

62nd National Inter State Senior Athletics Championship

15-19 June 2023

19-06-2023

6/15/23 - 6/19/23

Kalinga Stadium, Bhubaneswar (Odisha)

Event # 2 MENS 200m Run

@ W.A.C. Q.MARK: 20.16

& ASIAN.G Q.MARK: 20.61

NR: AMLAN BORGOHAIN THENHIPALAM 20.52 06/04/2022

% MR: ANIL KUMAR CHENNAI 20.80 2000

RESULTS OF SEMIS Heat 1

1	AKASH KUMAR	956	01/01/99	UTTAR PRADESH	+0.3m/s	21.20
2	ANIMESH KUJUR	529	02/06/03	CHHATTISGARH	-0.5m/s	21.24
3	RAHUL RAMESH KADAM	759	03/10/98	MAHARASHTRA	+0.3m/s	21.56
4	RAGUL KUMAR G	870	22/03/00	TAMIL NADU	+0.3m/s	21.60
5	KAPIL .	641	10/11/03	HARYANA	-0.5m/s	21.77
6	EMMANUEL PAUL	734	10/07/99	MADHYA PRADESH	+0.3m/s	21.88
7	NALUBOTHU SHANUMAGA S	509	09/10/02	ANDHRA PRADESH	+0.3m/s	22.36
	MAYMON POULOSE	707	01/05/97	KERALA		DNS

RESULTS OF SEMIS Heat 2

1	AMLAN BORGOHAIN	515	25/04/98	ASSAM	-0.5m/s	21.28
2	SHASHIKANTH VIRUPAKSHA	679	24/06/02	KARNATAKA	-0.5m/s	21.48
3	JAY SHAH	761	11/10/97	MAHARASHTRA	+0.3m/s	21.57
4	SAJJAN MISHRA	731	25/07/00	MADHYA PRADESH	+0.3m/s	21.58
5	RAJA BABU ALAM	539	01/11/04	DELHI	+0.3m/s	21.77
6	ABHAY SINGH	738	15/06/06	MADHYA PRADESH	-0.5m/s	21.80
7	VISHAL TK	899	17/12/03	TAMIL NADU	-0.5m/s	21.91
8	SUMIT MONDAL	945	01/11/03	WEST BENGAL	-0.5m/s	22.38

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Event # 39 WOMENS Hammer Throw

@ W.A.C. Q.MARK: 73.60

& ASIAN.G Q.MARK: 62.03

NR:SARITA SINGH PATIALA 65.25 01/06/2017

% MR:MANJU BALA CHENNAI 64.19 2022

1	KM RACHNA	363	01/03/93	UTTAR PRADESH	65.03m & %
	60.89, 59.09, 58.19, X, 65.03, X				
2	TANYA CHAUDHARY	353	21/09/03	UTTAR PRADESH	63.16m &
	58.62, 60.83, 63.16, 60.39, 60.97, 60.82				
3	RENU ..	172	06/03/94	HARYANA	60.91m
	58.08, 40.69, 57.57, X, 60.91, X				
4	MANJU BALA	303	01/07/89	RAJASTHAN	60.51m
5	SARITA R SINGH	367	26/10/89	UTTAR PRADESH	59.85m
6	HARSHITA SEHRAWAT	131	01/04/03	DELHI	59.22m
7	REKHA SINGH	378	30/12/97	UTTRAKHAND	58.89m
8	KULVINDER KAUR	309	15/02/98	RAJASTHAN	55.23m
9	VARSHA .	123	07/02/99	DELHI	55.20m
10	DIVYA SHANDILYA	277	05/07/98	ODISHA	54.65m
11	MAYA .	300	20/02/01	RAJASTHAN	54.26m
12	MANPREET KAUR	389	19/08/98	PUNJAB (W)	53.34m
13	AISHWARYA .	146	24/09/01	HARYANA	45.64m
	ANITA .	147	08/12/00	HARYANA	DNS
	KM. FATMA .	371	09/02/92	UTTAR PRADESH (W)	DNS

Event # 40 WOMENS Javelin Throw

@ W.A.C. Q.MARK: 63.80

& ASIAN.G Q.MARK: 56.46

NR:ANNU RANI JAMSHEDPUR 63.82 08/05/2022

% MR:ANNU RANI PATIALA 62.83 2021

1	ANNU RANI	364	29/08/92	UTTAR PRADESH	58.22m &
	58.22, 56.78, X, 56.65, 54.90, X				
2	PRIYANKA .	161	04/04/97	HARYANA	51.94m
	48.59, 47.95, 48.03, 49.87, 49.66, 51.94				
3	RASHMI K	106	24/11/93	ANDHRA PRADESH	50.95m
	50.40, 50.73, 49.75, 50.95, X, 49.58				
4	MONIKA -	180	20-03-98	HARYANA (W)	48.84m
5	SHILPA RANI	177	15/06/96	HARYANA	48.39m
6	UMA CHOUDHARY	305	04/10/99	RAJASTHAN	48.27m
7	ANJANI KUMARI	116	01/01/00	BIHAR	47.16m
8	HARITA .	153	04/12/01	HARYANA	47.06m
9	SAROJ DEVI .	281	15/02/99	PUNJAB	43.79m
10	HEMAMALINI NEELAKANDA	327	12/04/00	TAMIL NADU	43.22m

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Event # 35 WOMENS Long Jump

@ W.A.C. Q.MARK: 6.85

& ASIAN.G Q.MARK: 6.45

NR:ANJU B.GEORGE ATHENS 6.83 27/08/2004

% MR:MAYOOKHA JOHNY BANGALORE 6.63 2011

RESULTS OF FINALS

1	ANCY SOJAN E	224	01/03/01	KERALA	+0.0m/s	6.51m &
	5.87, 6.36, 6.16, 6.44, 6.51, 6.41					
2	SHAILI SINGH	368	07/01/04	UTTAR PRADESH	-0.2m/s	6.49m &
	5.90, 6.49, 5.88, 6.32, 6.47, 6.49					
3	BHAVANI YADAV BHAGAVATI 102		19/12/98	ANDHRA PRADESH	+1.5m/s	6.44m
	6.25, 6.06, X, 6.44, 6.34, 6.33					
4	NAYANA JAMES	225	18/10/95	KERALA	+0.0m/s	6.41m
5	SHERIN A	321	24/02/00	TAMIL NADU	+0.0m/s	6.41m
6	KARTHIKA GOTHANDAPANI	104	02/01/96	ANDHRA PRADESH	+0.0m/s	6.20m
7	PRIYA RATHORE	314	25/06/98	RAJASTHAN	+0.0m/s	6.14m
8	NEENA V	236	02/05/91	KERALA	-0.1m/s	6.14m
9	KUSUMA RAVADA	111	15/09/01	ANDHRA PRADESH	+0.0m/s	6.02m
10	MANISHA MEREL	273	05/07/01	ODISHA	+0.0m/s	5.99m
11	DEEPANSHI SINGH	366	03/04/01	UTTAR PRADESH	+0.0m/s	5.98m
12	AMBRIKA NARZARY	115	14/01/02	ASSAM	+0.0m/s	5.90m
13	MERYL ANN MATHEW	322	13/08/03	TAMIL NADU	-2.0m/s	5.79m

Event # 12 MENS Pole Vault

@ W.A.C. Q.MARK: 5.81

& ASIAN.G Q.MARK: 5.40

NR:S SIVA GANDHINAGAR 5.31 30/10/2022

% MR:KUNDAN . GUWAHATI 5.10 2018

RESULTS OF FINALS

1	SIVA S	893	05/06/96	TAMIL NADU		5.11m %
2	DEV MEENA	730	07/05/05	MADHYA PRADESH		4.90m
3	SIDHARTH AK	685	27/08/00	KERALA		4.80m
4	GOURAV ..	612	20/02/02	HARYANA		4.80m
5	ANAS BABU E B	688	09/10/95	KERALA		4.70m
6	DHIRENDRA KUMAR	907	28/08/99	UTTAR PRADESH		4.50m
6	ANSHU PATEL	733	03/05/05	MADHYA PRADESH		4.50m
6	AJAY KUMAR .	591	08/12/03	HARYANA		4.50m
9	BALAN S	891	12/07/03	TAMIL NADU		4.50m
9	DEVRAJ SINGH SHAKTAWAT	853	20/12/97	RAJASTHAN		4.50m
	SHEKHAR KUMAR PANDEY	912	01/02/01	UTTAR PRADESH		NM
	KULDEEP KUMAR	927	12/03/05	UTTAR PRADESH (W)		NM

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Event # 37 WOMENS Shot Put

@ W.A.C. Q.MARK: 18.80

& ASIAN.G Q.MARK: 16.30

NR:MANPREET KAUR CHENNAI 18.06 11/06/2022

% MR:MANPREET KAUR CHENNAI 18.06 2022

1	KIRAN BALIYAN	351	06/03/99	UTTAR PRADESH	17.17m &
		15.61, 16.99, 17.17, 16.31, 17.04, X			
2	MANPREET KAUR	174	06/07/90	HARYANA	16.61m &
		X, 16.61, 16.22, X, 15.47, 16.30			
3	ABHA KHATUA	264	09/07/95	MAHARASHTRA	16.39m &
		16.25, X, 14.11, 16.39, 16.22, 16.19			
4	PARAMJOT KAUR	287	16/11/00	PUNJAB	15.69m
5	SRISHTI VIG	134	15/07/95	DELHI	15.59m
6	NIDHI PAWAIYA	250	07/07/97	MADHYA PRADESH	14.42m
7	SHIKSHA .	165	12/12/02	HARYANA	14.27m
8	ANJALI .	148	08/02/03	HARYANA	13.52m
9	TUFFII SULTAN KHAN	118	07/11/02	CHHATTISGARH	11.65m
	KAVITA KUMARI	310	10/01/02	RAJASTHAN	DNS
	MANPREET KAUR.	294	05/03/96	PUNJAB	DNS
	KIRAN JOT	284	15/11/92	PUNJAB	DNS
	SIMRANJEET KAUR	128	26/01/03	DELHI	DNS

Event # 33 WOMENS High Jump

@ W.A.C. Q.MARK: 1.97

& ASIAN.G Q.MARK: 1.80

NR:SAHANA KUMARI HYDERABAD 1.92 23/06/2012

% MR:SAHANA KUMARI HYDERABAD 1.92 2012

1	POOJA .	160	21/02/07	HARYANA	1.80m &
2	RUBINA YADAV	179	14/01/01	HARYANA	1.78m
3	ABHINAYA S SHETTY	216	16/06/99	KARNATAKA	1.76m
4	ANGEL P DEVASIA	230	06/12/94	KERALA	1.73m
5	KHYATI MATHUR	356	02/09/03	UTTAR PRADESH	1.73m
6	PRAMILA RAJGAR	386	27/11/00	WEST BENGAL	1.65m
6	KEVINAA ASHWINE ANNAVI	323	23/03/02	TAMIL NADU	1.65m
6	PALLAVI S PATIL	215	12/09/02	KARNATAKA	1.65m
9	SINCHANA M S	208	28/02/03	KARNATAKA	1.65m
10	JASSIKA .	120	06/10/01	DELHI	1.60m
	MANSHI .	346	03/09/02	UTTAR PRADESH	DNS
	TANUSHREE .	302	14/02/02	RAJASTHAN	DNS

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Event # 9 MENS 400m Hurdles

@ W.A.C. Q.MARK: 48.70

& ASIAN.G Q.MARK: 49.75

NR:A DHARUN PATIALA 48.80 16/03/2019

% MR:A DHARUN TAMIL NADU 49.68 2018

RESULTS OF FINALS

1	YASHAS P	672	08/12/01	KARNATAKA	49.37 &%
2	SANTHOSH KUMAR T	877	01/01/98	TAMIL NADU	49.52 &%
3	JABIR MADARI PALLIYALIL	705	08/06/96	KERALA	50.40
4	SATHISH K	874	01/09/94	TAMIL NADU	51.20
5	VIJAY SINGH MALIK	636	10/01/93	HARYANA	51.21
6	JASHANJOT SINGH	807	07/02/95	PUNJAB	51.68
7	DHAVAL MAHESH UTEKAR	584	06/10/00	GUJARAT	53.34
	SURENDER .	609	30/12/96	HARYANA	DNF

Event # 31 WOMENS 400m Hurdles

@ W.A.C. Q.MARK: 54.90

& ASIAN.G Q.MARK: 57.48

NR:P.T USHA LOS ANGELES 55.42 08/08/1984

% MR:JAUNA MURMU GUWAHATI 57.02 2018

RESULTS OF FINALS

1	R VITHYA RAMRAJ	332	20/09/98	TAMIL NADU	56.01 &%
2	SINCHAL KAVERAMMA TR	206	05/02/01	KARNATAKA	56.76 &%
3	ANU R	232	20/04/93	KERALA	58.13
4	DHIVYA.J .	319	31/01/98	TAMIL NADU	59.34
5	NIDHI YOGENDRA SINGH	266	31/01/99	MAHARASHTRA	1:00.31
6	RAJI AUSTIN	223	01/08/88	KERALA	1:00.91
7	VANDANA SHARMA	254	08/09/98	MADHYA PRADESH	1:01.94
8	VEERPAL KAUR.	295	24/03/94	PUNJAB	1:03.29

Event # 26 WOMENS 800m Run

@ W.A.C. Q.MARK: 1:59.80

& ASIAN.G Q.MARK: 2:04.57

NR:TINTU LUKA SPLIT 1:59.17 04/09/2010

% MR:K.C. ROSA KUTTY BANGALORE 2:00.49 1997

RESULTS OF FINALS

1	CHANDA .	119	16/08/01	DELHI	2:03.82 &
2	HARMILAN BAINS	283	23/07/98	PUNJAB	2:04.04 &
3	KM DEEKSHA	245	01/01/99	MADHYA PRADESH	2:04.35 &
4	LILI DAS	380	18/03/98	WEST BENGAL	2:05.23
5	POOJA ..	171	17/06/02	HARYANA	2:05.73
6	YAMUNA ATMARAM LADKAT	256	20/04/98	MAHARASHTRA	2:07.94
7	RADHA CHAUDHARY	125	02/02/01	DELHI	2:08.63
8	LAVIKA SHARMA	133	22/05/03	DELHI	2:25.66

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Event # 18 MENS Javelin Throw

@ W.A.C. Q.MARK: 85.20

& ASIAN.G Q.MARK: 78.23

NR:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022

% MR:MANU DP CHENNAI 84.35 2022

RESULTS OF FINALS

1	ROHIT YADAV	925	06/06/01	UTTAR PRADESH	83.28m &
		83.28, 80.31, X, X, p, p			
2	KISHORE KUMAR JENA	784	06/09/95	ODISHA	82.87m &
		78.87, 82.87, 82.30, 79.60, X, X			
3	SHIVPAL SINGH	923	07/06/95	UTTAR PRADESH	81.96m &
		80.14, X, 74.11, 81.96, 77.51, X			
4	MANU D P	665	24/01/00	KARNATAKA	76.85m
5	SACHIN YADAV	926	25/10/99	UTTAR PRADESH	76.01m
6	ANUJ KALERA	834	28/11/01	RAJASTHAN	75.70m
7	JAIDEEP .	600	12/03/96	HARYANA	73.94m
8	KUNWER AJAIRAJ SINGH RAI	793	13/01/02	PUNJAB	71.73m
9	ABHISHEK DRALL	541	11/05/98	DELHI	71.58m
10	MOHIT .	604	04/07/01	HARYANA	67.79m
11	VIKRANT MALIK	787	02/01/96	ODISHA	66.82m
12	VIJAY LAKRA	653	22/06/99	JHARKHAND	65.96m

Event # 24 WOMENS 200m Run

@ W.A.C. Q.MARK: 22.60

& ASIAN.G Q.MARK: 23.43

NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

% MR:HIMA DAS GUWAHATI 23.10 2018

RESULTS OF FINALS

1	SRABANI NANDA	275	07/05/91	ODISHA	+0.4m/s ne	23.77
2	PRACHI .	348	20/12/96	UTTAR PRADESH	+0.4m/s ne	24.12
3	ANJALI P D	229	22/03/01	KERALA	+0.4m/s ne	24.25
4	SHABNAM .	121	11/08/99	DELHI	+0.4m/s ne	24.43
5	SIMRAN DEEP KAUR	127	01/08/98	DELHI	+0.4m/s ne	24.56
6	NIRMLA .	159	15/07/95	HARYANA	+0.4m/s ne	24.57
7	KAVITA .	156	30/12/97	HARYANA	+0.4m/s ne	24.95
8	RIYA CHAUHAN	126	02/02/02	DELHI	+0.4m/s ne	25.10

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Event # 13 MENS Long Jump

@ W.A.C. Q.MARK: 8.25

& ASIAN.G Q.MARK: 7.95

NR:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR:SREESHANKAR M CHENNAI 8.23 2022

RESULTS OF FINALS

1	SREESHANKAR M	704	27/03/99	KERALA	+0.0m/s	8.29m @&%
		8.03, 8.29, X, X, X, X				
2	JESWIN ALDRIN	865	24/12/01	TAMIL NADU	+0.0m/s	7.98m &
		X, X, 7.98, X, p, X				
3	DAVID P	881	17/03/02	TAMIL NADU	+0.0m/s	7.94m
		7.63, 6.94, 7.52, 7.54, 7.94, 7.92				
4	MUHAMMED ANEES YAHIYA	687	03/12/95	KERALA	+0.0m/s	7.91m
5	S LOKESH .	657	21/12/99	KARNATAKA	+1.1m/s	7.84m
6	SAJAN R	517	26/03/02	ASSAM	+0.6m/s	7.62m
7	MOHAMMED ASIEF.K	573	13/11/02	GOA	+0.3m/s	7.57m
8	SIDDHARTH MOHAN NAIK	671	08/09/95	KARNATAKA	+0.0m/s	7.56m
9	KRISHNA BRAJKISHOR SHAR	717	02/08/99	MADHYA PRADESH	+0.2m/s	7.25m
10	ELAKKIYADASAN K	873	31/01/95	TAMIL NADU	+0.0m/s	7.21m
11	NIRMAL SABU	710	11/05/99	KERALA	+1.2m/s	7.18m
	BHUPENDER SINGH	632	13/11/01	HARYANA		NM

Event # 2 MENS 200m Run

@ W.A.C. Q.MARK: 20.16

& ASIAN.G Q.MARK: 20.61

NR:AMLAN BORGOHAIN THENHIPALAM 20.52 06/04/2022

% MR:ANIL KUMAR CHENNAI 20.80 2000

RESULTS OF FINALS

1	AMLAN BORGOHAIN	515	25/04/98	ASSAM		20.71 %
2	SHASHIKANTH VIRUPAKSHA	679	24/06/02	KARNATAKA		21.08
3	AKASH KUMAR	956	01/01/99	UTTAR PRADESH		21.17
4	ANIMESH KUJUR	529	02/06/03	CHHATTISGARH		21.18
5	RAHUL RAMESH KADAM	759	03/10/98	MAHARASHTRA		21.37
6	JAY SHAH	761	11/10/97	MAHARASHTRA		21.44
7	SAJJAN MISHRA	731	25/07/00	MADHYA PRADESH		21.55
		21.543				
8	RAGUL KUMAR G	870	22/03/00	TAMIL NADU		21.55
		21.548				

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Event # 15 MENS Shot Put

@ W.A.C. Q.MARK: 21.40

& ASIAN.G Q.MARK: 19.00

#NR:T.SINGH TOOR PATIALA 21.49 21/06/2021

% MR:TAJINDERPAL SINGH TOOR PATIALA 21.10 2021

RESULTS OF FINALS

1	TAJINDERPAL SINGH TOOR	823	13/11/94	PUNJAB	21.77m @&#
		21.09, X, 21.77, X, X, p			
2	KARANVEER SINGH	810	24/07/97	PUNJAB	19.78m &
		18.89, 19.32, X, 18.74, 19.09, 19.78			
3	SAHIB SINGH	562	05/11/00	DELHI	18.75m
		18.75, 17.83, 17.80, X, X, X			
4	SAMARDEEP SINGH GILL	743	03/01/01	MADHYA PRADESH	18.51m
5	AMANDEEP SINGH DHALIWA	820	16/05/02	PUNJAB	18.22m
6	NARESH ANTIL	614	20/03/91	HARYANA	17.89m
7	ANIKET .	929	05/11/01	UTTRAKHAND	17.71m
8	DEVINDER SINGH	556	30/10/92	DELHI	17.42m
9	CHE TAN KAPOOR	618	23/12/93	HARYANA	17.24m
10	ABHILASH SAXENA	736	05/07/93	MADHYA PRADESH	17.24m
11	AKSHAY .	826	28/12/98	RAJASTHAN	17.20m
12	P. SURYA PRAKASH	883	25/09/02	TAMIL NADU	16.40m

Event # 5 MENS 1500m Run

@ W.A.C. Q.MARK: 3:34.20

& ASIAN.G Q.MARK: 3:47.84

#NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019

% MR:BAHADUR PRASAD CHENNAI 3:40.10 1995

RESULTS OF FINALS

1	JINSON JOHNSON JOHNSON	697	15/03/91	KERALA	3:42.77 &
2	AJAY KUMAR SAROJ	950	01/05/97	UTTAR PRADESH (W)	3:42.96 &
3	SHASHI BHUSHAN SINGH	521	10/01/96	BIHAR	3:43.93 &
4	YOONUS SHAH	921	10/05/01	UTTAR PRADESH	3:44.85 &
5	RAHUL .	536	01/12/96	DELHI	3:45.05 &
6	SACHELAL PATEL	933	07/03/96	UTTRAKHAND	3:45.78 &
7	NARENDER SINGH	634	07/10/97	HARYANA	3:46.67 &
8	RITESH OHRE	732	31/12/03	MADHYA PRADESH	3:46.75 &
9	ARJUN WASKALE	746	03/07/03	MADHYA PRADESH	3:46.85 &
10	RAHUL BALODA	831	05/06/99	RAJASTHAN	3:47.16 &
11	SONU .	829	14/02/98	RAJASTHAN	3:47.32 &
12	NIKESH DHANRAJ RATHOD	574	09/09/97	GOA	3:49.87

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Event # 28 WOMENS 5000m Run

@ W.A.C. Q.MARK: 14:57.00

& ASIAN.G Q.MARK: 15:49.00

NR:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR:L SURIYA GUNTUR 15:46.92 2017

1	SANJIVANI BABURAO JADHA	258	12/07/96	MAHARASHTRA	15:55.60
2	SEEMA .	183	10/01/01	HIMACHAL PRADESH	16:11.50
3	ANKITA .	372	05/02/02	UTTRAKHAND	16:37.85
4	PHOOLAN PAL .	347	05/01/96	UTTAR PRADESH	16:55.78
5	KAVITA YADAV	370	08/11/98	UTTAR PRADESH	16:56.13
6	SUPRITI KACHHAP	188	03/04/03	JHARKHAND	17:12.24
7	BHARTI .	150	01/01/97	HARYANA	17:28.10
8	MEENU SHARMA	377	15/04/99	UTTRAKHAND	18:20.33
	PARUL CHAUDHARY	352	15/04/95	UTTAR PRADESH	DNS
	SONIKA .	167	12/06/99	HARYANA	DNS
	ANJULI SUBBA	318	24/07/00	SIKKIM	DNS
	BASANTI KUMARI	190	10/01/02	JHARKHAND	DNS
	BADHO .	149	10/10/01	HARYANA	DNS
	DRASHTIBEN PRAVINBHAI C	140	16/08/03	GUJARAT	DNS
	CHANDRA KALA SHARMA	316	22/01/98	SIKKIM	DNS

Event # 6 MENS 5000m Run

@ W.A.C. Q.MARK: 13:07.00

& ASIAN.G Q.MARK: 14:00.00

NR:AVINASH SABLE WALNUT 13:19.30 06/05/2023

% MR:SURENDRA SINGH CHENNAI 13:51.31 2009

1	GULVEER SINGH	922	01/06/98	UTTAR PRADESH	13:43.23 &%
2	HARMAN JOT SINGH	722	10/10/95	MADHYA PRADESH	13:44.25 &%
3	HEMRAJ GURJAR	833	10/07/99	RAJASTHAN	13:45.91 &%
4	KULDEEP SINGH	558	06/07/87	DELHI	13:48.06 &%
5	HARJODHVIR SINGH	805	13/01/99	PUNJAB	13:59.37 &
6	AJAY KUMAR	575	08/07/94	GOA	14:04.12
7	UTTAM CHAND	718	07/06/99	MADHYA PRADESH	14:16.00
8	ABHISHEK PAL ABHISHEK	917	15/07/97	UTTAR PRADESH	14:17.52
9	PANKAJ .	605	17/08/95	HARYANA	14:18.31
10	SAWAN BARWAL	645	18/02/98	HIMACHAL PRADESH	14:19.59
11	MOHAN SAINI	935	14/10/98	UTTRAKHAND	14:27.64
12	DHARMENDER .	827	20/07/99	RAJASTHAN	14:29.78
13	SUNIL KUMAR	725	10/03/97	MADHYA PRADESH	14:32.09
14	MURLI KUMAR GAVIT	583	01/08/97	GUJARAT	14:40.85
15	SANDEEP SINGH	579	07/03/99	GOA	14:42.77
16	ANURAG YADAV	589	01/07/02	GUJARAT	14:42.92
17	RAKESH MANDAL	932	16/04/99	UTTRAKHAND	15:00.41
	PRITAM KUMAR	547	07/12/02	DELHI	DNF
	AJAY .	590	29/01/02	HARYANA	DNF
	LAKSHMANAN GOVINDAN	871	05/06/90	TAMIL NADU	DNF
	GURPREET .	597	24/12/99	HARYANA	DNF
	ANANDKRISHNA K	698	01/02/01	KERALA	DNF
	KIRAN MATRE	961	05/08/01	CHANDIGARH	DNF
	SANDEEP KUMAR.	915	03/07/99	UTTAR PRADESH	DNS

62nd National Inter State Senior Athletics Championship

15-19 June 2023

19-06-2023

6/15/23 - 6/19/23

Kalinga Stadium, Bhubaneswar (Odisha)

Event # 44 WOMENS 4x400m Relay

& ASIANG Q.MARK: 3:33.23

NR:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

% MR:KARNATAKA STATE TEAM GUWAHATI 3:35.32 2018

1	TAMIL NADU G			TAMIL NADU			3:37.87
	330	DHANUSHA R	03-06-1998	339	SUBHA VENKATESAN	31-08-1999	
	334	BABY S	06-06-2000	332	R VITHYA RAMRAJ	20-09-1998	
2	PUNJAB F			PUNJAB			3:39.22
	290	SIMARJEET KAUR	25-10-2001	292	VEERPAL KAUR	07-09-1997	
	291	SUKHWINDER KAUR	15-04-1994	286	GUG KAUR	23-08-1998	
3	DELHI B			DELHI			3:39.51
	129	NEESHU KUMARI	29-10-1997	125	RADHA CHAUDHARY	02-02-2001	
	121	SHABNAM .	11-08-1999	119	CHANDA .	16-08-2001	
4	KERALA E			KERALA			3:39.71
	222	SANDRA A S	21-04-2002	219	GOWRINANDANA .	26-03-2002	
	226	SNEHA K	19-05-1999	227	JISNA MATHEW	07-01-1999	
5	ANDHRA PRADESH A			ANDHRA PRADESH			3:46.98
	112	SWATHI RONGALI	07-08-2000	113	MUGADA SIREESHA	05-06-2003	
	108	CHELIMI PRATHYUSHA	07-01-2003	109	KUNJA RAJITHA	01-01-2003	
6	KARNATAKA D			KARNATAKA			3:53.19
	209	M MUNAVALLIMATH	19-05-2001	210	INCHARA N S	06-06-1997	
	202	ARPITHA E B	22-07-2001	206	S KAVERAMMA TR	05-02-2001	
	HARYANA C			HARYANA			DNS

Event # 22 MENS 4x400m Relay

& ASIANG Q.MARK: 3:03.97

NR:NATIONAL TEAM TOKYO 3:00.25 06/08/2021

% MR:KERALA TEAM CHENNAI 3:09.29 2006

1	TAMIL NADU F			TAMIL NADU			3:06.75 %
	888	S AROKIA RAJIV	22-05-1991	877	SANTHOSH KUMAR T	01-01-1998	
	874	SATHISH K	01-09-1994	887	ARUL RAJALINGAM	13-03-2000	
2	KERALA D			KERALA			3:06.87 %
	686	MANAS YAHIIYA	17-09-1994	695	RIJOY J	21-12-2003	
	684	MUHAMMED AJMAL V	01-06-1998	689	RAHUL BABY	28-08-1997	
3	HARYANA B			HARYANA			3:08.13 %
	629	VIKRANT PANCHAL	30-01-2000	636	VIJAY SINGH MALIK	10-01-1993	
	641	KAPIL .	10-11-2003	623	MOHIT KUMAR	01-09-1997	
4	PUNJAB I			PUNJAB			3:13.47
	815	PRABHJIT SINGH	07-02-2000	809	KAMBERDEEP SINGH	12-06-1995	
	807	JASHANJOT SINGH	07-02-1995	953	JAGMEET SINGH	28-12-1996	
5	MADHYA PRADESH E			MADHYA PRADESH			3:14.82
	734	EMMANUEL PAUL	10-07-1999	720	AKASH DUBEY	13-12-2000	
	740	BRAJESH SINGH	04-07-2004	738	ABHAY SINGH	15-06-2006	
	KARNATAKA C			KARNATAKA			DNF
	677	NIKHIL SIDDHARAM	13-09-2002	663	MJO CHACKO KURIAN	16-07-1995	
	673	T P SHETTY	31-03-2002	680	NIHAL JOEL W	13-07-2000	
	WEST BENGAL G			WEST BENGAL			DNS
	MAHARASHTRA H			MAHARASHTRA			DNS