



# ATHLETICS FEDERATION OF INDIA

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**Circular No. 51/10-2023**

October 08, 2023

F.No.4-8/AFI/2023

All Affiliated State Units - AFI

## **Sub: 38<sup>th</sup> National junior Athletics Championships 2023**

Dear Sir/Madam,

I am pleased to inform you that 38<sup>th</sup> National Junior Athletics Championships will be organized by Tamil Nadu Athletics Association at Nehru Stadium, Coimbatore from 07-10 November, 2023.

The various details of the Championships are as under:

Venue : Nehru Stadium, Coimbatore (Tamil Nadu)  
Date : 07-10 November 2023  
Organising Secretary : Ms. C. Latha, Secretary,  
Tamil Nadu Athletics Association  
Mobile No. 9840701169

### **Age Groups & Age Brackets**

Boys & Girls (Under 14): Born between 11-11-2009 & 10-11-2011

Boys & Girls (Under 16): Born between 11-11-2007 & 10-11-2009

Boys & Girls (Under 18): Born between 11-11-2005 & 10-11-2007

Boys & Girls (Under20): Born between 11-11-2003 & 10-11-2005

No. of Entries each State can send:

Boys & Girls -Under20,18 &16 years - Two entries per event

Boys & Girls –Under 14 years - Only one entry per event

No reserve entry will be accepted.

### **No. of Events, an athlete can participate**

#### **Boys & Girls Under 20 Yrs**

An athlete can participate in two individual events and one Relay event.

### Boys & Girls Under 18 Yrs., 16 Yrs. & 14 Yrs.

- (a) An athlete can participate in two individual events and one Relay event.
- (b) If the two individual events are track events, one of these individual events may be longer than 200m.
- (c) An athlete can participate in his/her own age group only.

### Events to be conducted

The list of events to be conducted is enclosed.

### Proof of Age

The following documents will be accepted as proof of age:

**(a) Athletes below 14 years and 16 years**

Certificate issued by "Birth & Death" Registration Office of a Municipal Corporation/Nagar Palika/Mahapalika/District/Village Panchayat/ 10<sup>th</sup> Standard Certificate.

**(b) Athletes above 16 years**

10<sup>th</sup> Standard certificate or equivalent issued by a recognized State/Central Education Board/Birth Certificate.

**(c) Athletes, who have not gone to School at all should bring Birth Certificate from Municipality/Corporation etc. Athletes, who are drop outs, should bring birth certificate and also School Leaving Certificate, showing date of birth from the School he/she last attended.**

### Age Verification

AFI Age Verification Committee and a team of doctors will be present to verify the age of athletes. The decisions taken by the Committee about the age of an athlete will be final. Age Verification Committee will check all athletes from 5th November 2023 at competition venue. No athlete can participate without Age Verification check.

It is mandatory to produce original proof of date of birth before the Age Verification Committee/Team of Doctors, without which athletes may not be allowed to participate. All athletes should, therefore, be advised to bring with them original certificate as proof of age. Date of birth certificates in vernacular must be accompanied by an attested English/Hindi translation duly attested by a Gazetted Officer.

### Procedure for sending Entries

The entries have to be submitted "ONLINE" on AFI Website from 15<sup>st</sup> October 2023 by the respective State/UT Units by 31<sup>st</sup> October 2023. Entry sent by Email or otherwise will not be accepted. The entry standard circulated by the Federation should be kept in mind while sending the entry. In no case, athletes having not achieved the entry standard should be entered. The entry standard will be uploaded on AFI website [www.indianathletics.in](http://www.indianathletics.in).

### Entry Fee

The entry fee of INR 250/- per event, per athlete is to be paid "Online" along with the entry.

### Last Date of Entry

The last date for receipt of online entries is 31<sup>st</sup> October 2023.

### Dope Test

Dope Test will be conducted by National Anti-Doping Agency (NADA) during the Championships.

### Banned Athletes

All the State/UT Secretaries should ensure that they do not include names of athletes, who have been banned by AFI for participation in any meet due to doping offence.

Athletes found over age in previous meet must take part only in the next higher age group.

### Participation Certificates

Participation Certificates will be issued ONLINE to only those athletes, who actually participate and perform as per the entry standard laid down by the Federation. The Merit certificates will be issued only after receiving the "Dope Test" report from NADA and will be sent to the athletes.

### Boarding & Lodging

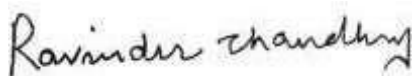
It may also be noted that Boarding and Lodging facilities to Athletes/Managers/Coaches will not be provided by the Organizers. The participating states will, therefore, have to make their own arrangements in this regard.

**Disclaimer:**

AFI or the Organising State Unit will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection with participation in 38<sup>th</sup> National Junior Athletics Championships 2023. All athletes/officials/vendors have to participate on their own risk. You are requested to bring it to the notice of your athletes.

Your cooperation for the smooth and successful conduct of this prestigious Championships is solicited.

Thanking you,  
Yours sincerely

A handwritten signature in black ink that reads "Ravinder Chaudhry". The signature is written in a cursive style with a small flourish at the end.

Ravinder Chaudhry  
Secretary, AFI

**LIST OF EVENTS TO BE CONDUCTED DURING 38<sup>TH</sup> NATIONAL JUNIOR ATHLETICS  
CHAMPIONSHIPS 2023**

<b>UNDER 20 MEN</b>	<b>BOYS UNDER 18</b>	<b>BOYS UNDER 16</b>	<b>BOYS UNDER 14</b>
			60m
100m	100m	100m	
200m	200m		
		300m	
400m	400m		
			600m
800m	800m	800m	
1500m	1500m		
		2000m	
	3000m		
5000m			
10000m			
110m Hurdles	110m Hurdles	80m Hurdles	
400m Hurdles	400m Hurdles		
3000m Steeplechase	2000m Steeplechase		
High Jump	High Jump	High Jump	High Jump
Pole Vault	Pole Vault		
Long Jump	Long Jump	Long Jump	Long Jump
Triple Jump	Triple Jump		
Shot Put (6 Kg)	Shot Put (5 Kg)	Shot Put (4 Kg)	Shot Put (3 Kg)
Discus Throw (1.750 Kg)	Discus Throw (1.500 Kg)	Discus Throw (1.250 Kg)	
Hammer Throw (6 Kg)	Hammer Throw (5 Kg)	Hammer Throw (4 Kg)	
Javelin Throw (800g)	Javelin Throw (700g)	Javelin Throw (600g)	Kids Javelin Throw
4x100m Relay	Medley Relay	Medley Relay	
4x400m Relay			
4x400m Mixed Relay			
Decathlon (Ten Event) DAY "1": 100m, Long Jump, Shot Put, High Jump & 400m. DAY "2": 110mH, Discus Throw, Pole Vault, Javelin Throw & 1500m.	Decathlon (Ten Event) DAY "1": 100m, Long Jump, Shot Put, High Jump & 400m. DAY "2": 110mH, Discus Throw, Pole Vault, Javelin Throw & 1500m.	Hexathlon (Six Event) DAY "1": 100m, Long Jump & Shot Put DAY "2": High Jump, Javelin Throw & 1000m	Triathlon (Three Event) ONE DAY: 60m, Long Jump & Kids Javelin Throw
10000m Race Walk	10000m Race Walk	5000m Race Walk	

<b>UNDER 20 WOMEN</b>	<b>GIRLS UNDER 18</b>	<b>GIRLS UNDER 16</b>	<b>GIRLS UNDER 14</b>
			60m
100m	100m	100m	
200m	200m		
		300m	
400m	400m		
			600m
800m	800m	800m	
1500m	1500m		
		2000m	
3000m	3000m		
5000m			
100m Hurdles	100m Hurdles	80m Hurdles	
400m Hurdles	400m Hurdles		
3000m Steeplechase	2000m Steeplechase		
High Jump	High Jump	High Jump	High Jump
Pole Vault	Pole Vault		
Long Jump	Long Jump	Long Jump	Long Jump
Triple Jump	Triple Jump		
Shot Put (4 Kg)	Shot Put (3 Kg)	Shot Put (3 Kg)	Shot Put (2 Kg)
Discus Throw (1.000 Kg)	Discus Throw (1.000 Kg)	Discus Throw (1.000 Kg)	
Hammer Throw (4 Kg)	Hammer Throw (3 Kg)		
Javelin Throw (600g)	Javelin Throw (500g)	Javelin Throw (500g)	Kids Javelin Throw
4x100m Relay	Medley Relay	Medley Relay	
4x400m Relay			
Heptathlon (Seven Event) DAY "1": 100m H, High Jump, Shot Put & 200m DAY "2": Long Jump, Javelin Throw & 800m.	Heptathlon (Seven Event) DAY "1": 100m H, High Jump, Shot Put & 200m DAY "2": Long Jump, Javelin Throw & 800m.	Hexathlon (Six Event) DAY "1": 100m, Long Jump & Shot Put DAY "2": High Jump, Javelin Throw & 800m	Triathlon (Three Event) ONE DAY: 60m, Long Jump & Kids Javelin Throw
10000m Race Walk	5000m Race Walk	3000m Race Walk	



**Athletics Federation of India**  
**38th National Junior Athletics Championships 2023**  
**ENTRY STANDARDS ~ MALE ATHLETES**

Details of EVENTS & Specifications		U20 Men	U18 Men	U16 Boys	U14 Boys
EVENTS	Specifications				
60m					-
100m		10.90s.	11.50s.	11.80s.	
200m		23.00s.	23.60s.		
300m				38.00s	
400m		50.00s.	51.70s.		
600m					-
800m		1:55.00s.	2:00.00s.	2:04.00s.	
1500m		4:00.00s.	4:15.00s.		
2000m				6:10.00s.	
3000m			9:15.00s.		
5000m		15:10.00s.			
10000m		32:50.00s.			
80m Hurdles	0.838m.			12.00s	
100m Hurdles	0.914m.				
110m Hurdles	0.914m.		15.40s.		
110m Hurdles	0.991m.	15.00s.			
110m Hurdles	1.067m.				
400m Hurdles	0.838m.		57.50s.		
400m Hurdles	0.914m.	55.00s.			
2000m Steeplechase	0.838m.		6:45.00s.		
3000m Steeplechase	0.914m.	10:10.00s.			
High Jump		1.90m.	1.80m.	1.65m.	-
Pole Vault		3.80m.	3.70m.		
Long Jump		6.80m.	6.50m.	5.80m.	
Triple Jump		14.50m.	13.50m.		
Shot Put	3.000kg.				-
Shot Put	4.000kg.			13.00m.	
Shot Put	5.000kg.		14.50m.		
Shot Put	6.000kg.	15.50m.			
Shot Put	7.260kg.				
Dicus Throw	1.2500kg.			42.00m.	
Dicus Throw	1.5000kg.		46.00m.		
Dicus Throw	1.750kg.	45.00m.			
Dicus Throw	2.000kg.				
Hammer Throw	4.000kg.			42.00m.	
Hammer Throw	5.000kg.		48.50m.		
Hammer Throw	6.000kg.	60.00m.			
Hammer Throw	7.260kg.				
Javelin Throw	600g.			44.00m.	
Javelin Throw	700g.		58.00m.		
Javelin Throw	800g.	65.00m.			
Kids Javelin Throw					-
Medley Relay			1:56.00s.	2:04.00s.	
4 X 100m Relay		44.00s.			
4 X 400m Relay		3:24.00s.			
4 X 400m Mixed Relay		*/#			
Triathlon [One day]					-
Hexathlon [Two day]				2800pts	
Decathlon		5000pts.	4000pts		
5000m Race Walk [Track]				28:50.00s.	
10,000m Race Walk [Track]		50.00.00s.	54.00.00s.		
10km Race Walk [Road]		50.00.00s.	54.00.00s.		



**Athletics Federation of India**  
**38th National Junior Athletics Championships 2023**

**ENTRY STANDARDS ~ FEMALE ATHLETES**

Details of EVENTS & Specifications		U20 Women	U18 Women	U16 Girls	U14 Girls
EVENTS	Specifications				
60m					-
100m		12.75s.	13.00s.	13.60s.	
200m		26.50s.	27.00s.		
300m				45.50s	
400m		58.50s.	1:03.00s.		
600m					-
800m		2:20.00s.	2:30.00s.	2:35.00s.	
1500m		4:50.00s.	5:15.00s.		
2000m				7:40.00s	
3000m		11:40.00s.	12:00.00s.		
5000m		18:50.00s.			
10000m					
80m Hurdles	0.762m.			13.50s	
100m Hurdles	0.762m.		16.00s.		
100m Hurdles	0.838m.	16.00s.			
400m Hurdles	0.762m.	1:07.00s.	1:10.00s.		
2000m Steeplechase	0.762m.		09:30.00s.		
3000m Steeplechase	0.762m.	13:30.00s.			
High Jump		1.55m.	1.45m.	1.40m.	-
Pole Vault		2.80m.	2.70m.		
Long Jump		5.30m.	5.00m.	4.75m.	-
Triple Jump		11.60m.	11.00m.		
Shot Put	2.000kg				-
Shot Put	3.000kg		11.50m.	10.00m.	
Shot Put	4.000kg	11.00m.			
Dicus Throw	1.000kg	35.00m.	33.00m.	30.00m.	
Hammer Throw	3.000kg		38.00m.		
Hammer Throw	4.000kg	39.00m.			
Javelin Throw	500g.		35.00m.	30.00m.	
Javelin Throw	600g.	38.50m.			
Kids Javelin Throw					-
Medley Relay			2:20.00s.	2:25.00s.	
4 X 100m Relay		52.00s.			
4 X 400m Relay		4:05.00s.			
4 X 400m Mixed Relay		*/#			
Triathlon [One day]					-
Hexathlon [Two day]				1800pts	
Heptathlon		3250pts.	3000pts.		
3000m Race Walk [Track]				21:30.00s.	
5000m Race Walk [Track]			33:30.00s.		
10,000m Race Walk [Track]		1::06:00.0s.			
10km Race Walk [Road]		1::06:00.0s.			