



5th INDIAN OPEN 400M COMPETITION 2024

18th March 2024
LNCPE, Trivandrum (Kerala)

Organised by

KERALA STATE ATHLETICS ASSOCIATION



FINAL RESULTS WITH HEATS (18-03-2024)



5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

Event # 1 MENS 400m Run

NR:Muhammed Anas Yahiya Kladno 45.21 13/07/2019

RESULTS OF FINALS Heat 1

1	SUBHAS DAS	235	23/01/02	WEST BENGAL	48.88
2	GOWRI SHANKAR V	141	17/03/98	KARNATAKA	49.31
3	JAY SHAH	179	11/10/97	MAHARASHTRA	49.45
4	SHERIN P K	163	31/08/01	KERALA	49.63
5	VIKAS KUMAR	227	26/12/03	UTTAR PRADESH	50.12
6	MUHAMMED BADUSHA V K	158	13/11/96	KERALA	50.30
7	MAHENDAR LIKHMICHAND	139	09/02/02	KARNATAKA	50.36
8	SARAN RAJ A	207	08/02/98	TAMIL NADU	51.18

RESULTS OF FINALS Heat 2

1	SANTHOSH KUMAR T	203	01/01/98	TAMIL NADU	47.49
2	MOHAMMED AFSAL P	154	03/02/96	KERALA	47.61
	47.603				
3	ROHAN GAUTHAM KAMBLE	174	15/02/02	MAHARASHTRA	47.61
	47.607				
4	HIMANSHU .	221	02/02/00	UTTAR PRADESH	48.40
5	RAM SANGA	130	12/03/03	JHARKHAND	48.46
6	SURAJ A	198	20/12/03	TAMIL NADU	48.71
	NIHAL JOEL W	138	13/07/00	KARNATAKA	DNS
	SHARAN SHANKAR	214	21/03/98	TAMIL NADU	DNS

RESULTS OF FINALS Heat 3

1	NOAH NIRMAL TOM	161	13/11/94	KERALA	46.40
2	MUHAMMED ANAS YAHIYA	156	17/09/94	KERALA	46.48
3	MUHAMMED AJMAL V	155	01/06/98	KERALA	46.58
4	S AROKIA RAJIV	209	22/05/91	TAMIL NADU	47.47
5	YASHAS P	140	08/12/01	KARNATAKA	47.52
6	K AVINASH .	197	03/12/00	TAMIL NADU	47.67
7	TUSHAR KANTI MANNA	115	03/10/01	DELHI	47.92
8	ARUL RAJALINGAM	208	13/03/00	TAMIL NADU	47.94

RESULTS OF PRELIMS Heat 1

1	MUHAMMED AJMAL V	155	01/06/98	KERALA	47.61
2	S AROKIA RAJIV	209	22/05/91	TAMIL NADU	47.74
3	GOWRI SHANKAR V	141	17/03/98	KARNATAKA	49.59
4	VIKAS KUMAR	227	26/12/03	UTTAR PRADESH	50.21
	MIJO CHACKO KURIAN	136	16/07/95	KARNATAKA	DNS
	RASHID .	167	08/01/01	MADHYA PRADESH	DNS
	NAGARJUNAN S	212	07/11/02	TAMIL NADU	DNS
	ABINESH J	200	05/01/04	TAMIL NADU	DNS

RESULTS OF PRELIMS Heat 2

1	NOAH NIRMAL TOM	161	13/11/94	KERALA	48.31
2	SURAJ A	198	20/12/03	TAMIL NADU	49.26
3	SUBHAS DAS	235	23/01/02	WEST BENGAL	49.53
4	VIJAY ROHIT	117	26/11/00	DELHI	53.15
5	KRISHAN PAL PRITHVI RAJ	126	12/10/03	HARYANA	53.62
6	VIJAY PAL	125	28/05/03	HARYANA	57.57
	LAVISH SHARMA	232	25/12/02	UTTAR PRADESH	DNS
	SARTHAK BHAMBRI	112	14/08/98	DELHI	DNS

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

RESULTS OF PRELIMS Heat 3

1	YASHAS P	140	08/12/01	KARNATAKA	47.45
2	TUSHAR KANTI MANNA	115	03/10/01	DELHI	47.95
3	ROHAN GAUTHAM KAMBLE	174	15/02/02	MAHARASHTRA	48.10
4	HIMANSHU .	221	02/02/00	UTTAR PRADESH	48.86
5	SANTHOSH KUMAR T	203	01/01/98	TAMIL NADU	48.88
6	MUHAMMED BADUSHA V K	158	13/11/96	KERALA	50.79
7	PEER MOHAMMAD	228	08/07/02	UTTAR PRADESH	1:20.73
	BARATH S	211	10/08/03	TAMIL NADU	DNS

RESULTS OF PRELIMS Heat 4

1	MUHAMMED ANAS YAHIYA	156	17/09/94	KERALA	46.58
2	K AVINASH .	197	03/12/00	TAMIL NADU	48.42
3	MOHAMMED AFSAL P	154	03/02/96	KERALA	48.84
4	SHARAN SHANKAR	214	21/03/98	TAMIL NADU	49.02
5	JAY SHAH	179	11/10/97	MAHARASHTRA	50.24
6	BHAVI KUMAR	116	12/07/03	DELHI	52.45
7	JAGDISH RAMJIBHAI CHUDA	120	15/01/94	GUJARAT	52.80
	AMOJ JACOB	114	02/05/98	DELHI	DNS

RESULTS OF PRELIMS Heat 5

1	NIHAL JOEL W	138	13/07/00	KARNATAKA	48.38
2	ARUL RAJALINGAM	208	13/03/00	TAMIL NADU	48.47
3	RAM SANGA	130	12/03/03	JHARKHAND	49.32
4	MAHENDAR LIKHMICHAND	139	09/02/02	KARNATAKA	50.85
5	TIRUMALA RAO BORADI	217	05/06/99	TELANGANA	1:02.13
	RAJESH RAMESH	210	28/03/99	TAMIL NADU	DNS
	RAHUL RAMESH KADAM	177	03/10/98	MAHARASHTRA	DNS
	DHILEEP M	204	10/10/00	TAMIL NADU	DNS

RESULTS OF PRELIMS Heat 6

1	SHERIN P K	163	31/08/01	KERALA	50.73
2	SARAN RAJ A	207	08/02/98	TAMIL NADU	52.16
3	PARVEEN KUMAR	124	31/12/96	HARYANA	55.80
	MUKESH SAIN	187	10/02/01	RAJASTHAN	DNS
	DHARUN AYYASAMY	199	31/12/96	TAMIL NADU	DNS
	MEDHANJAI SAXENA	231	19/08/03	UTTAR PRADESH	DNS
	KULDEEP KUMAR	226	02/07/03	UTTAR PRADESH	DNS
	DHEERAJ SHEEMAR	127	23/08/02	HARYANA	DNS

Event # 2 MENS 400m Run UNDER-20

NR:Amoj Jacob Patiala 46.26 04/06/2017

RESULTS OF FINALS Heat 1

1	NAVEEN KUMAR	202	07/05/04	TAMIL NADU	47.40
2	HUZAIFA QAISAR	107	29/11/04	BIHAR	47.66
3	SETU MISHRA	106	12/06/05	BIHAR	48.08
4	VISHWAJEET SHINDE	180	09/01/05	MAHARASHTRA	48.18
5	SURAJ .	111	21/12/04	DELHI	49.22
6	AMAN CHAUDHARY	113	04/04/06	DELHI	50.18
7	NATARAJAN KALAINITHI	201	06/11/04	TAMIL NADU	50.79
8	ABIMON B	157	24/09/04	KERALA	51.50

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

RESULTS OF FINALS Heat 2

1	ABIRAM P	162	18/12/05	KERALA	47.77
2	NAVPREET SINGH	118	27/03/06	DELHI	48.35
3	YASH SAMEER JOSHI	178	09/04/04	MAHARASHTRA	48.55
4	SAKET MINJ	129	22/03/08	JHARKHAND	48.61
5	SANTHOSH S	213	18/12/04	TAMIL NADU	49.22
6	GAGAN KUSHA AMIN	175	13/05/04	MAHARASHTRA	51.65
	SAHIL MALIK	233	19/04/06	UTTARKHAND	DNF
	ABISHEK R	206	06/10/04	TAMIL NADU	DNS

RESULTS OF PRELIMS Heat 1

1	NAVEEN KUMAR	202	07/05/04	TAMIL NADU	48.19
2	HUZAIFA QAISAR	107	29/11/04	BIHAR	48.55
3	SETU MISHRA	106	12/06/05	BIHAR	48.93
4	RUSTAM KANAUIIYA KANAU	225	06/11/04	UTTAR PRADESH	1:01.09
	SHARAN M	205	03/01/06	TAMIL NADU	DNS
	NIKHIL SUHAS DHAKE	181	04/11/05	MAHARASHTRA	DNS
	BAPI HANSDA	183	26/07/06	ODISHA	DNS

RESULTS OF PRELIMS Heat 2

1	VISHWAJEET SHINDE	180	09/01/05	MAHARASHTRA	48.82
2	SURAJ .	111	21/12/04	DELHI	49.32
3	SANTHOSH S	213	18/12/04	TAMIL NADU	49.37
4	ABISHEK R	206	06/10/04	TAMIL NADU	52.54
	DIWAKAR PASWAN	229	02/08/04	UTTAR PRADESH	DNS
	SHAIJAN N P	160	13/09/05	KERALA	DNS
	ARPIT .	220	10-03-06	UTTAR PRADESH	DNS

RESULTS OF PRELIMS Heat 3

1	ABIRAM P	162	18/12/05	KERALA	48.34
2	NAVPREET SINGH	118	27/03/06	DELHI	48.70
3	SAKET MINJ	129	22/03/08	JHARKHAND	49.45
4	NATARAJAN KALAINITHI	201	06/11/04	TAMIL NADU	50.32
5	GAGAN KUSHA AMIN	175	13/05/04	MAHARASHTRA	51.30
6	ABIMON B	157	24/09/04	KERALA	53.22
	MUNNA KUMAR BRAHMA	105	04/08/06	ASSAM	DNS

RESULTS OF PRELIMS Heat 4

1	SAHIL MALIK	233	19/04/06	UTTARKHAND	48.79
2	YASH SAMEER JOSHI	178	09/04/04	MAHARASHTRA	48.96
3	AMAN CHAUDHARY	113	04/04/06	DELHI	51.85
4	PRATAP GHOSI	168	15/05/05	MADHYA PRADESH	59.40
	BOBBY YADAV	119	07/09/04	DELHI	DNS
	AGNAL BERNARD	159	04/08/04	KERALA	DNS

Event # 3 BOYS 400m Run UNDER-18

NR:Chandan Bauri Apia 46.99 08/09/2015

1	PIYUSH RAJ	108	28/01/07	BIHAR	49.39
2	YUGANK CHOUDHARY	223	10/08/07	UTTAR PRADESH	49.57
3	UMESH SAHANI	230	01/12/06	UTTAR PRADESH	49.93
4	NITHIN GOWDA M	137	31/05/07	KARNATAKA	50.18
5	ANIKET MANTOSH RAJ	176	26/04/06	MAHARASHTRA	50.55
6	SHAURYA SONI	110	04/02/07	CHHATTISGARH	53.64
7	ANISH SHARMA	185	03/10/07	PUNJAB	55.67

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

Event # 4 WOMENS 400m Run

NR:Hima Das Jakarta 50.79 26/08/2018

RESULTS OF FINALS Heat 1

1	R VITHYA RAMRAJ	192	20/09/98	TAMIL NADU	52.25
2	RUPAL .	219	23/12/04	UTTAR PRADESH	52.79
3	SONIA BAISHYA	234	31/12/95	WEST BENGAL	53.60
4	PRIYA THAKUR	128	11/09/00	HIMACHAL PRADESH	54.08
5	JISNA MATHEW	146	07/01/99	KERALA	54.27
6	AISHWARYA MISHRA	172	16/08/97	MAHARASHTRA	54.51
7	MUGADA SIREESHA	104	05/06/03	ANDHRA PRADESH	54.75
8	GOWRINANDANA .	142	26/03/02	KERALA	55.22

RESULTS OF FINALS Heat 2

1	POOVAMMA RAJU	135	05-05-90	KARNATAKA	52.69
2	DANDI JYOTHIKA SRI	101	16/07/00	ANDHRA PRADESH	52.73
3	SUBHA VENKATESAN	196	31/08/99	TAMIL NADU	53.85
4	SNEHA K	145	19/05/99	KERALA	54.01
5	VANDANA SHARMA	166	08/09/98	MADHYA PRADESH	54.41
6	VISMAYA V K	151	14/05/97	KERALA	54.48
7	VIJAYAKUMARI GK	133	05/08/96	KARNATAKA	55.52
	PRACHI .	218	20/12/96	UTTAR PRADESH	DNS

RESULTS OF PRELIMS Heat 1

1	AISHWARYA MISHRA	172	16/08/97	MAHARASHTRA	54.46
2	PRIYA THAKUR	128	11/09/00	HIMACHAL PRADESH	54.48
3	VANDANA SHARMA	166	08/09/98	MADHYA PRADESH	54.55
4	VIJAYAKUMARI GK	133	05/08/96	KARNATAKA	54.75
5	VISMAYA V K	151	14/05/97	KERALA	55.04
6	SWATHI RONGALI	103	07/08/00	ANDHRA PRADESH	55.25
7	SIMARJEET KAUR	184	25/10/01	PUNJAB	56.83

RESULTS OF PRELIMS Heat 2

1	DANDI JYOTHIKA SRI	101	16/07/00	ANDHRA PRADESH	53.69
2	PRACHI .	218	20/12/96	UTTAR PRADESH	53.73
3	SNEHA K	145	19/05/99	KERALA	54.34
4	PRIYA HABBATHANAHALLY I	134	15/03/03	KARNATAKA	55.09
5	SONIA .	121	05/01/01	HARYANA	1:00.07
6	BHARGAVI DABBETA	215	06/06/02	TELANGANA	1:08.13

RESULTS OF PRELIMS Heat 3

1	POOVAMMA RAJU	135	05-05-90	KARNATAKA	53.24
2	SUBHA VENKATESAN	196	31/08/99	TAMIL NADU	54.25
3	GOWRINANDANA .	142	26/03/02	KERALA	56.37
4	SIMRAN KAUR	109	05/03/04	CHANDIGARH	59.83
5	STEPHY SARA KOSHY	148	22/03/03	KERALA	1:01.18
	KUNJA RAJITHA	102	01/01/03	ANDHRA PRADESH	DNS

RESULTS OF PRELIMS Heat 4

1	R VITHYA RAMRAJ	192	20/09/98	TAMIL NADU	52.80
2	RUPAL .	219	23/12/04	UTTAR PRADESH	53.65
3	SONIA BAISHYA	234	31/12/95	WEST BENGAL	54.06
4	JISNA MATHEW	146	07/01/99	KERALA	54.42
5	MUGADA SIREESHA	104	05/06/03	ANDHRA PRADESH	55.07
6	ANANKHA B A	143	29/03/01	KERALA	56.92

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

Event # 5 WOMENS 400m Run UNDER-20

NR:Hima Das Jakarta 50.79 26/08/2018

RESULTS OF FINALS Heat 1

1	DODLA SAI SANGEETHA	216	09/07/06	TELANGANA	55.30
2	MISHTHI KAJLA	186	18/08/05	RAJASTHAN	55.70
3	SANDRA MOL SABU	147	08/07/05	KERALA	55.97
4	PAVITHRA P	191	19/07/05	TAMIL NADU	56.06
5	KANISTA TEENA M	195	01/12/05	TAMIL NADU	56.35
6	SHARIKA SUNILKUMAR	149	19/01/06	KERALA	57.22
7	SANIYA TREESA TOMY	150	01/09/04	KERALA	57.28
8	LAXMIPRIYA KISAN	182	10/04/05	ODISHA	59.23

RESULTS OF PRELIMS Heat 1

1	DODLA SAI SANGEETHA	216	09/07/06	TELANGANA	55.74
2	PAVITHRA P	191	19/07/05	TAMIL NADU	55.91
3	PRATHIBHA VARGHESE	152	12/08/04	KERALA	58.22
	SANJANA AHIRWAR	164	08/07/05	MADHYA PRADESH	DNS
	SUMAN .	122	06/12/05	HARYANA	DNS
	P R. NEEHARIKA	190	30/06/04	TAMIL NADU	DNS

RESULTS OF PRELIMS Heat 2

1	KANISTA TEENA M	195	01/12/05	TAMIL NADU	56.70
2	LAXMIPRIYA KISAN	182	10/04/05	ODISHA	58.41
3	NAYANA JOSE	144	13/04/04	KERALA	59.38
	SHRAVANI SACHIN SANGLE	173	16/11/05	MAHARASHTRA	DNS
	MARI SELVI M	194	24/10/05	TAMIL NADU	DNS
	JEYAVINDHIYA JEGADISH	189	11/01/05	TAMIL NADU	DNS

RESULTS OF PRELIMS Heat 3

1	MISHTHI KAJLA	186	18/08/05	RAJASTHAN	55.80
2	SANDRA MOL SABU	147	08/07/05	KERALA	56.28
3	SANIYA TREESA TOMY	150	01/09/04	KERALA	57.03
4	SHARIKA SUNILKUMAR	149	19/01/06	KERALA	57.54
5	DISHA ALIGE	131	02/06/05	KARNATAKA	58.15
	ANUSHKA KUMBHAR	171	04/05/05	MAHARASHTRA	DNS

Event # 6 GIRLS 400m Run UNDER-18

NR:R.Mallick Heena Tashkent 52.98 28/04/2023

1	MAYUKHA VINOD	153	18/04/06	KERALA	58.83
2	LATIKA DHARAN	188	11/03/08	TAMIL NADU	1:00.08
3	EEKISHA KIRAN BHADSAVAL	170	16/08/06	MAHARASHTRA	1:01.32
4	ANKITA INGULKAR	169	03/12/06	MAHARASHTRA	1:04.34
5	LIFONA ROSELIN GIN S V	193	07/12/06	TAMIL NADU	1:06.29
	KAJAL RAJKA	165	12/07/06	MADHYA PRADESH	DNS
	ISHA ELIZABETH RENJITH	132	07/01/07	KARNATAKA	DNS