



**ATHLETICS  
FEDERATION OF INDIA**

A.F.I.



**NATIONAL INTER STATE  
SENIOR ATHLETICS  
CHAMPIONSHIPS 2023**

15<sup>th</sup> To 19<sup>th</sup> June, 2023 Bhubaneswar, Odisha

HOSTED By

**Sports & Youth  
Services Department  
Government of Odisha**



# START LIST DAY-1

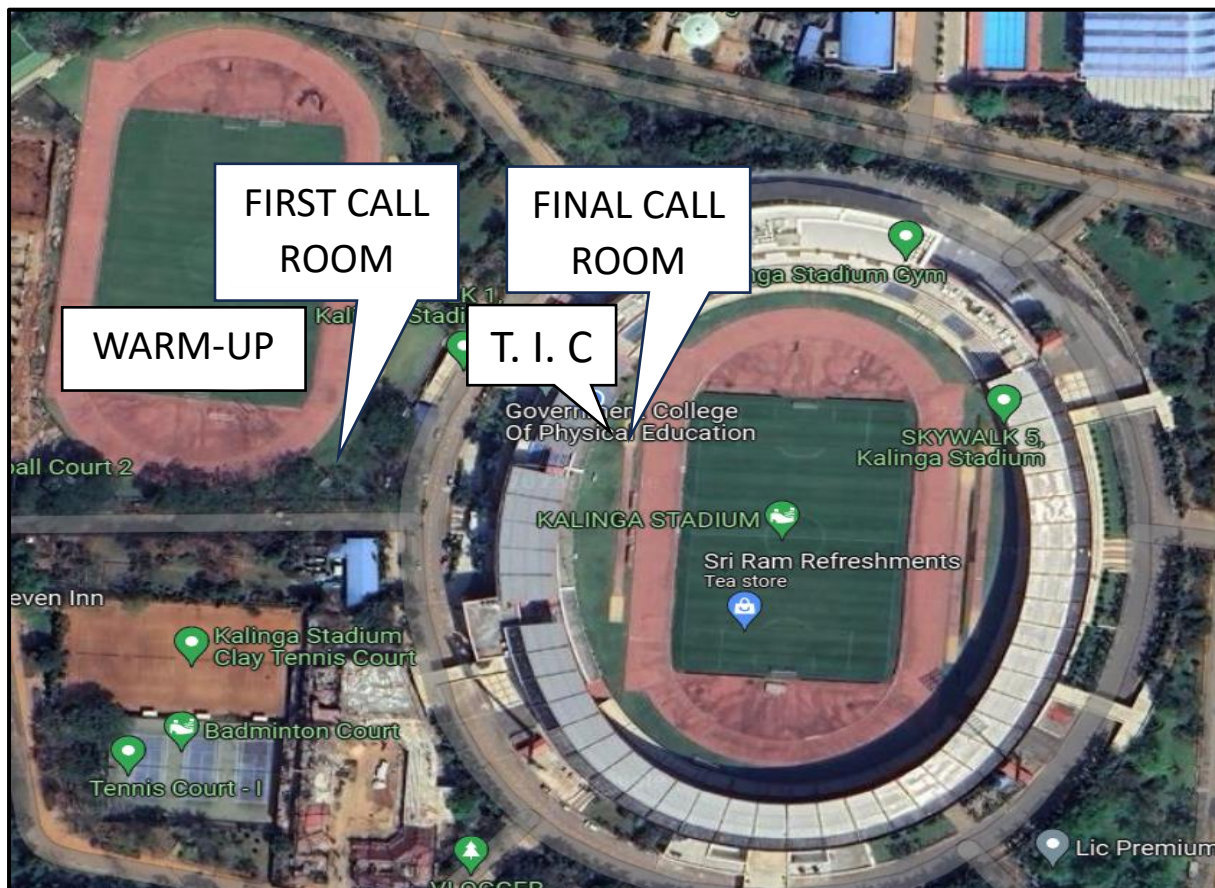
15/06/2023

**SPONSORS & PARTNERS**



## General Information

### VENUE DETAILS:

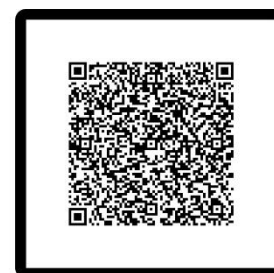


ALL ATHLETES ARE ADVISED TO REPORT IN THE WARMUP GROUND AS PER THE DETAILED GIVEN BELOW:

FOR ALL TRACK EVENTS	60 MINUTES BEFORE THE SCHEDULED TIME
FOR ALL FIELD EVENTS (EXCEPT HIGH JUMP & POLE VAULT)	90 MINUTES BEFORE THE SCHEDULED TIME.
HIGH JUMP & POLE VAULT	120 MINUTES BEFORE THE SCHEDULED TIME

PLEASE SCAN THE QR CODE

FOR COMPETITION VENUE LOCATION ----->





**NATIONAL INTERSTATE  
SENIOR ATHLETICS  
CHAMPIONSHIPS 2023**  
15<sup>th</sup> To 19<sup>th</sup> Jun, 2023 Bhubaneswar, Odisha



**62nd National Inter State Senior Athletics Championship**

Kalinga Stadium, Bhubaneshwar, Odisha

15 to 19, June 2023

Event Schedule Version 2 as on 12-06-2023

Event No	Scheduled Time	Event Name	Section	Implement Specifications	Round	FOP
<b>15th June, 2023 Forenoon</b>						
101	0530hrs	20km Race Walk	Men		Final 1	
102	0535hrs	20km Race Walk	Women		Final 2	
103	0540hrs	10000m	Men		Final 3	
104	0620hrs	10000m	Women		Final 4	
105	0700hrs	800m	Men		Round 1	
	<i>0715hrs</i>	<i>10000m</i>	<i>Men</i>		<i>Medal Ceremony 1</i>	
	<i>0720hrs</i>	<i>10000m</i>	<i>Women</i>		<i>Medal Ceremony 2</i>	
106	0730hrs	400m	Women		Round 1	
107	0750hrs	400m	Men		Round 1	
108	0825hrs	100m	Women		Round 1	
109	0850hrs	100m	Men		Round 1	
	<i>0915hrs</i>	<i>20km Race Walk</i>	<i>Men</i>		<i>Medal Ceremony 3</i>	
	<i>0920hrs</i>	<i>20km Race Walk</i>	<i>Women</i>		<i>Medal Ceremony 4</i>	

**62nd National Inter State Senior Athletics Championship****Kalinga Stadium, Bhubaneswar (Odisha)****15-19 June 2023****Start List Day-1 (15/06/2023)**

<b>Event # 19 MENS 20Km Race Walk</b>				<b>FINAL</b>
<b>W.AC. Q.MARK: 1:20.10</b>				<b>TIME: 05:30 HRS</b>
<b>ASIAN.G Q.MARK: 1:23.30</b>				
<b>NR:AKSHDEEP SINGH RANCHI 1:19.55 14/02/2023</b>				
<b>MR:BABUBHAI PANUCHA BHOPAL 1:25:09.36 2007</b>				
1	MONU JAKHAR	544	11/06/01	DELHI
2	KRUSHNA CHANDRA ACHARYA	779	20/03/00	ODISHA
3	SERVIN S	892	26/11/99	TAMIL NADU
4	IRFAN KT	701	08/02/90	KERALA
5	SANJAY KUMAR	840	20/02/01	RAJASTHAN
6	HARDEEP .	598	22/09/98	HARYANA
7	NEERAJ KUMAR CHAURASIYA	911	06/07/00	UTTAR PRADESH
8	TANISH VATS	566	05/12/00	DELHI
9	VIKASH SINGH	563	06/07/96	DELHI
10	SAHIL .	791	09/04/02	PUNJAB
11	DHANANJAY YADAV	928	05/07/98	UTTAR PRADESH (W)
12	ELDHO VARGHESE VARGHESE	714	23/10/98	KERALA
13	FARMAN ALI	955	08/06/01	UTTAR PRADESH
14	BALJINDER SINGH.	824	18/09/86	PUNJAB
15	SANDEEP KUMAR	625	01/05/86	HARYANA
16	JASPAL SINGH	655	19/11/98	JHARKHAND
17	MUKESH NITHARWAL	846	04/06/00	RAJASTHAN
18	PARAMJEET SINGH BISHT	937	03/03/02	UTTRAKHAND
19	SANDIP .	792	12/11/97	PUNJAB
<b>Event # 41 WOMENS 20Km Race Walk</b>				<b>FINAL</b>
<b>W.AC. Q.MARK: 1:29.20</b>				<b>TIME: 05:35 HRS</b>
<b>ASIAN.G Q.MARK: 1:35.00</b>				
<b>NR:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021</b>				
<b>MR:L. DEEPMALA DEVI CHENNAI 1:39:00.60 2006</b>				
1	POOJA KUMAWAT	312	02/12/99	RAJASTHAN
2	PRAMILA SAJJANWAR	252	06/07/03	MADHYA PRADESH
3	VANDANA .	197	10/12/03	KARNATAKA
4	MUNITA PRAJAPATI	361	15/01/02	UTTAR PRADESH
5	MANSI NEGI	376	03/05/03	UTTRAKHAND
6	BHAWNA JAT	307	01/03/96	RAJASTHAN
7	PRIYANKA GOSWAMI	355	10/03/96	UTTAR PRADESH
8	BALJEET KAUR BAJWA	293	28/01/02	PUNJAB
<b>Event # 7 MENS 10000m Run</b>				<b>FINAL</b>
<b>W.AC. Q.MARK: 27:10.00</b>				<b>TIME: 05:40 HRS</b>
<b>ASIAN.G Q.MARK: 29:30.00</b>				
<b>NR:SURENDRA SINGH VIGO 28:02.89 12/07/2008</b>				
<b>MR:SURENDRA SINGH BHOPAL 29:06.17 2007</b>				
1	SAWAN BARWAL	645	18/02/98	HIMACHAL PRADESH
2	SANDEEP SINGH	579	07/03/99	GOA
3	GAURAV MATHUR	553	19/09/99	DELHI
4	ABHISHEK PAL ABHISHEK	917	15/07/97	UTTAR PRADESH
5	GULVEER SINGH	922	01/06/98	UTTAR PRADESH

6	KARTIK KUMAR	908	12/05/99	UTTAR PRADESH
7	MAHIPAL KUMAR	859	01/07/04	SIKKIM
8	TRILOK KUMAR	522	10/08/01	BIHAR
9	SUNIL KUMAR	725	10/03/97	MADHYA PRADESH
10	MOHAN SAINI	935	14/10/98	UTTRAKHAND
11	GURPREET .	597	24/12/99	HARYANA
12	MURLI KUMAR GAVIT	583	01/08/97	GUJARAT
13	RAVI GULIA	617	25/10/01	HARYANA
14	SUMAN BISWAS	942	11/10/01	WEST BENGAL
15	SAHIL GILL	527	12/07/98	CHANDIGARH
16	MANOJ KUMAR	622	10/05/93	HARYANA
17	PRADEEP KUMAR .	828	13/06/00	RAJASTHAN
18	AJAY KUMAR	575	08/07/94	GOA
19	DHARMENDER .	827	20/07/99	RAJASTHAN
20	UTTAM CHAND	718	07/06/99	MADHYA PRADESH
21	AFTAB ANSARI	520	10/12/03	BIHAR
22	HARMAN JOT SINGH	722	10/10/95	MADHYA PRADESH
23	PRITAM KUMAR	547	07/12/02	DELHI
24	HARJODHVIR SINGH	805	13/01/99	PUNJAB
25	ROHIT KUMAR	548	07/01/01	DELHI
26	ANANDKRISHNA K	698	01/02/01	KERALA
<b>Event # 29 WOMENS 10000m Run</b>				<b>FINAL</b>
<b>W.AC. Q.MARK: 30:40.00</b>				<b>TIME: 06:20 HRS</b>
<b>ASIAN.G Q.MARK: 32:30.24</b>				
<b>NR:PREEJA SREEDHARAN GUANGZHOU 31:50.47 21/11/2010</b>				
<b>MR:PREEJA SREEDHARAN PATIALA 32:36.53 2010</b>				
1	KAVITA YADAV	370	08/11/98	UTTAR PRADESH
2	SONIKA .	167	12/06/99	HARYANA
3	CHANDRA KALA SHARMA	316	22/01/98	SIKKIM
4	SUPRITI KACHHAP	188	03/04/03	JHARKHAND
5	POONAM DINKAR SONUNE	260	04/04/00	MAHARASHTRA
6	BHARTI .	150	01/01/97	HARYANA
7	PRAJAKTA GODBOLE	261	30/11/95	MAHARASHTRA
8	SANJIVANI BABURAO JADHAV	258	12/07/96	MAHARASHTRA
9	SONIYA .	374	25/07/00	UTTRAKHAND
10	SEEMA .	183	10/01/01	HIMACHAL PRADESH
11	JYOTI .	154	05/07/97	HARYANA
<b>Event # 4 MENS 800m Run</b>				<b>HEATS</b>
<b>W.AC. Q.MARK: 1:44.70</b>				<b>TIME: 07:00 HRS</b>
<b>ASIAN.G Q.MARK: 1:49.05</b>				
<b>NR:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018</b>				
<b>MR:JINSON JOHNSON GUWAHATI 1:45.65 2018</b>				
<b>3 HEATS: 2Q + 2q</b>				
<b>Heat 1</b>				
1	NITIN .	535	24/02/99	DELHI
2	PRADEEP SENTHILKUMAR	897	12/05/03	TAMIL NADU
3	MANPREET SINGH SANDHU	939	04/02/99	UTTRAKHAND
4	MOHAMMED AFSAL P	683	03/02/96	KERALA
5	PRAKASH BALU GADADE	751	31/07/02	MAHARASHTRA
6	GURMAN SINGH	802	27/08/97	PUNJAB
6	PANKAJ MONDAL	788	11/01/05	ODISHA
7	SAPAM ARNOLD MEITEI	774	10/11/04	MANIPUR
8	NAVEEN KUMAR	624	22/02/99	HARYANA
8	ANAND PRAKASH	523	04/09/02	BIHAR
<b>Heat 2</b>				
1	SAHIL KHAN	835	07/11/05	RAJASTHAN

2	BASANT CHAUHAN	526		31/08/01	CHANDIGARH
3	KRISHAN KUMAR	620		12/10/97	HARYANA
4	MANPREET SINGH TOOR	822		17/02/99	PUNJAB
5	PARVEJ KHAN	723		26/12/04	MADHYA PRADESH
6	SUMIT .	569		12/01/98	GOA
6	ANANT GAUTAM	542		31/08/02	DELHI
7	MUJAMIL AMEER	866		24/02/98	TAMIL NADU
8	RIJOY J	695		21/12/03	KERALA
8	RAHUL CHOUDHARI	664		19/07/99	KARNATAKA
<b>Heat 3</b>					
1	SATYA DEV .	607		21/02/02	HARYANA
2	HUSSAIN RIZA	771		01/04/97	MALDIVES
3	ANKESH CHAUDHARY	646		28/12/98	HIMACHAL PRADESH
4	SALMAN FAROOKH	691		16/04/02	KERALA
4	ANU KUMAR	930		02/11/02	UTTRAKHAND
5	AMAN KUMAR	906		20/10/99	UTTAR PRADESH
6	GURKOMAL SINGH GILL	821		12/01/00	PUNJAB
6	PUSHPENDRA SING RATHORE	849		18/06/97	RAJASTHAN
7	MARIAPPAN M	878		09/04/02	TAMIL NADU
8	AJAY SINGH KUSHWAHA	744		07/08/03	MADHYA PRADESH
8	ASHOK DANDASENA	781		05/07/94	ODISHA
<b>Event # 25 WOMENS 400m Run</b>					
<b>W.AC. Q.MARK: 51.00</b>					
<b>ASIAN.G Q.MARK: 52.96</b>					
<b>NR:HIMA DAS JAKARTA 50.79 26/08/2018</b>					
<b>MR:HIMA DAS GUWAHATI 51.13 2018</b>					
<b>4 HEATS: 3Q + 4q</b>					
<b>Heat 1</b>					
1	LAVIKA SHARMA	133		22/05/03	DELHI
2	GUG KAUR	286		23/08/98	PUNJAB
3	ANJALI DEVI	181		15/09/98	HARYANA (W)
4	BABY S	334		06/06/00	TAMIL NADU
5	JISNA MATHEW	227		07/01/99	KERALA
6	FLORENCE BARLA	187		01/01/01	JHARKHAND
7	INCHARA N S	210		06/06/97	KARNATAKA
8	PRACHI .	348		20/12/96	UTTAR PRADESH
<b>Heat 2</b>					
1	NEESHU KUMARI	129		29/10/97	DELHI
2	PRIYA THAKUR	186		11/09/00	HIMACHAL PRADESH
3	REZOANA MALLICK HEENA	381		20/03/07	WEST BENGAL
4	HIMANSHI MALIK	176		22/04/02	HARYANA
5	R VITHYA RAMRAJ	332		20/09/98	TAMIL NADU
6	ARATHI R	233		21/05/01	KERALA
7	KUNJA RAJITHA	109		01/01/03	ANDHRA PRADESH
8	SUKHWINDER KAUR	291		15/04/94	PUNJAB
<b>Heat 3</b>					
2	MUGADA SIREESHA	113		05/06/03	ANDHRA PRADESH
3	AISHWARYA KAILASH MISHRA	263		16/08/97	MAHARASHTRA
4	RUPAL .	349		23/12/04	UTTAR PRADESH
5	SUBHA VENKATESAN	339		31/08/99	TAMIL NADU
6	NIRMLA .	159		15/07/95	HARYANA
7	NIDHI YOGENDRA SINGH	266		31/01/99	MAHARASHTRA
8	VANDANA SHARMA	254		08/09/98	MADHYA PRADESH
<b>Heat 4</b>					
2	MANISHA KUMARI	184		21/11/00	HIMACHAL PRADESH
3	ZIVA MOOSA SHAFEEU	268		10/06/07	MALDIVES

4	DANDI JYOTHIKA SRI	105		16/07/00	ANDHRA PRADESH
5	VISMAYA V K	237		14/05/97	KERALA
6	SONIA BAISHYA	379		31/12/95	WEST BENGAL
7	SIMARJEET KAUR	290		25/10/01	PUNJAB
8	KAVITA .	156		30/12/97	HARYANA
<b>Event # 3 MENS 400m Run</b>					<b>HEATS</b>
<b>W.AC. Q.MARK: 45.00</b>					<b>TIME: 07:50 HRS</b>
<b>ASIAN.G Q.MARK: 46.17</b>					
<b>NR:MUHAMMED ANAS Kladno 45.21 13/07/2019</b>					
<b>MR:PARAMJIT SINGH CHENNAI 45.56 2000</b>					
<b>4 HEATS: 3Q + 4q</b>					
<b>Heat 1</b>					
1	RASHID .	537		08/01/01	DELHI
2	ANGREJ SINGH	631		19/02/94	HARYANA
3	MUHAMMED ANAS YAHIIYA	686		17/09/94	KERALA
4	S AROKIA RAJIV	888		22/05/91	TAMIL NADU
5	KALINGA KUMARAGE	861			SRI LANKA
6	NITIN KUMAR	909		12/05/01	UTTAR PRADESH
7	THEERTHESH P SHETTY	673		31/03/02	KARNATAKA
8	SAJJAN MISHRA	731		25/07/00	MADHYA PRADESH
<b>Heat 2</b>					
2	AKASH KUMAR	956		01/01/99	UTTAR PRADESH
3	MUHAMMED AJMAL V	684		01/06/98	KERALA
4	MIJO CHACKO KURIAN	663		16/07/95	KARNATAKA
5	VIKRANT PANCHAL	629		30/01/00	HARYANA
6	ARUL RAJALINGAM	887		13/03/00	TAMIL NADU
7	SHUBHAM DATTATRAY DESHMUKH	752		29/07/96	MAHARASHTRA
8	VISHAL SANKALIYA	586		30/08/97	GUJARAT
<b>Heat 3</b>					
1	PARVEEN .	524		19/02/90	CHANDIGARH
2	NOWAJIS SHAIKH	948		20/12/98	WEST BENGAL
3	RAJESH RAMESH	890		28/03/99	TAMIL NADU
4	NIHAL JOEL W	680		13/07/00	KARNATAKA
5	ALEX A	571		03/09/94	GOA
6	MOHIT KUMAR	623		01/09/97	HARYANA
7	KARUNAMAY MAHATO	944		14/01/01	WEST BENGAL
8	KAMBERDEEP SINGH	809		12/06/95	PUNJAB
<b>Heat 4</b>					
2	DHARMVEER CHOUDHARY	832		05/02/01	RAJASTHAN
3	AMOJ JACOB	543		02/05/98	DELHI
4	RAHUL BABY	689		28/08/97	KERALA
5	KAPIL .	641		10/11/03	HARYANA (W)
6	RAHUL RAMESH KADAM	759		03/10/98	MAHARASHTRA
7	SUMIT KUMAR	910		05/05/93	UTTAR PRADESH
8	NITESH .	857		31/12/01	SIKKIM
<b>Event # 23 WOMENS 100m Run</b>					<b>HEATS</b>
<b>W.AC. Q.MARK: 11.08</b>					<b>TIME: 08:25 HRS</b>
<b>ASIAN.G Q.MARK: 11.42</b>					
<b>NR:DUTEE CHAND PATIALA 11.17 21/06/2021</b>					
<b>MR:DUTEE CHAND GUWAHATI 11.29 2018</b>					
<b>4 HEATS: 3Q + 4q</b>					
<b>Heat 1</b>					
1	SUKHI BASKEY	269		02/11/02	ODISHA
2	GIRIDHARANI RAVIKUMAR	333		07/07/01	TAMIL NADU
3	JYOTHI YARRAJI	114		28/08/99	ANDHRA PRADESH
4	HIMASHREE ROY	178		15/03/95	HARYANA

5	AVANTIKA SANTOSH NARALE	265		11/07/03	MAHARASHTRA
6	HIMANI CHANDEL	242		23/08/96	MADHYA PRADESH
7	SAKSHI CHAMPALAL CHAVAN	137		18/01/05	GUJARAT
8	RITU BANGARI	124		02/11/05	DELHI
<b>Heat 2</b>					
1	CHELIMI PRATHYUSHA	108		07/01/03	ANDHRA PRADESH
2	MARIYA NIVETHA P	329		28/08/03	TAMIL NADU
3	SRABANI NANDA	275		07/05/91	ODISHA
4	NITHYA GANDHE	342		10/11/99	TELANGANA
5	ARATHY A	220		31/07/98	KERALA
6	SHILBI A P	221		16/05/96	KERALA
7	DEEPSHIKHA .	344		07/10/00	UTTAR PRADESH
8	DEVYANIBA MAHENDRASINH ZALA	139		15/03/02	GUJARAT
<b>Heat 3</b>					
2	MAHERA SADRUDDIN SIDDIQUE	143		06/04/01	GUJARAT
3	RIYA KUMARI	192		15/01/00	JHARKHAND
4	ARCHANA S SUSEENDRAN	336		09/06/94	TAMIL NADU
5	VIJAYA KUMARI	247		15/04/99	MADHYA PRADESH
6	ANJALI P D	229		22/03/01	KERALA
7	SNEHA PJ	213		05/06/92	KARNATAKA
8	RIYA CHAUHAN	126		02/02/02	DELHI
<b>Heat 4</b>					
2	BHAVANI YADAV BHAGAVATHI	102		19/12/98	ANDHRA PRADESH
3	SHATAKSHI RAI	117		30/05/02	BIHAR
4	SIMRAN DEEP KAUR	127		01/08/98	DELHI
5	DANESHWARI A T	198		14/08/00	KARNATAKA
6	SIMI N S	211		22/10/97	KARNATAKA
7	BONITA LAKRA	272		11/09/94	ODISHA
8	TEENA PAREEK	313		04/04/02	RAJASTHAN
<b>Event # 1 MENS 100m Run</b>					
<b>W.AC. Q.MARK: 10.00</b>					
<b>ASIAN.G Q.MARK: 10.19</b>					
<b>NR:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016</b>					
<b>MR:GURINDERVIR SINGH PATIALA 10.27 2021</b>					
<b>6 HEATS: 3Q + 6q</b>					
<b>Heat 1</b>					
1	JAI PARKASH .	599		10/04/98	HARYANA
2	ABHIJEET SINGH LANGEH	650		09/12/03	J&K
3	SIVA KUMAR B	875		13/10/94	TAMIL NADU
4	CHAMOD YODASINGHE	863			SRI LANKA
5	RITIK MALIK	552		10/11/01	DELHI
6	PRANAV PRAMOD GURAV	757		03/07/01	MAHARASHTRA
7	VIKAS SHARMA	649		15/01/01	J&K
8	MAHAMADPAIGAMBA ALLABHAKSH GOU	659		01/01/94	KARNATAKA
<b>Heat 2</b>					
1	PARAS .	644		24/06/98	HIMACHAL PRADESH
2	RAHUL GHOSH	776		29/03/97	MANIPUR
3	ELAKKIYADASAN K	873		31/01/95	TAMIL NADU
4	HASSAN SAAID	772		04/03/92	MALDIVES
5	KHAGA VISHAL VISSAMSETTI	511		16/10/03	ANDHRA PRADESH
6	MOSES WOLFANGO MASCARENHAS	576		27/04/02	GOA
7	GUNI VASANT RAJLU NAIDU	654		30/07/97	JHARKHAND
8	SAURABH RAJESH NAITAM	758		23/03/01	MAHARASHTRA
<b>Heat 3</b>					
1	AHMED NAJUDHAAN ABDULLA	770		09/11/04	MALDIVES
2	SAISIDDHARTH R	885		28/10/03	TAMIL NADU
3	MAYMON POULOSE	707		01/05/97	KERALA



4	JAY SHAH	761		11/10/97	MAHARASHTRA
5	ADITYA RAJ SINGH	934		20/02/03	UTTRAKHAND
6	MANIKANTA H HOBLIDHAR H	667		29/11/01	KARNATAKA
7	RAJVEERSINH VAGHELA	588		05/07/98	GUJARAT
8	MANE DINESH	901		05/04/00	TELANGANA
<b>Heat 4</b>					
2	ATUL ANAND	519		20/03/98	BIHAR
3	DONDAPATI MRUTY JAYARAM	783		12/01/05	ODISHA
4	MIDHUN T	712		13/03/97	KERALA
5	GURINDERVIR SINGH	801		24/12/00	PUNJAB
6	CHIRAG .	594		17/10/98	HARYANA
7	AMIT TIWARI	564		16/09/97	DELHI
8	ANIMESH KUJUR	529		02/06/03	CHHATTISGARH
<b>Heat 5</b>					
2	LALU PRASAD BHOI	778		21/09/03	ODISHA
3	HARJIT SINGH	804		28/08/97	PUNJAB
4	SHASHIKANTH VIRUPAKSHAPPA ANGA	679		24/06/02	KARNATAKA
5	JYOTHI PRASAD TK	708		07/12/96	KERALA
6	ADITYA SINGH DODIYA	719		15/03/00	MADHYA PRADESH
7	VALLIPI HIMATEJA	501		07/07/05	ANDHRA PRADESH
8	NIRBHAY NATH TIWARI	916		23/03/03	UTTAR PRADESH
<b>Heat 6</b>					
2	AKSHAY KUMAR	724		08/03/98	MADHYA PRADESH
3	AMIYA KUMAR MALLICK	785		14/11/92	ODISHA
4	NALUBOTHU SHANUMAGA SRINIVAS	509		09/10/02	ANDHRA PRADESH
5	SIKANDAR JAMAL SHEKH	580		01/06/02	GUJARAT
6	LOVE PREET SINGH	795		27/11/99	PUNJAB
7	ASHISH RANA	918		25/12/03	UTTAR PRADESH
8	SHIVAM YADAV	640		15/07/99	HARYANA