



5th INDIAN OPEN 400M COMPETITION 2024

18th March 2024
LNCPE, Trivandrum (Kerala)

Organised by

KERALA STATE ATHLETICS ASSOCIATION



SCHEDULE - 5TH INDIAN OPEN 400M COMPETITION 2024



5th INDIAN OPEN 400m COMPETITION

LNCPE, THIRUVANANTHAPURAM, KERALA, 18th March 2024

Competition Schedule

Ev. No	Scheduled Time	Section	Round
FORENOON			
101	0800hrs	Men	Heat 1
102	0807hrs	Men	Heat 2
103	0815hrs	Men	Heat 3
104	0822hrs	Men	Heat 4
105	0830hrs	Men	Heat 5
106	0837hrs	Men	Heat 6
107	0847hrs	Women	Heat 1
108	0855hrs	Women	Heat 2
109	0902hrs	Women	Heat 3
110	0910hrs	Women	Heat 4
111	0920hrs	Junior Men U 20	Heat 1
112	0927hrs	Junior Men U 20	Heat 2
113	0935hrs	Junior Men U 20	Heat 3
114	0942hrs	Junior Men U 20	Heat 4
115	0950hrs	Junior Women U 20	Heat 1
116	0957hrs	Junior Women U 20	Heat 2
117	1002hrs	Junior Women U 20	Heat 3
118	1010hrs	Youth Men U 18	Heat 1
119	1017hrs	Youth Men U 18	Heat 2
AFTERNOON			
120	1600hrs	Youth Women Under 18	Final
121	1610hrs	Youth Men Under 18	Final
122	1620hrs	Junior Women U 20	Final
123	1630hrs	Junior Men U 20	Final A
124	1640hrs	Junior Men U 20	Final B
	<i>1645hrs</i>	<i>Youth Women Under 18</i>	<i>Medal Ceremony</i>
	<i>1650hrs</i>	<i>Youth Men Under 18</i>	<i>Medal Ceremony</i>
125	1700hrs	Women	Final A
126	1710hrs	Women	Final B
	<i>1720hrs</i>	<i>Junior Women U 20</i>	<i>Medal Ceremony</i>
	<i>1725hrs</i>	<i>Junior Men U 20</i>	<i>Medal Ceremony</i>
127	1730hrs	Men	Final A
128	1740hrs	Men	Final B
129	1750hrs	Men	Final C
	<i>1800hrs</i>	<i>Women</i>	<i>Medal Ceremony</i>
	<i>1805hrs</i>	<i>Men</i>	<i>Medal Ceremony</i>

In Men Section twenty four Athletes shall be qualified to the Final which will be conducted as three Finals

In Women and Junior Men Under 20 sixteen Athletes shall be qualified to the Final which will be conducted as two Finals

If the actual participants are twenty four or less, only eight will qualify for the Final as per existing rules and provisions

TECHNICAL DELEGATE