, 7.03				
12	SHAHNAVAZ KHAN	792	02/02/08	UTTAR PRADESH	+1.1m/s	7.27m
		7.11, 6.94, 7.27				

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RESULTS OF PRELIMS

1	KRISHNA SHARMA 7.12, 7.40, 7.60	453	02/08/99	MADHYA PRADESH	-0.1m/s	7.60m
2	MUHAMMED ANEES YAHIIYA 7.57	858	03/12/95	KERALA (WC)	+0.4m/s	7.57m
3	ARAVINTH E F, 7.30, 7.53	716	30/06/00	TAMIL NADU	-0.6m/s	7.53m
4	AVINASH . 7.51, 7.51, -	270	16/10/02	HARYANA	+0.6m/s	7.51m
5	VINOTH YUVARAJ 7.34, F, 7.48	417	26/09/94	KERALA	-0.6m/s	7.48m
6	MOHD SAZID 7.02, 7.36, 7.41	306	10/02/06	HARYANA	-0.5m/s	7.41m
7	ARYA S 7.02, 7.39, 7.31	361	31/12/01	KARNATAKA	-0.7m/s	7.39m
8	JESWIN ALDRIN F, F, 7.32	710	24/12/01	TAMIL NADU	-0.5m/s	7.32m
9	AKHIL TV 7.08, 7.28, F	414	13/04/00	KERALA	-1.4m/s	7.28m
9	BHUPENDER SINGH 7.28, F, 7.26	309	13/11/01	HARYANA	+0.9m/s	7.28m
11	SWAMINATHAN R 7.27, 7.27, 7.16	727	07/04/96	TAMIL NADU	-1.0m/s	7.27m
11	SHAHNAVAZ KHAN F, 7.13, 7.27	792	02/02/08	UTTAR PRADESH	-0.4m/s	7.27m
13	VISHNU SIVA SANKAR 7.16, F, 7.02	203	22/11/96	DELHI	-0.7m/s	7.16m
14	SIDDHARTH NAIK 6.82, 7.04, 7.04	359	08/09/95	KARNATAKA	+0.1m/s	7.04m
15	SANAPUREDDY REDDY F, 7.03, 6.79	119	08/06/00	ANDHRA PRADESH	+0.0m/s	7.03m
16	SREEKANTH KM F, F, 7.01	404	18/05/01	KERALA	-0.3m/s	7.01m
17	MANDEEP SINGH 6.88, 6.78, 7.00	659	10/12/05	RAJASTHAN	+0.8m/s	7.00m
	S LOKESH . F, F, F	351	21/12/99	KARNATAKA		NM
	MANEESH SHARMA F, F, F	454	22/12/99	MADHYA PRADESH		NM
	ADITYA SINGH. DNS	812	26/12/02	UTTAR PRADESH		DNS
	MAYENGBAM SINGH DNS	517	16/05/97	MANIPUR		DNS

Event # 9 MENS 400m Hurdles

& OLY. Q.MARK: 48.70

NR:A DHARUN PATIALA 48.80 16/03/2019

% MR:YASHAS PALAKSHA BHUBANESWAR 49.37 2023

RESULTS OF PRELIMS Heat 1

1	NIKHIL BHARDWAJ	571	24/05/96	PUNJAB		51.19
2	MURAD SIRMAN	224	10/09/05	GUJARAT		51.60
3	ROHAN KAMBLE	490	15/02/02	MAHARASHTRA		52.30
4	KESHAV TANWAR	204	24/05/02	DELHI		52.81
5	PRANAM DEVENDRA SHETTY AMAN .	364 266	21/04/99 28/11/99	KARNATAKA HARYANA		55.76 DNS

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RESULTS OF PRELIMS Heat 2

1	MANOOP M .	391	22/08/01	KERALA	51.72
2	DHAVAL UTEKAR	227	06/10/00	GUJARAT	52.01
3	BHUPENDER .	152	02/07/99	CHANDIGARH	52.58
4	SUBHAS DAS	853	23/01/02	WEST BENGAL	53.19
5	ROHIT KUMAR.	801	01/02/05	UTTAR PRADESH	53.65
6	MAGENDRAN S	731	17/08/01	TAMIL NADU	54.43

RESULTS OF PRELIMS Heat 3

1	RUCHIT MORI	221	24/08/01	GUJARAT	52.45
2	HARDEEP ..	569	27/06/03	PUNJAB	52.56
3	VISHNU .	709	15/07/06	TAMIL NADU	54.22
4	VIJAY MALIK	303	10/01/93	HARYANA	54.94
	VIKSIT KUMAR	800	02/12/03	UTTAR PRADESH	DNS

Event # 10 MENS 3000m Steeplechase

& OLY. Q.MARK: 8:15.00

NR:AVINASH SABLE BIRMINGHAM 8:11.20 06/08/2022

% MR:AVINASH SABLE LUCKNOW 8:33.19 2019

1	AVINASH SABLE	506	13/09/94	MAHARASHTRA (WC)	8:31.75 %
2	SUMIT KUMAR	447	07/04/00	MADHYA PRADESH	8:46.93
3	SHANKAR SWAMI	313	05/07/96	HARYANA	8:47.05
4	PURAN RAI	667	28/02/95	SIKKIM	8:47.62
5	SOURABH ANTIL	289	29/12/01	HARYANA	8:53.47
6	SUSHANT JEDHE	487	05/11/01	MAHARASHTRA	8:57.46
7	GAURAV YADAV	464	04/08/04	MADHYA PRADESH	9:01.92
8	VIKRAM SINGH	460	03/07/96	MADHYA PRADESH	9:07.77
9	HIMANSHU YADAV	663	24/02/04	RAJASTHAN	9:08.63
10	NAGARAJ DIVATE	355	15/08/99	KARNATAKA	9:11.90
11	PRINCE -	137	01/11/99	BIHAR	9:12.33
12	RANVIR KUMAR SINGH	220	04/07/05	GUJARAT	9:15.36
13	BIBIN GEORGE	397	19/02/98	KERALA	9:25.15
14	VIKAS KUMAR	648	08/12/04	RAJASTHAN	9:40.46
15	SALLA MAHESH	750	15/08/07	TELANGANA	9:54.02
	RAVI .	280	21/08/99	HARYANA	DNF
	MOGALI VENKATRAM REDD'	124	09/07/07	ANDHRA PRADESH	DNF
	SAURAV TIWARI	503	04/07/00	MAHARASHTRA	DNS

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Event # 37 WOMENS Discus Throw

& OLY. Q.MARK: 64.50

NR:KAMALPREET KAUR PATIALA 66.59 21/06/2021

% MR:SEEMA PUNIA PATIALA 63.72 2021

1	SEEMA -	231	25/02/99	HARYANA	57.19m
		57.19, 56.05, 55.03, F, 54.96, 55.93			
2	NIDHI .	242	03/01/97	HARYANA	52.06m
		47.21, 52.06, 51.10, 51.94, 50.37, 50.24			
3	PRITI ..	605	20/12/03	RAJASTHAN	49.40m
		47.08, 47.12, 46.58, 49.40, 48.26, 46.33			
4	NEETU KUMARI.	614	02/01/04	RAJASTHAN	49.00m
		48.44, 48.26, F, 45.61, 47.15, 49.00			
5	SUNITA ..	255	20/03/00	HARYANA	48.61m
		48.61, 46.58, 47.53, F, 47.59, 45.89			
6	KRISHNA JAYASANKAR	685	10/11/02	TAMIL NADU	47.49m
		42.41, 47.49, 47.18, F, 47.06, F			
7	BHAVANA YADAV	176	09/04/99	DELHI	47.09m
		46.00, F, 47.09, F, F, F			
8	RAJBALA SAINI	619	23/07/97	RAJASTHAN	44.21m
		43.27, 44.21, F, 43.40, F, 41.41			
9	NISTHA .	150	24/05/05	CHANDIGARH	44.13m
		43.51, 44.13, 43.14			
10	BALJIT KAUR	552	01/05/83	PUNJAB	43.68m
		43.68, 42.94, 43.20			
11	RENU YADAV	783	08/07/00	UTTAR PRADESH	43.06m
		43.06, 43.02, 41.33			
12	MUSKAN TOMAR	172	01/09/01	DELHI	40.66m
		F, 40.66, 39.35			
	SHIVANI .	758	08/10/99	UTTAR PRADESH	DNS
		DNS			
	GURVEER KAUR	555	19/10/95	PUNJAB	DNS
		DNS			

Event # 31 WOMENS 3000m Steeplechase

& OLY. Q.MARK: 9:23.00

NR:PARUL CHAUDHARY BUDAPEST 9:15.31 27/08/2023

% MR:PARUL CHAUDHARY BHUBANESWAR 9:24.23 2023

1	PARUL CHAUDHARY	760	15-04-95	UTTAR PRADESH	9:45.70
2	KOMAL JAGADALE	468	26/01/99	MAHARASHTRA	10:12.64
3	CHHAVI YADAV	432	15/08/92	MADHYA PRADESH	10:13.58
4	SONAM .	164	18/12/04	DELHI	10:24.85
5	RIYA DOHATARE	465	11/12/01	MAHARASHTRA	10:54.01
6	BHAGWATI DEORA	612	17/06/03	RAJASTHAN	11:02.90
7	SUSMITA TIGGA	527	25/12/03	ODISHA	11:14.72
	PRITI LAMBA	261	18/12/95	HARYANA	DNS
	JADA RINKAL VINODBHAI	217	01/06/03	GUJARAT	DNS
	BHAGYASHREE NAVALE	214	20/12/01	GUJARAT	DNF

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Event # 62 MIXED 4x400m Relay

NR:NATIONAL TEAM BANGKOK 3:14.12 20/05/2024

%MR:T.STATE TEAM BHUBANESWAR 3:21.40 2023

RESULTS OF PRELIMS Heat 1

1	KERALA C	392 RINCE .	31-08-2002	KERALA	379 JISNA MATHEW	07-01-1999	3:26.18
		409 ABIRAM P	18-12-2005		377 SNEHA K	19-05-1999	
2	PUNJAB F	587 JAGMEET SINGH	28-12-1996	PUNJAB	561 RASHDEEP KAUR	01-02-2002	3:26.63
		588 JASHANPREET SINGH	04-07-2000		553 GUG KAUR	23-08-1998	
3	TAMIL NADU G	736 VISHAL TK	17-12-2003	TAMIL NADU	688 N MARIEA	17-08-2002	3:30.42
		714 A CHINTHALA	14-11-1997		694 PUNITHA RAGUBATHI	30-10-2003	
4	DELHI A	184 SURAJ GUPTA	28-07-1999	DELHI	165 POOJA	16-02-1998	3:40.61
		167 NEESHU KUMARI	29-10-1997		180 SONU .	09-09-2003	
	ODISHA E	543 ASTIK PRADHAN	23-04-2006	ODISHA	526 MERYMUKTA SORENG	01-11-2004	DQ
		542 DEBASIS PATRNAIK	27-10-1997		521 LAXMIPRIYA KISAN	10-04-2005	
	HARYANA B	304 VIKRANT PANCHAL	30-01-2000	HARYANA	248 SUMMY .	21-05-2003	DNS
		235 DEEPANSHI .	04-11-2002		298 MOHIT KUMAR	01-09-1997	
	MAHARASHTRA D			MAHARASHTRA			DNS

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Event # 15 MENS Shot Put

1	TAJINDERPAL SINGH TOOR	854	13/11/94	PUNJAB (WC)	19.93m
		19.25, 19.52, F, 19.28, 19.31, 19.93			
2	SAMARDEEP GILL	445	03/01/01	MADHYA PRADESH	19.68m
		19.68, F, -, F, -, -			
3	ARYAN TYAGI	813	14/08/01	UTTAR PRADESH	18.02m
		17.42, 17.82, 18.02, F, 17.90, F			
4	PRABHKIRPAL SINGH	596	12/07/97	PUNJAB	17.95m
		16.27, 17.61, 17.95, 17.76, F, 17.85			
5	ANIKET .	826	05/11/01	UTTRAKHAND	17.63m
		17.24, 17.63, 17.33, F, 17.61, 17.43			
6	AMANDEEP DHALIWAL	572	16/05/02	PUNJAB	17.43m
		17.43, F, F, F, F, F			
7	ASHISH KUMAR	295	07/09/99	HARYANA	17.32m
		17.02, 17.29, 17.06, 17.32, F, 17.08			
8	AKSHAY ..	628	28/12/98	RAJASTHAN	17.19m
		17.09, 17.19, F, F, 16.74, F			
9	PARAMJEET .	153	11/11/93	CHANDIGARH	17.15m
		17.05, 17.15, 16.43			
10	CHETAN KAPOOR	294	23/12/93	HARYANA	17.08m
		15.60, 17.08, 16.19			
11	DEVINDER SINGH	197	30/10/92	DELHI	16.67m
		F, 16.33, 16.67			
12	BALAJI .	704	26/09/00	TAMIL NADU	15.73m
		F, 15.73, F			



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Event # 43 WOMENS Heptathlon

NR: J.SHOBHA NEW 6211 17/03/2004

MR: SOMA BISWAS CHENNAI 6186 2000

P	ace	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
1		AGASARA . (742) TELANGANA	3546	13.93 988	1.64 783	14.56 831	24.39 944	3546	No Result 0	No Result 0	No Result 0	
2		POOJA .. (253) HARYANA	3063	15.22 813	1.67 818	12.58 700	26.76 732	3063	No Result 0	No Result 0	No Result 0	
3		JYOTI ... (257) HARYANA	3032	15.38 792	1.73 891	10.38 554	26.03 795	3032	No Result 0	No Result 0	No Result 0	
4		SONU KUMARI (260) HARYANA	2956	15.42 787	1.58 712	13.01 728	26.79 729	2956	No Result 0	No Result 0	No Result 0	
5		DEEPIKA S (700) TAMIL NADU	2809	15.05 835	1.52 644	10.40 556	26.27 774	2809	No Result 0	No Result 0	No Result 0	
6		SARBJEET KAUR (562) PUNJAB	2777	16.10 702	1.46 577	12.76 711	26.12 787	2777	No Result 0	No Result 0	No Result 0	
7		NEETA KUMARI . (601) RAJASTHAN	2655	15.76 744	1.58 712	9.49 496	27.11 703	2655	No Result 0	No Result 0	No Result 0	
8		SONU BHALOTHIA (607) RAJASTHAN	2563	16.73 627	1.55 678	11.41 622	27.93 636	2563	No Result 0	No Result 0	No Result 0	
		GEETIKA LOHIA (168) DELHI	0	15.72 749	1.49 610	DNS 0			No Result 0	No Result 0	No Result 0	1359

27/06/2024

63rd National Inter State Senior Athletics Championship

Tau Devi Lal Stadium, Sector- 3,

27-30 June 2024, Panchkula, Haryana

29-06-2024

Event # 43 WOMENS Heptathlon

NR: J.SHOBHA NEW 6211 17/03/2004

MR: SOMA BISWAS CHENNAI 6186 2000

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
	TANUSHREE . (604) RAJASTHAN	0	DNS 0	DNS 0	DNS 0			No Result 0	No Result 0	No Result 0	



Athletics Federation of India

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