



**ATHLETICS**  
FEDERATION OF INDIA



**3<sup>rd</sup>**



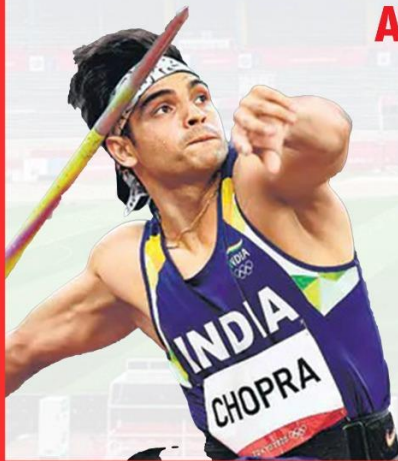
INDIAN ATHLETICS

**NATIONAL OPEN U-23  
ATHLETICS CHAMPIONSHIPS 2023**

**20<sup>th</sup> - 22<sup>nd</sup> OCT 2023**

**CHANDIGARH**

Organised by  
**Chandigarh Athletics Association**



# START LIST DAY-1

20/10/2023

## SPONSORS & PARTNERS



### 3rd National Open U-23 Athletics Championships - 2023

Organised by Chandigarh Athletics Association under the aegis of Athletics Federation of India

20th to 22nd, October, 2023

Tentative Schedule 1.2 version as on 15th October, 2023

**Day 1 20th October, 2023**

#### Morning Session

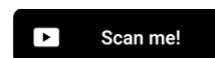
Event No	Time	Event	Gender	Round
<b>101</b>	06.00 hrs	<b>10000m</b>	<b>Men</b>	<b>Final 1</b>
<b>102</b>	06.40hrs	<b>10000m</b>	<b>Women</b>	<b>Final 2</b>
103	07.30 hrs	800m	Men	Round 1
<b>104</b>	<b>08.00 hrs</b>	<b>Pole Vault</b>	<b>Men</b>	<b>Final 3</b>
105	08.10 hrs	Discus Throw	Men Group A	Qualifying Round
106	08.15 hrs	100m	Men	Decathlon 1
107	08.25 hrs	100m	Men	Round 1
108	08.50 hrs	Long Jump	Men	Decathlon 2
109	09.15 hrs	Discus Throw	Men Group B	Qualifying Round
110	09.20 hrs	100m	Women	Round 1
111	10.00 hrs	Shot Put	Men	Decathlon 3
112	10.10 hrs	400m	Men	Round 1

#### Evening Session

	15.00 hrs	Pole Vault	Men	MC-1
	15.10 hrs	10000m	Men	MC-2
	15.20 hrs	10000m	Women	MC-3
<b>113</b>	<b>15.30 hrs</b>	<b>Triple Jump</b>	<b>Men</b>	<b>Final 4</b>
114	15.35 hrs	Shot Put	Men Group A	Qualifying Round
115	15.40 hrs	High Jump	Men	Decathlon 4
116	<b>15.45 hrs</b>	<b>Hammer Throw</b>	<b>Women</b>	<b>Final 5</b>
117	16.20 hrs	Shot Put	Men Group B	Qualifying Round
118	16.30 hrs	100m	Men	Semi Final
119	16.45 hrs	100m	Women	Semi Final
120	<b>17.15 hrs</b>	<b>Triple Jump</b>	<b>Women</b>	<b>Final 6</b>
	17.10 hrs	Triple Jump	Men	MC-4
<b>121</b>	<b>17.15 hrs</b>	<b>Shot Put</b>	<b>Women</b>	<b>Final 7</b>
	17.30 hrs	Hammer Throw	Women	MC-6
122	17.40 hrs	400m	Women	Semi fFinal
123	17.50 hrs	400m	Men	Semi Final
124	18.10 hrs	400m	Men	Decathlon 5

	18.20 hrs	Shot Put	Women	MC-7
125	18.20 hrs	800m	Men	Semi Final
126	18.30 hrs	800m	Women	Semi Final
	18.35 hrs	Triple Jump	Women	MC-5
Progression of Height				
High Jump Men Under 23 years				
Practice Height:1.85m & 2.10m      Progression:1.95-5cm-2.10-3cm-2.22-2cm				
High Jump Women Under 23 years				
Practice Height:1.45m & 1.65m      Progression:1.50-5cm-1.60-3cm-1.72-2cm				
Pole Vault Men Under 23 years				
Practice Height:3.90m & 4.40m      Progression: 4.10-20cm-4.50-10cm-4.80-5cm				
Pole Vault Women Under 23 years				
Practice Height:2.70m & 3.40m      Progression:2.80-20cm-3.00-10cm-3.40-5cm				
<b>CALL ROOM PROCEDURE</b>				
EVENT	CALL ROOM-1		FOP	
TRACK EVENTS	30 MINUTES BEFORE START		10 MINUTES BEFORE START	
HURDLES	40 MINUTES BEFORE START		15 MINUTES BEFORE START	
FIELD EVENTS	45 MINUTES BEFORE START		30 MINUTES BEFORE START	
POLE VAULT	90 MINUTES BEFORE START		60 MINUTES BEFORE START	
HIGH JUMP	60 MINUTES BEFORE START		45 MINUTES BEFORE START	
RACE WALK	30 MINUTES BEFORE START		10 MINUTES BEFORE START	
<b>IMPORTANT CONTACT NUMBERS</b>				
G.P.Pal +91 9417121315    Jaspinder Singh +91 9888761288    Ramesh Handa +91 9780040160				

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FOR COMPETITION VENUE LOCATION ----->



**3rd National Open U-23 Athletics Championships 2023****Sports Complex, Sector 7, Chandigarh****20-22 October 2023****Start List Day-1 (20/10/2023)**

<b>Event # 7 MENS 10000m Run</b>				<b>FINAL</b>
<b>NR.:SURENDRA SINGH VIGO 28:02.89 12/07/2008</b>				<b>TIME: 06:00 HRS</b>
<b>MR.:PUNEET YADAV BILASPUR 29:44.64 2022</b>				
1	AJAY .	283	29/01/02	HARYANA
2	SHADAB PATHAN	532	23/10/01	MAHARASHTRA
3	PAWAN KUMAR	193	10/04/04	DELHI
4	MANJEET KUMAR	890	07/12/02	UTTAR PRADESH
5	MUKESH KUMAR .	680	10/11/03	RAJASTHAN
6	PARVEJ .	172	05/04/02	DELHI
7	ANIL PATEL	932	19/10/02	UTTAR PRADESH
8	HITESH PATEL	934	02/10/03	UTTAR PRADESH
9	SACHIN KUNDU	146	05/12/01	CHHATTISGARH
10	NAVEEN CHOUHAN	461	10/12/04	MADHYA PRADESH
11	VISHAL SHERWAL	208	07/03/03	DELHI
12	SANJAY TOMAR	361	10/06/02	HARYANA
13	ASIF KHAN	871	20/10/01	UTTAR PRADESH
14	AARYAN SAINI	700	25/12/02	RAJASTHAN
15	SUMIT PAL	928	12/07/02	UTTAR PRADESH
16	MUKESH KUMAR	673	10/05/01	RAJASTHAN
17	SANDEEP KUMAR	467	11/03/05	MADHYA PRADESH
18	VIPIN RAGHAV	937	10/07/03	UTTAR PRADESH
19	GURMEET SINGH	483	20/07/04	MADHYA PRADESH
20	TRILOK KUMAR	198	10/08/01	BIHAR
21	UPENDRA PAL	476	11/11/02	MADHYA PRADESH
22	DUSHYANT KUMAR	882	02/02/04	UTTAR PRADESH
23	RINKU SINGH	960	19/06/03	UTTAR PRADESH
<b>Event # 26 WOMENS 10000m Run</b>				<b>FINAL</b>
<b>NR.:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010</b>				<b>TIME: 06:40 HRS</b>
<b>MR.:SONIKA NEW DELHI 35:42.36 2021</b>				
1	BASANTI KUMARI	375	10/01/02	JHARKHAND
2	LATIKA TALWAR	638	12/01/04	RAJASTHAN
3	JYOTI -	243	09/02/03	HARYANA
4	PRAJKTA PARASHARAM SHINDE	507	26/04/02	MAHARASHTRA
5	MUSKAN DILIPBHAI CHOTIYARA	222	12/08/02	GUJARAT
6	CHATRU .	618	05/07/01	RAJASTHAN
<b>Event # 4 MENS 800m Run</b>				<b>HEATS</b>
<b>NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018</b>				<b>TIME: 07:30 HRS</b>
<b>MR.:PARVEJ KHAN BILASPUR 1:47.96 2022</b>				
<b>Heat 1</b>				
1	SHAHRUKH .	835	31/12/01	UTTAR PRADESH
2	NARESH GURJAR	663	01/08/05	RAJASTHAN
3	SHERIN P K	439	31/08/01	KERALA
4	YOGESH KUMAR DHINDHWAL	682	01/08/03	RAJASTHAN
5	SAYAN KARMAKAR	1034	12/08/03	WEST BENGAL
6	MANOJ .	297	01/06/04	HARYANA
7	SUNIL .	310	17/07/03	HARYANA
8	SHEKHAR LANKE	528	10/11/00	MAHARASHTRA
<b>Heat 2</b>				
1	BASANT CHAUHAN	141	31/08/01	CHANDIGARH
2	GAURAV ATTRI	326	14/10/02	HARYANA
3	HARSH -	281	12/01/02	HARYANA
4	AJAY KUMAR..	689	20/07/01	RAJASTHAN

5	PRATHAMESH AMARISH DEORE	513		27/10/02	MAHARASHTRA
6	MOHD SAMAD	946		03/01/05	UTTAR PRADESH
7	ANKIT MISHRA	918		01/04/01	UTTAR PRADESH
8	AKASH DHATTARWAL	331		17/11/00	HARYANA
<b>Heat 3</b>					
1	AKSHAY KUMAR	669		03/07/03	RAJASTHAN
2	AJAY K VISWANATH	434		01/04/03	KERALA
3	BABLU SHARMA	949		16/04/03	UTTAR PRADESH
4	SUKHJINDER SINGH	610		18/03/02	PUNJAB
5	HARSH .	294		10/01/01	HARYANA
6	TUSHAR VASANT BHEKANE	409		25/08/03	KARNATAKA
7	RANJOT .	582		04/01/01	PUNJAB
8	ANAND PRAKASH	129		04/09/02	BIHAR
<b>Heat 4</b>					
2	HAPPY .	168		21/12/02	DELHI
3	JATIN .	295		30/07/02	HARYANA
4	SALMAN FAROOKH	425		16/04/02	KERALA
5	SHARDUL THAKUR	973		07/01/04	UTTAR PRADESH
6	ARJUN ..	584		01/01/03	PUNJAB
7	SUNIL GURJAR	665		06/07/03	RAJASTHAN
8	MANJEET .	296		07/07/02	HARYANA
<b>Heat 5</b>					
2	SHIVSHANKAR PAL	927		20/07/02	UTTAR PRADESH
3	VISHAL .	315		19/11/05	HARYANA
4	AMIT KUMAR.	343		22/05/04	HARYANA
5	MOHIT YADAV	218		27/10/06	DELHI
6	NITIN SHARMA	142		26/12/00	CHANDIGARH
7	HARJOT SINGH	600		25/10/00	PUNJAB
8	SKHEMLANG SUBA	550		17/08/03	MEGHALAYA
<b>Heat 6</b>					
2	ANANT GAUTAM	189		31/08/02	DELHI
3	SAGAR KUMAR	124		19/09/03	BIHAR
4	PARMJEET .	304		07/12/06	HARYANA
5	ANKIT GILL	332		18/11/00	HARYANA
6	ARUN KUMAR	878		05/10/02	UTTAR PRADESH
7	PRINCE BHULLAR	849		11/12/04	UTTAR PRADESH
8	SANDIP VIKRAM JOYASHI	546		17/06/01	MAHARASHTRA
<b>Heat 7</b>					
2	MASOOM ALI	843		16/08/04	UTTAR PRADESH
3	SATYAJEET SURESH PUJARI	543		07/07/03	MAHARASHTRA
4	IRFAN .	829		21/04/03	UTTAR PRADESH
5	HIMANSHU BHADANA	848		17/11/01	UTTAR PRADESH
6	SHIVAM KUMAR	196		24/02/03	DELHI
7	ARUN SAU	1037		21/05/03	WEST BENGAL
8	SUKHDEV .	650		10/10/03	RAJASTHAN
<b>Heat 8</b>					
2	PRIYANSHU .	833		09/02/03	UTTAR PRADESH
3	SUNIL KUMAR SAINI	687		05/01/01	RAJASTHAN
4	CHIRAG TYAGI	979		16/11/01	UTTAR PRADESH
5	MARIAPPAN M	753		09/04/02	TAMIL NADU
6	SARIFUDDIN SK	1038		11/03/01	WEST BENGAL
7	JAGMOHAN SINGH	602		10/03/01	PUNJAB
8	CHETAN TANAJI CHAVAN	544		24/10/03	MAHARASHTRA
<b>Event # 12 MENS Pole Vault</b>					
<b>NR.:SIVA SUBRAMANIAM GUJARAT 5.31 3/10/2022</b>					<b>FINAL</b>
<b>MR.:PARSHANT KANHIYA NEW DELHI 5.10 2021</b>					<b>TIME: 08:00 HRS</b>
1	GOURAV .	292		20/02/02	HARYANA
2	M.GOWTHAM .	737		25/09/02	TAMIL NADU
3	RAMRATAN .	649		01/05/05	RAJASTHAN
4	UTTAM .	312		15/11/00	HARYANA

5	KAPIL CHAUHAN	328		15/07/05	HARYANA
6	REEGAN G	745		08/08/01	TAMIL NADU
7	PORKO K	751		31/05/02	TAMIL NADU
8	NEERAJ KUMAR	891		10/05/03	UTTAR PRADESH
9	SHEKHAR KUMAR PANDEY	903		01/02/01	UTTAR PRADESH
10	ANKIT KUMAR YADAV	905		01/02/04	UTTAR PRADESH
11	AJAY KUMAR.	342		08/12/03	HARYANA
12	KULDEEP KUMAR.	907		12/03/05	UTTAR PRADESH
13	SANDEEP KUMAR.	470		01/01/03	MADHYA PRADESH
14	DEV MEENA	473		07/05/05	MADHYA PRADESH
15	ANSHU PATEL	479		03/05/05	MADHYA PRADESH
16	BALAN S	764		12/07/03	TAMIL NADU
17	SHASHVAT SINGH	964		25/11/03	UTTAR PRADESH
18	A.GNANA SONE A	776		02/03/01	TAMIL NADU
19	AMIT YADAV	981		20/03/03	UTTAR PRADESH
20	DEEPAK YADAV	984		06/06/02	UTTAR PRADESH
21	PAWAN YADAV	492		02/03/04	MADHYA PRADESH
22	PAWAN YADAV	989		10/05/04	UTTAR PRADESH
<b>Event # 16 MENS Discus Throw</b>					<b>QUALIFYING ROUND</b>
<b>NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012</b>					<b>TIME: 08:10 HRS</b>
<b>MR.:BASUKESH POONIA NEW DELHI 53.27 2021</b>					
<b>GROUP A</b>					
1	VIRENDER OLLA	350		25/11/02	HARYANA
2	ANURAG PATEL	933		29/11/03	UTTAR PRADESH
3	LOKESH RAJ G	762		05/10/01	TAMIL NADU
4	CITHIEESWAR S	765		18/04/01	TAMIL NADU
5	ARVIND SHARMA	207		30/11/03	DELHI
6	BHARTPREET SINGH	596		02/07/04	PUNJAB
7	GAJENDRA SINGH	703		04/03/01	RAJASTHAN
8	HARENDRA SINGH	484		20/04/02	MADHYA PRADESH
9	MANTAJ SINGH	607		14/11/01	PUNJAB
10	NAVJOT SINGH	143		02/07/01	CHANDIGARH
11	OINAM SINGH	1040		22/01/02	MANIPUR
12	SANKALP SINGH	134		10/04/01	BIHAR
13	VARUN SINGH	135		10/11/02	BIHAR
14	SHUBHKARMAN SINGH GHOTRA	612		05/10/03	PUNJAB
15	HARNOOR SINGH SANDHU	614		08/09/02	PUNJAB
16	SATYAM SINGH.	970		27/12/00	UTTAR PRADESH
17	P. SURYA PRAKASH	778		25/09/02	TAMIL NADU
18	ABHINAV VAISHNAV	711		05/07/02	RAJASTHAN
19	DEEPAK YADAV.	997		12/02/01	UTTAR PRADESH
<b>Event # 48 MENS 100m Decathlon-1</b>					<b>TIME: 08:15 HRS</b>
<b>Heat 1</b>					
1	SHIVAM TYAGI	980		22-03-2001	UTTAR PRADESH
2	CHAMANJOT SINGH	355		16-04-2001	HARYANA
3	JAYESHBHAI NANABHAI RATHVA	236		18-02-2004	GUJARAT
4	MANJEET SINGH	358		21-08-2001	HARYANA
5	ASHISH KUMAR	671		02-07-2003	RAJASTHAN
6	HARDIK SEJWAL	206		29-01-2002	DELHI
7	AJITH A	395		07-05-2002	KARNATAKA
8	KUSHAL KUMAR MOHITE	526		02-04-2003	MAHARASHTRA
<b>Heat 2</b>					
1	YOGESH .	455		12-12-2003	MADHYA PRADESH
2	LAKSHMI VENKATA SATYA SAI BE	113		31-07-2002	ANDHRA PRADESH
3	JASHBIR NAYAK	563		03-04-2002	ODISHA
4	ABYAKAT MIRDHA	562		14-09-2003	ODISHA
5	SURYA PRABAKARAN	757		21-03-2001	TAMIL NADU
6	RAVI .	307		21-08-2002	HARYANA
7	SHAURYA RAJPUT	203		28-12-2004	DELHI
8	JAGDISH PRASAD YADAV	696		09-05-2001	RAJASTHAN

Event # 1 MENS 100m Run					HEATS
NR.:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016					TIME: 08:25 HRS
MR.:PRANAV GURAV BILASPURBILASPUR 10.39 2022					
<b>Heat 1</b>					
1	TANVEER CHOUDHARY	863		26/04/02	UTTAR PRADESH
2	HARSH KUMAR	192		27/01/02	DELHI
3	MOHIT KUMAR CHAUDHARY	898		11/05/01	UTTAR PRADESH
4	ADITYA RAJ SINGH	1008		20/02/03	UTTARKHAND
5	RAJESH DODIYAR	463		20/06/01	MADHYA PRADESH
6	NEHAL SAGAR	205		05/04/02	DELHI
7	BIJITH K	432		23/10/01	KERALA
8	ASHISH KUMAR MODI	902		06/07/02	UTTAR PRADESH
<b>Heat 2</b>					
1	LALU PRASAD BHOI	565		21/09/03	ODISHA
2	ASTEER SHARMA	480		04/11/02	MADHYA PRADESH
3	HARI KISHORE GIDDALURU	109		17/06/03	ANDHRA PRADESH
4	ANKIT PATEL	478		13/04/01	MADHYA PRADESH
5	NISHANT KUMAR	892		22/06/01	UTTAR PRADESH
6	PAWAN SINGH RAJPUT	212		27/11/03	DELHI
7	TAMIL ARASU S	740		20/05/02	TAMIL NADU
8	KAPIL ...	177		10/11/00	DELHI
<b>Heat 3</b>					
1	ABHISEKH DALABEHERA	555		12/04/03	ODISHA
2	MOHD ASIF	845		19/07/02	UTTAR PRADESH
3	ARYAN SAMSON FRANCIS	536		12/07/02	MAHARASHTRA
4	HEMANT RAJPOOT	939		08/12/06	UTTAR PRADESH
5	SANDEEP YADAV	547		05/01/04	MAHARASHTRA
6	AKASHDEEP SINGH	595		05/04/03	PUNJAB
7	UTTAM TAMAR	972		08/07/04	UTTAR PRADESH
8	BHANU PRATAP SINGH	935		27/12/04	UTTAR PRADESH
<b>Heat 4</b>					
1	ASHISH .	285		31/12/01	HARYANA
2	ANSHU KUMAR SINGH	381		06/03/03	JHARKHAND
3	NALUBOTHU SARATH CHANDRA	111		29/10/03	ANDHRA PRADESH
4	SWAPAN TUDU	1039		12/02/01	WEST BENGAL
5	TARANDEEP SINGH	144		09/12/00	CHANDIGARH
6	RAMAN TOMAR	976		26/09/02	UTTAR PRADESH
7	HARSH KUMAR.	128		11/02/03	BIHAR
8	NITIN YADAV	1013		11/05/05	UTTARKHAND
<b>Heat 5</b>					
1	PRITAM PRITAM	351		23/10/02	HARYANA
2	RAVI KUSHWAHA	915		01/01/05	UTTAR PRADESH
3	GITSON I	748		20/06/01	TAMIL NADU
4	RAHUL YADAV	383		01/01/02	JHARKHAND
5	ADESH GARSA	660		07/12/00	RAJASTHAN
6	VIJAY KUMAR..	914		27/07/03	UTTAR PRADESH
7	AJAY KUMAR GARIPALLY	781		22/08/03	TELANGANA
8	RAHUL SHARMA	952		12/12/01	UTTAR PRADESH
<b>Heat 6</b>					
1	YATEESH CHAUHAN	459		10/07/03	MADHYA PRADESH
2	MAHAKDEEP SINGH	605		11/08/01	PUNJAB
3	MOHAMMED HISHAM M	427		27/06/02	KERALA
4	SAGAR SANGWAN	947		12/07/01	UTTAR PRADESH
5	SAHIL .	834		18/06/03	UTTAR PRADESH
6	ARYAN JAGDISH KADAM	525		02/01/04	MAHARASHTRA
7	ROHIT KUMAR	195		21/11/01	DELHI
8	SUBHASH PRAJAPATI	202		27/07/04	DELHI
<b>Heat 7</b>					
1	MOHAMED HAONIF	747		09/10/01	TAMIL NADU
2	ARYAN EKKA	557		25/09/03	ODISHA
3	ANDREI BHUVANESH SUBASH	742		18/01/01	TAMIL NADU

4	SHIVAM MEENA	201		21/11/01	DELHI
5	ABHAY KANWAR	466		02/07/06	MADHYA PRADESH
6	PINTU KUMAR	894		10/07/01	UTTAR PRADESH
7	HARSH ..	319		13/04/01	HARYANA
8	RAHUL SOLANKI	241		30/11/00	GUJARAT
<b>Heat 8</b>					
1	NIRBHAY NATH TIWARI	924		23/03/03	UTTAR PRADESH
2	SAISIDDHARTH R	758		28/10/03	TAMIL NADU
3	VIJAY KUMAR.	912		02/02/05	UTTAR PRADESH
4	NITIN CHAUDHARY	856		23/06/04	UTTAR PRADESH
5	SANKAR P J	756		02/01/04	TAMIL NADU
6	GURKIRAT SINGH	599		06/01/03	PUNJAB
7	SHAHBAZ .	174		05/05/01	DELHI
8	YASHWANT GUNJAL	523		27/11/00	MAHARASHTRA
<b>Heat 9</b>					
1	SUNIL JAT	666		20/05/01	RAJASTHAN
2	NAUSHAD .	171		08/05/03	DELHI
3	RAVI RAI	938		07/08/04	UTTAR PRADESH
4	ASHISH .	166		14/08/03	DELHI
5	ANKIT VERMA	362		17/11/04	HARYANA
6	JEBIN SIBI	239		25/09/02	GUJARAT
7	DEEPAK CHAUDHARY	851		10/11/00	UTTAR PRADESH
8	AADITYA TOMAR	975		14/03/03	UTTAR PRADESH
<b>Event # 49 MENS Long Jump Decathlon-2</b>					
<b>TIME: 08:50 HRS</b>					
<b>Event # 16 MENS Discus Throw</b>					
<b>NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012</b>					
<b>MR.:BASUKESH POONIA NEW DELHI 53.27 2021</b>					
<b>GROUP B</b>					
1	ABHIMANYU .	282		18/12/01	HARYANA
2	GIRIWAR .	291		21/12/01	HARYANA
3	NITIN .	832		14/08/01	UTTAR PRADESH
4	PRINCE .	305		08/04/02	HARYANA
5	RAMAN .	306		28/12/05	HARYANA
6	VAIBHAV .	313		01/06/01	HARYANA
7	IKRAM ALI KHAN	458		01/07/01	MADHYA PRADESH
8	NAGENDRA ANNAPPA NAIK	396		18/11/02	KARNATAKA
9	SATISH BANSI DESHMUKH	518		08/08/01	MAHARASHTRA
10	PULKIT CHOUDHARY	862		10/10/02	UTTAR PRADESH
11	RINKU GURJAR	664		20/09/04	RAJASTHAN
12	SIDHARTH K C	433		26/06/01	KERALA
13	AJAY KUMAR	780		20/06/03	TELANGANA
14	ANKIT KUMAR	670		05/11/01	RAJASTHAN
15	ASHISH KUMAR	879		11/09/02	UTTAR PRADESH
16	DINESH KUMAR	672		15/07/01	RAJASTHAN
17	PRADEEP KUMAR	675		01/04/01	RAJASTHAN
18	VINIT KUMAR	341		01/01/03	HARYANA
19	ANIL KUMAR..	345		08/12/02	HARYANA
<b>Event # 20 WOMENS 100m Run</b>					
<b>NR.:DUTEE CHAND PATIALA 11.17 21/06/2021</b>					
<b>MR.:A.T. DANESHWARI BILASPUR 11.63 2022</b>					
<b>Heat 1</b>					
1	SHREYA YADAV	823		20/07/05	UTTAR PRADESH
2	NEHA YADAV	642		20/10/01	RAJASTHAN
3	TANUSHREE POREL	1020		08/12/02	WEST BENGAL
4	SUDESHNA HANMANT SHIVANKAR	503		09/09/03	MAHARASHTRA
5	TAMANNA .	265		29/09/04	HARYANA



6	PRACHI DWIVEDI	625		07/10/03	RAJASTHAN
7	PAVITHRA R	728		22/03/02	TAMIL NADU
8	MAHERA SADRUDDIN SIDDIQUE	232		06/04/01	GUJARAT
<b>Heat 2</b>					
2	KEERTHANA S	392		24/09/02	KARNATAKA
3	DURGA SEN	452		05/07/05	MADHYA PRADESH
4	ANUSHA BISWAS	1014		24/02/05	WEST BENGAL
5	RISHITA KAUR	627		16/11/02	RAJASTHAN
6	SHIVANI P	726		14/03/03	TAMIL NADU
7	ANU YADAV	818		10/11/04	UTTAR PRADESH
8	MARIYA NIVETHA P	724		28/08/03	TAMIL NADU
<b>Heat 3</b>					
2	ANJALI P D	415		22/03/01	KERALA
3	BISHAKHA SINGH	378		02/03/03	JHARKHAND
4	SWETHASHREE N	723		31/07/02	TAMIL NADU
5	TAMASHREE MISHRA	1016		18/05/03	WEST BENGAL
6	SHIVKANYA MUKATI	445		01/03/04	MADHYA PRADESH
7	CHELIMI .	102		07/01/03	ANDHRA PRADESH
8	PRIYANKA SIKARWAR	809		01/08/03	UTTAR PRADESH
<b>Heat 4</b>					
2	SONIA .	263		05/01/01	HARYANA
3	JOSIKA PAL	802		31/08/01	UTTAR PRADESH
4	DEVYANIBA MAHENDRASINH ZALA	227		15/03/02	GUJARAT
5	SUKHI BASKEY	551		02/11/02	ODISHA
6	SIMRAN KAUR	137		05/03/04	CHANDIGARH
7	MOUSUMI ROY UTTAM	1022		30/01/01	WEST BENGAL
8	ANSHU .	246		06/06/01	HARYANA
<b>Heat 5</b>					
2	DURGA BODDEPALLI	103		21/01/02	ANDHRA PRADESH
3	RITIKA .	154		18/01/01	DELHI
4	SHALLY SRIVASTAVA	815		02/04/04	UTTAR PRADESH
5	SAKSHI CHAMPALAL CHAVAN	220		18/01/05	GUJARAT
6	ADITI KUMARI	119		19/06/03	BIHAR
7	KAJAL KAJAL	277		03/08/02	HARYANA
8	KUSUM THAKUR	369		27/07/03	HIMACHAL PRADESH
<b>Event # 50 MENS Shot Put Decathlon-3</b>					
<b>TIME: 10:00 HRS</b>					
<b>Event # 3 MENS 400m Run</b>					
<b>HEATS</b>					
<b>NR.:MUHAMMED ANAS KLDNO 45.21 13/07/2019</b>					
<b>TIME: 10:10 HRS</b>					
<b>MR.:AYUSH DABAS NEW DELHI 46.58 2021</b>					
<b>Heat 1</b>					
1	PARAMJEET .	303		14/12/00	HARYANA
2	DEEPAK KAUSHIK	333		23/12/02	HARYANA
3	ABDUL SAMAD	945		01/01/06	UTTAR PRADESH
4	RAHUL .	647		08/07/03	RAJASTHAN
5	AKSHIT KUMAR	877		10/07/04	UTTAR PRADESH
6	SAWAN RATHEE	353		18/12/02	HARYANA
7	ANUJ RAMESH YADAV	534		05/09/01	MAHARASHTRA
8	KAPIL KHOKRAN	873		13/01/02	UTTAR PRADESH
<b>Heat 2</b>					
1	PRAVESH ROSHWAL	1009		01/09/01	UTTARKHAND
2	AKASH RAJ	760		04/12/02	TAMIL NADU
3	VIKAS KUMAR	897		26/12/03	UTTAR PRADESH
4	SANDEEP DHANKHAR	330		03/10/03	HARYANA
5	MR. VIPIN KUSHWAH	489		02/04/01	MADHYA PRADESH
6	ASHUTOSH .	826		05/02/05	UTTAR PRADESH
7	DHARMVEER CHOUDHARY	654		05/02/01	RAJASTHAN
8	RINCE JOSEPH	429		31/08/02	KERALA

<b>Heat 3</b>				
1	ASHUTOSH TRIPATHI	977	25/01/05	UTTAR PRADESH
2	MAHANTESH SIDDAPPA HELAVI	407	03/04/02	KARNATAKA
3	RIZWAN AHMED	457	07/05/04	MADHYA PRADESH
4	ABHISHEK RAO	698	04/09/02	RAJASTHAN
5	ANIKET RAI	130	26/05/03	BIHAR
6	K.AVINASH .	736	03/12/00	TAMIL NADU
7	MAHENDAR LIKHMICHAND CHOUDHAR	401	09/02/02	KARNATAKA
8	AJEET SINGH	482	29/10/02	MADHYA PRADESH
<b>Heat 4</b>				
1	HIMASHU TOMAR	214	01/12/00	DELHI
2	ONKAR BASU	1025	09/10/02	WEST BENGAL
3	ANISH KUMAR	335	18/12/02	HARYANA
4	R.C. GANESH	746	19/02/01	TAMIL NADU
5	SHIVANG MISHRA	920	25/05/01	UTTAR PRADESH
6	THEERTHESH P SHETTY	402	31/03/02	KARNATAKA
7	ANKUL .	644	19/11/05	RAJASTHAN
8	MUKESH SAIN	699	10/02/01	RAJASTHAN
<b>Heat 5</b>				
1	BEENU SHARMA	950	02/01/02	UTTAR PRADESH
2	RASHID .	454	08/01/01	MADHYA PRADESH
3	MOHIT .	830	01/07/03	UTTAR PRADESH
4	AMIT KUMAR	334	01/01/03	HARYANA
5	BUDDHADEB BAURI	1026	15/12/04	WEST BENGAL
6	AMAN CHAUDHARY	180	04/04/06	DELHI
7	AVNISH KUMAR	881	20/06/02	UTTAR PRADESH
8	SUMIT CHAHAL	327	18/01/03	HARYANA
<b>Heat 6</b>				
1	RAHUL KUMAR GITHALA	683	31/10/03	RAJASTHAN
2	VISHAL SINGH	359	10/05/02	HARYANA
3	VIJAY ROHIT	204	26/11/00	DELHI
4	ANKIT BHADU	651	12/07/01	RAJASTHAN
5	ABHINAV C	424	16/04/01	KERALA
6	KARUNAMAY MAHATO	1036	14/01/01	WEST BENGAL
7	AKASH DUBEY	464	13/12/00	MADHYA PRADESH
8	KRUPASINDHU ACHARYA	554	03/01/03	ODISHA
<b>Heat 7</b>				
1	ARYAN MEENA	693	26/07/03	RAJASTHAN
2	SHANKAR LAL SHARMA	692	24/07/03	RAJASTHAN
3	LAVISH SHARMA	951	25/12/02	UTTAR PRADESH
4	SATYAJEET SINGH	962	12/11/01	UTTAR PRADESH
5	ANMOL KERKETTA	559	16/07/02	ODISHA
6	SHARON ABRAHAM	178	27/08/03	DELHI
7	MANINDER SINGH	606	22/08/02	PUNJAB
8	BALAKRISHNA .	393	29/01/03	KARNATAKA
<b>Heat 8</b>				
1	HEMANT KUMAR	884	10/12/03	UTTAR PRADESH
2	NITESH ..	714	31/12/01	SIKKIM
3	SACHIN KUMAR SATISH	904	25/04/04	UTTAR PRADESH
4	YASHPAL SINGH	967	05/06/01	UTTAR PRADESH
5	SHAKIB ALI	844	01/07/04	UTTAR PRADESH
6	RAM SUDHAKAR WABALE	541	03/08/01	MAHARASHTRA
7	LOVEPREET SINGH	604	28/07/03	PUNJAB
8	RAM SANGA	382	12/03/03	JHARKHAND
<b>Heat 9</b>				
2	KOTAMPALLI VENKAT AKHILESH	112	11/11/01	ANDHRA PRADESH
3	KAVEN S.K	773	20/11/01	TAMIL NADU
4	KAUSHAL KUMAR	886	06/06/03	UTTAR PRADESH
5	SHIV CHAUHAN	183	16/09/04	DELHI
6	ABINESH A J	738	05/01/04	TAMIL NADU
7	SAMARTH SHINDE	540	31/03/03	MAHARASHTRA
8	KESHAV TANWAR	213	24/05/02	DELHI

<b>Event # 14 MENS Triple Jump</b>				<b>FINAL</b>
<b>NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023</b>				<b>TIME: 15:30 HRS</b>
<b>MR.:GAILEY VENISTER NEW DELHI 16.20 2021</b>				
1	AMIT .	643	09/01/02	RAJASTHAN
2	CHHOTU .	288	25/12/03	HARYANA
3	AJAY ..	318	04/05/02	HARYANA
4	VISHAL BAHADUR	379	09/05/03	JHARKHAND
5	JWNGSAR BASUMATARY	116	25/07/03	ASSAM
6	ABHISHEK CHAURASIYA	859	09/07/04	UTTAR PRADESH
7	MAYANK CHOUDHARY	329	09/11/01	HARYANA
8	NARENDRA DHAKA	659	16/12/03	RAJASTHAN
9	SACHIN GUJAR	867	21/01/01	UTTAR PRADESH
10	MOHANRAJ J	749	26/06/01	TAMIL NADU
11	M JEGATHEESHAN	750	27/06/01	TAMIL NADU
12	MAHENDRA KUMAR	889	02/04/06	UTTAR PRADESH
13	RAVI KUMAR	590	30/05/01	PUNJAB
14	PRADEEP KUMAR.	909	20/01/04	UTTAR PRADESH
15	AKASH M VARGHESE	438	13/08/01	KERALA
16	RAVI MALIK	916	08/01/01	UTTAR PRADESH
17	VISHAL MOR	348	28/09/02	HARYANA
18	DARSHAN PR	403	10/04/02	KARNATAKA
19	YUVA RAJ	761	31/07/01	TAMIL NADU
20	ROBINSON S	769	03/03/01	TAMIL NADU
21	RAMKARAN SAINI	701	20/01/03	RAJASTHAN
22	OMKAR SHIDRUK	539	26/09/03	MAHARASHTRA
23	NARPINDER SINGH	608	06/11/02	PUNJAB
24	PANKAJ VERMA	363	20/11/02	HARYANA
25	MANISH YADAV	987	13/07/02	UTTAR PRADESH
<b>Event # 15 MENS Shot Put</b>				<b>QUALIFYING ROUND</b>
<b>NR.:T.SINGH TOOR BHUBANESWAR 21.77 19/06/2023</b>				<b>TIME: 15:35 HRS</b>
<b>MR.:SAMARDEEP GILL BILASPUR 17.79 2022</b>				
<b>GROUP A</b>				
1	LOKESH RAJ G	762	05/10/01	TAMIL NADU
2	TARUN RAJAK	131	12/02/02	BIHAR
3	OMESH RANGA	594	31/05/03	PUNJAB
4	THRIVESH S	772	19/03/04	TAMIL NADU
5	DHANVIR SINGH	597	28/12/02	PUNJAB
6	KAMAKHYA SINGH	957	01/07/02	UTTAR PRADESH
7	SACHIN SINGH	961	22/07/02	UTTAR PRADESH
8	MOHIT SINGH BHATI	706	26/10/02	RAJASTHAN
9	AMANDEEP SINGH DHALIWAL	611	16/05/02	PUNJAB
10	ANURAG SINGH KALER	968	24/07/05	UTTAR PRADESH
11	P. SURYA PRAKASH	778	25/09/02	TAMIL NADU
12	ARYAN TYAGI	978	14/08/01	UTTAR PRADESH
<b>Event # 51 MENS High Jump Decathlon-4</b>				<b>TIME: 15:40 HRS</b>
<b>Event # 36 WOMENS Hammer Throw</b>				<b>FINAL</b>
<b>NR.:SARITA SINGH PATIALA 65.25 1/06/2017</b>				<b>TIME: 15:45 HRS</b>
<b>MR.:SHITAL NEW DELHI 54.21 2021</b>				
1	AISHWARYA .	244	24/09/01	HARYANA
2	NITHYA B	718	17/10/03	TAMIL NADU
3	TANYA CHAUDHARY	795	21/09/03	UTTAR PRADESH
4	ANISHA DAHIYA	275	03/12/00	HARYANA

5	VINOTHINI DURAIMANICKAM	719		26/03/02	TAMIL NADU
6	KOMAL POONIA	633		15/07/01	RAJASTHAN
7	SMRITI RAI	807		10/05/03	UTTAR PRADESH
8	TRISHA RANI	580		13/08/03	PUNJAB
9	MITAL SOLANKI	233		28/08/03	GUJARAT
10	NEHA SWAMI	637		02/10/03	RAJASTHAN
11	NIDHI YADAV	820		01/07/01	UTTAR PRADESH
12	SHIVANI YADAV	822		04/01/04	UTTAR PRADESH
<b>Event # 15 MENS Shot Put</b>					<b>QUALIFYING ROUND</b>
<b>NR.:T.SINGH TOOR BHUBANESWAR 21.77 19/06/2023</b>					<b>TIME: 16:20 HRS</b>
<b>MR.:SAMARDEEP GILL BILASPUR 17.79 2022</b>					
<b>GROUP B</b>					
1	ANIKET .	1003		05/11/01	UTTARKHAND
2	ARJUN .	140		13/10/02	CHANDIGARH
3	SANYAM .	309		05/10/03	HARYANA
4	VIKASH .	175		12/02/03	DELHI
5	SAHIB .SINGH	176		05/11/00	DELHI
6	PIYUSH BALIYAN	846		17/01/03	UTTAR PRADESH
7	KARTIK CHAUDHARY	854		06/05/05	UTTAR PRADESH
8	SIDDHARTH CHOUDHARY	658		24/09/05	RAJASTHAN
9	ADHISH GHILDIYAL	1006		21/05/02	UTTARKHAND
10	AKASH GREHWAL	866		01/09/01	UTTAR PRADESH
11	RAHUL KASHYAP S R	400		16/11/00	KARNATAKA
12	PRABHU LAL CHOUDHARY	691		07/09/04	RAJASTHAN
13	SAURABH MISHRA	919		10/07/02	UTTAR PRADESH
<b>Event # 1 MENS 100m Run</b>					<b>SEMI FINAL</b>
<b>NR.:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016</b>					<b>TIME: 16:30 HRS</b>
<b>MR.:PRANAV GURAV BILASPURBILASPUR 10.39 2022</b>					
<b>Event # 20 WOMENS 100m Run</b>					<b>SEMI FINAL</b>
<b>NR.:DUTEE CHAND PATIALA 11.17 21/06/2021</b>					<b>TIME: 16:45 HRS</b>
<b>MR.:A.T. DANESHWARI BILASPUR 11.63 2022</b>					
<b>Event # 33 WOMENS Triple Jump</b>					<b>FINAL</b>
<b>NR.:MAYOOKHA JOHNY KOBE 14.11 9/07/2011</b>					<b>TIME: 17:15 HRS</b>
<b>MR.:SANDRA BABU NEW DELHI 13.11 2021</b>					
1	HEMA .	250		19/01/03	HARYANA
2	KAJAL .	251		01/09/03	HARYANA
3	SHARVARI AVINASH PARULEKAR	497		20/03/02	MAHARASHTRA
4	MANALI CHAUHAN	274		21/01/03	HARYANA
5	MIMANSA DAHIYA	276		03/12/01	HARYANA
6	NIMISHA DAYMA	443		15/05/03	MADHYA PRADESH
7	LALITA JANGIR	626		03/08/02	RAJASTHAN
8	BABISHA P	725		26/12/01	TAMIL NADU
9	DEEPANSHI SINGH	812		03/04/01	UTTAR PRADESH
<b>Event # 34 WOMENS Shot Put</b>					<b>FINAL</b>
<b>NR.:MANPREET KAUR CHENNAI 18.06 11/06/2022</b>					<b>TIME: 17:15 HRS</b>
<b>MR.:KIRAN BALIYAN NEW DELHI 16.11 2021</b>					
1	SHIKSHA .	262		12/12/02	HARYANA
2	YOGITA .	268		01/11/00	HARYANA
3	ANJALI ..	269		08/02/03	HARYANA

4	JASMINE KAUR	571		11/02/03	PUNJAB
5	RAMNEET KAUR	575		28/12/03	PUNJAB
6	SIMRANJEET KAUR	158		26/01/03	DELHI
7	KAVITA KUMARI	629		26/01/04	RAJASTHAN
8	ANTIMA MISHRA	799		25/12/05	UTTAR PRADESH
9	SHIKHA PAWAR	806		08/07/01	UTTAR PRADESH
10	HARLEEN PUREWAL	138		22/11/05	CHANDIGARH
11	KHUSHI RANA	139		10/12/02	CHANDIGARH
12	BHAVANA UPADHYAY	816		15/12/03	UTTAR PRADESH
13	JYOTI VAISHNAV	639		26/01/04	RAJASTHAN
<b>Event # 22 WOMENS 400m Run</b>					<b>HEATS</b>
<b>NR.:HIMA DAS JAKARTA 50.79 26/08/2018</b>					<b>TIME: 17:40 HRS</b>
<b>MR.:DANDI JYOTHIKA SRI NEW DELHI 53.05 2021</b>					
<b>Heat 1</b>					
3	MUGADA SIREESHA	107		05/06/03	ANDHRA PRADESH
4	SUMMY .	264		21/05/03	HARYANA
5	SWASTIDIPA KARMAKAR	1015		06/09/02	WEST BENGAL
6	KUNJA RAJITHA	105		01/01/03	ANDHRA PRADESH
7	SIMARJEET KAUR	577		25/10/01	PUNJAB
8	OLIMBA STEFFI	733		15/02/02	TAMIL NADU
<b>Heat 2</b>					
3	MEENA PARMAR	448		25/10/00	MADHYA PRADESH
4	ANJALI VIRATIYA	1002		01/04/02	UTTARKHAND
5	RASHDEEP KAUR	576		01/02/02	PUNJAB
6	MANISHA KUMARI	367		21/11/00	HIMACHAL PRADESH
7	VIDHI RAWAL	377		08/05/01	JHARKHAND
8	MANISHA .	252		24/05/02	HARYANA
<b>Heat 3</b>					
2	NEHA .	567		30/06/02	PUNJAB
3	DIVYA KUMARI	278		02/08/02	HARYANA
4	SHIVANI SHASHIKANT GAIKWAD	509		08/09/01	MAHARASHTRA
5	KIRANJOT KAUR	572		17/11/01	PUNJAB
6	JAMSHEELA T J	420		13/05/01	KERALA
7	KULDEEP KAUR	573		01/05/03	PUNJAB
8	LAVANYA SINGH	160		29/05/03	DELHI
<b>Event # 3 MENS 400m Run</b>					<b>SEMI FINAL</b>
<b>NR.:MUHAMMED ANAS KLDNO 45.21 13/07/2019</b>					<b>TIME: 17:50 HRS</b>
<b>MR.:AYUSH DABAS NEW DELHI 46.58 2021</b>					
<b>Event # 52 MENS 400m Decathlon-5</b>					<b>TIME: 18:10 HRS</b>
<b>Event # 4 MENS 800m Run</b>					<b>SEMI FINAL</b>
<b>NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018</b>					<b>TIME: 18:20 HRS</b>
<b>MR.:PARVEJ KHAN BILASPUR 1:47.96 2022</b>					

Event # 23 WOMENS 800m Run				HEATS
NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010				TIME: 18:30 HRS
MR.:CHANDA NEW DELHI 2:03.40 2021				
<b>Heat 1</b>				
1	NIKITA SHARMA	368	04/07/01	HIMACHAL PRADESH
2	MEENA .	253	15/04/03	HARYANA
3	SANEHA .	568	02/07/04	PUNJAB
4	KAJAL ..	791	27/06/04	UTTAR PRADESH
5	TAI HIRAMAN BAMHANE	504	31/12/02	MAHARASHTRA
6	AAKANKSHA PAL	801	08/02/05	UTTAR PRADESH
7	SHIKHA GUPTA	118	16/12/00	BIHAR
8	SHIVANKI AWASTHI	793	01/07/03	UTTAR PRADESH
<b>Heat 2</b>				
1	VINEETA GURJAR	796	27/09/05	UTTAR PRADESH
2	YUTIKA GOSWAMI	156	31/01/04	DELHI
3	SOUNDARYA K	721	25/02/02	TAMIL NADU
4	KM BHARTI	794	24/07/01	UTTAR PRADESH
5	MITTAL CHAUDHRI	221	19/05/01	GUJARAT
6	URVASHI .	267	10/11/03	HARYANA
7	SHIVECHHA VIKAS PATIL	510	21/09/03	MAHARASHTRA
8	THOTA SANKEERTANA	145	17/07/03	CHHATTISGARH
<b>Heat 3</b>				
1	AMANDEEP KAUR	569	09/07/03	PUNJAB
2	BHAGYALAXMI DONTU LAXMI	779	13/06/03	TELANGANA
3	DIKSHA .	785	23/07/05	UTTAR PRADESH
4	PRATEEKSHA YADAV	821	30/06/05	UTTAR PRADESH
5	DIKSHA ..	790	23/07/05	UTTAR PRADESH
6	STEPHY SARA KOSHY	419	22/03/03	KERALA
7	PRISCILLA DANIEL	412	01/07/02	KERALA
8	KAJAL RANGNATH KANWADE	230	26/01/01	GUJARAT
8	CHANTHINI C	411	21/04/02	KERALA