

**62nd National Inter State Senior Athletics Championship**

15-19 June 2023

19-06-2023

6/15/23 - 6/19/23

Kalinga Stadium, Bhubaneswar (Odisha)

**Event # 1 MENS 100m Run**

@ W.A.C. Q.MARK: 10.00

&amp; ASIAN.G Q.MARK: 10.19

#NR:A.MALLICK NEW DELHI 10.26 28/04/2016

% MR:GURINDERVIR SINGH PATIALA 10.27 2021

**RESULTS OF FINALS Heat 1**

1	SIVA KUMAR B	875	13/10/94	TAMIL NADU	-0.3m/s se	<b>10.37</b>
2	HARJIT SINGH	804	28/08/97	PUNJAB	-0.3m/s se	<b>10.45</b>
3	ELAKKIYADASAN K	873	31/01/95	TAMIL NADU	-0.3m/s se	<b>10.47</b>
4	LALU PRASAD BHOI	778	21/09/03	ODISHA	-0.3m/s se	<b>10.48</b>
5	GURINDERVIR SINGH	801	24/12/00	PUNJAB	-0.3m/s se	<b>10.50</b>
6	SAURABH RAJESH NAITAM	758	23/03/01	MAHARASHTRA	-0.3m/s se	<b>10.55</b>
7	HASSAN SAAID	772	04/03/92	MALDIVES	-0.3m/s se	<b>10.57</b>
8	AMIYA KUMAR MALLICK	785	14/11/92	ODISHA	-0.3m/s se	<b>10.58</b>

**RESULTS OF SEMIS Heat 1**

1	GURINDERVIR SINGH	801	24/12/00	PUNJAB	-1.2m/s se	<b>10.61</b>
2	LALU PRASAD BHOI	778	21/09/03	ODISHA	-1.2m/s se	<b>10.68</b>
3	RITIK MALIK	552	10/11/01	DELHI	-1.2m/s se	<b>10.75</b>
4	JAY SHAH	761	11/10/97	MAHARASHTRA	-1.2m/s se	<b>10.83</b>
5	SAISIDDHARTH R	885	28/10/03	TAMIL NADU	-1.2m/s se	<b>10.87</b>
6	ASHISH RANA	918	25/12/03	UTTAR PRADESH	-1.2m/s se	<b>10.93</b>
7	ADITYA RAJ SINGH	959	20/02/03	UTTRAKHAND	-1.2m/s se	<b>10.95</b>

**RESULTS OF SEMIS Heat 2**

1	HARJIT SINGH	804	28/08/97	PUNJAB	+0.0m/s	<b>10.48</b>
2	SIVA KUMAR B	875	13/10/94	TAMIL NADU	+0.0m/s	<b>10.59</b>
3	AMIYA KUMAR MALLICK	785	14/11/92	ODISHA	+0.0m/s	<b>10.64</b>
4	SHASHIKANTH VIRUPAKSHA	679	24/06/02	KARNATAKA	+0.0m/s	<b>10.66</b>
	10.658					
5	ANIMESH KUJUR	529	02/06/03	CHHATTISGARH	+0.0m/s	<b>10.78</b>
6	PRANAV PRAMOD GURAV	757	03/07/01	MAHARASHTRA	+0.0m/s	<b>10.82</b>
7	VALLIPI HIMATEJA	958	07/07/05	ANDHRA PRADESH	+0.0m/s	<b>10.91</b>
8	MANE DINESH	901	05/04/00	TELANGANA	+0.0m/s	<b>11.01</b>

**RESULTS OF SEMIS Heat 3**

1	ELAKKIYADASAN K	873	31/01/95	TAMIL NADU	+0.5m/s ne	<b>10.56</b>
2	SAURABH RAJESH NAITAM	758	23/03/01	MAHARASHTRA	+0.5m/s ne	<b>10.62</b>
3	HASSAN SAAID	772	04/03/92	MALDIVES	+0.5m/s ne	<b>10.66</b>
	10.652					
4	MAYMON POULOSE	707	01/05/97	KERALA	+0.5m/s ne	<b>10.72</b>
5	GUNI VASANT RAJLU NAIDU	654	30/07/97	JHARKHAND	+0.5m/s ne	<b>10.81</b>
6	LOVE PREET SINGH	795	27/11/99	PUNJAB	+0.5m/s ne	<b>10.85</b>
7	MANIKANTA H HOBLIDHAR I	667	29/11/01	KARNATAKA	+0.5m/s ne	<b>10.93</b>
8	AMIT TIWARI	564	16/09/97	DELHI	+0.5m/s ne	<b>11.00</b>

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**RESULTS OF PRELIMS Heat 1**

1	SIVA KUMAR B 10.713	875	13/10/94	TAMIL NADU	-0.5m/s e	<b>10.72</b>
2	RITIK MALIK 10.717	552	10/11/01	DELHI	-0.5m/s e	<b>10.72</b>
3	PRANAV PRAMOD GURAV	757	03/07/01	MAHARASHTRA	-0.5m/s e	<b>10.94</b>
4	MAHAMADPAIGAMBA ALLAI	659	01/01/94	KARNATAKA	-0.5m/s e	<b>11.04</b>
5	ABHIJEET SINGH LANGEH	960	09/12/03	J&K	-0.5m/s e	<b>11.25</b>
6	VIKAS SHARMA CHAMOD YODASINGHE JAI PARKASH .	649 863 599	15/01/01 10/04/98	J&K SRI LANKA HARYANA	-0.5m/s e	<b>11.38</b> <b>DQ</b> <b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	ELAKKIYADASAN K	873	31/01/95	TAMIL NADU	+0.1m/s w	<b>10.65</b>
2	SAURABH RAJESH NAITAM	758	23/03/01	MAHARASHTRA	+0.1m/s w	<b>10.68</b>
3	HASSAN SAAID	772	04/03/92	MALDIVES	+0.1m/s w	<b>10.70</b>
4	GUNI VASANT RAJLU NAIDU	654	30/07/97	JHARKHAND	+0.1m/s w	<b>10.83</b>
5	PARAS .	644	24/06/98	HIMACHAL PRADESH	+0.1m/s w	<b>10.95</b>
6	KHAGA VISHAL VISSAMSETT	511	16/10/03	ANDHRA PRADESH	+0.1m/s w	<b>11.14</b>
7	MOSES WOLFANGO MASCAR	576	27/04/02	GOA	+0.1m/s w	<b>11.38</b>
8	RAHUL GHOSH	776	29/03/97	MANIPUR	+0.1m/s w	<b>11.77</b>

**RESULTS OF PRELIMS Heat 3**

1	MAYMON POULOSE	707	01/05/97	KERALA	+0.1m/s nw	<b>10.79</b>
2	JAY SHAH 10.836	761	11/10/97	MAHARASHTRA	+0.1m/s nw	<b>10.84</b>
3	SAISIDDHARTH R 10.840	885	28/10/03	TAMIL NADU	+0.1m/s nw	<b>10.84</b>
4	ADITYA RAJ SINGH	959	20/02/03	UTTRAKHAND	+0.1m/s nw	<b>10.85</b>
5	MANE DINESH 10.935	901	05/04/00	TELANGANA	+0.1m/s nw	<b>10.94</b>
6	MANIKANTA H HOBLIDHAR I 10.936	667	29/11/01	KARNATAKA	+0.1m/s nw	<b>10.94</b>
7	AHMED NAJUDHAAN ABDUL RAJVEERSINH VAGHELA	770 588	09/11/04 05/07/98	MALDIVES GUJARAT	+0.1m/s nw	<b>11.44</b> <b>DNS</b>

**RESULTS OF PRELIMS Heat 4**

1	GURINDERVIR SINGH	801	24/12/00	PUNJAB	+0.1m/s e	<b>10.74</b>
2	ANIMESH KUJUR	529	02/06/03	CHHATTISGARH	+0.1m/s e	<b>10.86</b>
3	AMIT TIWARI	564	16/09/97	DELHI	+0.1m/s e	<b>10.95</b>
4	MIDHUN T	712	13/03/97	KERALA	+0.1m/s e	<b>10.96</b>
5	CHIRAG .	594	17/10/98	HARYANA	+0.1m/s e	<b>10.98</b>
6	ATUL ANAND DONDAPATI MRUTY JAYARA	519 783	20/03/98 12/01/05	BIHAR ODISHA	+0.1m/s e	<b>11.52</b> <b>DNS</b>

**RESULTS OF PRELIMS Heat 5**

1	LALU PRASAD BHOI	778	21/09/03	ODISHA	-0.1m/s e	<b>10.69</b>
2	HARJIT SINGH	804	28/08/97	PUNJAB	-0.1m/s e	<b>10.70</b>
3	VALLIPI HIMATEJA	958	07/07/05	ANDHRA PRADESH	-0.1m/s e	<b>10.82</b>
4	SHASHIKANTH VIRUPAKSHA	679	24/06/02	KARNATAKA	-0.1m/s e	<b>10.84</b>
5	ADITYA SINGH DODIYA	719	15/03/00	MADHYA PRADESH	-0.1m/s e	<b>11.30</b>
6	JYOTHI PRASAD TK NIRBHAY NATH TIWARI	708 916	07/12/96 23/03/03	KERALA UTTAR PRADESH	-0.1m/s e	<b>12.38</b> <b>DNS</b>

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**RESULTS OF PRELIMS Heat 6**

1	AMIYA KUMAR MALLICK	785	14/11/92	ODISHA	-0.5m/s se	<b>10.76</b>
2	LOVE PREET SINGH	795	27/11/99	PUNJAB	-0.5m/s se	<b>10.85</b>
3	SHIVAM YADAV	640	15/07/99	HARYANA	-0.5m/s se	<b>10.89</b>
4	ASHISH RANA	918	25/12/03	UTTAR PRADESH	-0.5m/s se	<b>10.90</b>
5	AKSHAY KUMAR	724	08/03/98	MADHYA PRADESH	-0.5m/s se	<b>11.12</b>
6	NALUBOTHU SHANUMAGA S	509	09/10/02	ANDHRA PRADESH	-0.5m/s se	<b>11.13</b>
	SIKANDAR JAMAL SHEKH	580	01/06/02	GUJARAT		<b>DNS</b>

**Event # 2 MENS 200m Run**

@ W.A.C. Q.MARK: 20.16

&amp; ASIAN.G Q.MARK: 20.61

# NR: AMLAN BORGOHAIN THENHIPALAM 20.52 06/04/2022

% MR: ANIL KUMAR CHENNAI 20.80 2000

**RESULTS OF FINALS Heat 1**

1	AMLAN BORGOHAIN	515	25/04/98	ASSAM		<b>20.71 %</b>
2	SHASHIKANTH VIRUPAKSHA	679	24/06/02	KARNATAKA		<b>21.08</b>
3	AKASH KUMAR	956	01/01/99	UTTAR PRADESH		<b>21.17</b>
4	ANIMESH KUJUR	529	02/06/03	CHHATTISGARH		<b>21.18</b>
5	RAHUL RAMESH KADAM	759	03/10/98	MAHARASHTRA		<b>21.37</b>
6	JAY SHAH	761	11/10/97	MAHARASHTRA		<b>21.44</b>
7	SAJJAN MISHRA	731	25/07/00	MADHYA PRADESH		<b>21.55</b>
	21.543					
8	RAGUL KUMAR G	870	22/03/00	TAMIL NADU		<b>21.55</b>
	21.548					

**RESULTS OF SEMIS Heat 1**

1	AKASH KUMAR	956	01/01/99	UTTAR PRADESH	+0.3m/s	<b>21.20</b>
2	ANIMESH KUJUR	529	02/06/03	CHHATTISGARH	-0.5m/s	<b>21.24</b>
3	RAHUL RAMESH KADAM	759	03/10/98	MAHARASHTRA	+0.3m/s	<b>21.56</b>
4	RAGUL KUMAR G	870	22/03/00	TAMIL NADU	+0.3m/s	<b>21.60</b>
5	KAPIL .	641	10/11/03	HARYANA	-0.5m/s	<b>21.77</b>
6	EMMANUEL PAUL	734	10/07/99	MADHYA PRADESH	+0.3m/s	<b>21.88</b>
7	NALUBOTHU SHANUMAGA S	509	09/10/02	ANDHRA PRADESH	+0.3m/s	<b>22.36</b>
	MAYMON POULOSE	707	01/05/97	KERALA		<b>DNS</b>

**RESULTS OF SEMIS Heat 2**

1	AMLAN BORGOHAIN	515	25/04/98	ASSAM	-0.5m/s	<b>21.28</b>
2	SHASHIKANTH VIRUPAKSHA	679	24/06/02	KARNATAKA	-0.5m/s	<b>21.48</b>
3	JAY SHAH	761	11/10/97	MAHARASHTRA	+0.3m/s	<b>21.57</b>
4	SAJJAN MISHRA	731	25/07/00	MADHYA PRADESH	+0.3m/s	<b>21.58</b>
5	RAJA BABU ALAM	539	01/11/04	DELHI	+0.3m/s	<b>21.77</b>
6	ABHAY SINGH	738	15/06/06	MADHYA PRADESH	-0.5m/s	<b>21.80</b>
7	VISHAL TK	899	17/12/03	TAMIL NADU	-0.5m/s	<b>21.91</b>
8	SUMIT MONDAL	945	01/11/03	WEST BENGAL	-0.5m/s	<b>22.38</b>

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**RESULTS OF PRELIMS Heat 1**

1	RAHUL RAMESH KADAM	759	03/10/98	MAHARASHTRA	-0.5m/s se	21.75
2	EMMANUEL PAUL	734	10/07/99	MADHYA PRADESH	-0.5m/s se	21.80
3	NALUBOTHU SHANUMAGA S	509	09/10/02	ANDHRA PRADESH	-0.5m/s se	22.24
	22.233					
4	SHUBHAM .	608	29/08/01	HARYANA	-0.5m/s se	22.24
	22.239					
5	MIDHUN T	712	13/03/97	KERALA	-0.5m/s se	22.48
6	KARAN NITINBHAI SARVAIY:	585	29/09/02	GUJARAT	-0.5m/s se	23.42
	ARYAN JAGDISH KADAM	766	02/01/04	MAHARASHTRA (W)		DNS
	ANSHUL .	532	04/04/04	DELHI		DNS

**RESULTS OF PRELIMS Heat 2**

1	AMLAN BORGHAIN	515	25/04/98	ASSAM	-0.6m/s sw	21.37
2	ANIMESH KUJUR	529	02/06/03	CHHATTISGARH	-0.6m/s sw	21.42
3	SAJJAN MISHRA	731	25/07/00	MADHYA PRADESH	-0.6m/s sw	21.77
4	VISHAL TK	899	17/12/03	TAMIL NADU	-0.6m/s sw	21.95
5	TAMIL ARASU S	895	20/05/02	TAMIL NADU	-0.6m/s sw	22.27
6	NIKHIL SIDDHARAM	677	13/09/02	KARNATAKA	-0.6m/s sw	22.84
	AMIYA KUMAR MALLICK	785	14/11/92	ODISHA		DNS
	RITIK MALIK	552	10/11/01	DELHI		DNS

**RESULTS OF PRELIMS Heat 3**

1	SHASHIKANTH VIRUPAKSHA	679	24/06/02	KARNATAKA	+0.5m/s nw	21.79
2	ABHAY SINGH	738	15/06/06	MADHYA PRADESH	+0.5m/s nw	21.81
3	KAPIL .	641	10/11/03	HARYANA	+0.5m/s nw	21.90
4	MAYMON POULOSE	707	01/05/97	KERALA	+0.5m/s nw	22.13
5	PARAS .	644	24/06/98	HIMACHAL PRADESH	+0.5m/s nw	22.21
6	SOURAV SAHA	947	24/03/99	WEST BENGAL	+0.5m/s nw	22.25
7	ABHISEKH DALABEHERA	780	12/04/03	ODISHA	+0.5m/s nw	22.85
8	ATUL ANAND	519	20/03/98	BIHAR	+0.5m/s nw	23.53

**RESULTS OF PRELIMS Heat 4**

1	AKASH KUMAR	956	01/01/99	UTTAR PRADESH	-1.3m/s se	21.40
2	JAY SHAH	761	11/10/97	MAHARASHTRA	-1.3m/s se	21.63
3	RAGUL KUMAR G	870	22/03/00	TAMIL NADU	-1.3m/s se	21.71
4	RAJA BABU ALAM	539	01/11/04	DELHI	-1.3m/s se	21.79
5	SUMIT MONDAL	945	01/11/03	WEST BENGAL	-1.3m/s se	22.14
6	DONDAPATI MRUTY JAYARA	783	12/01/05	ODISHA	-1.3m/s se	22.20
7	YASH VERMA	940	02/01/99	UTTRAKHAND	-1.3m/s se	22.51
	RAJVEERSINH VAGHELA	588	05/07/98	GUJARAT		DNS

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**Event # 3 MENS 400m Run**

@ W.A.C. Q.MARK: 45.00

&amp; ASIAN.G Q.MARK: 46.17

# NR:MUHAMMED ANAS KLDNO 45.21 13/07/2019

% MR:PARAMJIT SINGH CHENNAI 45.56 2000

**RESULTS OF FINALS Heat 1**

1	KALINGA KUMARAGE	861		SRI LANKA	45.64 &
2	MUHAMMED ANAS YAHIYA	686	17/09/94	KERALA	45.76 &
3	MUHAMMED AJMAL V	684	01/06/98	KERALA	45.90 &
4	AMOJ JACOB	543	02/05/98	DELHI	45.91 &
5	RAJESH RAMESH	890	28/03/99	TAMIL NADU	46.25
6	ARUL RAJALINGAM	887	13/03/00	TAMIL NADU	46.71
7	S AROKIA RAJIV	888	22/05/91	TAMIL NADU	47.02
8	MIJO CHACKO KURIAN	663	16/07/95	KARNATAKA	47.25

**RESULTS OF SEMIS Heat 1**

1	MUHAMMED AJMAL V	684	01/06/98	KERALA	45.51 &%
2	MUHAMMED ANAS YAHIYA	686	17/09/94	KERALA	45.63 &
3	KALINGA KUMARAGE	861		SRI LANKA	46.27
4	MIJO CHACKO KURIAN	663	16/07/95	KARNATAKA	46.61
5	S AROKIA RAJIV	888	22/05/91	TAMIL NADU	46.64
6	DHARMVEER CHOUDHARY	832	05/02/01	RAJASTHAN	46.89
7	ANGREJ SINGH	631	19/02/94	HARYANA	47.37
8	VIKRANT PANCHAL	629	30/01/00	HARYANA	47.96

**RESULTS OF SEMIS Heat 2**

1	RAJESH RAMESH	890	28/03/99	TAMIL NADU	46.44
2	ARUL RAJALINGAM	887	13/03/00	TAMIL NADU	46.51
3	AMOJ JACOB	543	02/05/98	DELHI	46.52
4	RAHUL BABY	689	28/08/97	KERALA	46.82
5	RAHUL RAMESH KADAM	759	03/10/98	MAHARASHTRA	47.17
6	MOHIT KUMAR	623	01/09/97	HARYANA	47.38
7	NIHAL JOEL W	680	13/07/00	KARNATAKA	47.42
8	NOWAJIS SHAIKH	948	20/12/98	WEST BENGAL	47.77

**RESULTS OF PRELIMS Heat 1**

1	MUHAMMED ANAS YAHIYA	686	17/09/94	KERALA	46.48
2	KALINGA KUMARAGE	861		SRI LANKA	46.76
3	S AROKIA RAJIV	888	22/05/91	TAMIL NADU	47.45
4	ANGREJ SINGH	631	19/02/94	HARYANA	47.69
5	RASHID .	537	08/01/01	DELHI	47.90
6	NITIN KUMAR	909	12/05/01	UTTAR PRADESH	48.45
7	THEERTHESH P SHETTY	673	31/03/02	KARNATAKA	49.12
8	SAJJAN MISHRA	731	25/07/00	MADHYA PRADESH	49.19

**RESULTS OF PRELIMS Heat 2**

1	MUHAMMED AJMAL V	684	01/06/98	KERALA	46.80
2	ARUL RAJALINGAM	887	13/03/00	TAMIL NADU	47.12
3	MIJO CHACKO KURIAN	663	16/07/95	KARNATAKA	47.20
4	VIKRANT PANCHAL	629	30/01/00	HARYANA	47.70
5	SHUBHAM DATTATRAY DESH	752	29/07/96	MAHARASHTRA	47.77
	AKASH KUMAR	956	01/01/99	UTTAR PRADESH	DNF
	VISHAL SANKALIYA	586	30/08/97	GUJARAT	DNS

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**RESULTS OF PRELIMS Heat 3**

1	RAJESH RAMESH	890	28/03/99	TAMIL NADU	47.08
2	NIHAL JOEL W	680	13/07/00	KARNATAKA	47.23
3	MOHIT KUMAR	623	01/09/97	HARYANA	47.65
4	NOWAJIS SHAIKH	948	20/12/98	WEST BENGAL	47.74
5	ALEX A	571	03/09/94	GOA	47.75
6	KARUNAMAY MAHATO	944	14/01/01	WEST BENGAL	48.05
7	KAMBERDEEP SINGH PARVEEN .	809 524	12/06/95 19/02/90	PUNJAB CHANDIGARH	49.79 DNF

**RESULTS OF PRELIMS Heat 4**

1	AMOJ JACOB	543	02/05/98	DELHI	47.14
2	DHARMVEER CHOUDHARY	832	05/02/01	RAJASTHAN	47.20
3	RAHUL BABY	689	28/08/97	KERALA	47.37
4	RAHUL RAMESH KADAM	759	03/10/98	MAHARASHTRA	47.48
5	KAPIL .	641	10/11/03	HARYANA	48.11
6	SUMIT KUMAR	910	05/05/93	UTTAR PRADESH	48.54
7	NITESH .	857	31/12/01	SIKKIM	48.90

**Event # 4 MENS 800m Run**

@ W.A.C. Q.MARK: 1:44.70

&amp; ASIAN.G Q.MARK: 1:49.05

# NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018

% MR.:JINSON JOHNSON GUWAHATI 1:45.65 2018

**RESULTS OF FINALS Heat 1**

1	KRISHAN KUMAR	620	12/10/97	HARYANA	1:46.17 &
2	MOHAMMED AFSAL P	683	03/02/96	KERALA	1:47.47 &
3	PRADEEP SENTHILKUMAR	897	12/05/03	TAMIL NADU	1:48.10 &
4	ANKESH CHAUDHARY	646	28/12/98	HIMACHAL PRADESH	1:50.30
5	PRAKASH BALU GADADE	751	31/07/02	MAHARASHTRA	1:50.54
6	RIOY J	695	21/12/03	KERALA	1:50.67
7	PARVEJ KHAN ANU KUMAR	723 930	26/12/04 02/11/02	MADHYA PRADESH UTTRAKHAND	1:56.81 DNF

**RESULTS OF PRELIMS Heat 1**

1	PRADEEP SENTHILKUMAR	897	12/05/03	TAMIL NADU	1:50.13
2	MOHAMMED AFSAL P	683	03/02/96	KERALA	1:50.54
3	PRAKASH BALU GADADE	751	31/07/02	MAHARASHTRA	1:51.14
4	NITIN .	535	24/02/99	DELHI	1:51.47
5	GURMAN SINGH	802	27/08/97	PUNJAB	1:52.65
6	MANPREET SINGH SANDHU	939	04/02/99	UTTRAKHAND	1:52.95
7	NAVEEN KUMAR	624	22/02/99	HARYANA	1:54.33
8	ANAND PRAKASH	523	04/09/02	BIHAR	1:54.40
9	PANKAJ MONDAL SAPAM ARNOLD MEITEI	788 774	11/01/05 10/11/04	ODISHA MANIPUR	1:55.92 DNS

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**RESULTS OF PRELIMS Heat 2**

1	KRISHAN KUMAR	620	12/10/97	HARYANA	1:50.38
2	PARVEJ KHAN	723	26/12/04	MADHYA PRADESH	1:50.66
3	RIJOY J	695	21/12/03	KERALA	1:51.06
4	SAHIL KHAN	835	07/11/05	RAJASTHAN	1:51.19
5	MUJAMIL AMEER	866	24/02/98	TAMIL NADU	1:51.83
6	BASANT CHAUHAN	526	31/08/01	CHANDIGARH	1:52.02
7	RAHUL CHOUDHARI	664	19/07/99	KARNATAKA	1:52.15
8	ANANT GAUTAM	542	31/08/02	DELHI	1:53.33
9	MANPREET SINGH TOOR	822	17/02/99	PUNJAB	1:56.51
10	SUMIT .	569	12/01/98	GOA	1:58.76

**RESULTS OF PRELIMS Heat 3**

1	ANKESH CHAUDHARY	646	28/12/98	HIMACHAL PRADESH	1:52.11
2	ANU KUMAR	930	02/11/02	UTTRAKHAND	1:52.20
3	GURKOMAL SINGH GILL	821	12/01/00	PUNJAB	1:52.21
4	AMAN KUMAR	906	20/10/99	UTTAR PRADESH	1:52.84
5	SALMAN FAROOKH	691	16/04/02	KERALA	1:53.00
6	AJAY SINGH KUSHWAHA	744	07/08/03	MADHYA PRADESH	1:53.32
7	ASHOK DANDASENA	781	05/07/94	ODISHA	1:53.56
8	PUSHPENDRA SING RATHORI	849	18/06/97	RAJASTHAN	1:54.04
9	HUSSAIN RIZA	771	01/04/97	MALDIVES	1:55.77
10	MARIAPPAN M	878	09/04/02	TAMIL NADU	1:56.63
	SATYA DEV .	607	21/02/02	HARYANA	DNS

**Event # 5 MENS 1500m Run**

@ W.A.C. Q.MARK: 3:34.20

&amp; ASIAN.G Q.MARK: 3:47.84

# NR.:JINSON JOHNSON BERLIN 3:35.24 01/09/2019

% MR.:BAHADUR PRASAD CHENNAI 3:40.10 1995

**RESULTS OF FINALS Heat 1**

1	JINSON JOHNSON JOHNSON	697	15/03/91	KERALA	3:42.77 &
2	AJAY KUMAR SAROJ	950	01/05/97	UTTAR PRADESH (W)	3:42.96 &
3	SHASHI BHUSHAN SINGH	521	10/01/96	BIHAR	3:43.93 &
4	YOONUS SHAH	921	10/05/01	UTTAR PRADESH	3:44.85 &
5	RAHUL .	536	01/12/96	DELHI	3:45.05 &
6	SACHELAL PATEL	933	07/03/96	UTTRAKHAND	3:45.78 &
7	NARENDER SINGH	634	07/10/97	HARYANA	3:46.67 &
8	RITESH OHRE	732	31/12/03	MADHYA PRADESH	3:46.75 &
9	ARJUN WASKALE	746	03/07/03	MADHYA PRADESH	3:46.85 &
10	RAHUL BALODA	831	05/06/99	RAJASTHAN	3:47.16 &
11	SONU .	829	14/02/98	RAJASTHAN	3:47.32 &
12	NIKESH DHANRAJ RATHOD	574	09/09/97	GOA	3:49.87

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**RESULTS OF PRELIMS Heat 1**

1	AJAY KUMAR SAROJ	950	01/05/97	UTTAR PRADESH (W)	3:44.13 &
2	YOONUS SHAH	921	10/05/01	UTTAR PRADESH	3:44.22 &
3	SACHELAL PATEL	933	07/03/96	UTTRAKHAND	3:44.33 &
4	RAHUL BALODA	831	05/06/99	RAJASTHAN	3:46.73 &
5	NIKESH DHANRAJ RATHOD	574	09/09/97	GOA	3:49.89
6	PRAKASH KUMAR	546	12/01/01	DELHI	3:51.44
7	RAVIKUMAR M	879	13/12/99	TAMIL NADU	3:56.04
8	PARVEJ KHAN	951	26/12/04	MADHYA PRADESH (W)	3:56.95
9	NAGARAJ VENKATESHA DIVI	678	15/08/99	KARNATAKA	3:57.21
10	HUSSAIN FAZEEL HAROON	769	10/04/89	MALDIVES	3:57.44
11	SALMAN FAROOKH	691	16/04/02	KERALA	3:57.48
	DEEPAK .	595	28/12/04	HARYANA	DNS

**RESULTS OF PRELIMS Heat 2**

1	JINSON JOHNSON JOHNSON	697	15/03/91	KERALA	3:48.83
2	NARENDER SINGH	634	07/10/97	HARYANA	3:48.97
3	SONU .	829	14/02/98	RAJASTHAN	3:49.31
4	PRAKASH BALU GADADE	765	31/07/02	MAHARASHTRA (W)	3:51.31
5	ABHISHEK SINGH THAKUR	745	04/07/00	MADHYA PRADESH	3:51.55
6	SAURABH KUMAR	549	02/07/02	DELHI	3:51.57
7	MANPREET SINGH SANDHU	939	04/02/99	UTTRAKHAND	3:52.16
8	BASANT CHAUHAN	526	31/08/01	CHANDIGARH	3:52.19
9	ASHOK DANDASENA	781	05/07/94	ODISHA	3:52.64
10	ABHIJITH SA	578	07/05/98	GOA	3:56.37
11	AJEET KUMAR	582	03/07/99	GUJARAT	3:58.23
	AMAN ..	642	27/11/96	HARYANA (W)	DNS

**RESULTS OF PRELIMS Heat 3**

1	SHASHI BHUSHAN SINGH	521	10/01/96	BIHAR	3:49.59
2	RAHUL .	536	01/12/96	DELHI	3:49.93
3	RITESH OHRE	732	31/12/03	MADHYA PRADESH	3:50.59
4	ARJUN WASKALE	746	03/07/03	MADHYA PRADESH	3:50.87
5	OMKAR KUMBHAR	755	26/07/03	MAHARASHTRA	3:54.44
6	SHIVAM SHARMA	647	11/10/02	HIMACHAL PRADESH	3:55.06
7	ANAND PRAKASH	523	04/09/02	BIHAR	3:55.09
8	DINESH KUMAR	516	05/01/00	ASSAM	3:55.95
9	VIKASH .	611	01/01/04	HARYANA	3:56.45
10	SURYA.K .	658	04/04/02	KARNATAKA	3:56.86
	ANIL KUMAR	858	05/07/99	SIKKIM	DNF
	ABHINANDH SUNDARESAN	711	20/08/99	KERALA	DNS



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**Event # 6 MENS 5000m Run**

@ W.A.C. Q.MARK: 13:07.00

&amp; ASIAN.G Q.MARK: 14:00.00

# NR:AVINASH SABLE WALNUT 13:19.30 06/05/2023

% MR:SURENDRA SINGH CHENNAI 13:51.31 2009

1	GULVEER SINGH	922	01/06/98	UTTAR PRADESH	13:43.23 &%
2	HARMAN JOT SINGH	722	10/10/95	MADHYA PRADESH	13:44.25 &%
3	HEMRAJ GURJAR	833	10/07/99	RAJASTHAN	13:45.91 &%
4	KULDEEP SINGH	558	06/07/87	DELHI	13:48.06 &%
5	HARJODHVIR SINGH	805	13/01/99	PUNJAB	13:59.37 &
6	AJAY KUMAR	575	08/07/94	GOA	14:04.12
7	UTTAM CHAND	718	07/06/99	MADHYA PRADESH	14:16.00
8	ABHISHEK PAL ABHISHEK	917	15/07/97	UTTAR PRADESH	14:17.52
9	PANKAJ .	605	17/08/95	HARYANA	14:18.31
10	SAWAN BARWAL	645	18/02/98	HIMACHAL PRADESH	14:19.59
11	MOHAN SAINI	935	14/10/98	UTTRAKHAND	14:27.64
12	DHARMENDER .	827	20/07/99	RAJASTHAN	14:29.78
13	SUNIL KUMAR	725	10/03/97	MADHYA PRADESH	14:32.09
14	MURLI KUMAR GAVIT	583	01/08/97	GUJARAT	14:40.85
15	SANDEEP SINGH	579	07/03/99	GOA	14:42.77
16	ANURAG YADAV	589	01/07/02	GUJARAT	14:42.92
17	RAKESH MANDAL	932	16/04/99	UTTRAKHAND	15:00.41
	PRITAM KUMAR	547	07/12/02	DELHI	DNF
	AJAY .	590	29/01/02	HARYANA	DNF
	LAKSHMANAN GOVINDAN	871	05/06/90	TAMIL NADU	DNF
	SANDEEP KUMAR.	915	03/07/99	UTTAR PRADESH	DNS
	GURPREET .	597	24/12/99	HARYANA	DNF
	ANANDKRISHNA K	698	01/02/01	KERALA	DNF
	KIRAN MATRE	961	05/08/01	CHANDIGARH	DNF

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**Event # 7 MENS 10000m Run**

@ W.A.C. Q.MARK: 27:10.00

&amp; ASIAN.G Q.MARK: 29:30.00

# NR:SURENDRA SINGH VIGO 28:02.89 12/07/2008

% MR:SURENDRA SINGH BHOPAL 29:06.17 2007

1	KARTIK KUMAR	908	12/05/99	UTTAR PRADESH	29:01.84	&%
2	GULVEER SINGH	922	01/06/98	UTTAR PRADESH	29:03.78	&%
3	PRITAM KUMAR	547	07/12/02	DELHI	29:22.36	&
4	HARMAN JOT SINGH	722	10/10/95	MADHYA PRADESH	29:26.86	&
5	UTTAM CHAND	718	07/06/99	MADHYA PRADESH	29:34.55	
6	SUNIL KUMAR	725	10/03/97	MADHYA PRADESH	29:35.81	
7	HARJODHVIR SINGH	805	13/01/99	PUNJAB	29:48.33	
8	SANDEEP SINGH	579	07/03/99	GOA	29:49.77	
9	PRADEEP KUMAR .	828	13/06/00	RAJASTHAN	29:50.75	
10	AJAY KUMAR	575	08/07/94	GOA	29:57.88	
11	RAVI GULIA	617	25/10/01	HARYANA	30:26.28	
12	SUMAN BISWAS	942	11/10/01	WEST BENGAL	30:57.05	
13	ANANDKRISHNA K	698	01/02/01	KERALA	31:07.00	
14	AFTAB ANSARI	520	10/12/03	BIHAR	31:10.86	
15	TRILOK KUMAR	522	10/08/01	BIHAR	31:31.56	
	MOHAN SAINI	935	14/10/98	UTTRAKHAND	DNF	
	MURLI KUMAR GAVIT	583	01/08/97	GUJARAT	DNF	
	GURPREET .	597	24/12/99	HARYANA	DNF	
	MAHIPAL KUMAR	859	01/07/04	SIKKIM	DNF	
	SAWAN BARWAL	645	18/02/98	HIMACHAL PRADESH	DNF	
	MANOJ KUMAR	622	10/05/93	HARYANA	DNF	
	ROHIT KUMAR	548	07/01/01	DELHI	DNF	
	SAHIL GILL	527	12/07/98	CHANDIGARH	DNF	
	DHARMENDER .	827	20/07/99	RAJASTHAN	DNF	
	ABHISHEK PAL ABHISHEK	917	15/07/97	UTTAR PRADESH	DNF	
	GAURAV MATHUR	553	19/09/99	DELHI	DQ	

**Event # 8 MENS 110m Hurdles**

@ W.A.C. Q.MARK: 13.28

&amp; ASIAN.G Q.MARK: 13.57

# NR:SIDDHANTH THINGALAYA MESA 13.48 10/06/2017

% MR:SIDDHANTH THINGALAYA LUCKNOW 13.65 2019

**RESULTS OF FINALS Heat 1**

1	TEJAS ASHOK SHIRSE	749	04/06/02	MAHARASHTRA	-0.7m/s sw	13.87
2	SACHIN BINU	690	18/05/98	KERALA	-0.7m/s sw	13.99
3	RONALD BABU	716	09/04/98	MADHYA PRADESH	-0.7m/s sw	14.24
4	DHANUSH ADITHAN G	868	30/09/01	TAMIL NADU	-0.7m/s sw	14.31
5	SANDEEP CHOUDHARY	855	13/06/02	RAJASTHAN (W)	-0.7m/s sw	14.41
6	TARUNDEEP SINGH BHATIA	819	06/09/94	PUNJAB	-0.7m/s sw	14.55
	MANAV R	884	07/06/00	TAMIL NADU		DNS
	I G J I LAKVIJAYA	862		SRI LANKA		DQ

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**RESULTS OF PRELIMS Heat 1**

1	SACHIN BINU	690	18/05/98	KERALA	+0.3m/s n	14.25
2	RONALD BABU	716	09/04/98	MADHYA PRADESH	+0.3m/s n	14.44
3	DHANUSH ADITHAN G	868	30/09/01	TAMIL NADU	+0.3m/s n	14.50
4	TARUNDEEP SINGH BHATIA	819	06/09/94	PUNJAB	+0.3m/s n	14.53
5	SRIKANTH MADHYAST CP	670	27/11/92	KARNATAKA	+0.3m/s n	15.00
6	HARMANJEET SINGH	557	20/04/02	DELHI	+0.3m/s n	15.01
	SRIKANTH KUMAR VADAKAI	504	11/10/93	ANDHRA PRADESH		DQ
	MADHVENDRA SINGH SHEKI	854	30/10/03	RAJASTHAN		DNS

**RESULTS OF PRELIMS Heat 2**

1	TEJAS ASHOK SHIRSE	749	04/06/02	MAHARASHTRA	+1.0m/s ne	13.75
2	I G J I LAKVIJAYA	862		SRI LANKA	+1.0m/s ne	14.06
3	SANDEEP CHOUDHARY	855	13/06/02	RAJASTHAN (W)	+1.0m/s ne	14.52
4	MANAV R	884	07/06/00	TAMIL NADU	+1.0m/s ne	14.55
5	MUHAMMED LAZAN VK	702	01/06/02	KERALA	+1.0m/s ne	14.66
6	MAYENGBAM ALKEN SINGH	773	16/05/97	MANIPUR	+1.0m/s ne	15.15
7	NISHANTHRAJA G	869	12/04/01	TAMIL NADU	+1.0m/s ne	15.18
8	MATTE RAVI KIRAN	507	19/02/97	ANDHRA PRADESH	+1.0m/s ne	15.19

**Event # 9 MENS 400m Hurdles**

@ W.A.C. Q.MARK: 48.70

&amp; ASIAN.G Q.MARK: 49.75

# NR:A DHARUN PATIALA 48.80 16/03/2019

% MR:A DHARUN TAMIL NADU 49.68 2018

**RESULTS OF FINALS Heat 1**

1	YASHAS P	672	08/12/01	KARNATAKA		49.37 &%
2	SANTHOSH KUMAR T	877	01/01/98	TAMIL NADU		49.52 &%
3	JABIR MADARI PALLIYALIL	705	08/06/96	KERALA		50.40
4	SATHISH K	874	01/09/94	TAMIL NADU		51.20
5	VIJAY SINGH MALIK	636	10/01/93	HARYANA		51.21
6	JASHANJOT SINGH	807	07/02/95	PUNJAB		51.68
7	DHAVAL MAHESH UTEKAR	584	06/10/00	GUJARAT		53.34
	SURENDER .	609	30/12/96	HARYANA		DNF

**RESULTS OF PRELIMS Heat 1**

1	YASHAS P	672	08/12/01	KARNATAKA		52.35
2	VIJAY SINGH MALIK	636	10/01/93	HARYANA		52.49
3	SATHISH K	874	01/09/94	TAMIL NADU		52.68
4	JASHANJOT SINGH	807	07/02/95	PUNJAB		52.83
5	VISHWVEER SINGH	957	01/01/96	UTTAR PRADESH		53.31
6	ROHITH A	681	14/06/02	KERALA		53.82
7	NIRMAL YADAV	768	13/01/97	MAHARASHTRA (W)		54.11
8	KARTHIK YARRAVARAPU	512	01/04/04	ANDHRA PRADESH		55.36

**RESULTS OF PRELIMS Heat 2**

1	SANTHOSH KUMAR T	877	01/01/98	TAMIL NADU		51.46
2	JABIR MADARI PALLIYALIL	705	08/06/96	KERALA		52.19
3	DHAVAL MAHESH UTEKAR	584	06/10/00	GUJARAT		52.64
4	SURENDER .	609	30/12/96	HARYANA		52.96
5	HARDEEP KUMAR	794	27/06/03	PUNJAB		52.99
6	ROHAN GAUTHAM KAMBLE	767	15/02/02	MAHARASHTRA (W)		53.91
7	MANIKANDA PRABH THANG.	898	15/11/95	TAMIL NADU		54.07

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**Event # 10 MENS 3000m Steeplechase**

@ W.A.C. Q.MARK: 8:15.00

&amp; ASIAN.G Q.MARK: 8:35.40

# NR:AVINASH SABLE BIRMINGHAM 8:11.20 06/08/2022

% MR:AVINASH SABLE LUCKNOW 8:33.19 2019

1	BALKISHAN .	593	09/11/98	HARYANA	8:38.98
2	SUMIT KUMAR	550	07/04/00	DELHI	8:43.45
3	PRINCE RAJ MISHRA	860	01/03/99	SIKKIM	8:44.55
4	PUKESHWAR LAL	530	25/03/97	CHHATTISGARH	8:47.73
5	ATUL POONIA	847	01/10/00	RAJASTHAN	8:49.95
6	PAUL MATHEW J	694	27/09/96	KERALA	8:49.96
7	ANKIT RAJESH	630	10/10/97	HARYANA	8:50.08
8	SHANKAR LAL SWAMI	626	05/07/96	HARYANA	8:55.43
9	VIKARAM KUMAR	841	25/06/99	RAJASTHAN	8:56.23
10	SUNIL JOLIYA JINABHAI	581	26/12/02	GUJARAT	8:59.65
11	RAKESH KUMAR SWAMI	842	07/01/94	RAJASTHAN	8:59.68
12	BIBIN GEORGE	693	19/02/98	KERALA	9:09.36
13	PRINCE .	518	01/11/99	BIHAR	9:09.54
14	SIDDHANT SURESH PUJARI	763	22/12/01	MAHARASHTRA	9:14.95
15	GAURAV KUMAR YADAV	728	04/08/04	MADHYA PRADESH	9:17.18
16	HRITIK BALYAN	540	31/10/02	DELHI	9:22.43
17	RAJAN YADAV	764	01/01/99	MAHARASHTRA	9:26.23
18	SHUBHAM SHRIDHAR BHANI	762	17/06/00	MAHARASHTRA	9:40.09
19	DURGESH KUMAR BIND	514	15/07/00	ASSAM	9:54.69
	BHUPAL SINGH	936	10/01/97	UTTRAKHAND	DNF
	KUNWAR PRABENDE .	902	25/05/96	UTTAR PRADESH	DNF
	MD NUR HASAN	904	18/08/01	UTTAR PRADESH	DNF
	VIKRAM SINGH	742	03/07/96	MADHYA PRADESH	DNF

**Event # 11 MENS High Jump**

@ W.A.C. Q.MARK: 2.32

&amp; ASIAN.G Q.MARK: 2.24

# NR:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

% MR:B CHETHAN GUWAHATI 2.25 2018

1	SARVESH ANIL KUSHARE	748	17/06/95	MAHARASHTRA	2.24m &
2	JESSE SANDESH	676	22/10/95	KARNATAKA	2.24m &
3	BHARATHI VISWANATHAN	900	20/05/94	TAMIL NADU	2.17m
4	CHETHAN BALASUBRAMAN`	662	18/08/92	KARNATAKA	2.14m
5	MD ASRAF ALI	941	16/01/03	WEST BENGAL	2.08m
5	SWADHIN KUMAR MAJHI	786	10/04/00	ODISHA	2.11m
7	AADARSH RAM	889	27/09/97	TAMIL NADU	2.08m
8	UCHCHAAL KUMAR ROY	943	11/10/02	WEST BENGAL	2.05m
9	SANTHOSH M	703	14/10/00	KERALA	2.05m
10	CHANDRA MOHAN	880	10/01/00	TAMIL NADU	2.05m
11	KAUSTUBHA JAISWAL	721	28/01/00	MADHYA PRADESH	2.00m
11	PIYUSH SINGH PANWAR	637	11/01/03	HARYANA	2.00m
13	MANU FRANCIS	692	11/04/98	KERALA	2.00m
14	PEDA KAMARAJU SRIKAKOL	510	10/05/99	ANDHRA PRADESH	2.00m

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**Event # 12 MENS Pole Vault**

@ W.A.C. Q.MARK: 5.81

&amp; ASIAN.G Q.MARK: 5.40

# NR:S SIVA GANDHINAGAR 5.31 30/10/2022

% MR:KUNDAN . GUWAHATI 5.10 2018

**RESULTS OF FINALS**

1	SIVA S	893	05/06/96	TAMIL NADU	5.11m %
2	DEV MEENA	730	07/05/05	MADHYA PRADESH	4.90m
3	SIDHARTH AK	685	27/08/00	KERALA	4.80m
4	GOURAV ..	612	20/02/02	HARYANA	4.80m
5	ANAS BABU E B	688	09/10/95	KERALA	4.70m
6	DHIRENDRA KUMAR	907	28/08/99	UTTAR PRADESH	4.50m
6	ANSHU PATEL	733	03/05/05	MADHYA PRADESH	4.50m
6	AJAY KUMAR .	591	08/12/03	HARYANA	4.50m
9	BALAN S	891	12/07/03	TAMIL NADU	4.50m
9	DEVRAJ SINGH SHAKTAWAT	853	20/12/97	RAJASTHAN	4.50m
	SHEKHAR KUMAR PANDEY	912	01/02/01	UTTAR PRADESH	NM
	KULDEEP KUMAR	927	12/03/05	UTTAR PRADESH (W)	NM

**RESULTS OF PRELIMS**

1	DEV MEENA	730	07/05/05	MADHYA PRADESH	4.70m
1	DHIRENDRA KUMAR	907	28/08/99	UTTAR PRADESH	4.70m
1	ANAS BABU E B	688	09/10/95	KERALA	4.70m
1	SIVA S	893	05/06/96	TAMIL NADU	4.70m
1	KULDEEP KUMAR	927	12/03/05	UTTAR PRADESH (W)	4.70m
1	SHEKHAR KUMAR PANDEY	912	01/02/01	UTTAR PRADESH	4.70m
7	SIDHARTH AK	685	27/08/00	KERALA	4.70m
8	GOURAV ..	612	20/02/02	HARYANA	4.70m
9	AJAY KUMAR .	591	08/12/03	HARYANA	4.70m
10	DEVRAJ SINGH SHAKTAWAT	853	20/12/97	RAJASTHAN	4.40m
10	BALAN S	891	12/07/03	TAMIL NADU	4.40m
10	ANSHU PATEL	733	03/05/05	MADHYA PRADESH	4.40m
13	BINEESH JACOB	696	17/03/86	KERALA	4.40m
	RAMBEER SINGH	851	30/06/96	RAJASTHAN	NM
	JESSAN K G	668	03/01/98	KARNATAKA	NM
	SANTHOSH KUMAR M	876	15/11/98	TAMIL NADU	NM
	ANIKET KUMAR PATEL	913	25/11/97	UTTAR PRADESH	NM
	UTTAM .	610	15/11/00	HARYANA	NM
	MANISH SINGH	559	12/07/99	DELHI	DNS

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**Event # 13 MENS Long Jump**

@ W.A.C. Q.MARK: 8.25

&amp; ASIAN.G Q.MARK: 7.95

# NR:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR:SREESHANKAR M CHENNAI 8.23 2022

**RESULTS OF FINALS**

1	SREESHANKAR M	704	27/03/99	KERALA	+0.0m/s	<b>8.29m</b> @&%
		8.03, 8.29, X, X, X, X				
2	JESWIN ALDRIN	865	24/12/01	TAMIL NADU	+0.0m/s	<b>7.98m</b> &
		X, X, 7.98, X, p, X				
3	DAVID P	881	17/03/02	TAMIL NADU	+0.0m/s	<b>7.94m</b>
		7.63, 6.94, 7.52, 7.54, 7.94, 7.92				
4	MUHAMMED ANEES YAHIYA	687	03/12/95	KERALA	+0.0m/s	<b>7.91m</b>
5	S LOKESH .	657	21/12/99	KARNATAKA	+1.1m/s	<b>7.84m</b>
6	SAJAN R	517	26/03/02	ASSAM	+0.6m/s	<b>7.62m</b>
7	MOHAMMED ASIEF.K	573	13/11/02	GOA	+0.3m/s	<b>7.57m</b>
8	SIDDHARTH MOHAN NAIK	671	08/09/95	KARNATAKA	+0.0m/s	<b>7.56m</b>
9	KRISHNA BRAJKISHOR SHAR	717	02/08/99	MADHYA PRADESH	+0.2m/s	<b>7.25m</b>
10	ELAKKIYADASAN K	873	31/01/95	TAMIL NADU	+0.0m/s	<b>7.21m</b>
11	NIRMAL SABU	710	11/05/99	KERALA	+1.2m/s	<b>7.18m</b>
	BHUPENDER SINGH	632	13/11/01	HARYANA		<b>NM</b>

**RESULTS OF PRELIMS**

1	SREESHANKAR M	704	27/03/99	KERALA	+1.5m/s	<b>8.41m</b> @&%
2	JESWIN ALDRIN	865	24/12/01	TAMIL NADU	+0.0m/s	<b>7.83m</b>
3	MUHAMMED ANEES YAHIYA	687	03/12/95	KERALA	+0.0m/s	<b>7.71m</b>
4	DAVID P	881	17/03/02	TAMIL NADU	+0.0m/s	<b>7.68m</b>
5	SIDDHARTH MOHAN NAIK	671	08/09/95	KARNATAKA	+0.0m/s	<b>7.55m</b>
6	SAJAN R	517	26/03/02	ASSAM	+0.7m/s	<b>7.43m</b>
7	KRISHNA BRAJKISHOR SHAR	717	02/08/99	MADHYA PRADESH	+0.0m/s	<b>7.42m</b>
8	NIRMAL SABU	710	11/05/99	KERALA	+0.0m/s	<b>7.40m</b>
9	S LOKESH .	657	21/12/99	KARNATAKA	-0.5m/s	<b>7.38m</b>
10	ELAKKIYADASAN K	873	31/01/95	TAMIL NADU	-0.3m/s	<b>7.30m</b>
11	MOHAMMED ASIEF.K	573	13/11/02	GOA	-0.6m/s	<b>7.26m</b>
12	BHUPENDER SINGH	632	13/11/01	HARYANA	+0.9m/s	<b>7.24m</b>
13	SUBHASH .	830	29/12/98	RAJASTHAN	+0.0m/s	<b>6.89m</b>
14	JAGROOP SINGH	806	18/08/98	PUNJAB	+0.0m/s	<b>6.80m</b>
15	AVINASH KUMAR	619	16/10/02	HARYANA	+0.0m/s	<b>6.73m</b>
16	MANEESH SHARMA	737	22/12/99	MADHYA PRADESH	+0.0m/s	<b>4.72m</b>
	ARYA S	674	31/12/01	KARNATAKA		<b>NM</b>
	SAHIL MAHABALI	627	27/12/97	HARYANA		<b>NM</b>
	RANJAN SINGH	741	15/06/01	MADHYA PRADESH		<b>NM</b>
	RISHABH RISHISHWAR	920	09/03/00	UTTAR PRADESH		<b>DNS</b>

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**Event # 14 MENS Triple Jump**

@ W.A.C. Q.MARK: 17.20

&amp; ASIAN.G Q.MARK: 16.60

# NR:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023

% MR:PRAVEEN CHITHRAVEL CHENNAI 17.18 2022

1	PRAVEEN CHITHRAVEL	867	05/06/01	TAMIL NADU	+0.0m/s	17.07m &
	16.16, 17.07, p, p, p, p					
2	ABDULLA ABOOBACKER	682	17/01/96	KERALA	+0.0m/s	16.88m &
	16.12, 16.54, X, X, 16.88, X					
3	ELDHOSE PAUL	706	07/11/96	KERALA	+0.0m/s	16.75m &
	16.17, 16.19, 16.75, X, X, 16.02					
4	SELVA PRABHU	882	28/12/04	TAMIL NADU	+0.0m/s	16.09m
5	KARTHIK U	713	03/06/93	KERALA	-0.7m/s	16.08m
6	MOHAMMED SALAHUDDIN S	896	24/03/94	TAMIL NADU	+0.0m/s	15.86m
7	JWNGSAR BASUMATARY	513	25/07/03	ASSAM	+1.0m/s	15.19m
8	VAISAKH A	572	18/03/98	GOA	-0.2m/s	15.01m
9	AKHILESH .	656	07/01/03	KARNATAKA	+0.0m/s	14.90m
10	ASHOK YADAV	638	16/10/99	HARYANA	-0.7m/s	14.81m
11	PRADEEP YADAV	568	29/11/96	DELHI	-0.7m/s	13.69m
	JASKARAN SINGH	808	09/03/98	PUNJAB		NM
	ARPINDER SINGH	796	30/12/92	PUNJAB		DNS

**Event # 15 MENS Shot Put**

@ W.A.C. Q.MARK: 21.40

&amp; ASIAN.G Q.MARK: 19.00

# NR:T.SINGH TOOR PATIALA 21.49 21/06/2021

% MR:TAJINDERPAL SINGH TOOR PATIALA 21.10 2021

**RESULTS OF FINALS**

1	TAJINDERPAL SINGH TOOR	823	13/11/94	PUNJAB		21.77m (@&#)
	21.09, X, 21.77, X, X, p					
2	KARANVEER SINGH	810	24/07/97	PUNJAB		19.78m &
	18.89, 19.32, X, 18.74, 19.09, 19.78					
3	SAHIB SINGH	562	05/11/00	DELHI		18.75m
	18.75, 17.83, 17.80, X, X, X					
4	SAMARDEEP SINGH GILL	743	03/01/01	MADHYA PRADESH		18.51m
5	AMANDEEP SINGH DHALIWA	820	16/05/02	PUNJAB		18.22m
6	NARESH ANTIL	614	20/03/91	HARYANA		17.89m
7	ANIKET .	929	05/11/01	UTTRAKHAND		17.71m
8	DEVINDER SINGH	556	30/10/92	DELHI		17.42m
9	CHETAN KAPOOR	618	23/12/93	HARYANA		17.24m
10	ABHILASH SAXENA	736	05/07/93	MADHYA PRADESH		17.24m
11	AKSHAY .	826	28/12/98	RAJASTHAN		17.20m
12	P. SURYA PRAKASH	883	25/09/02	TAMIL NADU		16.40m

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1	TAJINDERPAL SINGH TOOR	823	13/11/94	PUNJAB	<b>18.91m</b>
2	KARANVEER SINGH	810	24/07/97	PUNJAB	<b>18.20m</b>
3	ANIKET .	929	05/11/01	UTTRAKHAND	<b>17.66m</b>
4	SAMARDEEP SINGH GILL	743	03/01/01	MADHYA PRADESH	<b>17.64m</b>
5	DEVINDER SINGH	556	30/10/92	DELHI	<b>17.63m</b>
6	NARESH ANTIL	614	20/03/91	HARYANA	<b>17.53m</b>
7	ABHILASH SAXENA	736	05/07/93	MADHYA PRADESH	<b>17.32m</b>
8	AMANDEEP SINGH DHALIWA	820	16/05/02	PUNJAB	<b>17.15m</b>
9	SAHIB SINGH	562	05/11/00	DELHI	<b>17.09m</b>
10	CHETAN KAPOOR	618	23/12/93	HARYANA	<b>16.64m</b>
11	P. SURYA PRAKASH	883	25/09/02	TAMIL NADU	<b>16.59m</b>
12	AKSHAY .	826	28/12/98	RAJASTHAN	<b>16.20m</b>
13	DHANVIR SINGH	949	28/12/02	PUNJAB (W)	<b>16.15m</b>
14	ADARSH SANJEEV KHANNA	531	04/12/02	CHHATTISGARH	<b>16.04m</b>
15	SHAKTI SINGH RATHORE	852	07/02/89	RAJASTHAN	<b>15.90m</b>
16	SOURABH VIJ	567	14/06/87	DELHI	<b>14.79m</b>
	AMIT BHAINI	525	20/10/97	CHANDIGARH	<b>DNS</b>
	ASHISH BHALOTHIA	615	11/11/99	HARYANA	<b>DNS</b>
	SHIVAM CHOUDHARY	903	25/08/97	UTTAR PRADESH	<b>DNS</b>

**Event # 16 MENS Discus Throw**

@ W.A.C. Q.MARK: 67.00

&amp; ASIAN.G Q.MARK: 58.00

# NR:VIKAS GOWDA NORMAN 66.28 12/04/2012

% MR:KIRPAL SINGH CHENNAI 60.31 2022

1	KIRPAL SINGH	811	19/05/92	PUNJAB	<b>57.39m</b>
		57.24, 56.31, 55.46, 54.28, 57.39, 56.73			
2	GAGANDEEP SINGH	799	20/05/95	PUNJAB	<b>55.69m</b>
		54.60, 54.02, 55.69, 53.28, 54.85, 55.35			
3	NIRBHAY SINGH	635	20/11/96	HARYANA	<b>55.21m</b>
		53.49, 52.09, 54.51, X, 54.52, 55.21			
4	HARPREET SINGH	825	18/07/93	PUNJAB (W)	<b>53.21m</b>
5	ARJUN .	533	01/07/93	DELHI	<b>53.00m</b>
6	BALJINDER SINGH	797	23/07/89	PUNJAB	<b>52.39m</b>
7	MANJEET .	603	17/11/95	HARYANA	<b>50.86m</b>
8	PARSHANT MALIK	628	10/07/91	HARYANA	<b>50.49m</b>
9	IKRAM ALI KHAN	715	01/07/01	MADHYA PRADESH	<b>49.57m</b>
10	ARVIND SHARMA	555	30/11/03	DELHI	<b>49.57m</b>
11	P. SURYA PRAKASH	883	25/09/02	TAMIL NADU	<b>49.57m</b>
12	HARI BEHERA	777	30/12/97	ODISHA	<b>46.33m</b>
	PRAVEEN KUMAR..	844	02/02/96	RAJASTHAN	<b>NM</b>
	VAZEER .	570	19/07/97	GOA	<b>NM</b>
	SACHIN SUHAG	643	11/11/96	HARYANA (W)	<b>NM</b>



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**Event # 17 MENS Hammer Throw**

@ W.A.C. Q.MARK: 78.00

&amp; ASIAN.G Q.MARK: 71.10

# NR:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

% MR:NIRAJ KUMAR HYDERABAD 70.73 2016

1	TARANVEER SINGH BAINS	818	01/10/96	PUNJAB	68.07m
		X, 67.61, X, 68.07, 66.86, 67.82			
2	NITESH POONIA	848	31/12/00	RAJASTHAN	67.10m
		64.26, 67.10, 66.64, X, X, 64.41			
3	DAMNEET SINGH	798	10/03/00	PUNJAB	65.86m
		64.02, 65.86, X, X, 64.25, 64.51			
4	GAURAV .	596	12/02/96	HARYANA	65.13m
5	PRAVEEN KUMAR	838	14/12/00	RAJASTHAN	64.35m
6	GURDEV SINGH	800	14/08/01	PUNJAB	64.35m
7	NIRAJ KUMAR	837	17/09/90	RAJASTHAN	63.95m
8	NAVEEN YADAV	639	28/10/00	HARYANA	62.79m
9	DUPINDER SINGH	633	16/02/00	HARYANA	59.66m
10	VINEET KUMAR SHUKLA	503	28/10/99	ANDHRA PRADESH	55.35m
11	YUVRAJ JAKHAR	856	07/12/01	RAJASTHAN (W)	55.23m
	DEVANG .	534	20/12/03	DELHI	DNS

**Event # 18 MENS Javelin Throw**

@ W.A.C. Q.MARK: 85.20

&amp; ASIAN.G Q.MARK: 78.23

# NR:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022

% MR:MANU DP CHENNAI 84.35 2022

**RESULTS OF FINALS**

1	ROHIT YADAV	925	06/06/01	UTTAR PRADESH	83.28m &
		83.28, 80.31, X, X, p, p			
2	KISHORE KUMAR JENA	784	06/09/95	ODISHA	82.87m &
		78.87, 82.87, 82.30, 79.60, X, X			
3	SHIVPAL SINGH	923	07/06/95	UTTAR PRADESH	81.96m &
		80.14, X, 74.11, 81.96, 77.51, X			
4	MANU D P	665	24/01/00	KARNATAKA	76.85m
5	SACHIN YADAV	926	25/10/99	UTTAR PRADESH	76.01m
6	ANUJ KALERA	834	28/11/01	RAJASTHAN	75.70m
7	JAIDEEP .	600	12/03/96	HARYANA	73.94m
8	KUNWER AJAIRAJ SINGH RAI	793	13/01/02	PUNJAB	71.73m
9	ABHISHEK DRALL	541	11/05/98	DELHI	71.58m
10	MOHIT .	604	04/07/01	HARYANA	67.79m
11	VIKRANT MALIK	787	02/01/96	ODISHA	66.82m
12	VIJAY LAKRA	653	22/06/99	JHARKHAND	65.96m

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1	KISHORE KUMAR JENA	784	06/09/95	ODISHA	79.96m &
2	SHIVPAL SINGH	923	07/06/95	UTTAR PRADESH	79.35m &
3	ANUJ KALERA	834	28/11/01	RAJASTHAN	79.04m &
4	ROHIT YADAV	925	06/06/01	UTTAR PRADESH	76.32m
5	MANU D P	665	24/01/00	KARNATAKA	76.21m
6	SACHIN YADAV	926	25/10/99	UTTAR PRADESH	74.33m
7	JAIDEEP .	600	12/03/96	HARYANA	73.58m
8	VIKRANT MALIK	787	02/01/96	ODISHA	72.88m
9	VIJAY LAKRA	653	22/06/99	JHARKHAND	72.54m
10	ABHISHEK DRALL	541	11/05/98	DELHI	71.13m
11	KUNWER AJAIRAJ SINGH RAI	793	13/01/02	PUNJAB	70.92m
12	MOHIT .	604	04/07/01	HARYANA	70.75m
13	UTTAM BALASAHEB PATIL	750	01/11/98	MAHARASHTRA	70.02m
14	HARISH KUMAR	836	30/10/96	RAJASTHAN	69.84m
15	ANIL KUMAR RAJBHAR	727	08/04/92	MADHYA PRADESH	68.90m
16	SUNIL KUMAR..	845	14/10/90	RAJASTHAN	68.36m
17	BRAVEMAN HEART	872	20/09/98	TAMIL NADU	65.41m
18	ARUN MODI	952	20/12/96	BIHAR	64.91m
19	VIVEK KUMAR	726	28/03/03	MADHYA PRADESH	64.25m
20	AKSHAY GHONGE	753	11/11/97	MAHARASHTRA	62.23m
	MANDEEP KUMAR	621	08/11/96	HARYANA	NM
	NIKUNJ SINGH	561	18/05/00	DELHI	DNS

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**Event # 19 MENS 20Km Race Walk**

@ W.A.C. Q.MARK: 1:20:10.00

&amp; ASIAN.G Q.MARK: 1:23:30.00

# NR:AKSHDEEP SINGH RANCHI 1:19.55 14/02/2023

% MR:BABUBHAI PANUCHA BHOPAL 1:25:09.36 2007

1	SANDEEP KUMAR	625	01/05/86	HARYANA	1:27:12.00
2	SERVIN S	892	26/11/99	TAMIL NADU	1:28:21.00
3	HARDEEP .	598	22/09/98	HARYANA	1:28:57.00
4	DHANANJAY YADAV	928	05/07/98	UTTAR PRADESH (W)	1:29:45.00
5	VIKASH SINGH	563	06/07/96	DELHI	1:31:05.00
6	SANJAY KUMAR	840	20/02/01	RAJASTHAN	1:32:40.00
7	MUKESH NITHARWAL	846	04/06/00	RAJASTHAN	1:33:04.00
8	IRFAN KT	701	08/02/90	KERALA	1:33:26.00
9	BALJINDER SINGH.	824	18/09/86	PUNJAB	1:33:27.00
10	NEERAJ KUMAR CHAURASIY	911	06/07/00	UTTAR PRADESH	1:33:40.00
11	TANISH VATS	566	05/12/00	DELHI	1:34:44.00
12	KRUSHNA CHANDRA ACHAR	779	20/03/00	ODISHA	1:41:23.00
13	MONU JAKHAR	544	11/06/01	DELHI	1:41:53.00
14	SANDIP .	792	12/11/97	PUNJAB	1:45:16.00
	ELDHO VARGHESE VARGHES	714	23/10/98	KERALA	DQ
	JASPAL SINGH	655	19/11/98	JHARKHAND	DNF
	PARAMJEET SINGH BISHT	937	03/03/02	UTTRAKHAND	DNF
	SAHIL .	791	09/04/02	PUNJAB	DNF
	FARMAN ALI	955	08/06/01	UTTAR PRADESH	DNS

**Event # 20 MENS 35Km Race Walk**

@ W.A.C. Q.MARK: 2:29:40.00

&amp; ASIAN.G Q.MARK: 2:35:00.00

# NR:RAM BABOO DUDINCE 2:29.56 25/03/2023

1	JUNED .	601	10/05/99	HARYANA	3:00:37.00
2	EKNATH SAMBHAJI TURAMB	760	08/01/98	MAHARASHTRA	3:03:40.00
3	VIKASH KUMAR YADAV	843	25/10/00	RAJASTHAN	3:06:06.00
4	SURINDER SINGH	816	04/07/88	PUNJAB	3:08:51.00
5	SAGAR SATISHCHANDRA JOS	587	18/06/87	GUJARAT	3:24:13.00
6	ANAND KUMAR DIVEDI	782	07/07/98	ODISHA	3:27:47.00
7	BHAGWAN SINGH RAWAL	938	05/01/97	UTTRAKHAND	3:40:16.00
	ANJANI KUMAR SINGH	914	17/07/93	UTTAR PRADESH	DQ
	MANJIT SINGH	812	15/10/96	PUNJAB	DNF
	GURPREET SINGH	803	09/07/84	PUNJAB	DNF
	SANABAM DAMEN SINGH	775	15/10/89	MANIPUR	DNF
	VIJAY OMKAR VISHWAKARM	577	11/10/99	GOA	DNF
	SANDEEP KUMAR	625	01/05/86	HARYANA	DNS

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**Event # 21 MENS 4x100m Relay**

&amp; ASIANG Q.MARK: 39.00

# NR:NATIONAL TEAM NEW DELHI 38.89 12/10/2010

% MR:TAMIL NADU TEAM CHENNAI 39.88 2022

1	TAMIL NADU J			TAMIL NADU			<b>40.15</b>
	895	TAMIL ARASU S	20-05-2002	873	ELAKKIYADASAN K	31-01-1995	
	885	SAISIDDHARTH R	28-10-2003	875	SIVA KUMAR B	13-10-1994	
2	ODISHA H			ODISHA			<b>40.24</b>
	780	A DALABEHERA	12-04-2003	778	LALU PRASAD BHOI	21-09-2003	
	783	D JAYARAM	12-01-2005	785	A KUMAR MALLICK	14-11-1992	
3	PUNJAB I			PUNJAB			<b>41.05</b>
	813	NARINDER SINGH	17-05-1993	801	GURINDERVIR SINGH	24-12-2000	
	795	LOVE PREET SINGH	27-11-1999	804	HARJIT SINGH	28-08-1997	
4	DELHI B			DELHI			<b>41.96</b>
	532	ANSHUL .	04-04-2004	564	AMIT TIWARI	16-09-1997	
	565	SHIVAM VASHNAV	10-12-2003	552	RITIK MALIK	10-11-2001	
5	KERALA E			KERALA			<b>42.31</b>
	708	JYOTHI PRASAD TK	07-12-1996	700	ASWIN K.P	16-09-1996	
	712	MIDHUN T	13-03-1997	707	MAYMON POULOSE	01-05-1997	
6	ANDHRA PRADESH A			ANDHRA PRADESH			<b>42.61</b>
	506	GANESH RAPAKA	02-10-2000	511	K VISSAMSETTI	16-10-2003	
	958	VALLIPI HIMATEJA	07-07-2005	509	N SHANUMAGA SRINIVA	09-10-2002	
7	MADHYA PRADESH F			MADHYA PRADESH			<b>42.70</b>
	719	A DODIYA	15-03-2000	716	RONALD BABU	09-04-1998	
	747	ADITYA YADAV	27-06-1997	724	AKSHAY KUMAR	08-03-1998	
8	J&K D			J&K			<b>43.57</b>
	652	DANISH YOUSAF NAIK	18-04-1989	649	VIKAS SHARMA	15-01-2001	
	648	JAI KUMAR	07-01-1989	960	A SINGH LANGEH	09-12-2003	

**Event # 22 MENS 4x400m Relay**

&amp; ASIANG Q.MARK: 3:03.97

# NR:NATIONAL TEAM TOKYO 3:00.25 06/08/2021

% MR:KERALA TEAM CHENNAI 3:09.29 2006

1	TAMIL NADU F			TAMIL NADU			<b>3:06.75 %</b>
	888	S AROKIA RAJIV	22-05-1991	877	SANTHOSH KUMAR T	01-01-1998	
	874	SATHISH K	01-09-1994	887	ARUL RAJALINGAM	13-03-2000	
2	KERALA D			KERALA			<b>3:06.87 %</b>
	686	MANAS YAHIYA	17-09-1994	695	RIJOY J	21-12-2003	
	684	MUHAMMED AJMAL V	01-06-1998	689	RAHUL BABY	28-08-1997	
3	HARYANA B			HARYANA			<b>3:08.13 %</b>
	629	VIKRANT PANCHAL	30-01-2000	636	VIJAY SINGH MALIK	10-01-1993	
	641	KAPIL .	10-11-2003	623	MOHIT KUMAR	01-09-1997	
4	PUNJAB I			PUNJAB			<b>3:13.47</b>
	815	PRABHJIT SINGH	07-02-2000	809	KAMBERDEEP SINGH	12-06-1995	
	807	JASHANJOT SINGH	07-02-1995	953	JAGMEET SINGH	28-12-1996	
5	MADHYA PRADESH E			MADHYA PRADESH			<b>3:14.82</b>
	734	EMMANUEL PAUL	10-07-1999	720	AKASH DUBEY	13-12-2000	
	740	BRAJESH SINGH	04-07-2004	738	ABHAY SINGH	15-06-2006	
				WEST BENGAL			<b>DNS</b>
				KARNATAKA C			<b>DNF</b>
	677	NIKHIL SIDDHARAM	13-09-2002	663	MJO CHACKO KURIAN	16-07-1995	
	673	T P SHETTY	31-03-2002	680	NIHAL JOEL W	13-07-2000	
				MAHARASHTRA H			<b>DNS</b>

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**Event # 23 WOMENS 100m Run**

@ W.A.C. Q.MARK: 11.08

&amp; ASIAN.G Q.MARK: 11.42

# NR:DUTEE CHAND PATIALA 11.17 21/06/2021

% MR:DUTEE CHAND GUWAHATI 11.29 2018

**RESULTS OF FINALS Heat 1**

1	JYOTHI YARRAJI	114	28/08/99	ANDHRA PRADESH	+0.0m/s	11.46
2	SRABANI NANDA	275	07/05/91	ODISHA	+0.0m/s	11.59
3	HIMASHREE ROY	178	15/03/95	HARYANA	+0.0m/s	11.71
4	NITHYA GANDHE	342	10/11/99	TELANGANA	+0.0m/s	11.79
5	VIJAYA KUMARI	247	15/04/99	MADHYA PRADESH	+0.0m/s	11.83
6	BHAVANI YADAV BHAGAVATI	102	19/12/98	ANDHRA PRADESH	+0.0m/s	11.92
7	AVANTIKA SANTOSH NARAL	265	11/07/03	MAHARASHTRA	+0.0m/s	11.93
8	GIRIDHARANI RAVIKUMAR	333	07/07/01	TAMIL NADU	+0.0m/s	11.96

**RESULTS OF SEMIS Heat 1**

1	JYOTHI YARRAJI	114	28/08/99	ANDHRA PRADESH	-0.2m/s se	11.72
2	AVANTIKA SANTOSH NARAL	265	11/07/03	MAHARASHTRA	-0.2m/s se	11.88
3	VIJAYA KUMARI	247	15/04/99	MADHYA PRADESH	-0.2m/s se	11.91
4	BHAVANI YADAV BHAGAVATI	102	19/12/98	ANDHRA PRADESH	-0.2m/s se	11.92
5	MARIYA NIVETHA P	329	28/08/03	TAMIL NADU	-0.2m/s se	12.04
6	SHILBI A P	221	16/05/96	KERALA	-0.2m/s se	12.09
7	SIMRAN DEEP KAUR	127	01/08/98	DELHI	-0.2m/s se	12.27

**RESULTS OF SEMIS Heat 2**

1	SRABANI NANDA	275	07/05/91	ODISHA	-0.2m/s e	11.69
2	NITHYA GANDHE	342	10/11/99	TELANGANA	-0.2m/s e	11.89
	11.884					
3	HIMASHREE ROY	178	15/03/95	HARYANA	-0.2m/s e	11.89
	11.888					
4	GIRIDHARANI RAVIKUMAR	333	07/07/01	TAMIL NADU	-0.2m/s e	11.94
5	HIMANI CHANDEL	242	23/08/96	MADHYA PRADESH	-0.2m/s e	11.97
6	SNEHA PJ	213	05/06/92	KARNATAKA	-0.2m/s e	12.09
7	ANJALI P D	229	22/03/01	KERALA	-0.2m/s e	12.14
8	SAKSHI CHAMPALAL CHAVA	137	18/01/05	GUJARAT	-0.2m/s e	12.21

**RESULTS OF PRELIMS Heat 1**

1	JYOTHI YARRAJI	114	28/08/99	ANDHRA PRADESH	+0.0m/s e	11.65
2	HIMASHREE ROY	178	15/03/95	HARYANA	+0.0m/s e	11.79
3	GIRIDHARANI RAVIKUMAR	333	07/07/01	TAMIL NADU	+0.0m/s e	11.88
4	HIMANI CHANDEL	242	23/08/96	MADHYA PRADESH	+0.0m/s e	11.89
5	AVANTIKA SANTOSH NARAL	265	11/07/03	MAHARASHTRA	+0.0m/s e	11.91
6	SAKSHI CHAMPALAL CHAVA	137	18/01/05	GUJARAT	+0.0m/s e	12.13
7	SUKHI BASKEY	269	02/11/02	ODISHA	+0.0m/s e	12.53
	RITU BANGARI	124	02/11/05	DELHI		DQ

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**RESULTS OF PRELIMS Heat 2**

1	SRABANI NANDA	275	07/05/91	ODISHA	-0.5m/s sw	11.79
2	NITHYA GANDHE	342	10/11/99	TELANGANA	-0.5m/s sw	11.93
3	MARIYA NIVETHA P	329	28/08/03	TAMIL NADU	-0.5m/s sw	12.22
	12.214					
4	SHILBI A P	221	16/05/96	KERALA	-0.5m/s sw	12.22
	12.216					
5	ARATHY A	220	31/07/98	KERALA	-0.5m/s sw	12.46
6	DEVYANIBA MAHENDRASINI	139	15/03/02	GUJARAT	-0.5m/s sw	12.52
7	DEEPSHIKHA .	344	07/10/00	UTTAR PRADESH	-0.5m/s sw	12.93
	CHELIMI PRATHYUSHA	108	07/01/03	ANDHRA PRADESH		DNS

**RESULTS OF PRELIMS Heat 3**

1	VIJAYA KUMARI	247	15/04/99	MADHYA PRADESH	+1.0m/s	11.86
2	ANJALI P D	229	22/03/01	KERALA	+1.0m/s	12.00
3	SNEHA PJ	213	05/06/92	KARNATAKA	+1.0m/s	12.27
4	RIYA CHAUHAN	126	02/02/02	DELHI	+1.0m/s	12.29
5	RIYA KUMARI	192	15/01/00	JHARKHAND	+1.0m/s	12.82
	MAHERA SADRUDDIN SIDDIQ	143	06/04/01	GUJARAT		DNS
	ARCHANA S SUSEENDRAN	336	09/06/94	TAMIL NADU		DNS

**RESULTS OF PRELIMS Heat 4**

1	SIMI N S	211	22/10/97	KARNATAKA	-0.1m/s e	12.04
2	BHAVANI YADAV BHAGAVATI	102	19/12/98	ANDHRA PRADESH	-0.1m/s e	12.06
3	SIMRAN DEEP KAUR	127	01/08/98	DELHI	-0.1m/s e	12.21
4	BONITA LAKRA	272	11/09/94	ODISHA	-0.1m/s e	12.44
5	TEENA PAREEK	313	04/04/02	RAJASTHAN	-0.1m/s e	12.56
	DANESHWARI A T	198	14/08/00	KARNATAKA		DNS
	SHATAKSHI RAI	117	30/05/02	BIHAR		DNS

**Event # 24 WOMENS 200m Run**

@ W.A.C. Q.MARK: 22.60

&amp; ASIAN.G Q.MARK: 23.43

# NR:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

% MR:HIMA DAS GUWAHATI 23.10 2018

**RESULTS OF FINALS Heat 1**

1	SRABANI NANDA	275	07/05/91	ODISHA	+0.4m/s ne	23.77
2	PRACHI .	348	20/12/96	UTTAR PRADESH	+0.4m/s ne	24.12
3	ANJALI P D	229	22/03/01	KERALA	+0.4m/s ne	24.25
4	SHABNAM .	121	11/08/99	DELHI	+0.4m/s ne	24.43
5	SIMRAN DEEP KAUR	127	01/08/98	DELHI	+0.4m/s ne	24.56
6	NIRMLA .	159	15/07/95	HARYANA	+0.4m/s ne	24.57
7	KAVITA .	156	30/12/97	HARYANA	+0.4m/s ne	24.95
8	RIYA CHAUHAN	126	02/02/02	DELHI	+0.4m/s ne	25.10

**RESULTS OF PRELIMS Heat 1**

1	SHABNAM .	121	11/08/99	DELHI	+0.2m/s	24.31
2	ANJALI P D	229	22/03/01	KERALA	+0.2m/s	24.38
3	KAVITA .	156	30/12/97	HARYANA	+0.2m/s	24.90
4	RASHDEEP KAUR	289	01/02/02	PUNJAB	+0.2m/s	25.10
5	MARIYA NIVETHA P	329	28/08/03	TAMIL NADU	+0.2m/s	25.11
6	ZIVA MOOSA SHAFEEU	268	10/06/07	MALDIVES	+0.2m/s	26.16
	MAHERA SADRUDDIN SIDDIQ	143	06/04/01	GUJARAT		DNS

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**RESULTS OF PRELIMS Heat 2**

1	SRABANI NANDA	275	07/05/91	ODISHA	+0.0m/s	<b>24.31</b>
2	SIMRAN DEEP KAUR	127	01/08/98	DELHI	+0.0m/s	<b>24.72</b>
3	NIRMLA .	159	15/07/95	HARYANA	+0.0m/s	<b>24.76</b>
4	GIRIDHARANI RAVIKUMAR	333	07/07/01	TAMIL NADU	+0.0m/s	<b>25.25</b>
5	SAKSHI CHAMPALAL CHAVAJ	137	18/01/05	GUJARAT	+0.0m/s	<b>25.63</b>
6	MUGADA SIREESHA	113	05/06/03	ANDHRA PRADESH	+0.0m/s	<b>25.98</b>

**RESULTS OF PRELIMS Heat 3**

1	PRACHI .	348	20/12/96	UTTAR PRADESH	+0.1m/s	<b>24.60</b>
2	RIYA CHAUHAN	126	02/02/02	DELHI	+0.1m/s	<b>25.05</b>
3	DEVYANIBA MAHENDRASINI	139	15/03/02	GUJARAT	+0.1m/s	<b>25.18</b>
4	SWATHI RONGALI	112	07/08/00	ANDHRA PRADESH	+0.1m/s	<b>25.42</b>
5	SHIVKANYA MUKATI	248	01/03/04	MADHYA PRADESH	+0.1m/s	<b>26.36</b>
	HIMANSHI MALIK	176	22/04/02	HARYANA		<b>DNS</b>

**Event # 25 WOMENS 400m Run**

@ W.A.C. Q.MARK: 51.00

&amp; ASIAN.G Q.MARK: 52.96

# NR:HIMA DAS JAKARTA 50.79 26/08/2018

% MR:HIMA DAS GUWAHATI 51.13 2018

**RESULTS OF FINALS Heat 1**

1	ANJALI DEVI	181	15/09/98	HARYANA (W)		<b>51.48 &amp;</b>
2	HIMANSHI MALIK	176	22/04/02	HARYANA		<b>51.76 &amp;</b>
3	R VITHYA RAMRAJ	332	20/09/98	TAMIL NADU		<b>52.49 &amp;</b>
4	AISHWARYA KAILASH MISHR	263	16/08/97	MAHARASHTRA		<b>52.79 &amp;</b>
5	FLORENCE BARLA	187	01/01/01	JHARKHAND		<b>53.33</b>
6	PRACHI .	348	20/12/96	UTTAR PRADESH		<b>53.69</b>
7	SUBHA VENKATESAN	339	31/08/99	TAMIL NADU		<b>53.77</b>
8	SONIA BAISHYA	379	31/12/95	WEST BENGAL		<b>54.12</b>

**RESULTS OF SEMIS Heat 1**

1	R VITHYA RAMRAJ	332	20/09/98	TAMIL NADU		<b>52.43 &amp;</b>
2	AISHWARYA KAILASH MISHR	263	16/08/97	MAHARASHTRA		<b>52.73 &amp;</b>
3	FLORENCE BARLA	187	01/01/01	JHARKHAND		<b>53.59</b>
4	SUBHA VENKATESAN	339	31/08/99	TAMIL NADU		<b>54.06</b>
5	SUKHWINDER KAUR	291	15/04/94	PUNJAB		<b>54.49</b>
6	JISNA MATHEW	227	07/01/99	KERALA		<b>54.69</b>
7	VANDANA SHARMA	254	08/09/98	MADHYA PRADESH		<b>54.75</b>
8	NIRMLA .	159	15/07/95	HARYANA		<b>54.79</b>

**RESULTS OF SEMIS Heat 2**

1	ANJALI DEVI	181	15/09/98	HARYANA (W)		<b>52.03 &amp;</b>
2	HIMANSHI MALIK	176	22/04/02	HARYANA		<b>52.46 &amp;</b>
3	PRACHI .	348	20/12/96	UTTAR PRADESH		<b>53.65</b>
4	SONIA BAISHYA	379	31/12/95	WEST BENGAL		<b>53.97</b>
5	DANDI JYOTHIKA SRI	105	16/07/00	ANDHRA PRADESH		<b>54.10</b>
6	REZOANA MALLICK HEENA	381	20/03/07	WEST BENGAL		<b>54.80</b>
7	VISMAYA V K	237	14/05/97	KERALA		<b>55.69</b>
8	SIMARJEET KAUR	290	25/10/01	PUNJAB		<b>56.16</b>

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**RESULTS OF PRELIMS Heat 1**

1	ANJALI DEVI	181	15/09/98	HARYANA (W)	52.89 &
2	FLORENCE BARLA	187	01/01/01	JHARKHAND	54.09
3	PRACHI .	348	20/12/96	UTTAR PRADESH	54.47
4	JISNA MATHEW	227	07/01/99	KERALA	55.22
5	BABY S	334	06/06/00	TAMIL NADU	56.01
6	INCHARA N S	210	06/06/97	KARNATAKA	56.16
7	GUG KAUR	286	23/08/98	PUNJAB	56.59
8	LAVIKA SHARMA	133	22/05/03	DELHI	58.33

**RESULTS OF PRELIMS Heat 2**

1	R VITHYA RAMRAJ	332	20/09/98	TAMIL NADU	52.97
2	HIMANSHI MALIK	176	22/04/02	HARYANA	53.12
3	SUKHWINDER KAUR	291	15/04/94	PUNJAB	54.60
4	REZOANA MALLICK HEENA	381	20/03/07	WEST BENGAL	55.20
5	ARATHI R	233	21/05/01	KERALA	56.31
6	KUNJA RAJITHA	109	01/01/03	ANDHRA PRADESH	56.45
7	NEESHU KUMARI	129	29/10/97	DELHI	56.48
8	PRIYA THAKUR	186	11/09/00	HIMACHAL PRADESH	56.49

**RESULTS OF PRELIMS Heat 3**

1	AISHWARYA KAILASH MISHR	263	16/08/97	MAHARASHTRA	53.84
2	SUBHA VENKATESAN	339	31/08/99	TAMIL NADU	54.75
3	NIRMLA .	159	15/07/95	HARYANA	55.07
4	VANDANA SHARMA	254	08/09/98	MADHYA PRADESH	55.38
5	NIDHI YOGENDRA SINGH	266	31/01/99	MAHARASHTRA	56.68
6	MUGADA SIREESHA	113	05/06/03	ANDHRA PRADESH	57.73
	RUPAL .	349	23/12/04	UTTAR PRADESH	DNS

**RESULTS OF PRELIMS Heat 4**

1	DANDI JYOTHIKA SRI	105	16/07/00	ANDHRA PRADESH	55.02
2	SONIA BAISHYA	379	31/12/95	WEST BENGAL	55.02
3	VISMAYA V K	237	14/05/97	KERALA	55.33
4	SIMARJEET KAUR	290	25/10/01	PUNJAB	55.70
5	KAVITA .	156	30/12/97	HARYANA	55.90
6	MANISHA KUMARI	184	21/11/00	HIMACHAL PRADESH	57.79
7	ZIVA MOOSA SHAFEEU	268	10/06/07	MALDIVES	58.86

**Event # 26 WOMENS 800m Run**

@ W.A.C. Q.MARK: 1:59.80

&amp; ASIAN.G Q.MARK: 2:04.57

# NR:TINTU LUKA SPLIT 1:59.17 04/09/2010

% MR:K.C. ROSA KUTTY BANGALORE 2:00.49 1997

**RESULTS OF FINALS Heat 1**

1	CHANDA .	119	16/08/01	DELHI	2:03.82 &
2	HARMILAN BAINS	283	23/07/98	PUNJAB	2:04.04 &
3	KM DEEKSHA	245	01/01/99	MADHYA PRADESH	2:04.35 &
4	LILI DAS	380	18/03/98	WEST BENGAL	2:05.23
5	POOJA ..	171	17/06/02	HARYANA	2:05.73
6	YAMUNA ATMARAM LADKAT	256	20/04/98	MAHARASHTRA	2:07.94
7	RADHA CHAUDHARY	125	02/02/01	DELHI	2:08.63
8	LAVIKA SHARMA	133	22/05/03	DELHI	2:25.66



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**RESULTS OF PRELIMS Heat 1**

1	HARMILAN BAINS	283	23/07/98	PUNJAB	2:07.21
2	POOJA ..	171	17/06/02	HARYANA	2:07.47
3	KM DEEKSHA	245	01/01/99	MADHYA PRADESH	2:07.78
4	LAVIKA SHARMA	133	22/05/03	DELHI	2:08.12
5	YAMUNA ATMARAM LADKAT	256	20/04/98	MAHARASHTRA	2:08.20
6	KAVITHA V	337	15/06/98	TAMIL NADU	2:08.48
7	KAJAL RANGNATH KANWAD	142	26/01/01	GUJARAT	2:11.74
8	SUKHWINDER KAUR	291	15/04/94	PUNJAB	2:11.89
9	AKSHANA .	238	01/06/03	MADHYA PRADESH	2:14.22

**RESULTS OF PRELIMS Heat 2**

1	CHANDA .	119	16/08/01	DELHI	2:06.34
2	LILI DAS	380	18/03/98	WEST BENGAL	2:06.83
3	RADHA CHAUDHARY	125	02/02/01	DELHI	2:07.15
4	ARPITHA E B	202	22/07/01	KARNATAKA	2:10.07
5	TWINKLE .	282	17/10/95	PUNJAB	2:11.10
6	MITTAL SHANKARBHAI CHA	144	19/05/01	GUJARAT	2:20.05
	PREETI YADAV	255	30/08/04	MADHYA PRADESH	DNF
	RACHNA .	162	30/07/00	HARYANA	DNS
	MONIKA CHOUDHARY	354	28/06/94	UTTAR PRADESH	DNS

**Event # 27 WOMENS 1500m Run**

@ W.A.C. Q.MARK: 4:03.50

&amp; ASIAN.G Q.MARK: 4:15.49

# NR:HARMILAN BAINS WARANGAL 4:05.39 16/09/2021

% MR:SINIMOL PAULOSE CHENNAI 4:10.51 2006

1	KM DEEKSHA	245	01/01/99	MADHYA PRADESH	4:06.07 &%
2	HARMILAN BAINS	283	23/07/98	PUNJAB	4:08.50 &%
3	CHANDA .	119	16/08/01	DELHI	4:09.39 &%
4	POOJA ..	171	17/06/02	HARYANA	4:09.52 &%
5	ANKITA .	372	05/02/02	UTTRAKHAND	4:20.80
6	RADHA CHAUDHARY	125	02/02/01	DELHI	4:22.13
7	CHITRA PALAKEEZHU UNNIK	231	09/06/95	KERALA	4:22.60
8	MONIKA CHOUDHARY	354	28/06/94	UTTAR PRADESH	4:23.24
9	LILI DAS	380	18/03/98	WEST BENGAL	4:23.69
10	AKSHANA .	238	01/06/03	MADHYA PRADESH	4:27.96
11	SMITHA D.R.	201	09/12/00	KARNATAKA	4:28.04
12	KANEEJO .	182	01/09/98	HIMACHAL PRADESH	4:34.30
13	SHIKHA GUPTA	390	16/12/00	BIHAR	5:50.85
	SHRADDHA RAJANIKANTBH.	141	20/12/01	GUJARAT	DNS

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**Event # 28 WOMENS 5000m Run**

@ W.A.C. Q.MARK: 14:57.00

&amp; ASIAN.G Q.MARK: 15:49.00

# NR:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR:L SURIYA GUNTUR 15:46.92 2017

1	SANJIVANI BABURAO JADHA	258	12/07/96	MAHARASHTRA	15:55.60
2	SEEMA .	183	10/01/01	HIMACHAL PRADESH	16:11.50
3	ANKITA .	372	05/02/02	UTTRAKHAND	16:37.85
4	PHOOLAN PAL .	347	05/01/96	UTTAR PRADESH	16:55.78
5	KAVITA YADAV	370	08/11/98	UTTAR PRADESH	16:56.13
6	SUPRITI KACHHAP	188	03/04/03	JHARKHAND	17:12.24
7	BHARTI .	150	01/01/97	HARYANA	17:28.10
8	MEENU SHARMA	377	15/04/99	UTTRAKHAND	18:20.33
	PARUL CHAUDHARY	352	15/04/95	UTTAR PRADESH	DNS
	SONIKA .	167	12/06/99	HARYANA	DNS
	ANJULI SUBBA	318	24/07/00	SIKKIM	DNS
	BASANTI KUMARI	190	10/01/02	JHARKHAND	DNS
	BADHO .	149	10/10/01	HARYANA	DNS
	DRASHTIBEN PRAVINBHAI C	140	16/08/03	GUJARAT	DNS
	CHANDRA KALA SHARMA	316	22/01/98	SIKKIM	DNS

**Event # 29 WOMENS 10000m Run**

@ W.A.C. Q.MARK: 30:40.00

&amp; ASIAN.G Q.MARK: 32:30.24

# NR:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010

% MR:PREEJA SREEDHARAN PATIALA 32:36.53 2010

1	SEEMA .	183	10/01/01	HIMACHAL PRADESH	34:20.01
2	SANJIVANI BABURAO JADHA	258	12/07/96	MAHARASHTRA	34:34.10
3	POONAM DINKAR SONUNE	260	04/04/00	MAHARASHTRA	34:45.42
4	SONIKA .	167	12/06/99	HARYANA	34:59.93
5	BHARTI .	150	01/01/97	HARYANA	35:16.29
6	SUPRITI KACHHAP	188	03/04/03	JHARKHAND	36:59.42
7	CHANDRA KALA SHARMA	316	22/01/98	SIKKIM	37:11.91
8	SONIYA .	374	25/07/00	UTTRAKHAND	38:53.38
	PRAJAKTA GODBOLE	261	30/11/95	MAHARASHTRA	DNF
	JYOTI .	154	05/07/97	HARYANA	DNS
	KAVITA YADAV	370	08/11/98	UTTAR PRADESH	DNF

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**Event # 30 WOMENS 100m Hurdles**

@ W.A.C. Q.MARK: 12.78

&amp; ASIAN.G Q.MARK: 13.63

# NR:JYOTHI YARRAJI BENGALURU 12.82 17/10/2022

% MR:JYOTHI YARRAJI CHENNAI 13.39 2022

**RESULTS OF FINALS Heat 1**

1	JYOTHI YARRAJI	114	28/08/99	ANDHRA PRADESH	+0.3m/s nw	<b>12.92</b> &%
2	NITHYA R	331	20/09/98	TAMIL NADU	+0.3m/s nw	<b>13.48</b> &
3	AGASARA NANDINI	343	07/08/03	TELANGANA	+0.3m/s nw	<b>13.55</b> &
4	MEDHA RAJESH KAMATH	214	04/12/97	KARNATAKA	+0.3m/s nw	<b>13.89</b>
5	PRANJALI DILIP PATIL	267	23/01/03	MAHARASHTRA (W)	+0.3m/s nw	<b>14.19</b>
6	MOUMITA MONDAL	382	09/12/01	WEST BENGAL	+0.3m/s nw	<b>14.62</b>
7	SABITA TOPPO	279	06/04/05	ODISHA	+0.3m/s nw	<b>14.63</b>
	PRAGYAN PRASANT SAHU	276	19/12/99	ODISHA		<b>DNF</b>

**RESULTS OF PRELIMS Heat 1**

1	JYOTHI YARRAJI	114	28/08/99	ANDHRA PRADESH	+0.1m/s e	<b>13.39</b> &%
2	PRANJALI DILIP PATIL	267	23/01/03	MAHARASHTRA (W)	+0.1m/s e	<b>14.40</b>
3	SABITA TOPPO	279	06/04/05	ODISHA	+0.1m/s e	<b>14.46</b>
4	MOUMITA MONDAL	382	09/12/01	WEST BENGAL	+0.1m/s e	<b>14.49</b>
5	S. SRIRESHMA .	320	04/05/01	TAMIL NADU	+0.1m/s e	<b>14.57</b>
6	NANDHINI K	325	13/07/99	TAMIL NADU	+0.1m/s e	<b>14.58</b>
7	PRATIBHA KUMARI	191	06/01/01	JHARKHAND	+0.1m/s e	<b>14.59</b>

**RESULTS OF PRELIMS Heat 2**

1	NITHYA R	331	20/09/98	TAMIL NADU	-1.0m/s se	<b>13.62</b> &
2	PRAGYAN PRASANT SAHU	276	19/12/99	ODISHA	-1.0m/s se	<b>13.74</b>
3	AGASARA NANDINI	343	07/08/03	TELANGANA	-1.0m/s se	<b>13.87</b>
4	MEDHA RAJESH KAMATH	214	04/12/97	KARNATAKA	-1.0m/s se	<b>14.01</b>
5	GEETIKA LOHIA	130	18/10/99	DELHI	-1.0m/s se	<b>15.47</b>
	SAPNA KUMARI	193	13/08/99	JHARKHAND		<b>DNS</b>

**Event # 31 WOMENS 400m Hurdles**

@ W.A.C. Q.MARK: 54.90

&amp; ASIAN.G Q.MARK: 57.48

# NR:P.T USHA LOS ANGELES 55.42 08/08/1984

% MR:JAUNA MURMU GUWAHATI 57.02 2018

**RESULTS OF FINALS Heat 1**

1	R VITHYA RAMRAJ	332	20/09/98	TAMIL NADU		<b>56.01</b> &%
2	SINCHAL KAVERAMMA TR	206	05/02/01	KARNATAKA		<b>56.76</b> &%
3	ANU R	232	20/04/93	KERALA		<b>58.13</b>
4	DHIVYA.J .	319	31/01/98	TAMIL NADU		<b>59.34</b>
5	NIDHI YOGENDRA SINGH	266	31/01/99	MAHARASHTRA		<b>1:00.31</b>
6	RAJI AUSTIN	223	01/08/88	KERALA		<b>1:00.91</b>
7	VANDANA SHARMA	254	08/09/98	MADHYA PRADESH		<b>1:01.94</b>
8	VEERPAL KAUR.	295	24/03/94	PUNJAB		<b>1:03.29</b>

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**RESULTS OF PRELIMS Heat 1**

1	DHIVYA.J .	319	31/01/98	TAMIL NADU	59.73
2	RAJI AUSTIN	223	01/08/88	KERALA	1:00.16
3	VEERPAL KAUR.	295	24/03/94	PUNJAB	1:02.94
4	NANHI .	158	16/10/99	HARYANA	1:03.53
5	NEHA .	280	30/06/02	PUNJAB	1:04.76
6	RITIKA KIRO	189	11/03/96	JHARKHAND	1:04.87
7	MEGHA REVANASID MUNAV/	209	19/05/01	KARNATAKA	1:05.51
	ARATHI R	233	21/05/01	KERALA	DNS

**RESULTS OF PRELIMS Heat 2**

1	R VITHYA RAMRAJ	332	20/09/98	TAMIL NADU	57.23 &
2	SINCHAL KAVERAMMA TR	206	05/02/01	KARNATAKA	59.18
3	ANU R	232	20/04/93	KERALA	1:00.01
4	NIDHI YOGENDRA SINGH	266	31/01/99	MAHARASHTRA	1:00.43
5	VANDANA SHARMA	254	08/09/98	MADHYA PRADESH	1:00.53
6	JAUNA MURMU	274	16/08/90	ODISHA	1:03.69
7	VEERPAL KAUR	292	07/09/97	PUNJAB	1:06.53
	SIMMY .	166	22/09/03	HARYANA	DNS

**Event # 32 WOMENS 3000m Steeplechase**

@ W.A.C. Q.MARK: 9:23.00

&amp; ASIAN.G Q.MARK: 9:47.00

#NR:L.BABAR RIO DE JANEIRO 9:19.76 13/08/2016

% MR:SUDHA SINGH GUWAHATI 9:39.59 2018

1	PARUL CHAUDHARY	352	15/04/95	UTTAR PRADESH	9:34.23 &%
2	PRITI LAMBA	175	18/12/95	HARYANA	9:52.89
3	KOMAL CHANDRAKANT JAG	259	26/01/99	MAHARASHTRA	10:13.10
4	REBI PAL	358	12/12/01	UTTAR PRADESH	10:44.10
5	BHAGYASHREE LAHANU NA\	138	20/12/01	GUJARAT	10:55.65
6	SUSMITA TIGGA	278	25/12/03	ODISHA	11:00.85
7	MANEESHA .	391	04/12/01	MADHYA PRADESH	11:21.95
8	ANJALI ..	375	10/03/99	UTTRAKHAND	12:09.40
9	PRIYANKA KASANA	308	25/03/99	RAJASTHAN	12:41.03
10	MANISHA KHANAL	317	23/12/03	SIKKIM	14:54.79
	BABLI VERMA	369	08/05/00	UTTAR PRADESH	DNS

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**Event # 33 WOMENS High Jump**

@ W.A.C. Q.MARK: 1.97

&amp; ASIAN.G Q.MARK: 1.80

# NR:SAHANA KUMARI HYDERABAD 1.92 23/06/2012

% MR:SAHANA KUMARI HYDERABAD 1.92 2012

1	POOJA .	160	21/02/07	HARYANA	1.80m &
2	RUBINA YADAV	179	14/01/01	HARYANA	1.78m
3	ABHINAYA S SHETTY	216	16/06/99	KARNATAKA	1.76m
4	ANGEL P DEVASIA	230	06/12/94	KERALA	1.73m
5	KHYATI MATHUR	356	02/09/03	UTTAR PRADESH	1.73m
6	PRAMILA RAJGAR	386	27/11/00	WEST BENGAL	1.65m
6	KEVINAA ASHWINE ANNAVI	323	23/03/02	TAMIL NADU	1.65m
6	PALLAVI S PATIL	215	12/09/02	KARNATAKA	1.65m
9	SINCHANA M S	208	28/02/03	KARNATAKA	1.65m
10	JASSIKA .	120	06/10/01	DELHI	1.60m
	MANSHI .	346	03/09/02	UTTAR PRADESH	DNS
	TANUSHREE .	302	14/02/02	RAJASTHAN	DNS

**Event # 34 WOMENS Pole Vault**

@ W.A.C. Q.MARK: 4.71

&amp; ASIAN.G Q.MARK: 4.10

# NR:ROSY MEENA PAULRAJ BENGALURU 4.21 15/10/2022

% MR:KHYATI VAKHARIA GUWAHATI 4.00 2018

1	PAVITHRA VENKATESH	340	08/12/01	TAMIL NADU	4.10m &%
2	SINDHUSHREE G	203	23/10/00	KARNATAKA	3.80m
3	VANSHIKA GHANGHAS	173	08/10/05	HARYANA	3.40m
4	NISHA BANU ABDULLA	199	24/01/97	KARNATAKA	3.30m
	ARCHANA SINGH	365	15/07/01	UTTAR PRADESH	DNS
	ROSY MEENA PAULRAJ	326	28/10/97	TAMIL NADU	NM
	BARANICA ELANGOVAN	324	03/02/97	TAMIL NADU	NM
	BHAVYA SHARMA	253	05/03/05	MADHYA PRADESH	NM

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**Event # 35 WOMENS Long Jump**

@ W.A.C. Q.MARK: 6.85

&amp; ASIAN.G Q.MARK: 6.45

# NR: ANJU B. GEORGE ATHENS 6.83 27/08/2004

% MR: MAYOOKHA JOHNY BANGALORE 6.63 2011

**RESULTS OF FINALS**

1	ANCY SOJAN E	224	01/03/01	KERALA	+0.0m/s	<b>6.51m &amp;</b>
	5.87, 6.36, 6.16, 6.44, 6.51, 6.41					
2	SHAILI SINGH	368	07/01/04	UTTAR PRADESH	-0.2m/s	<b>6.49m &amp;</b>
	5.90, 6.49, 5.88, 6.32, 6.47, 6.49					
3	BHAVANI YADAV BHAGAVATI	102	19/12/98	ANDHRA PRADESH	+1.5m/s	<b>6.44m</b>
	6.25, 6.06, X, 6.44, 6.34, 6.33					
4	NAYANA JAMES	225	18/10/95	KERALA	+0.0m/s	<b>6.41m</b>
5	SHERIN A	321	24/02/00	TAMIL NADU	+0.0m/s	<b>6.41m</b>
6	KARTHIKA GOTHANDAPANI	104	02/01/96	ANDHRA PRADESH	+0.0m/s	<b>6.20m</b>
7	PRIYA RATHORE	314	25/06/98	RAJASTHAN	+0.0m/s	<b>6.14m</b>
8	NEENA V	236	02/05/91	KERALA	-0.1m/s	<b>6.14m</b>
9	KUSUMA RAVADA	111	15/09/01	ANDHRA PRADESH	+0.0m/s	<b>6.02m</b>
10	MANISHA MEREL	273	05/07/01	ODISHA	+0.0m/s	<b>5.99m</b>
11	DEEPANSHI SINGH	366	03/04/01	UTTAR PRADESH	+0.0m/s	<b>5.98m</b>
12	AMBRIKA NARZARY	115	14/01/02	ASSAM	+0.0m/s	<b>5.90m</b>
13	MERYL ANN MATHEW	322	13/08/03	TAMIL NADU	-2.0m/s	<b>5.79m</b>

**RESULTS OF PRELIMS**

1	ANCY SOJAN E	224	01/03/01	KERALA	-0.3m/s	<b>6.49m &amp;</b>
2	NAYANA JAMES	225	18/10/95	KERALA	+1.4m/s	<b>6.31m</b>
3	SHAILI SINGH	368	07/01/04	UTTAR PRADESH	+0.0m/s	<b>6.27m</b>
4	BHAVANI YADAV BHAGAVATI	102	19/12/98	ANDHRA PRADESH	-1.0m/s	<b>6.10m</b>
5	PRIYA RATHORE	314	25/06/98	RAJASTHAN	+0.5m/s	<b>6.05m</b>
6	KARTHIKA GOTHANDAPANI	104	02/01/96	ANDHRA PRADESH	+0.0m/s	<b>6.00m</b>
7	NEENA V	236	02/05/91	KERALA	+2.0m/s	<b>5.99m</b>
8	AMBRIKA NARZARY	115	14/01/02	ASSAM	+2.2m/s	<b>5.94m</b>
8	DEEPANSHI SINGH	366	03/04/01	UTTAR PRADESH	+0.1m/s	<b>5.94m</b>
10	MERYL ANN MATHEW	322	13/08/03	TAMIL NADU	+0.0m/s	<b>5.90m</b>
11	SHERIN A	321	24/02/00	TAMIL NADU	+0.0m/s	<b>5.86m</b>
12	KUSUMA RAVADA	111	15/09/01	ANDHRA PRADESH	+0.1m/s	<b>5.82m</b>
12	MANISHA MEREL	273	05/07/01	ODISHA	-1.2m/s	<b>5.82m</b>
14	NIRMA ASARI BHURAJI	136	03/06/04	GUJARAT	+0.2m/s	<b>5.74m</b>
15	SHRIDEVIKA .V.S .	195	14/07/00	KARNATAKA	+0.0m/s	<b>5.70m</b>
16	PAVANA NAGARAJ	212	07/11/05	KARNATAKA	+0.0m/s	<b>5.59m</b>
16	POOJA SAINI	315	10/10/99	RAJASTHAN	+1.7m/s	<b>5.59m</b>
18	PRATHIKSHA YAMUNA A	341	03/11/05	TAMIL NADU	-1.1m/s	<b>5.53m</b>
	MOUMITA MONDAL	382	09/12/01	WEST BENGAL		<b>NM</b>

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**Event # 36 WOMENS Triple Jump**

@ W.A.C. Q.MARK: 14.52

&amp; ASIAN.G Q.MARK: 13.58

# NR:MAYOOKHA JOHNY KOBE 14.11 09/07/2011

% MR:MAYOOKHA JOHNY LUCKNOW 13.72 2014

1	SHEENA N V	228	22/11/92	KERALA	+0.0m/s	13.60m &
	X, 13.25, 13.60, X, X, 13.32					
2	NAYANA JAMES	225	18/10/95	KERALA	+0.0m/s	13.33m
	13.21, 13.33, 13.33, 13.16, 12.95, 12.73					
3	MALLALA ANUSHA	101	10/07/02	ANDHRA PRADESH	+0.0m/s	13.24m
	12.75, 12.85, X, 13.03, 12.36, 13.24					
4	KARTHIKA GOTHANDAPANI	104	02/01/96	ANDHRA PRADESH	-0.6m/s	13.12m
5	SHARVARI AVINASH PARULE	257	20/03/02	MAHARASHTRA	+0.0m/s	12.86m
6	NIMISHA DAYMA	244	15/05/03	MADHYA PRADESH	-0.2m/s	12.63m
7	RENU .	163	12/12/98	HARYANA	+0.0m/s	12.58m
8	BABISHA P	328	26/12/01	TAMIL NADU	+0.0m/s	12.38m
9	KM. SONAM .	345	15/05/98	UTTAR PRADESH	+0.0m/s	12.28m
10	KAJAL ..	170	01/09/03	HARYANA	+0.0m/s	12.18m
11	PAVITHRA GOPAL	204	10/03/00	KARNATAKA	+0.0m/s	11.99m
12	GAYATHRY SIVAKUMAR	234	26/02/01	KERALA	+0.0m/s	11.73m
13	NIHARIKA VASHISHT	297	17/10/95	PUNJAB	+0.0m/s	11.72m
14	POORVA HITESH SAWANT	262	23/01/03	MAHARASHTRA	-0.1m/s	11.60m
15	MARTINA ILISIYUS LAKRA	246	20/08/01	MADHYA PRADESH	-0.2m/s	11.38m
	LALITA JANGIR	306	03/08/02	RAJASTHAN		DNS
	DEEPANSHI SINGH	366	03/04/01	UTTAR PRADESH		DNS

**Event # 37 WOMENS Shot Put**

@ W.A.C. Q.MARK: 18.80

&amp; ASIAN.G Q.MARK: 16.30

# NR:MANPREET KAUR CHENNAI 18.06 11/06/2022

% MR:MANPREET KAUR CHENNAI 18.06 2022

1	KIRAN BALIYAN	351	06/03/99	UTTAR PRADESH		17.17m &
	15.61, 16.99, 17.17, 16.31, 17.04, X					
2	MANPREET KAUR	174	06/07/90	HARYANA		16.61m &
	X, 16.61, 16.22, X, 15.47, 16.30					
3	ABHA KHATUA	264	09/07/95	MAHARASHTRA		16.39m &
	16.25, X, 14.11, 16.39, 16.22, 16.19					
4	PARAMJOT KAUR	287	16/11/00	PUNJAB		15.69m
5	SRISHTI VIG	134	15/07/95	DELHI		15.59m
6	NIDHI PAWAIYA	250	07/07/97	MADHYA PRADESH		14.42m
7	SHIKSHA .	165	12/12/02	HARYANA		14.27m
8	ANJALI .	148	08/02/03	HARYANA		13.52m
9	TUFFII SULTAN KHAN	118	07/11/02	CHHATTISGARH		11.65m
	KAVITA KUMARI	310	10/01/02	RAJASTHAN		DNS
	MANPREET KAUR.	294	05/03/96	PUNJAB		DNS
	KIRAN JOT	284	15/11/92	PUNJAB		DNS
	SIMRANJEET KAUR	128	26/01/03	DELHI		DNS

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**Event # 38 WOMENS Discus Throw**

@ W.A.C. Q.MARK: 64.20

&amp; ASIAN.G Q.MARK: 57.00

# NR:KAMALPREET KAUR PATIALA 66.59 21/06/2021

% MR:SEEMA PUNIA PATIALA 63.72 2021

1	SEEMA PUNIA	362	27/07/83	UTTAR PRADESH	56.50m
		56.50, X, 55.08, 54.93, 55.64, 53.78			
2	SHALINI CHAUDHARY	243	10/11/02	MADHYA PRADESH	48.66m
		46.45, 45.49, X, 46.16, 47.71, 48.66			
3	KIRAN .	299	01/07/03	RAJASTHAN	48.25m
		47.64, 47.58, 47.83, 47.62, 48.25, 47.97			
4	SALMI KISPOTTA	271	13/01/99	ODISHA	47.71m
5	PARAMJOT KAUR	287	16/11/00	PUNJAB	47.08m
6	SUNITA .	168	20/03/00	HARYANA	46.37m
7	PRITI .	301	20/12/03	RAJASTHAN	45.59m
8	NANDHINI VELLAICHAMY	338	11/01/94	TAMIL NADU	44.19m
9	BHAVANA YADAV	135	09/04/99	DELHI	43.62m
10	MUKESH KUMARI	311	01/01/97	RAJASTHAN	43.07m
11	SUSHMA MN .	196	08/05/00	KARNATAKA	42.97m
12	KALAVATHI BASAPPA TELI	200	14/07/00	KARNATAKA	41.32m
	RAMNEET KAUR	288	28/12/03	PUNJAB	DNS
	SHIVANI .	350	08/10/99	UTTAR PRADESH	DNS
	GRIMA .	152	18/07/02	HARYANA	DNS
	BALJIT KAUR	285	01/05/83	PUNJAB	DNS

**Event # 39 WOMENS Hammer Throw**

@ W.A.C. Q.MARK: 73.60

&amp; ASIAN.G Q.MARK: 62.03

# NR:SARITA SINGH PATIALA 65.25 01/06/2017

% MR:MANJU BALA CHENNAI 64.19 2022

1	KM RACHNA	363	01/03/93	UTTAR PRADESH	65.03m & %
		60.89, 59.09, 58.19, X, 65.03, X			
2	TANYA CHAUDHARY	353	21/09/03	UTTAR PRADESH	63.16m &
		58.62, 60.83, 63.16, 60.39, 60.97, 60.82			
3	RENU ..	172	06/03/94	HARYANA	60.91m
		58.08, 40.69, 57.57, X, 60.91, X			
4	MANJU BALA	303	01/07/89	RAJASTHAN	60.51m
5	SARITA R SINGH	367	26/10/89	UTTAR PRADESH	59.85m
6	HARSHITA SEHRAWAT	131	01/04/03	DELHI	59.22m
7	REKHA SINGH	378	30/12/97	UTTRAKHAND	58.89m
8	KULVINDER KAUR	309	15/02/98	RAJASTHAN	55.23m
9	VARSHA .	123	07/02/99	DELHI	55.20m
10	DIVYA SHANDILYA	277	05/07/98	ODISHA	54.65m
11	MAYA .	300	20/02/01	RAJASTHAN	54.26m
12	MANPREET KAUR	389	19/08/98	PUNJAB (W)	53.34m
13	AISHWARYA .	146	24/09/01	HARYANA	45.64m
	ANITA .	147	08/12/00	HARYANA	DNS
	KM. FATMA .	371	09/02/92	UTTAR PRADESH (W)	DNS



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**Event # 40 WOMENS Javelin Throw**

@ W.A.C. Q.MARK: 63.80

&amp; ASIAN.G Q.MARK: 56.46

# NR:ANNU RANI JAMSHEDPUR 63.82 08/05/2022

% MR:ANNU RANI PATIALA 62.83 2021

1	ANNU RANI	364	29/08/92	UTTAR PRADESH	58.22m &
		58.22, 56.78, X, 56.65, 54.90, X			
2	PRIYANKA .	161	04/04/97	HARYANA	51.94m
		48.59, 47.95, 48.03, 49.87, 49.66, 51.94			
3	RASHMI K	106	24/11/93	ANDHRA PRADESH	50.95m
		50.40, 50.73, 49.75, 50.95, X, 49.58			
4	MONIKA -	180	20/03/98	HARYANA (W)	48.84m
5	SHILPA RANI	177	15/06/96	HARYANA	48.39m
6	UMA CHOUDHARY	305	04/10/99	RAJASTHAN	48.27m
7	ANJANI KUMARI	116	01/01/00	BIHAR	47.16m
8	HARITA .	153	04/12/01	HARYANA	47.06m
9	SAROJ DEVI .	281	15/02/99	PUNJAB	43.79m
10	HEMAMALINI NEELAKANDA	327	12/04/00	TAMIL NADU	43.22m

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**Event # 41 WOMENS 20Km Race Walk**

@ W.A.C. Q.MARK: 1:29:20.00

&amp; ASIAN.G Q.MARK: 1:35:00.00

# NR:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR:L. DEEPMALA DEVI CHENNAI 1:39:00.60 2006

1	BHAWNA JAT	307	01/03/96	RAJASTHAN	1:37:03.00 %
2	PRIYANKA GOSWAMI	355	10/03/96	UTTAR PRADESH	1:40:33.00
3	VANDANA .	197	10/12/03	KARNATAKA	1:41:54.00
4	MUNITA PRAJAPATI	361	15/01/02	UTTAR PRADESH	1:43:54.00
5	POOJA KUMAWAT	312	02/12/99	RAJASTHAN	1:44:45.00
6	MANSI NEGI	376	03/05/03	UTTRAKHAND	1:49:29.00
	BALJEET KAUR BAJWA	293	28/01/02	PUNJAB	DNF
	PRAMILA SAJJANWAR	252	06/07/03	MADHYA PRADESH	DNS

**Event # 42 WOMENS 35Km Race Walk**

@ W.A.C. Q.MARK: 2:51:30.00

&amp; ASIAN.G Q.MARK: 2:58:30.00

# NR:MANJU . RANCHI 2:57.54 15/02/2023

1	MANJU RANI	388	22/03/99	PUNJAB (W)	3:21:31.00
2	MAMTA PAL	357	03/04/98	UTTAR PRADESH	3:40:26.00
3	KOMAL .	157	14/10/99	HARYANA	3:42:41.00
4	PRIYANKA PATEL	360	09/05/98	UTTAR PRADESH	3:45:04.00
	PUJA PRAMANIK	385	07/09/99	WEST BENGAL	DNF
	PAYAL .	373	05/05/99	UTTRAKHAND	DNF
	BANDANA PATEL	359	16/08/98	UTTAR PRADESH	DNF
	SAKSHI .	164	01/12/00	HARYANA	DNF
	RAMANDEEP KAUR	387	30/04/99	PUNJAB (W)	DNS
	POOJA KUMARI	298	06/09/98	PUNJAB (W)	DNS

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**Event # 43 WOMENS 4x100m Relay**

&amp; ASIANG Q.MARK: 44.50

# NR:NATIONAL TEAM PATIALA 43.37 21/06/2021

% MR:TAMIL NADU STATE TEAM PATIALA 45.69 2019

1	KERALA D			KERALA			<b>46.35</b>
	222 SANDRA A S	21-04-2002		229 ANJALI P D	22-03-2001		
	220 ARATHY A	31-07-1998		221 SHILBI A P	16-05-1996		
2	ANDHRA PRADESH A			ANDHRA PRADESH			<b>46.61</b>
	103 DURGA BODDEPALLI	21-01-2002		102 B BHAGAVATHI	19-12-1998		
	108 CHELIMI PRATHYUSHA	07-01-2003		114 JYOTHI YARRAJI	28-08-1999		
3	ODISHA F			ODISHA			<b>46.68</b>
	269 SUKHI BASKEY	02-11-2002		272 BONITA LAKRA	11-09-1994		
	279 SABITA TOPPO	06-04-2005		275 SRABANI NANDA	07-05-1991		
4	TAMIL NADU G			TAMIL NADU			<b>46.73</b>
	331 NITHYA R	20-09-1998		329 MARIYA NIVETHA P	28-08-2003		
	320 S. SRIRESHMA .	04-05-2001		333 G RAVIKUMAR	07-07-2001		
5	MADHYA PRADESH E			MADHYA PRADESH			<b>47.19</b>
	254 VANDANA SHARMA	08-09-1998		248 SHIVKANYA MUKATI	01-03-2004		
	251 INDU PRASAD	07-05-1992		247 VIJAYA KUMARI	15-04-1999		
6	KARNATAKA C			KARNATAKA			<b>47.28</b>
	212 PAVANA NAGARAJ	07-11-2005		214 M RAJESH KAMATH	04-12-1997		
	211 SIMI N S	22-10-1997		213 SNEHA PJ	05-06-1992		
	DELHI B			DELHI			<b>DNF</b>
	127 SIMRAN DEEP KAUR	01-08-1998		124 RITU BANGARI	02-11-2005		
	130 GEETIKA LOHIA	18-10-1999		126 RIYA CHAUHAN	02-02-2002		

**Event # 44 WOMENS 4x400m Relay**

&amp; ASIANG Q.MARK: 3:33.23

# NR:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

% MR:KARNATAKA STATE TEAM GUWAHATI 3:35.32 2018

1	TAMIL NADU G			TAMIL NADU			<b>3:37.87</b>
	330 DHANUSHA R	03-06-1998		339 SUBHA VENKATESAN	31-08-1999		
	334 BABY S	06-06-2000		332 R VITHYA RAMRAJ	20-09-1998		
2	PUNJAB F			PUNJAB			<b>3:39.22</b>
	290 SIMARJEET KAUR	25-10-2001		292 VEERPAL KAUR	07-09-1997		
	291 SUKHWINDER KAUR	15-04-1994		286 GUG KAUR	23-08-1998		
3	DELHI B			DELHI			<b>3:39.51</b>
	129 NEESHU KUMARI	29-10-1997		125 RADHA CHAUDHARY	02-02-2001		
	121 SHABNAM .	11-08-1999		119 CHANDA .	16-08-2001		
4	KERALA E			KERALA			<b>3:39.71</b>
	222 SANDRA A S	21-04-2002		219 GOWRINANDANA .	26-03-2002		
	226 SNEHA K	19-05-1999		227 JISNA MATHEW	07-01-1999		
5	ANDHRA PRADESH A			ANDHRA PRADESH			<b>3:46.98</b>
	112 SWATHI RONGALI	07-08-2000		113 MUGADA SIREESHA	05-06-2003		
	108 CHELIMI PRATHYUSHA	07-01-2003		109 KUNJA RAJITHA	01-01-2003		
6	KARNATAKA D			KARNATAKA			<b>3:53.19</b>
	209 M MUNAVALLIMATH	19-05-2001		210 INCHARA N S	06-06-1997		
	202 ARPITHA E B	22-07-2001		206 S KAVERAMMA TR	05-02-2001		
	HARYANA C			HARYANA			<b>DNS</b>

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**Event # 45 WOMENS Heptathlon**

NR: J.SHOBHA NEW 6211 17/03/2004  
MR: SOMA BISWAS CHENNAI 6186 2000

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
<b>1</b>	<b>SWAPNA BARMAN (241)</b> MADHYA PRADESH	7pt <b>5918</b>	13.99 980	1.79 966	12.73 709	26.08 790	<b>3445</b>	6.04 862	46.86 799	2:20.86 812	<b>2473</b>
<b>2</b>	<b>AGASARA NANDINI (343)</b> TELANGANA	5pt <b>5703</b>	13.82 1004	1.64 783	13.06 731	24.51 932	<b>3450</b>	5.78 783	39.28 653	2:20.46 817	<b>2253</b>
<b>3</b>	<b>SOWMIYA MURUGAN (107)</b> ANDHRA PRADESH	4pt <b>5323</b>	14.40 923	1.61 747	12.37 686	25.88 808	<b>3164</b>	5.83 798	41.16 690	2:31.75 671	<b>2159</b>
<b>4</b>	<b>PURNIMA HEMBRAM (270)</b> ODISHA	3pt <b>5295</b>	14.24 945	1.58 712	11.60 635	25.89 807	<b>3099</b>	5.87 810	38.08 630	2:25.06 756	<b>2196</b>
<b>5</b>	<b>TANU . (169)</b> HARYANA	2pt <b>5137</b>	15.70 751	1.67 818	11.39 621	26.11 788	<b>2978</b>	5.64 741	40.09 669	2:25.58 749	<b>2159</b>
<b>6</b>	<b>POOJA - (145)</b> HARYANA	1pt <b>5027</b>	15.42 787	1.73 891	11.43 623	27.01 711	<b>3012</b>	5.25 628	35.47 581	2:21.26 806	<b>2015</b>
<b>7</b>	<b>TANUSHREE . (302)</b> RAJASTHAN	<b>4623</b>	15.77 743	1.64 783	9.82 518	27.17 698	<b>2742</b>	5.10 587	35.59 583	2:28.56 711	<b>1881</b>
<b>8</b>	<b>KAJAL . (155)</b> HARYANA	<b>4484</b>	15.40 790	1.58 712	10.15 539	26.71 736	<b>2777</b>	4.97 551	30.10 479	2:31.30 677	<b>1707</b>
<b>9</b>	<b>DEEPIKA S (335)</b> TAMIL NADU	<b>4386</b>	15.70 751	1.52 644	9.57 501	27.40 679	<b>2575</b>	5.38 665	30.21 481	2:32.22 665	<b>1811</b>

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**Event # 45 WOMENS Heptathlon**

NR: J.SHOBHA NEW 6211 17/03/2004

MR: SOMA BISWAS CHENNAI 6186 2000

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
<b>10</b>	<b>SONU BHALOTHIA (304)</b> RAJASTHAN	<b>4330</b>	16.40	1.55	10.88	27.10	<b>2635</b>	5.21	33.65	2:43.66	<b>1695</b>
			666	678	587	704		617	546	532	
<b>11</b>	<b>VANSHIKA SEJWAL (132)</b> DELHI	<b>3503</b>	19.92	1.67	11.03	30.05	<b>2203</b>	4.73	30.12	3:03.44	<b>1300</b>
			309	818	597	479		487	479	334	
	<b>MARIYA THOMAS (235)</b> KERALA	<b>0</b>	16.53	1.61	9.12	28.06		5.13	27.07	DNS	<b>1016</b>
			651	747	472	626		595	421	0	

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## Event # 53 MENS Decathlon

NR: B.SINGH BANG 7658 12/06/2011

MR: BHARTINDER SINGH 7658 2011

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	TEJASWIN SHANKAR DELHI	<b>7576</b>	11.22 812	7.30 886	13.04 670	2.20 992	49.26 849	4209	14.96 854	35.96 583	4.00 617	52.32 623	4:38.49 690	3367
2	YAMAN DEEP SHARM RAJASTHAN	<b>7165</b>	11.30 795	7.02 818	10.63 524	1.99 794	50.07 811	3742	15.24 821	35.80 580	4.20 673	51.49 611	4:30.96 738	3423
3	GOKUL S (709) KERALA	<b>6937</b>	11.27 801	7.10 838	12.63 645	1.84 661	51.05 767	3712	15.99 734	36.59 596	4.10 645	46.69 540	4:35.29 710	3225
4	STALIN JOES S (894) TAMIL NADU	<b>6902</b>	11.15 827	6.99 811	11.62 583	1.84 661	49.04 859	3741	15.79 757	31.30 490	4.30 702	43.61 495	4:34.18 717	3161
5	KUSHAL KUMAR MO MAHARASHTRA	<b>6795</b>	11.35 784	6.95 802	10.95 543	1.90 714	50.42 795	3638	15.09 839	36.09 586	3.20 406	54.43 654	4:41.25 672	3157
6	NEERAJ KUMAR YAD DELHI	<b>6727</b>	11.67 717	6.95 802	12.28 623	1.96 767	53.71 652	3561	15.49 791	38.40 632	3.70 535	58.52 716	5:12.14 492	3166
7	MOHIT .. (613) HARYANA	<b>6723</b>	11.50 753	6.82 771	11.26 562	1.84 661	51.92 728	3475	15.95 738	36.29 590	3.80 562	56.49 685	4:41.14 673	3248
8	SUREN R (886) TAMIL NADU	<b>6579</b>	11.15 827	7.11 840	12.37 629	1.93 740	53.72 651	3687	15.47 794	35.64 577	4.00 617	47.47 551	5:39.70 353	2892
9	SOURABH RATHI (91) UTTAR PRADESH	<b>6510</b>	11.61 730	6.39 673	10.69 527	1.84 661	52.12 719	3310	15.91 743	33.86 541	4.10 645	50.61 598	4:41.12 673	3200
10	NAVJOR SINGH (814) PUNJAB	<b>6433</b>	11.71 709	6.82 771	11.43 572	1.75 585	52.04 723	3360	15.65 773	37.64 617	3.50 482	57.69 703	5:11.02 498	3073

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## Event # 53 MENS Decathlon

NR: B.SINGH BANG 7658 12/06/2011

MR: BHARTINDER SINGH 7658 2011

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
11	AMIT . (592) HARYANA	6304	11.57 738	6.30 652	11.20 558	1.84 661	52.53 702	3311	15.89 745	33.44 533	4.10 645	54.47 655	5:26.77 415	2993
12	GOKUL K R (699) KERALA	6302	11.17 823	6.76 757	9.94 482	1.84 661	51.11 764	3487	16.37 692	30.03 465	4.30 702	42.13 473	5:13.79 483	2815
13	ROHIT ROMAN (508) ANDHRA PRADESH	6277	11.30 795	6.82 771	10.58 521	1.81 636	50.04 813	3536	15.48 792	NM 0	4.00 617	53.51 641	4:38.32 691	2741
14	RATHOD LOKESH DA KARNATAKA	6177	11.61 730	6.74 753	9.91 480	1.84 661	52.59 699	3323	15.97 736	32.38 511	3.80 562	46.76 541	5:09.91 504	2854
15	SUNIL KUMAR. (729) MADHYA PRADESH	6114	11.79 693	6.30 652	11.50 576	1.72 560	53.16 675	3156	16.58 669	38.62 637	3.70 535	54.04 649	5:16.67 468	2958
16	RAHUL YADAV (924) UTTAR PRADESH	6039	11.97 657	6.59 718	11.70 588	1.87 687	53.21 673	3323	18.57 471	39.39 652	4.00 617	47.33 549	5:24.52 427	2716
17	LOGESHKUMAAR A. TAMIL NADU	5600	11.67 717	6.60 720	10.76 531	1.90 714	52.03 723	3405	15.66 772	24.67 361	NM 0	45.36 520	5:03.14 542	2195
18	RAVI KUMAR (839) RAJASTHAN	5598	11.95 661	6.16 621	12.21 619	1.75 585	53.92 643	3129	17.77 546	37.66 617	NM 0	61.65 763	5:02.89 543	2469
	TEJINDER SINGH (81) PUNJAB	0	12.17 618	5.86 556	12.42 632	1.66 512	54.94 601		16.40 688	37.45 613	NM 0	DNS 0	No Result 0	
	USAID KHAN (905) UTTAR PRADESH	0	DNS 0	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	

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## Event # 53 MENS Decathlon

NR:

B.SINGH BANG 7658 12/06/2011

MR:

BHARTINDER SINGH 7658 2011

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	<b>SANJAY . (606)</b> HARYANA	<b>0</b>	DNS 0	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	
	<b>RITIK SINGH SALATI</b> J&K	<b>0</b>	11.82 687	6.31 655	9.11 432	DNS 0	No Result 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	
	<b>AMOLAK SINGH (739)</b> MADHYA PRADESH	<b>0</b>	11.64 723	6.63 727	12.65 646	1.90 714	53.09 678		18.80 450	36.73 598	NM 0	DNS 0	No Result 0	



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**Event # 64 MIXED 4x400m Relay**

&amp; ASIANG Q.MARK: 3:17.50

# NR:NATIONAL TEAM JAKARTA 3:15.71 28/08/2018

1	TAMIL NADU G			TAMIL NADU			<b>3:21.40</b>
	890 RAJESH RAMESH	28-03-1999		334 BABY S	06-06-2000		
	339 SUBHA VENKATESAN	31-08-1999		887 ARUL RAJALINGAM	13-03-2000		
2	MAHARASHTRA F			MAHARASHTRA			<b>3:21.67</b>
	752 S DATTATRAY DESHMUK	29-07-1996		266 N YOGENDRA SINGH	31-01-1999		
	263 A KAILASH MISHRA	16-08-1997		759 RAHUL RAMESH KADAM	03-10-1998		
3	KARNATAKA C			KARNATAKA			<b>3:21.88</b>
	680 NIHAL JOEL W	13-07-2000		210 INCHARA N S	06-06-1997		
	206 S KAVERAMMA TR	05-02-2001		663 MIJO CHACKO KURIAN	16-07-1995		
4	KERALA D			KERALA			<b>3:23.71</b>
	681 ROHITH A	14-06-2002		218 APARNA ROY .	31-05-2001		
	227 JISNA MATHEW	07-01-1999		689 RAHUL BABY	28-08-1997		
5	PUNJAB H			PUNJAB			<b>3:25.96</b>
	815 PRABHJIT SINGH	07-02-2000		291 SUKHWINDER KAUR	15-04-1994		
	286 GUG KAUR	23-08-1998		953 JAGMEET SINGH	28-12-1996		
6	DELHI A			DELHI			<b>3:27.58</b>
	545 JAY KUMAR	10-06-2006		129 NEESHU KUMARI	29-10-1997		
	119 CHANDA .	16-08-2001		537 RASHID .	08-01-2001		
7	MADHYA PRADESH E			MADHYA PRADESH			<b>3:27.82</b>
	731 SAJJAN MISHRA	25-07-2000		248 SHIVKANYA MUKATI	01-03-2004		
	254 VANDANA SHARMA	08-09-1998		738 ABHAY SINGH	15-06-2006		
	HARYANA B			HARYANA			<b>DQ</b>
	623 MOHIT KUMAR	01-09-1997		159 NIRMLA .	15-07-1995		
	156 KAVITA .	30-12-1997		629 VIKRANT PANCHAL	30-01-2000		