



63RD NATIONAL INTER STATE Senior Athletics Championships

27th to 30th June 2024.

Tau Devi Lal Stadium,
Panchkula, Haryana



Results Day-1

Organised by
HARYANA ATHLETICS ASSOCIATION



HSBC



63rd National Inter State Senior Athletics Championship

Tau Devi Lal Stadium, Sector- 3,

27-06-2024

6/27/24 - 6/30/24

27-30 June 2024, Panchkula, Haryana

Event # 11 MENS High Jump**HEIGHTS: 1.90, 1.95, 2.00, 2.05, 2.10**

& OLY. Q.MARK: 2.33

NR: TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

% MR: B CHETHAN GUWAHATI 2.25 2018

RESULTS OF PRELIMS

1	TEJASWIN SHANKAR	195	21/12/98	DELHI	2.10m
	---	O O O O			
1	SARVESH KUSHARE	492	17/06/95	MAHARASHTRA	2.10m
	---	---	O O		
3	GURJEET SINGG	308	05/01/00	HARYANA	2.10m
	---	---	O XO XO		
4	ABHAY GURAV	485	03/05/00	MAHARASHTRA	2.10m
	O O	XO O XXO			
5	JESSE SANDESH	363	22/10/95	KARNATAKA	2.05m
	---	---	O O	---	
5	ROHIT -	265	08/03/00	HARYANA	2.05m
	O O O O	XX-			
5	AADARSH RAM	730	27/09/97	TAMIL NADU	2.05m
	---	---	O O X--		
8	ATHULJITH A	393	27/03/04	KERALA	2.05m
	O XO	XO O XXX			
9	JOMON JOY	401	19/10/03	KERALA	2.05m
	O	---	O XO XXX		
10	SUDEEP .	352	29/04/04	KARNATAKA	2.05m
	O O	XO XO XXX			
10	SUSHIL THORI	662	06/06/02	RAJASTHAN	2.05m
	O O	XO XO XXX			
10	BHARATHI VISWANATHAN	738	20/05/94	TAMIL NADU	2.05m
	---	---	XO XO XX-		
13	SWADHIN KUMAR MAJHI	537	10/04/00	ODISHA	2.05m
	---	O	XXO XO XXX		
14	DHAIRYSHIL GAYAKWAD GO	484	10/02/03	MAHARASHTRA	2.00m
	O O O	XXX			
14	PRAVEEN KUMAR..	190	15/05/03	DELHI	2.00m
	O O O	XXX			
16	SHAIK MOHIDDIN	118	27/08/98	ANDHRA PRADESH	2.00m
	O XO	O XXX			
17	A MOTHI ARUN	711	23/02/97	TAMIL NADU	2.00m
	---	O XO XXX			
18	DHEENA DHAYALAN V	545	01/07/01	PUDUCHERRY	2.00m
	XO	XXO XXO XXX			
19	MD ASRAF ALI	851	16/01/03	WEST BENGAL	1.95m
	O O	XXX			
20	NIKHIL KUMAR DAS	531	14/03/03	ODISHA	1.95m
	XO	XO XXX			
	BIJENDER .	785	22/02/03	UTTAR PRADESH	DNS
	DNS				
	SANDEEP KUMAR	799	20/12/03	UTTAR PRADESH	DNS
	DNS				
	VICKY SONONE	462	09/12/00	MADHYA PRADESH	DNS
	DNS				

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Event # 22 WOMENS 100m Run

& OLY. Q.MARK: 11.07

NR:DUTEE CHAND PATIALA 11.17 21/06/2021

% MR:DUTEE CHAND GUWAHATI 11.29 2018

RESULTS OF SEMIS Heat 1

1	SNEHA S.S	347	27/03/98	KARNATAKA	-1.0m/s	11.58
2	HIMASHREE ROY	264	15/03/95	HARYANA	-1.0m/s	11.75
3	NITHYA GANDHE	744	10/11/99	TELANGANA	-1.0m/s	11.77
4	BHAVANI YADAV BHAGAVATI	681	19/12/98	TAMIL NADU	-1.0m/s	11.85
5	PRAGYAN PRASANT SAHU	524	19/12/99	ODISHA	-1.0m/s	12.06
6	SUDESHNA SHIVANKAR	477	09/09/03	MAHARASHTRA	-1.0m/s	12.11
7	VIJAYA KUMARI	426	15/04/99	MADHYA PRADESH	-1.0m/s	12.22
8	KUSUM THAKUR	319	27/07/03	HIMACHAL PRADESH	-1.0m/s	12.25

RESULTS OF SEMIS Heat 2

1	GIRIDHARANI RAVIKUMAR	698	07/07/01	TAMIL NADU	-1.7m/s s	11.76
2	SRABANI NANDA	523	07/05/91	ODISHA	-1.7m/s s	11.94
3	DANESHWARI T	350	14/08/00	KARNATAKA	-1.7m/s s	12.00
	11.996					
4	TEENA PAREEK	617	04/04/02	RAJASTHAN	-1.7m/s s	12.00
	11.999					
5	KAVERI PATIL	345	11/06/00	KARNATAKA	-1.7m/s s	12.07
6	AVANTIKA NARALE	473	11/07/03	MAHARASHTRA	-1.7m/s s	12.11
7	MADHUMITA DEB	424	04/01/02	MADHYA PRADESH	-1.7m/s s	12.16
8	SAKSHI CHAVAN	211	18/01/05	GUJARAT	-1.7m/s s	12.36

RESULTS OF PRELIMS Heat 1

1	SNEHA S.S	347	27/03/98	KARNATAKA	-2.3m/s	11.94
2	NITHYA GANDHE	744	10/11/99	TELANGANA	-2.3m/s	12.11
3	BHAVANI YADAV BHAGAVATI	681	19/12/98	TAMIL NADU	-2.3m/s	12.16
4	PRAGYAN PRASANT SAHU	524	19/12/99	ODISHA	-2.3m/s	12.32
5	MAHERA SIDDIQUE	216	06/04/01	GUJARAT	-2.3m/s	12.39
6	SAMRITI JAMWAL	317	04/12/03	HIMACHAL PRADESH	-2.3m/s	12.42
	PRIYANKA SIKARWAR	778	01/08/03	UTTAR PRADESH		DNS

RESULTS OF PRELIMS Heat 2

1	GIRIDHARANI RAVIKUMAR	698	07/07/01	TAMIL NADU	-2.2m/s	11.85
2	DANESHWARI T	350	14/08/00	KARNATAKA	-2.2m/s	12.24
3	MADHUMITA DEB	424	04/01/02	MADHYA PRADESH	-2.2m/s	12.32
4	SUDESHNA SHIVANKAR	477	09/09/03	MAHARASHTRA	-2.2m/s	12.34
5	SAKSHI CHAVAN	211	18/01/05	GUJARAT	-2.2m/s	12.37
6	SHATAKSHI RAI	135	30/05/02	BIHAR	-2.2m/s	12.73
7	MADHU KAVYA LINGALA	106	02/04/02	ANDHRA PRADESH	-2.2m/s	12.83

RESULTS OF PRELIMS Heat 3

1	AVANTIKA NARALE	473	11/07/03	MAHARASHTRA	-2.9m/s	12.21
2	VIJAYA KUMARI	426	15/04/99	MADHYA PRADESH	-2.9m/s	12.29
3	KUSUM THAKUR	319	27/07/03	HIMACHAL PRADESH	-2.9m/s	12.42
4	PAVITHRA R	693	22/03/02	TAMIL NADU	-2.9m/s	12.47
5	RISHITA KAUR	613	16/11/02	RAJASTHAN	-2.9m/s	12.64
6	HIMA DAS	126	09/01/00	ASSAM	-2.9m/s	12.69
7	ANWESHA KUMARI	133	03/02/01	BIHAR	-2.9m/s	14.75

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RESULTS OF PRELIMS Heat 4

1	HIMASHREE ROY	264	15/03/95	HARYANA	-2.2m/s	11.95
2	SRABANI NANDA	523	07/05/91	ODISHA	-2.2m/s	12.10
3	KAVERI PATIL	345	11/06/00	KARNATAKA	-2.2m/s	12.21
4	TEENA PAREEK	617	04/04/02	RAJASTHAN	-2.2m/s	12.30
5	RIYA CHAUHAN	166	02/02/02	DELHI	-2.2m/s	12.70
6	VIJYA SINGH	136	02/02/00	BIHAR	-2.2m/s	12.90
7	GANISETTI NAGA VEERA SATI	107	19/11/01	ANDHRA PRADESH	-2.2m/s	13.42

Event # 1 MENS 100m Run

& OLY. Q.MARK: 10.00

#NR:M.HOBLIDHAR BENGALURU 10.23 11/10/2023

% MR:GURINDERVIR SINGH PATIALA 10.27 2021

RESULTS OF SEMIS Heat 1

1	AMLAN BORGHAIN	129	25/04/98	ASSAM	-1.1m/s s	10.53
2	RAGUL KUMAR G	719	22/03/00	TAMIL NADU	-1.1m/s s	10.58
3	LALU PRASAD BHOI	529	21/09/03	ODISHA	-1.1m/s s	10.68
	10.673					
4	LOVEPREET SINGH	589	27/11/99	PUNJAB	-1.1m/s s	10.74
5	RAHUL SHARMA	455	12/12/01	MADHYA PRADESH	-1.1m/s s	10.83
6	MOHAMMED SADATH	362	30/03/97	KARNATAKA	-1.1m/s s	10.87
7	GOPAL PALANDURKAR	495	25/06/98	MAHARASHTRA	-1.1m/s s	10.98

RESULTS OF SEMIS Heat 2

1	GURINDERVIR SINGH	580	24/12/00	PUNJAB	-0.8m/s s	10.44
2	DONDAPATI MRUTY JAYARA	533	12/01/05	ODISHA	-0.8m/s s	10.68
	10.677					
3	PRANAV GURAV	486	03/07/01	MAHARASHTRA	-0.8m/s s	10.69
	10.683					
4	YERNENA RAO	160	02/08/00	CHHATTISGARH	-0.8m/s s	10.79
	10.789					
5	VIGNESH A	436	04/07/96	MADHYA PRADESH	-0.8m/s s	10.80
	10.792					
6	ARUN C	712	08/09/01	TAMIL NADU	-0.8m/s s	10.80
7	AYYAPPA PRASAD GUDEY	114	18/11/97	ANDHRA PRADESH	-0.8m/s s	11.02

RESULTS OF SEMIS Heat 3

1	ANIMESH KUJUR	536	02/06/03	ODISHA	-0.5m/s sw	10.54
2	GOVIND KUMAR	296	03/07/02	HARYANA	-0.5m/s sw	10.67
3	SAISIDDHARTH R	726	28/10/03	TAMIL NADU	-0.5m/s sw	10.68
	10.679					
4	PRANAV KS	405	05/06/97	KERALA	-0.5m/s sw	10.72
	10.712					
5	JAY SHAH	500	11/10/97	MAHARASHTRA	-0.5m/s sw	10.72
	10.715					
6	CHINTHA .	746	18/05/97	TELANGANA	-0.5m/s sw	10.98
7	GOWTHAM ALLURI	748	28/12/05	TELANGANA	-0.5m/s sw	11.05
8	ADITYA SINGH DODIYA	443	15/03/00	MADHYA PRADESH	-0.5m/s sw	11.22

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RESULTS OF PRELIMS Heat 1

1	SAISIDDHARTH R	726	28/10/03	TAMIL NADU	-3.5m/s se	10.74
2	PRANAV GURAV	486	03/07/01	MAHARASHTRA	-3.5m/s se	10.93
3	LOVEPREET SINGH	589	27/11/99	PUNJAB	-3.5m/s se	10.98
4	VIGNESH A	436	04/07/96	MADHYA PRADESH	-3.5m/s se	10.98
5	MANIKANTA H H	356	29/11/01	KARNATAKA	-3.5m/s se	11.10
6	ADITYA SINGH	839	20/02/03	UTTRAKHAND	-3.5m/s se	11.20
7	BIJITH K	403	23/10/01	KERALA	-3.5m/s se	11.38

RESULTS OF PRELIMS Heat 2

1	AMLAN BORGHAIN	129	25/04/98	ASSAM	-3.2m/s se	10.84
2	AYYAPPA PRASAD GUDEY	114	18/11/97	ANDHRA PRADESH	-3.2m/s se	11.19
3	ADITYA SINGH DODIYA	443	15/03/00	MADHYA PRADESH	-3.2m/s se	11.22
4	SHIVAM YADAV	315	15/07/99	HARYANA	-3.2m/s se	11.25
5	VIVEK KACHOTIYA	638	09/08/01	RAJASTHAN	-3.2m/s se	11.43
6	RAHUL GHOSH	516	29/03/97	MANIPUR	-3.2m/s se	11.69
	RAHUL SOLANKI	226	30/11/00	GUJARAT		DNS

RESULTS OF PRELIMS Heat 3

1	LALU PRASAD BHOI	529	21/09/03	ODISHA	-2.3m/s s	10.82
2	PRANAV KS	405	05/06/97	KERALA	-2.3m/s s	10.94
3	YERNENA RAO	160	02/08/00	CHHATTISGARH	-2.3m/s s	10.99
4	GOPAL PALANDURKAR	495	25/06/98	MAHARASHTRA	-2.3m/s s	11.10
5	MOIRANGTHEM ASHNICHAN	515	13/03/04	MANIPUR	-2.3m/s s	11.20
6	JEBIN SIBI	223	25/09/02	GUJARAT	-2.3m/s s	11.24
	MAHAKDEEP SINGH	591	11/08/01	PUNJAB		DQ

RESULTS OF PRELIMS Heat 4

1	GURINDERVIR SINGH	580	24/12/00	PUNJAB	-3.9m/s s	10.79
2	GOVIND KUMAR	296	03/07/02	HARYANA	-3.9m/s s	10.92
3	DONDAPATI MRUTY JAYARA	533	12/01/05	ODISHA	-3.9m/s s	11.04
4	VIBHASKAR KUMAR	144	15/02/04	BIHAR	-3.9m/s s	11.07
5	CHINTHA .	746	18/05/97	TELANGANA	-3.9m/s s	11.15
6	SANJEEV RAJAK	159	28/12/98	CHHATTISGARH	-3.9m/s s	11.40
7	TARANDEEP SINGH	157	09/12/00	CHANDIGARH	-3.9m/s s	11.44

RESULTS OF PRELIMS Heat 5

1	ANIMESH KUJUR	536	02/06/03	ODISHA	-3.4m/s se	11.08
2	RAGUL KUMAR G	719	22/03/00	TAMIL NADU	-3.4m/s se	11.13
3	MOHAMMED SADATH	362	30/03/97	KARNATAKA	-3.4m/s se	11.17
4	ABHINAV C	396	16/04/01	KERALA	-3.4m/s se	11.45
5	KUSH KUMAR	141	23/12/99	BIHAR	-3.4m/s se	11.55
6	KHAGA VISHAL VISSAMSETT	125	16/10/03	ANDHRA PRADESH	-3.4m/s se	11.59
7	ADITYA KUMAR	793	10/08/01	UTTAR PRADESH	-3.4m/s se	11.67

RESULTS OF PRELIMS Heat 6

1	ARUN C	712	08/09/01	TAMIL NADU	-0.5m/s e	10.92
2	RAHUL SHARMA	455	12/12/01	MADHYA PRADESH	-0.5m/s e	10.93
3	JAY SHAH	500	11/10/97	MAHARASHTRA	-0.5m/s e	10.98
4	GOWTHAM ALLURI	748	28/12/05	TELANGANA	-0.5m/s e	11.04
5	PENUMARTHI MANIKANTA	117	30/08/98	ANDHRA PRADESH	-0.5m/s e	11.20
6	ROHIT ..	629	02/02/05	RAJASTHAN	-0.5m/s e	11.37
	SHUBHAM ROY	148	04/05/02	BIHAR		DQ

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Event # 5 MENS 1500m Run

& OLY. Q.MARK: 3:33.50

NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019

% MR:BAHADUR PRASAD CHENNAI 3:40.10 1995

RESULTS OF PRELIMS Heat 1

1	PARVEJ KHAN	855	26/12/04	HARYANA	3:45.93
2	YOONUS SHAH	806	10/05/01	UTTAR PRADESH	3:46.32
3	RAHUL .	179	01/12/96	DELHI	3:48.09
4	PRINCE KUMAR	796	25/02/00	UTTAR PRADESH	3:48.48
5	PRIYANSHU .	827	20/05/06	UTTRAKHAND	3:49.15
6	ADARSH GOPI	399	01/12/00	KERALA	3:49.58
7	SIDDHARTH PHOR	836	20/12/02	UTTRAKHAND	3:54.77
8	DAYANIDHI MUNDA	540	02/06/04	ODISHA	3:55.02
9	TEJAS POWAR	497	04/06/03	MAHARASHTRA	3:55.78
10	AJAY .	205	29/01/02	GOA	3:56.63
11	NARENDER SINGH	311	07/10/97	HARYANA	3:58.64
12	JEBAKUMAR P	723	18/06/01	TAMIL NADU	4:02.49
	RITIK DEOL	182	10/02/05	DELHI	DNF
	ANANDKRISHNA K	402	01/02/01	KERALA	DNF
	GAURAV ATTRI	290	14/10/02	HARYANA	DNF
	PRAKASH KUMAR	188	12/01/01	DELHI	DNF
	AVINASH SABLE	506	13/09/94	MAHARASHTRA (WC)	DNS

RESULTS OF PRELIMS Heat 2

1	MEHEDI HASSAN	130	01/01/04	ASSAM	3:46.99
2	RAM SINGH	840	10/06/02	UTTRAKHAND	3:47.02
3	HARSHDEEP SINGH	586	28/09/01	PUNJAB	3:47.60
4	KARTIK KARKERA	491	17/03/97	MAHARASHTRA	3:47.69
5	ASHOK DANDASENA	530	05/07/94	ODISHA	3:48.50
6	RAHUL BALODA	630	05/06/99	RAJASTHAN	3:48.52
7	NIKESH RATHOD	206	09/09/97	GOA	3:49.65
8	DHOLARAM .	624	05/07/00	RAJASTHAN	3:50.04
9	ANAND PRAKASH	146	04/09/02	BIHAR	3:51.52
10	RAHUL CHAVAN	481	10/02/02	MAHARASHTRA	3:54.65
11	ABHINANDH SUNDARESAN	413	20/08/99	KERALA	3:58.64
12	TUSHAR JATAWAT	637	11/08/98	RAJASTHAN	4:17.41
	SHIVENDRA SINGH	809	07/12/01	UTTAR PRADESH	DNF
	VIKASH .	285	01/01/04	HARYANA	DNF
	ABHISHEK THAKUR	463	04/07/00	MADHYA PRADESH	DNS
	HARPREET SINGH	585	11/08/04	PUNJAB	DNS

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Event # 38 WOMENS Hammer Throw

& OLY. Q.MARK: 74.00

NR:SARITA SINGH PATIALA 65.25 01/06/2017

% MR:RACHNA . BHUBANESWAR 65.03 2023

1	MANJU BALA	606	01/07/89	RAJASTHAN	63.66m
		62.31, 62.22, 63.66, 62.63, 63.52, F			
2	HARSHITA SEHRAWAT	170	01/04/03	DELHI	62.20m
		60.50, F, 60.49, 62.06, F, 62.20			
3	TANYA CHAUDHARY	761	21/09/03	UTTAR PRADESH	61.57m
		56.97, 59.78, 60.07, 61.57, 58.93, 58.09			
4	ANMOL KAUR	551	04/01/92	PUNJAB	59.62m
		F, 59.10, 57.12, 59.62, 57.56, F			
5	KULVINDER .	600	15/02/98	RAJASTHAN	56.02m
		54.45, 56.00, 55.40, 56.02, F, F			
6	SARABJIT KAUR.	564	12/04/84	PUNJAB	54.81m
		49.93, 54.46, 51.22, 53.18, 54.81, 54.28			
7	ANITA .	233	08/12/00	HARYANA	53.87m
		53.87, 51.70, 52.90, F, 51.94, 52.58			
8	HAQIKAT GREWAL	549	28/09/05	PUNJAB	51.44m
		50.43, F, 51.44, F, F, F			
9	PRIYANKA .	603	05/06/98	RAJASTHAN	48.05m
		46.48, F, 48.05			
	SHRUTI SINGH	781	21/01/00	UTTAR PRADESH	DNS
	DIVYA SHANDILYA	525	05/07/98	ODISHA	NM
		F, F, F			
	ANISHA DAHIYA	258	03/12/00	HARYANA	DNS
	AISHWARYA .	232	24/09/01	HARYANA	DNS
	AAISHA PATEL	773	01/07/99	UTTAR PRADESH	DNS

Event # 27 WOMENS 5000m Run

& OLY. Q.MARK: 14:52.00

NR:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR:L SURIYA GUNTUR 15:46.92 2017

1	ANKITA .	822	05/02/02	UTTRAKHAND	16:10.31
2	SEEMA .	316	10/01/01	HIMACHAL PRADESH	16:10.37
3	SANJIVANI JADHAV	505	12/07/96	MAHARASHTRA (WC)	16:12.27
4	SHRADDHA KATHIRIYA	213	20/12/01	GUJARAT	16:32.35
5	REBI PAL	769	12/12/01	UTTAR PRADESH	17:14.06
6	ANTIMA PAL	767	01/01/04	UTTAR PRADESH	17:15.24
7	SANGHAMITRA MAHATA	328	25/12/04	JHARKHAND	17:29.56
8	SUNITA DEVI	762	12/04/05	UTTAR PRADESH	17:37.63
9	RINKEE PAWARA	474	23/06/03	MAHARASHTRA	17:37.72
10	CHANDRA SHARMA	664	22/01/98	SIKKIM	17:58.71
11	BASANTI KUMARI	327	10/01/02	JHARKHAND	18:31.66
12	PRIYA KUMAWAT	616	17/12/01	RAJASTHAN	19:06.64

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Event # 6 MENS 5000m Run

& OLY. Q.MARK: 13:05.00

NR:GULVEER SINGH GRESHAM 13:18.92 09/06/2024

% MR:GULVEER SINGH BHUBANESWAR 13:43.23 2023

1	GULVEER SINGH	821	01/06/98	UTTAR PRADESH (WC)	13:34.67 %
2	SUNIL DAWAR	442	02/08/01	MADHYA PRADESH	14:02.75
3	GAGAN SINGH	310	21/12/03	HARYANA	14:05.66
4	TRILOK KUMAR	143	10/08/01	BIHAR	14:08.09
5	SUSHANT JEDHE	487	05/11/01	MAHARASHTRA	14:15.95
6	ABHISHEK .	784	15/07/97	UTTAR PRADESH	14:16.53
7	ROHIT KUMAR	189	07/01/01	DELHI	14:18.67
8	DEEPAK BHATT	828	14/09/00	UTTRAKHAND	14:21.48
9	VINOD SINGH	461	20/07/05	MADHYA PRADESH	14:24.67
10	AJEET KUMAR	219	03/07/99	GUJARAT	14:31.15
11	AMAN KUMAR.	301	06/05/07	HARYANA	14:45.57
12	DHARMENDER .	623	20/07/99	RAJASTHAN	14:52.99
13	RAJEEV NAMBOORI	835	10/08/98	UTTRAKHAND	14:59.49
	NARESH CHOPRA	632	05/12/04	RAJASTHAN	DNS
	VIKRAM SINGH.	661	03/07/99	RAJASTHAN	DNS
	SAWAN BARWAL	321	18/02/98	HIMACHAL PRADESH	DNF
	AFTAB ANSARI	139	10/12/03	BIHAR	DNS
	LOVEPREET SINGH	590	13/01/99	PUNJAB	DNF
	HARMANJOT SINGH	459	10/10/95	MADHYA PRADESH	DNF
	RAKESH MANDAL	834	16/04/99	UTTRAKHAND	DNF
	PRINCE KUMAR	796	25/02/00	UTTAR PRADESH	DNS
	KARTIK KARKERA	491	17/03/97	MAHARASHTRA	DNF
	GAURAV MATHUR	192	19/09/99	DELHI	DNF
	KARTIK KUMAR	794	12/05/99	UTTAR PRADESH	DNF

63rd National Inter State Senior Athletics Championship

Tau Devi Lal Stadium, Sector- 3,

27-06-2024

6/27/24 - 6/30/24

27-30 June 2024, Panchkula, Haryana

Event # 3 MENS 400m Run

& OLY. Q.MARK: 45.00

NR:MUHAMMED ANAS KLADNO 45.21 13/07/2019

% MR:V.MUHAMMED AJMAL BHUBANESWAR 45.51 2023

RESULTS OF SEMI Heat 1

1	MUHAMMED ANAS YAHIYA	420	17/09/94	KERALA (WC)	45.76
2	SANTHOSH T	735	01/01/98	TAMIL NADU	46.02
3	RINCE .	392	31/08/02	KERALA	46.79
4	DHARMVEER CHOUDHARY	633	05/02/01	RAJASTHAN	47.20
5	S AROKIA RAJIV	729	22/05/91	TAMIL NADU	47.56
6	ATUL .	269	24/07/03	HARYANA	47.95
7	RAHUL KADAM	489	03/10/98	MAHARASHTRA	48.93
8	JASHANPREET SINGH	588	04/07/00	PUNJAB	49.91

RESULTS OF SEMI Heat 2

1	MOHIT KUMAR	298	01/09/97	HARYANA	46.31
2	AMOJ JACOB	185	02/05/98	DELHI	46.64
3	NOAH NIRMAL TOM	421	13/11/94	KERALA (WC)	46.69
4	ANKUL .	622	19/11/05	RAJASTHAN	47.16
5	VISHAL TK	736	17/12/03	TAMIL NADU	47.44
6	RIHAN H	357	21/12/05	KARNATAKA	47.85
7	ABHAY SINGH	457	15/06/06	MADHYA PRADESH	48.27
8	ARUL RAJALINGAM	741	13/03/00	TAMIL NADU (WC)	48.42

RESULTS OF SEMI Heat 3

1	MUHAMMED AJMAL V	416	01/06/98	KERALA	46.15
2	MIJO KURIAN	358	16/07/95	KARNATAKA	46.72
3	JAY KUMAR	187	10/06/06	DELHI	47.04
4	VIKRANT PANCHAL	304	30/01/00	HARYANA	47.05
5	K AVINASH .	739	03/12/00	TAMIL NADU (WC)	47.54
6	ABIRAM P	409	18/12/05	KERALA	47.60
7	PRAKHAR SHARMA	837	01/09/99	UTTRAKHAND	47.67
8	YASH JOSHI	488	09/04/04	MAHARASHTRA	48.19



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27-30 June 2024, Panchkula, Haryana

Event # 3 MENS 400m Run

& OLY. Q.MARK: 45.00

NR:MUHAMMED ANAS KLADNO 45.21 13/07/2019

% MR:V.MUHAMMED AJMAL BHUBANESWAR 45.51 2023

RESULTS OF PRELIMS Heat 1

1	VISHAL TK	736	17/12/03	TAMIL NADU	48.02
2	ARUL RAJALINGAM	741	13/03/00	TAMIL NADU (WC)	48.50
3	YASH JOSHI	488	09/04/04	MAHARASHTRA	48.59
4	NAVPREET SINGH	200	27/03/06	DELHI	49.05
5	SURESH PUNIYA	652	10/05/99	RAJASTHAN	49.11
	NIHAL JOEL W	368	13/07/00	KARNATAKA	DNF
	HUZAIFA QAISAR	147	29/11/04	BIHAR	DNS
	SAJJAN MISHRA	450	25/07/00	MADHYA PRADESH	DNS

RESULTS OF PRELIMS Heat 2

1	MOHIT KUMAR	298	01/09/97	HARYANA	47.60
2	ANKUL .	622	19/11/05	RAJASTHAN	47.97
3	ABHAY SINGH	457	15/06/06	MADHYA PRADESH	48.30
4	SURAJ A .	740	20/12/03	TAMIL NADU (WC)	48.36
5	NIKHIL SUHAS DHAKE	502	04/11/05	MAHARASHTRA	48.43
6	SUMIRAN CHETTRI	666	02/10/01	SIKKIM	50.19
7	AJAY PRAJAPATI	222	27/03/04	GUJARAT	50.58
8	ADAM RIFFATH	510	08/06/03	MALDIVES	52.04

RESULTS OF PRELIMS Heat 3

1	JAY KUMAR	187	10/06/06	DELHI	47.27
2	RAHUL KADAM	489	03/10/98	MAHARASHTRA	47.45
3	PRAKHAR SHARMA	837	01/09/99	UTTRAKHAND	47.63
4	K AVINASH .	739	03/12/00	TAMIL NADU (WC)	47.84
5	RIHAN H	357	21/12/05	KARNATAKA	47.89
6	ATUL .	269	24/07/03	HARYANA	48.32
	NIKUNJ ZALA	228	18/01/04	GUJARAT	DQ
	KARNA BAG	852	10/07/04	WEST BENGAL	DNS

RULE NO. 17.2.3

RESULTS OF PRELIMS Heat 4

1	JASHANPREET SINGH	588	04/07/00	PUNJAB	47.54
2	S AROKIA RAJIV	729	22/05/91	TAMIL NADU	47.93
3	ABIRAM P	409	18/12/05	KERALA	47.98
4	DHARMVEER CHOUDHARY	633	05/02/01	RAJASTHAN	48.09
5	SARTHAK BHAMBRI	789	14/08/98	UTTAR PRADESH	48.73
6	SHEKHER TOMER	161	04/10/98	CHHATTISGARH	50.70
7	HUSSAIN ZEEK SUAD	512	29/12/05	MALDIVES	52.20



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Indian Oil Corporation Limited

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27-06-2024

6/27/24 - 6/30/24

27-30 June 2024, Panchkula, Haryana

Event # 24 WOMENS 400m Run

& OLY. Q.MARK: 50.95

NR:HIMA DAS JAKARTA 50.79 26/08/2018

% MR:HIMA DAS GUWAHATI 51.13 2018

RESULTS OF SEMI		Heat1			
1	SUBHA VENKATESAN	702	31/08/99	TAMIL NADU	53.08
2	DANDI JYOTHIKA SRI	111	16/07/00	ANDHRA PRADESH	53.17
3	PRACHI .	755	20/12/96	UTTAR PRADESH	53.61
4	SUMMY .	248	21/05/03	HARYANA	55.19
5	MANISHA KUMARI	318	21/11/00	HIMACHAL PRADESH	58.39
	SWATHI RONGALI	110	07/08/00	ANDHRA PRADESH	DNF
	ANANKHA B A .	369	29/03/01	KERALA	DNS
	SONIA BAISHYA	842	31/12/95	WEST BENGAL	DNS
RESULTS OF SEMI		Heat 2			
1	KIRAN PAHAL	263	05/08/00	HARYANA	50.92 &%
2	DEVYANIBA ZALA	218	15/03/02	GUJARAT	53.44
3	SNEHA K	377	19/05/99	KERALA	53.51
4	ANTAKSHRI .	598	20/01/00	RAJASTHAN	54.01
5	AISHWARYA MISHRA	471	16/08/97	MAHARASHTRA	54.12
6	RUPAL .	757	23/12/04	UTTAR PRADESH	54.26
7	SINCHAL .	337	05/02/01	KARNATAKA	55.11
	R VITHYA RAMRAJ	697	20/09/98	TAMIL NADU	DQ
RESULTS OF SEMI		Heat 3			
1	DEEPANSHI .	235	04/11/02	HARYANA	52.12
2	NEERU PAHTAK	169	27/01/07	DELHI	53.26
3	JISNA MATHEW	379	07/01/99	KERALA	53.53
4	KUNJA RAJITHA	108	01/01/03	ANDHRA PRADESH	53.71
5	POOVAMMA RAJU	346	05/05/90	KARNATAKA	54.35
6	NATHALIEA EVANG MARIEA	688	17/08/02	TAMIL NADU	54.74
7	VIDHI RAWAL	329	08/05/01	JHARKHAND	56.36
8	PRIYA THAKUR	320	11/09/00	HIMACHAL PRADESH	56.53



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Event # 24 WOMENS 400m Run

& OLY. Q.MARK: 50.95

NR:HIMA DAS JAKARTA 50.79 26/08/2018

% MR:HIMA DAS GUWAHATI 51.13 2018

RESULTS OF PRELIMS Heat 1

1	DEEPANSHI .	235	04/11/02	HARYANA	53.87
2	SINCHAL .	337	05/02/01	KARNATAKA	55.47
3	NATHALIEA EVANG MARIEA	688	17/08/02	TAMIL NADU	55.85
4	VANDANA SHARMA	430	08/09/98	MADHYA PRADESH	56.29
5	KAJAL .	752	27/06/04	UTTAR PRADESH	58.83
	RAMA TANWAR	620	08/07/03	RAJASTHAN	DQ
	MUGADA .	102	05/06/03	ANDHRA PRADESH	DNF

RULE NO. 17.3

RESULTS OF PRELIMS Heat 2

1	KUNJA RAJITHA	108	01/01/03	ANDHRA PRADESH	54.82
2	SUMMY .	248	21/05/03	HARYANA	55.05
3	PRIYA THAKUR	320	11/09/00	HIMACHAL PRADESH	55.15
4	SONIA BAISHYA	842	31/12/95	WEST BENGAL	55.84
5	ANANKHA B A .	369	29/03/01	KERALA	56.23
6	AKANKSHA GAVADE	466	31/07/02	MAHARASHTRA	57.41
7	KHUSHDEEP KAUR	558	03/04/00	PUNJAB	59.23

RESULTS OF PRELIMS Heat 3

1	KIRAN PAHAL	263	05/08/00	HARYANA	52.33
2	SNEHA K	377	19/05/99	KERALA	53.94
3	DEVYANIBA ZALA	218	15/03/02	GUJARAT	55.31
4	SWATHI RONGALI	110	07/08/00	ANDHRA PRADESH	56.14
5	VIDHI RAWAL	329	08/05/01	JHARKHAND	56.20
6	SAKSHI TAMBAKHE	479	03/04/01	MAHARASHTRA	58.04
7	HAWWA MUZNAA FAIZ	509	17/02/06	MALDIVES	59.73

RESULTS OF PRELIMS Heat 4

1	AISHWARYA MISHRA	471	16/08/97	MAHARASHTRA	54.20
2	ANTAKSHRI .	598	20/01/00	RAJASTHAN	55.64
3	MANISHA KUMARI	318	21/11/00	HIMACHAL PRADESH	57.75
	AISHATH NA AADH ASADH W	508	25/03/03	MALDIVES	DQ
	VISMAYA VK	418	14/05/97	KERALA (WC)	DNF
	TWINKLE PUNDIR	429	10/12/92	MADHYA PRADESH	DNF

RULE NO. 17.3



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Tau Devi Lal Stadium, Sector- 3,

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Event # 51 MENS Decathlon

NR:

T.SHANKAR HANG 7666 03/10/2023

MR:

BHARTINDER SINGH 7658 2011

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	THOWFEEQ N (408) KERALA	3790	11.23 810	7.20 862	11.24 560	1.90 714	49.36 844	3790	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
2	KUSHAL MOHITE (49) MAHARASHTRA	3709	11.13 832	6.79 764	10.71 528	1.90 714	48.79 871	3709	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
3	JASHBIR NAYAK (541) ODISHA	3584	11.48 757	6.73 750	11.49 575	1.96 767	51.77 735	3584	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
4	ARUN KUMAR. (721) TAMIL NADU	3473	11.11 836	6.71 746	10.75 531	1.78 610	51.42 750	3473	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
5	ROHIT ROMAN (121) ANDHRA PRADESH	3341	11.65 721	6.39 673	11.01 546	1.78 610	50.51 791	3341	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
6	DHAVAL SOLANKI (2) GUJARAT	3187	11.91 669	6.20 630	11.40 570	1.78 610	52.38 708	3187	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
7	MUHAMMED PP (411) KERALA	3129	11.40 774	6.36 666	11.23 560	1.69 536	55.14 593	3129	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
8	UMESH LAMBA (650) RAJASTHAN	3125	12.12 628	6.28 648	11.73 590	1.75 585	53.18 674	3125	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
9	SANJAY . (282) HARYANA	3101	12.11 629	6.15 619	11.24 560	1.78 610	52.96 683	3101	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
10	NAVJOR SINGH (594) PUNJAB	3098	11.71 709	6.27 646	10.04 488	1.69 536	52.12 719	3098	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	

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63rd National Inter State Senior Athletics Championship
 Tau Devi Lal Stadium, Sector- 3,
 27-30 June 2024, Panchkula, Haryana

27-06-2024

Event # 51 MENS Decathlon

NR: T.SHANKAR HANG 7666 03/10/2023
 MR: BHARTINDER SINGH 7658 2011

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
11	MOHIT . (277) HARYANA	2915	12.27 599	6.07 602	10.38 508	1.75 585	54.45 621	2915	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
12	KAMAL DHANKHAR HARYANA	2633	12.21 610	6.30 652	12.83 657	1.90 714	DQ 0	2633	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	AJAY KUMAR (642) RAJASTHAN	0	12.55 547	5.84 552	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	GOKUL S (412) KERALA	0	11.60 732	6.40 675	11.29 563	1.63 488	DNS 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	YAMAN DEEP SHARM RAJASTHAN	0	11.43 767	6.13 615	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	



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