



**ATHLETICS
FEDERATION OF INDIA**

A.F.I.



**NATIONAL INTER STATE
SENIOR ATHLETICS
CHAMPIONSHIPS 2023**

15th To 19th June, 2023 Bhubaneswar, Odisha

HOSTED By

**Sports & Youth
Services Department
Government of Odisha**



START LIST DAY-5

19/06/2023

SPONSORS & PARTNERS



General Information

VENUE DETAILS:



ALL ATHLETES ARE ADVISED TO REPORT IN THE WARMUP GROUND AS PER THE DETAILED GIVEN BELOW:

FOR ALL TRACK EVENTS	60 MINUTES BEFORE THE SCHEDULED TIME
FOR ALL FIELD EVENTS (EXCEPT HIGH JUMP & POLE VAULT)	90 MINUTES BEFORE THE SCHEDULED TIME.
HIGH JUMP & POLE VAULT	120 MINUTES BEFORE THE SCHEDULED TIME

PLEASE SCAN THE QR CODE
FOR COMPETITION VENUE LOCATION ----->





**NATIONAL INTERSTATE
SENIOR ATHLETICS
CHAMPIONSHIPS 2023**
15th To 19th Jun, 2023 Bhubaneswar, Odisha



62nd National Inter State Senior Athletics Championship

Kalinga Stadium, Bhubaneshwar, Odisha

15 to 19, June 2023

Event Schedule Version 2.1 as on 13-06-2023

Event No	Scheduled Time	Event Name	Section	Implement Specifications	Round	FOP
19th June, 2023 Forenoon						
501	0730hrs	200m	Men		Semi Final	
19th June, 2023 Afternoon						
502	1700hrs	Hammer Throw	Women	4.000kg	Final 29	FOP 2
503	1700hrs	Javelin Throw	Women	600gm	Final 30	
504	1705hrs	Long Jump	Women		Final 31	
505	1710hrs	Pole Vault	Men		Final 32	
506	1720hrs	Shot Put	Women	4.000kg	Final 33	
507	1745hrs	High Jump	Women		Final 34	
508	1750hrs	400m Hurdles	Men	0.914m	Final 35	
509	1805hrs	400m Hurdles	Women	0.762m	Final 36	
	<i>1810hrs</i>	<i>400m Hurdles</i>	<i>Men</i>		<i>Medal Ceremony 29</i>	
	<i>1815hrs</i>	<i>Javelin Throw</i>	<i>Women</i>		<i>Medal Ceremony 30</i>	
	<i>1820hrs</i>	<i>Long Jump</i>	<i>Women</i>		<i>Medal Ceremony 31</i>	
511	1830hrs	800m	Women		Final 37	
512	1835hrs	Javelin Throw	Men	800gm	Final 38	
	<i>1840hrs</i>	<i>400m Hurdles</i>	<i>Women</i>		<i>Medal Ceremony 32</i>	
513	1845hrs	200m	Women		Final 39	
514	1850hrs	Long Jump	Men		Final 40	
515	1855hrs	200m	Men		Final 41	
	<i>1900hrs</i>	<i>800m</i>	<i>Women</i>		<i>Medal Ceremony 33</i>	
516	1905hrs	Shot Put	Men	7.260kg	Final 42	
517	1910hrs	1500m	Men		Final 43	
	<i>1915hrs</i>	<i>200m</i>	<i>Women</i>		<i>Medal Ceremony 34</i>	
	<i>1920hrs</i>	<i>Hammer Throw</i>	<i>Women</i>		<i>Medal Ceremony 35</i>	
518	1925hrs	5000m	Women		Final 44	

	1930hrs	200m	Men		Medal Ceremony 36	
	1935hrs	1500m	Men		Medal Ceremony 37	
	1940hrs	High Jump	Women		Medal Ceremony 38	
	1945hrs	Shot Put	Women		Medal Ceremony 39	
519	1950hrs	5000m	Men		Final 45	
	2000hrs	Long Jump	Men		Medal Ceremony 40	
	2005hrs	Javelin Throw	Men		Medal Ceremony 41	
	2010hrs	5000m	Women		Medal Ceremony 42	
520	2015hrs	4 X 400m Relay	Women		Final 46	
	2020hrs	5000m	Men		Medal Ceremony 43	
521	2025hrs	4 X 400m Relay	Men		Final 47	
	2030hrs	Shot Put	Men		Medal Ceremony 44	
	2035hrs	4 X 400m Relay	Women		Medal Ceremony 45	
	2040hrs	Pole Vault	Men		Medal Ceremony 46	
	2045hrs	4 X 400m Relay	Men		Medal Ceremony 47	

Secretary AFI

62nd National Inter State Senior Athletics Championships**Kalinga Stadium, Bhubaneswar (Odisha)****15-19 June 2023****Start List Day-5 (19/06/2023)**

Event # 2 MENS 200m Run				
W.AC. Q.MARK: 20.16				
ASIAN.G Q.MARK: 20.61				
NR:AMLAN BORGHAIN THENHIPALAM 20.52 06/04/2022				
MR:ANIL KUMAR CHENNAI 20.80 2000				
Heat 1				
1	SHUBHAM .	608	29/08/01	HARYANA
2	MAYMON POULOSE	707	01/05/97	KERALA
3	AKASH KUMAR	956	01/01/99	UTTAR PRADESH
4	RAHUL RAMESH KADAM	759	03/10/98	MAHARASHTRA
5	RAGUL KUMAR G	870	22/03/00	TAMIL NADU
6	ABHAY SINGH	738	15/06/06	MADHYA PRADESH
7	KAPIL .	641	10/11/03	HARYANA (W)
8	SAJJAN MISHRA	731	25/07/00	MADHYA PRADESH
Heat 2				
1	SUMIT MONDAL	945	01/11/03	WEST BENGAL
2	VISHAL TK	899	17/12/03	TAMIL NADU
3	AMLAN BORGHAIN	515	25/04/98	ASSAM
4	SHASHIKANTH VIRUPAKSHAPPA ANGA	679	24/06/02	KARNATAKA
5	ANIMESH KUJUR	529	02/06/03	CHHATTISGARH
6	JAY SHAH	761	11/10/97	MAHARASHTRA
7	EMMANUEL PAUL	734	10/07/99	MADHYA PRADESH
8	RAJA BABU ALAM	539	01/11/04	DELHI
Event # 39 WOMENS Hammer Throw				
W.AC. Q.MARK: 73.60				
ASIAN.G Q.MARK: 62.03				
NR:SARITA SINGH PATIALA 65.25 01/06/2017				
MR:MANJU BALA CHENNAI 64.19 2022				
1	AISHWARYA .	146	24/09/01	HARYANA
2	ANITA .	147	08/12/00	HARYANA
3	KM. FATMA .	371	09/02/92	UTTAR PRADESH (W)
4	MAYA .	300	20/02/01	RAJASTHAN
5	VARSHA .	123	07/02/99	DELHI
6	RENU ..	172	06/03/94	HARYANA
7	MANJU BALA	303	01/07/89	RAJASTHAN
8	TANYA CHAUDHARY	353	21/09/03	UTTAR PRADESH
9	KULVINDER KAUR	309	15/02/98	RAJASTHAN
10	MANPREET KAUR	389	19/08/98	PUNJAB (W)
11	KM RACHNA	363	01/03/93	UTTAR PRADESH
12	HARSHITA SEHRAWAT	131	01/04/03	DELHI
13	DIVYA SHANDILYA	277	05/07/98	ODISHA
14	REKHA SINGH	378	30/12/97	UTTRAKHAND
15	SARITA R SINGH	367	26/10/89	UTTAR PRADESH
Event # 40 WOMENS Javelin Throw				
W.AC. Q.MARK: 63.80				
ASIAN.G Q.MARK: 56.46				
NR:ANNU RANI JAMSHEDPUR 63.82 08/05/2022				
MR:ANNU RANI PATIALA 62.83 2021				
1	MONIKA -	180	20/03/98	HARYANA (W)
2	HARITA .	153	04/12/01	HARYANA
3	PRIYANKA .	161	04/04/97	HARYANA

4	SAROJ DEVI .	281		15/02/99	PUNJAB
5	UMA CHOUDHARY	305		04/10/99	RAJASTHAN
6	RASHMI K	106		24/11/93	ANDHRA PRADESH
7	ANJANI KUMARI	116		01/01/00	BIHAR
8	HEMAMALINI NEELAKANDAN	327		12/04/00	TAMIL NADU
9	ANNU RANI	364		29/08/92	UTTAR PRADESH
10	SHILPA RANI	177		15/06/96	HARYANA
Event # 35 WOMENS Long Jump					FINAL
W.AC. Q.MARK: 6.85					TIME: 17:05 HRS
ASIAN.G Q.MARK: 6.45					
NR:ANJU B.GEORGE ATHENS 6.83 27/08/2004					
MR:MAYOOKHA JOHNY BANGALORE 6.63 2011					
1	ANCY SOJAN E	224		01/03/01	KERALA
2	NAYANA JAMES	225		18/10/95	KERALA
3	SHAILI SINGH	368		07/01/04	UTTAR PRADESH
4	BHAVANI YADAV BHAGAVATHI	102		19/12/98	ANDHRA PRADESH
5	PRIYA RATHORE	314		25/06/98	RAJASTHAN
6	KARTHIKA GOTHANDAPANI	104		02/01/96	ANDHRA PRADESH
7	NEENA V	236		02/05/91	KERALA
8	DEEPANSHI SINGH	366		03/04/01	UTTAR PRADESH
9	AMBRIKA NARZARY	115		14/01/02	ASSAM
10	MERYL ANN MATHEW	322		13/08/03	TAMIL NADU
11	SHERIN A	321		24/02/00	TAMIL NADU
12	MANISHA MEREL	273		05/07/01	ODISHA
13	KUSUMA RAVADA	111		15/09/01	ANDHRA PRADESH
Event # 12 MENS Pole Vault					FINAL
W.AC. Q.MARK: 5.81					TIME: 17:10 HRS
ASIAN.G Q.MARK: 5.40					
NR:S SIVA GANDHINAGAR 5.31 30/10/2022					
MR:KUNDAN . GUWAHATI 5.10 2018					
1	SHEKHAR KUMAR PANDEY	912		01/02/01	UTTAR PRADESH
2	DHIRENDRA KUMAR	907		28/08/99	UTTAR PRADESH
3	SIVA S	893		05/06/96	TAMIL NADU
4	DEV MEENA	730		07/05/05	MADHYA PRADESH
5	ANAS BABU E B	688		09/10/95	KERALA
6	KULDEEP KUMAR	927		12/03/05	UTTAR PRADESH (W)
7	SIDHARTH AK	685		27/08/00	KERALA
8	GOURAV ..	612		20/02/02	HARYANA
9	AJAY KUMAR .	591		08/12/03	HARYANA
10	BALAN S	891		12/07/03	TAMIL NADU
11	DEVRAJ SINGH SHAKTAWAT	853		20/12/97	RAJASTHAN
12	ANSHU PATEL	733		03/05/05	MADHYA PRADESH
Event # 37 WOMENS Shot Put					FINAL
W.AC. Q.MARK: 18.80					TIME: 17:20 HRS
ASIAN.G Q.MARK: 16.30					
NR:MANPREET KAUR CHENNAI 18.06 11/06/2022					
MR:MANPREET KAUR CHENNAI 18.06 2022					
1	ANJALI .	148		08/02/03	HARYANA
2	SHIKSHA .	165		12/12/02	HARYANA
3	KIRAN BALIYAN	351		06/03/99	UTTAR PRADESH
4	KIRAN JOT	284		15/11/92	PUNJAB
5	MANPREET KAUR	174		06/07/90	HARYANA

6	PARAMJOT KAUR	287		16/11/00	PUNJAB
7	SIMRANJEET KAUR	128		26/01/03	DELHI
8	MANPREET KAUR.	294		05/03/96	PUNJAB
9	ABHA KHATUA	264		09/07/95	MAHARASHTRA
10	KAVITA KUMARI	310		10/01/02	RAJASTHAN
11	NIDHI PAWAIYA	250		07/07/97	MADHYA PRADESH
12	TUFFII SULTAN KHAN	118		07/11/02	CHHATTISGARH
13	SRISHTI VIG	134		15/07/95	DELHI
Event # 33 WOMENS High Jump					FINAL
W.AC. Q.MARK: 1.97					TIME: 17:45 HRS
ASIAN.G Q.MARK: 1.80					
NR:SAHANA KUMARI HYDERABAD 1.92 23/06/2012					
MR:SAHANA KUMARI HYDERABAD 1.92 2012					
1	JASSIKA .	120		06/10/01	DELHI
2	MANSHI .	346		03/09/02	UTTAR PRADESH
3	POOJA .	160		21/02/07	HARYANA
4	TANUSHREE .	302		14/02/02	RAJASTHAN
5	KEVINAA ASHWINE ANNAVI	323		23/03/02	TAMIL NADU
6	SINCHANA M S	208		28/02/03	KARNATAKA
7	KHYATI MATHUR	356		02/09/03	UTTAR PRADESH
8	ANGEL P DEVASIA	230		06/12/94	KERALA
9	PRAMILLA RAJGAR	386		27/11/00	WEST BENGAL
10	PALLAVI S PATIL	215		12/09/02	KARNATAKA
11	ABHINAYA S SHETTY	216		16/06/99	KARNATAKA
12	RUBINA YADAV	179		14/01/01	HARYANA
Event # 9 MENS 400m Hurdles					FINAL
W.AC. Q.MARK: 48.70					TIME: 17:50 HRS
ASIAN.G Q.MARK: 49.75					
NR:A DHARUN PATIALA 48.80 16/03/2019					
MR:A DHARUN TAMIL NADU 49.68 2018					
1	SURENDER .	609		30/12/96	HARYANA
2	JASHANJOT SINGH	807		07/02/95	PUNJAB
3	SANTHOSH KUMAR T	877		01/01/98	TAMIL NADU
4	YASHAS P	672		08/12/01	KARNATAKA
5	JABIR MADARI PALLIYALIL	705		08/06/96	KERALA
6	VIJAY SINGH MALIK	636		10/01/93	HARYANA
7	DHAVAL MAHESH UTEKAR	584		06/10/00	GUJARAT
8	SATHISH K	874		01/09/94	TAMIL NADU
Event # 31 WOMENS 400m Hurdles					FINAL
W.AC. Q.MARK: 54.90					TIME: 18:05 HRS
ASIAN.G Q.MARK: 57.48					
NR:P.T USHA LOS ANGELES 55.42 08/08/1984					
MR:JAUNA MURMU GUWAHATI 57.02 2018					
1	VANDANA SHARMA	254		08/09/98	MADHYA PRADESH
2	NIDHI YOGENDRA SINGH	266		31/01/99	MAHARASHTRA
3	R VITHYA RAMRAJ	332		20/09/98	TAMIL NADU
4	DHIVYA.J .	319		31/01/98	TAMIL NADU
5	SINCHAL KAVERAMMA TR	206		05/02/01	KARNATAKA
6	RAJI AUSTIN	223		01/08/88	KERALA
7	ANU R	232		20/04/93	KERALA
8	VEERPAL KAUR.	295		24/03/94	PUNJAB

Event # 26 WOMENS 800m Run				FINAL
W.AC. Q.MARK: 1:59.80				TIME: 18:30 HRS
ASIAN.G Q.MARK: 2:04.57				
NR:TINTU LUKA SPLIT 1:59.17 04/09/2010				
MR:K.C. ROSA KUTTY BANGALORE 2:00.49 1997				
1	YAMUNA ATMARAM LADKAT	256	20/04/98	MAHARASHTRA
2	LAVIKA SHARMA	133	22/05/03	DELHI
3	CHANDA .	119	16/08/01	DELHI
4	LILI DAS	380	18/03/98	WEST BENGAL
5	RADHA CHAUDHARY	125	02/02/01	DELHI
6	HARMILAN BAINS	283	23/07/98	PUNJAB
7	POOJA ..	171	17/06/02	HARYANA
8	KM DEEKSHA	245	01/01/99	MADHYA PRADESH
Event # 18 MENS Javelin Throw				FINAL
W.AC. Q.MARK: 85.20				TIME: 18:35 HRS
ASIAN.G Q.MARK: 78.23				
NR:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022				
MR:MANU DP CHENNAI 84.35 2022				
1	KISHORE KUMAR JENA	784	06/09/95	ODISHA
2	SHIVPAL SINGH	923	07/06/95	UTTAR PRADESH
3	ANUJ KALERA	834	28/11/01	RAJASTHAN
4	ROHIT YADAV	925	06/06/01	UTTAR PRADESH
5	MANU D P	665	24/01/00	KARNATAKA
6	SACHIN YADAV	926	25/10/99	UTTAR PRADESH
7	JAIDEEP .	600	12/03/96	HARYANA
8	VIKRANT MALIK	787	02/01/96	ODISHA
9	VIJAY LAKRA	653	22/06/99	JHARKHAND
10	ABHISHEK DRALL	541	11/05/98	DELHI
11	KUNWER AJAIRAJ SINGH RANA	793	13/01/02	PUNJAB
12	MOHIT .	604	04/07/01	HARYANA
Event # 24 WOMENS 200m Run				FINAL
W.AC. Q.MARK: 22.60				TIME: 18:45 HRS
ASIAN.G Q.MARK: 23.43				
NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002				
MR:HIMA DAS GUWAHATI 23.10 2018				
1	KAVITA .	156	30/12/97	HARYANA
2	NIRMLA .	159	15/07/95	HARYANA
3	SHABNAM .	121	11/08/99	DELHI
4	SRABANI NANDA	275	07/05/91	ODISHA
5	PRACHI .	348	20/12/96	UTTAR PRADESH
6	ANJALI P D	229	22/03/01	KERALA
7	SIMRAN DEEP KAUR	127	01/08/98	DELHI
8	RIYA CHAUHAN	126	02/02/02	DELHI
Event # 13 MENS Long Jump				
W.AC. Q.MARK: 8.25				
ASIAN.G Q.MARK: 7.95				
NR:JESWIN ALDRIN BELLARY 8.42 02/03/2023				
MR:SREESHANKAR M CHENNAI 8.23 2022				
1	SREESHANKAR M	704	27/03/99	KERALA
2	JESWIN ALDRIN	865	24/12/01	TAMIL NADU
3	MUHAMMED ANEES YAHIYA	687	03/12/95	KERALA
4	DAVID P	881	17/03/02	TAMIL NADU

Event # 28 WOMENS 5000m Run				FINAL
W.AC. Q.MARK: 14:57.00				TIME: 19:25 HRS
ASIAN.G Q.MARK: 15:49.00				
NR:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023				
MR:L SURIYA GUNTUR 15:46.92 2017				
1	DRASHTIBEN PRAVINBHAI CHAUDHRI	140	16/08/03	GUJARAT
2	KAVITA YADAV	370	08/11/98	UTTAR PRADESH
3	SONIKA .	167	12/06/99	HARYANA
4	MEENU SHARMA	377	15/04/99	UTTRAKHAND
5	SANJIVANI BABURAO JADHAV	258	12/07/96	MAHARASHTRA
6	SUPRITI KACHHAP	188	03/04/03	JHARKHAND
7	BHARTI .	150	01/01/97	HARYANA
8	BADHO .	149	10/10/01	HARYANA
9	CHANDRA KALA SHARMA	316	22/01/98	SIKKIM
10	PHOOLAN PAL .	347	05/01/96	UTTAR PRADESH
11	BASANTI KUMARI	190	10/01/02	JHARKHAND
12	SEEMA .	183	10/01/01	HIMACHAL PRADESH
13	ANKITA .	372	05/02/02	UTTRAKHAND
14	ANJULI SUBBA	318	24/07/00	SIKKIM
15	PARUL CHAUDHARY	352	15/04/95	UTTAR PRADESH
Event # 6 MENS 5000m Run				FINAL
W.AC. Q.MARK: 13:07.00				TIME: 19:50 HRS
ASIAN.G Q.MARK: 14:00.00				
NR:AVINASH SABLE WALNUT 13:19.30 06/05/2023				
MR:SURENDRA SINGH CHENNAI 13:51.31 2009				
1	AJAY .	590	29/01/02	HARYANA
2	ABHISHEK PAL ABHISHEK	917	15/07/97	UTTAR PRADESH
3	ANURAG YADAV	589	01/07/02	GUJARAT
4	DHARMENDER .	827	20/07/99	RAJASTHAN
5	MOHAN SAINI	935	14/10/98	UTTRAKHAND
6	SANDEEP SINGH	579	07/03/99	GOA
7	PANKAJ .	605	17/08/95	HARYANA
8	PRITAM KUMAR	547	07/12/02	DELHI
9	SANDEEP KUMAR.	915	03/07/99	UTTAR PRADESH
10	GULVEER SINGH	922	01/06/98	UTTAR PRADESH
11	GURPREET .	597	24/12/99	HARYANA
13	MURLI KUMAR GAVIT	583	01/08/97	GUJARAT
14	HEMRAJ GURJAR	833	10/07/99	RAJASTHAN
15	HARMAN JOT SINGH	722	10/10/95	MADHYA PRADESH
16	KULDEEP SINGH	558	06/07/87	DELHI
17	ANANDKRISHNA K	698	01/02/01	KERALA
18	SAWAN BARWAL	645	18/02/98	HIMACHAL PRADESH
19	RAKESH MANDAL	932	16/04/99	UTTRAKHAND
20	UTTAM CHAND	718	07/06/99	MADHYA PRADESH
21	LAKSHMANAN GOVINDAN	871	05/06/90	TAMIL NADU
22	KIRAN MATRE	528	05/08/01	CHANDIGARH
23	SUNIL KUMAR	725	10/03/97	MADHYA PRADESH
24	AJAY KUMAR	575	08/07/94	GOA
25	HARJODHVIR SINGH	805	13/01/99	PUNJAB

Event # 44 WOMENS 4x400m Relay				FINAL
ASIAN.G Q.MARK: 3:33.23				TIME: 20:15 HRS
NR:NATIONAL TEAM ATHENS 3:26.89 27/08/2004				
MR:KARNATAKA STATE TEAM GUWAHATI 3:35.32 2018				
2	HARYANA C	99020		HARYANA
3	ANDHRA PRADESH A	99018		ANDHRA PRADESH
4	KERALA E	99022		KERALA
5	TAMIL NADU G	99024		TAMIL NADU
6	DELHI B	99019		DELHI
7	PUNJAB F	99023		PUNJAB
8	KARNATAKA D	99021		KARNATAKA
Event # 22 MENS 4x400m Relay				FINAL
ASIAN.G Q.MARK: 3:03.97				TIME: 20:25 HRS
NR:NATIONAL TEAM TOKYO 3:00.25 06/08/2021				
MR:KERALA TEAM CHENNAI 3:09.29 2006				
1	KARNATAKA C	99028		KARNATAKA
2	PUNJAB I	1482		PUNJAB
3	TAMIL NADU F	99031		TAMIL NADU
4	MAHARASHTRA H	1480		MAHARASHTRA
5	KERALA D	99029		KERALA
6	HARYANA B	99027		HARYANA
7	MADHYA PRADESH E	99030		MADHYA PRADESH
8	WEST BENGAL G	99032		WEST BENGAL