



22nd NATIONAL JUNIOR (U20) FEDERATION CUP ATHLETICS CHAMPIONSHIPS 2024

08th - 10th March 2024, SAI Regional Centre Sarojini Nagar, Lucknow

Organised by

UTTAR PRADESH ATHLETICS ASSOCIATION

RESULTS

DAY-3

10th March 2024

22nd National Jr. U20 Fed. Athletics Championships**08-10 March 2024, Lucknow, (UP)**

10-03-2024

3/8/24 - 3/10/24

SAI Regional Centre Sarojini Nagar**Event # 7 MENS 5000m Run JUNIOR**

& ASIAN JR. U-20 Q.M: 14:38.00

NR.:AJAY KUMAR PATEL MADURAI 13:57.65 18/06/2008

% MR.:RAHUL KUMAR PAL PUNE 14:16.67 2012

1	VINOD SINGH	356	20/07/05	MADHYA PRADESH	14:22.32 &
2	GAURAV BHASKAR BHOSALI	391	16/09/05	MAHARASHTRA	14:26.16 &
3	RAHUL MAURYA	656	07/10/05	UTTAR PRADESH	14:28.80 &
4	GAURAV YADAV	695	04/10/05	UTTAR PRADESH	14:29.17 &
5	INDRAJEET BHARAT	599	05/07/05	UTTAR PRADESH	14:30.69 &
6	VIKAS KUMAR BIND	339	11/01/06	MADHYA PRADESH	14:35.03 &
7	SANDEEP KUMAR	338	11/03/05	MADHYA PRADESH	14:45.61
8	PRAMOD KUMAR	635	15/08/06	UTTAR PRADESH	14:45.86
9	RAJAT PAL	718	10/07/05	UTTARKHAND	14:48.48
10	AMAN KUMAR	264	06/05/07	HARYANA	14:52.41
11	VIVEK CHAND	183	03/09/05	GUJARAT	15:15.09
12	RAVI YADAV	127	11/07/06	CHANDIGARH	15:24.25
13	RAHUL KUMAR VERMA	341	31/12/05	MADHYA PRADESH	15:24.30
14	KISHAN KUMAR	630	14/08/06	UTTAR PRADESH	15:29.03
15	VANSH .	254	14/11/05	HARYANA	15:55.09
	AAWEZ GYASUDDIN CHAVHA	396	20/03/05	MAHARASHTRA	DNS
	MAHENDRA MAURYA	654	12/07/06	UTTAR PRADESH	DNS
	ANKIT VERMA	361	16/11/05	MADHYA PRADESH	DNS
	ANKIT INDOLIYA	619	01/06/08	UTTAR PRADESH	DNS
	AMARDEEP PAL	659	07/04/05	UTTAR PRADESH	DNS
	NEERAJ SINGH	354	26/10/05	MADHYA PRADESH	DNS
	SACHIN YADAV	410	25/02/06	MAHARASHTRA	DNS
	KRIPASHANKAR LALMANI Y.	412	11/05/05	MANIPUR	DNF

Event # 27 WOMENS 5000m Run JUNIOR

& ASIAN JR. U-20 Q.M: 17:47.97

NR.:SUNITA RANI BANGKOK 15:54.47 18/12/1998

% MR.:ANKITA ... BHOPAL 16:37.90 2021

1	EKTA PRADEEP DEY	326	21/09/05	MADHYA PRADESH	17:08.81 &
2	SUNITA DEVI	564	12/04/05	UTTAR PRADESH	17:16.08 &
3	SHILPA DIHORA	176	23/12/05	GUJARAT	17:30.69 &
4	PRATIMA VERMA	573	20/01/06	UTTAR PRADESH	18:05.13
5	SUSHILA PRAJAPAT	466	06/04/05	RAJASTHAN	18:10.90
6	KAJAL .	204	10/06/06	HARYANA	18:14.58
7	MITALI DEEPAK BHOYAR	369	28/01/05	MAHARASHTRA	19:01.63
8	NISHA KUMARI	139	04/04/05	DELHI	20:30.55
	SANJANA SINGH	232	23/12/06	HARYANA	DNF

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Event # 24 WOMENS 800m Run JUNIOR

& ASIAN JR. U-20 Q.M: 2:13.32

NR.:ASHAKIRAN BARLA BENGALURU 2:03.01 14/10/2023

% MR.:TINTU LUKA PUNE 2:05.21 2008

RESULTS OF FINALS Heat 1

1	LAXITA VINOD SANDILEA	180	13/02/05	GUJARAT	2:09.01 &
2	TANVI MALIK	566	01/01/06	UTTAR PRADESH	2:09.84 &
3	LAXMIPRIYA KISAN	414	10/04/05	ODISHA	2:11.01 &
4	ASTHA MALLICK	140	21/07/05	DELHI	2:11.50 &
5	VINEETA GURJAR	565	27/09/05	UTTAR PRADESH	2:16.67
6	SANTOSH ISHRAWA	456	24/12/05	RAJASTHAN	2:16.84
7	GEETIKA DAHIYA	226	04/10/06	HARYANA	2:17.51
8	CHANCHAL JAKHAD	229	26/10/05	HARYANA	2:17.58

RESULTS OF PRELIMS Heat 1

1	ASTHA MALLICK	140	21/07/05	DELHI	2:17.81
2	VINEETA GURJAR	565	27/09/05	UTTAR PRADESH	2:17.88
3	GEETIKA DAHIYA	226	04/10/06	HARYANA	2:18.49
4	CHANCHAL JAKHAD	229	26/10/05	HARYANA	2:18.72
5	SANTOSH ISHRAWA	456	24/12/05	RAJASTHAN	2:18.94
6	PRATEEKSHA YADAV	577	30/06/05	UTTAR PRADESH	2:20.34
7	DIKSHA .	550	23/07/05	UTTAR PRADESH	2:34.47
8	SHREYA SINGH	571	06/05/05	UTTAR PRADESH	2:37.12

RESULTS OF PRELIMS Heat 2

1	TANVI MALIK	566	01/01/06	UTTAR PRADESH	2:15.52
2	LAXITA VINOD SANDILEA	180	13/02/05	GUJARAT	2:15.56
3	LAXMIPRIYA KISAN	414	10/04/05	ODISHA	2:15.69
4	PRANJAL VINOD BACHCHE	384	26/02/05	MAHARASHTRA	2:20.84
5	SHARANYA VIJAYARAGHAVA	301	08/09/06	KARNATAKA	2:31.92
6	SONA .	450	30/08/06	RAJASTHAN	2:58.32
	AAKANKSHA PAL	568	08/02/05	UTTAR PRADESH	DNS

Event # 4 MENS 800m Run JUNIOR

& ASIAN JR. U-20 Q.M: 1:50.86

NR.:BEANT SINGH GUWAHATI 1:46.92 27/06/2018

% MR.:PRADEEP SENTHILKUMAR NADIAD 1:49.59 2022

RESULTS OF FINALS Heat 1

1	VINOD KUMAR BANOTH	546	16/12/05	TELANGANA	1:51.30
2	ADARSH KUMAR MAURYA	340	25/12/05	MADHYA PRADESH	1:51.54
3	SUNIL KUMAR	268	27/09/05	HARYANA	1:51.55
4	NAKUL GODSE	395	17/07/05	MAHARASHTRA	1:52.36
5	MD SARWAR	292	01/01/07	JHARKHAND	1:52.61
6	VIJAY SINGH	278	21/07/05	HARYANA	1:52.72
7	RAJDIP PAL	740	07/04/06	WEST BENGAL	1:53.02
8	VISHAL YADAV	705	20/06/06	UTTAR PRADESH	1:55.36

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SAI Regional Centre Sarojini Nagar**RESULTS OF PRELIMS Heat 1**

1	ADARSH KUMAR MAURYA	340	25/12/05	MADHYA PRADESH	1:55.35
2	NAKUL GODSE	395	17/07/05	MAHARASHTRA	1:55.42
3	SUNIL KUMAR	268	27/09/05	HARYANA	1:55.48
4	VIJAY SINGH	278	21/07/05	HARYANA	1:55.86
5	PANKAJ MONDAL	422	11/01/05	ODISHA	1:57.69
6	MAHESH .	242	09/12/05	HARYANA	1:59.34
7	AKHILESH SINGH YADAV	686	07/07/08	UTTAR PRADESH	2:06.87
	MOHD SAMAD	667	03/01/05	UTTAR PRADESH	DNF
	SHISHANK SINGH YADAV	358	17/11/05	MADHYA PRADESH	DNF

RESULTS OF PRELIMS Heat 2

1	RAJDIP PAL	740	07/04/06	WEST BENGAL	1:56.43
2	MD SARWAR	292	01/01/07	JHARKHAND	1:56.60
3	PARMJEET .	246	07/12/06	HARYANA	1:56.99
4	RAHUL ORAON	346	05/12/06	MADHYA PRADESH	1:57.66
5	RAHUL KUMAR PAL	644	05/12/05	UTTAR PRADESH	2:03.72
	CHIRAG CHAUDHARY	604	28/10/07	UTTAR PRADESH	DNF
	AVNEESH KUMAR KUSHALP	162	12/04/05	DELHI	DNS
	ANIL KUMAR	626	08/03/08	UTTAR PRADESH	DNS

RESULTS OF PRELIMS Heat 3

1	VINOD KUMAR BANOTH	546	16/12/05	TELANGANA	1:52.54
2	VISHAL YADAV	705	20/06/06	UTTAR PRADESH	1:56.06
3	NARESH GURJAR	481	01/08/05	RAJASTHAN	1:57.83
4	UMAIR KHAN	335	08/12/07	MADHYA PRADESH	1:58.21
5	AKSHAY CHANDEL	603	20/08/05	UTTAR PRADESH	1:58.98
6	RAIYANKHAN JAFARKHAN P.	185	06/03/07	GUJARAT	2:04.25
7	SHUBHAM MARAVI	342	14/10/05	MADHYA PRADESH	2:19.78
	MOHAMMAD ARIF MALLA	283	06/06/07	JAMMU AND KASHMIR	DNS

Event # 35 WOMENS Triple Jump JUNIOR**& ASIAN JR. U-20 Q.M: 12.40****# NR.:GAYATHRY GOVINDARAJ HANOI 13.58 03/07/2010****% MR.:GAYATHRI GOVINDARAJ LUCKNOW 12.87 2009**

1	RISHIKA AWASTHI	559	23/11/05	UTTAR PRADESH	-0.2m/s	12.40m &
		12.09, 12.36, 12.37, 12.40, X, 12.24				
2	PRATHIKSHA YAMUNA A	518	03/11/05	TAMIL NADU	+0.1m/s	12.03m
		X, X, X, 12.03, 12.00, X				
3	DIVYASRI .	505	31/05/05	TAMIL NADU	-0.2m/s	11.73m
		X, 11.54, X, 11.60, 11.73, X				
4	PARTIBHA .	211	02/10/06	HARYANA	-0.3m/s	11.36m
5	MUSKAN ..	224	29/03/07	HARYANA	+0.3m/s	11.27m
	TRISHA NAIR	378	10/01/05	MAHARASHTRA		NM
	PREETI .	447	24/04/05	RAJASTHAN		DNS
	ANJU .	549	18/01/06	UTTAR PRADESH		DNS

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Event # 13 MENS High Jump JUNIOR

& ASIAN JR. U-20 Q.M: 2.12

NR.:TEJASWIN SHANKAR COIMBATORE 2.26 10/11/2016

% MR.:AJAY KUMAR HYDERABAD 2.19 2015

1	CASTRO RAJ R	530	24/02/05	TAMIL NADU	1.95m
2	C THARUN VIKASH	533	17/05/06	TAMIL NADU	1.90m
2	ABHIRAJ NAIR	116	31/01/05	BIHAR	1.90m
4	ROBANPREET SINGH	443	05/08/05	PUNJAB	1.90m
	THAKOR JANAKSINH BADES	186	05/09/06	GUJARAT	DNS
	SHYAM SUNDER	502	01/05/05	RAJASTHAN	NM
	SHIV BHAGWAN	257	06/08/05	HARYANA	NM
	SANYOG SINGH	277	21/10/08	HARYANA	NM
	PRINSHU YADAV	698	26/12/08	UTTAR PRADESH	NM
	LAKSHAY .	241	11/08/08	HARYANA	NM
	DHARMENDRA .	471	25/06/05	RAJASTHAN	NM
	ATHARV SHRIKANT DHAJ	407	13/06/05	MAHARASHTRA	NM

Event # 20 MENS Javelin Throw JUNIOR

& ASIAN JR. U-20 Q.M: 65.49

NR.:NEERAJ CHOPRA BYDGOSZCZ 86.48 23/07/2016

% MR.:YASHVIR SINGH BHOPAL 78.68 2021

RESULTS OF FINALS

1	DIPANSHU SHARMA	673	25/04/06	UTTAR PRADESH	68.89m &
	64.96, 65.03, X, X, 66.21, 68.89				
2	ROHAN YADAV	701	10/09/06	UTTAR PRADESH	68.29m &
	X, 64.29, 68.29, 66.01, 62.82, 65.82				
3	AJEET KUMAR YADAV	715	01/07/05	UTTARKHAND	66.94m &
	66.94, 65.99, 62.04, 64.28, 59.77, 61.12				
4	MANGAL SINGH	679	01/02/07	UTTAR PRADESH	66.38m &
5	MANISH .	243	14/05/05	HARYANA	65.66m &
6	HIMANSHU MISHRA	344	22/06/05	MADHYA PRADESH	65.57m &
7	ARJUN .	147	23/10/06	DELHI	65.40m
8	RANVIJAY SINGH	746	21/06/05	HARYANA	65.08m
9	GAURAV PATEL	349	22/11/06	MADHYA PRADESH	64.78m
10	KARAN KUMAR	629	06/10/06	UTTAR PRADESH	63.45m
11	MOHIT CHAUDHARY	608	24/10/05	UTTAR PRADESH	62.10m
12	ADITYA .	234	22/10/06	HARYANA	61.68m

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SAI Regional Centre Sarojini Nagar**RESULTS OF PRELIMS**

1	DIPANSHU SHARMA	673	25/04/06	UTTAR PRADESH	66.74m &
2	GAURAV PATEL	349	22/11/06	MADHYA PRADESH	65.34m
3	ROHAN YADAV	701	10/09/06	UTTAR PRADESH	64.64m
4	MANGAL SINGH	679	01/02/07	UTTAR PRADESH	64.32m
5	MOHIT CHAUDHARY	608	24/10/05	UTTAR PRADESH	63.40m
6	ADITYA .	234	22/10/06	HARYANA	63.39m
7	HIMANSHU MISHRA	344	22/06/05	MADHYA PRADESH	63.16m
8	AJEET KUMAR YADAV	715	01/07/05	UTTARKHAND	63.04m
9	RANVIJAY SINGH	746	21/06/05	HARYANA	62.69m
10	MANISH .	243	14/05/05	HARYANA	62.32m
11	ARJUN .	147	23/10/06	DELHI	61.48m
12	KARAN KUMAR	629	06/10/06	UTTAR PRADESH	60.99m
13	AJAY KUMAR YADAV	650	05/02/06	UTTAR PRADESH	60.15m
14	TANUJ THAKURATHI	725	22/01/05	UTTARKHAND	60.05m
15	VIPIN YADAV	704	22/06/06	UTTAR PRADESH	58.86m
16	SHIVA CHAUDHARY	610	27/11/05	UTTAR PRADESH	58.59m
17	MANISH SINGH	122	05/06/05	BIHAR	58.08m
18	TANVEER AHMAD	594	14/05/05	UTTAR PRADESH	57.80m
19	VIRENDRA YADAV	123	27/11/07	BIHAR	57.10m
20	SONU KUMAR	488	07/01/05	RAJASTHAN	54.86m
21	AYUSH YADAV.	173	06/03/07	DELHI	54.22m
22	NAVEEN KUMAR	633	22/01/06	UTTAR PRADESH	52.85m
23	BHOLU VISHWAKARMA	133	02/08/06	CHHATTISGARH	41.40m
	PRABHJOT SINGH	681	15/08/05	UTTAR PRADESH	DNS
	RAM KARWASARA	482	21/07/05	RAJASTHAN	DNS
	AJAYPAL SINGH	438	15/10/05	PUNJAB	DNS

Event # 16 MENS Triple Jump JUNIOR

& ASIAN JR. U-20 Q.M: 15.28

NR.:T.SELVA PRABHU HANIA 16.78 28/05/2023

% MR.:PRAVEEN CHITRAVEL BHOPAL 15.93 2021

1	BHUPENDRA SINGH BISHT	724	13/10/05	UTTARKHAND	-0.4m/s	15.08m
		14.32, 14.71, 14.75, 14.88, 15.08, 14.73				
2	S RAVI PRAKASH	525	23/11/05	TAMIL NADU	+0.2m/s	15.07m
		14.90, 14.94, 14.18, 14.82, 15.07, X				
3	SWAGAT BEHERA	419	19/02/05	ODISHA	-0.3m/s	14.71m
		14.68, 14.58, X, X, X, 14.71				
4	YUVARAJ K	521	18/04/06	TAMIL NADU	+0.2m/s	14.69m
5	KRISHNA .	331	24/10/05	MADHYA PRADESH	-0.1m/s	14.53m
6	TARUN CHAUHAN	258	26/07/05	HARYANA	-0.1m/s	14.43m
7	GURNOOR SINGH	440	07/03/05	PUNJAB	-0.1m/s	14.43m
8	DEEPAK .	148	09/10/05	DELHI	-0.9m/s	14.17m
9	ISHAN YADAV	697	01/08/06	UTTAR PRADESH	-0.6m/s	13.62m
	AJAY R	527	15/03/05	TAMIL NADU		DNS
	AJEET KUMAR	483	04/12/06	RAJASTHAN		NM
	HONEY SINGH	678	29/09/05	UTTAR PRADESH		NM
	ADITYA RAJ	117	22/03/05	BIHAR		DNS
	BALAJEEVA K	520	12/12/05	TAMIL NADU		NM
	BIPLAB SIL	743	23/01/05	WEST BENGAL		DNS
	ANAND TIWARI	359	17/01/07	MADHYA PRADESH		NM

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Event # 22 WOMENS 200m Run JUNIOR

& ASIAN JR. U-20 Q.M: 24.53

NR.:HIMA DAS GUWAHATI 23.10 27/06/2018

% MR.:DUTEE CHAND CHENNAI 23.95 2014

RESULTS OF FINALS Heat 1

1	DODLA SAI SANGEETHA	539	09/07/06	TELANGANA	+0.4m/s	24.58
2	ABINAYA RAJARAJAN	513	21/11/06	TAMIL NADU	+0.4m/s	24.83
3	MISHTHI KAJLA	457	18/08/05	RAJASTHAN	+0.4m/s	24.92
4	V SUDHEEKSHA .	293	28/04/05	KARNATAKA	+0.4m/s	24.96
5	SAKSHI CHAMPALAL CHAVAI	175	18/01/05	GUJARAT	+0.4m/s	25.00
6	SANDRA MOL SABU	309	08/07/05	KERALA	+0.4m/s	25.04
7	NANCY .	208	12/12/07	HARYANA	+0.4m/s	25.36
8	KARUNA .	205	06/07/05	HARYANA	+0.4m/s	25.61

RESULTS OF SEMIS Heat 1

1	V SUDHEEKSHA .	293	28/04/05	KARNATAKA	-0.1m/s	24.96
2	MISHTHI KAJLA	457	18/08/05	RAJASTHAN	-0.1m/s	25.19
3	KARUNA .	205	06/07/05	HARYANA	-0.1m/s	25.70
4	PRAVALIKA NARIMALLA	538	21/08/05	TELANGANA	-0.1m/s	25.79
5	SNEH .	220	30/10/05	HARYANA	-0.1m/s	25.90
6	B SRIVIDYA BALA MURALI	511	03/01/05	TAMIL NADU	-0.1m/s	26.05
7	MANSI RAJAK	327	10/09/07	MADHYA PRADESH	-0.1m/s	26.33

RESULTS OF SEMIS Heat 2

1	DODLA SAI SANGEETHA	539	09/07/06	TELANGANA	+0.2m/s	25.04
2	ABINAYA RAJARAJAN	513	21/11/06	TAMIL NADU	+0.2m/s	25.25
3	SANDRA MOL SABU	309	08/07/05	KERALA	+0.2m/s	25.33
4	SAKSHI CHAMPALAL CHAVAI	175	18/01/05	GUJARAT	+0.2m/s	25.34
5	NANCY .	208	12/12/07	HARYANA	+0.2m/s	25.44
6	SOUMITA PAUL	732	28/06/05	WEST BENGAL	+0.2m/s	26.03
7	KETHAVATH SINDU	541	09/01/07	TELANGANA	+0.2m/s	27.58

RESULTS OF PRELIMS Heat 1

1	SAKSHI CHAMPALAL CHAVAI	175	18/01/05	GUJARAT	+0.9m/s	25.26
2	NANCY .	208	12/12/07	HARYANA	+0.9m/s	25.63
3	KETHAVATH SINDU	541	09/01/07	TELANGANA	+0.9m/s	26.98
4	RAGAVARSHINI BOOPATHI	536	01/11/05	TELANGANA	+0.9m/s	26.99
5	SRISHTI .	136	05/08/06	DELHI	+0.9m/s	28.14
6	DAPHNE JOHNSON NADAR	373	05/02/07	MAHARASHTRA	+0.9m/s	28.94
	NEOLE ANNA CORNELIO	295	02/02/05	KARNATAKA		DNS

RESULTS OF PRELIMS Heat 2

1	V SUDHEEKSHA .	293	28/04/05	KARNATAKA	-0.6m/s	25.16
2	SANDRA MOL SABU	309	08/07/05	KERALA	-0.6m/s	25.21
3	ABINAYA RAJARAJAN	513	21/11/06	TAMIL NADU	-0.6m/s	25.41
4	SOUMITA PAUL	732	28/06/05	WEST BENGAL	-0.6m/s	25.72
5	MANSI RAJAK	327	10/09/07	MADHYA PRADESH	-0.6m/s	26.12
6	SRUTHI MALA	537	23/07/06	TELANGANA	-0.6m/s	26.70
7	SHEETAL NAGAR	141	18/03/08	DELHI	-0.6m/s	28.04

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SAI Regional Centre Sarojini Nagar**RESULTS OF PRELIMS Heat 3**

1	DODLA SAI SANGEETHA	539	09/07/06	TELANGANA	+1.2m/s	25.05
2	PRAVALIKA NARIMALLA	538	21/08/05	TELANGANA	+1.2m/s	25.33
3	KARUNA .	205	06/07/05	HARYANA	+1.2m/s	25.45
4	SHWETA .	135	20/04/05	DELHI	+1.2m/s	26.38
5	HARSHIL .	201	01/11/07	HARYANA	+1.2m/s	26.69
6	KAJAL SIHAG	142	07/10/08	DELHI	+1.2m/s	29.32

RESULTS OF PRELIMS Heat 4

1	MISHTHI KAJLA	457	18/08/05	RAJASTHAN	+0.9m/s	25.12
2	SIYA ABHIJIT SAWANT	364	01/05/06	MAHARASHTRA	+0.9m/s	25.42
3	B SRIVIDYA BALA MURALI	511	03/01/05	TAMIL NADU	+0.9m/s	25.69
4	SNEH .	220	30/10/05	HARYANA	+0.9m/s	26.08
5	CHUKKA SHAILAJA	540	28/04/07	TELANGANA	+0.9m/s	26.27
6	SHALENSHI .	218	25/03/05	HARYANA	+0.9m/s	27.22

Event # 2 MENS 200m Run JUNIOR

& ASIAN JR. U-20 Q.M: 21.60

#NR.:N.SRINIVAS SANGRUR 21.02 02/08/2021

% MR.:SHANMUGA SRINIVAS N SANGRUR 21.02 2021

RESULTS OF FINALS Heat 1

1	DONDAPATI MRUTYAM JAYA	423	12/01/05	ODISHA	+0.2m/s	21.59 &
2	ANKIT SHARMA	668	05/06/05	UTTAR PRADESH	+0.2m/s	21.89
3	MANGAL KUMAR YADAV	651	12/12/05	UTTAR PRADESH	+0.2m/s	21.91
4	ABHAY SINGH	351	15/06/06	MADHYA PRADESH	+0.2m/s	21.96
5	NIKHIL SUHAS DHAKE	408	04/11/05	MAHARASHTRA	+0.2m/s	22.02
6	ASTIK PRADHAN	424	23/04/06	ODISHA	+0.2m/s	22.17
7	RAMAN DAGAR	259	28/04/05	HARYANA	+0.2m/s	22.35
8	ABHAY KANWAR	334	02/07/06	MADHYA PRADESH	+0.2m/s	22.38

RESULTS OF SEMIS Heat 1

1	MANGAL KUMAR YADAV	651	12/12/05	UTTAR PRADESH	+0.9m/s	22.14
2	ASTIK PRADHAN	424	23/04/06	ODISHA	+0.9m/s	22.23
3	ABHAY KANWAR	334	02/07/06	MADHYA PRADESH	+0.9m/s	22.28
4	GOWTHAM ALLURI	543	28/12/05	TELANGANA	+0.9m/s	22.40
5	KOUSHIK GOGOI	102	07/05/07	ASSAM	+0.9m/s	22.77
6	SAPHIN LAKRA	289	17/06/05	JHARKHAND	+0.9m/s	22.84
7	VIKAS SINGH	170	14/10/06	DELHI	+0.9m/s	22.93
8	AJEET KUMAR MAURYA	643	06/02/06	UTTAR PRADESH	+0.9m/s	23.20

RESULTS OF SEMIS Heat 2

1	ABHAY SINGH	351	15/06/06	MADHYA PRADESH	+0.8m/s	22.06
2	ANKIT SHARMA	668	05/06/05	UTTAR PRADESH	+0.8m/s	22.08
3	RAMAN DAGAR	259	28/04/05	HARYANA	+0.8m/s	22.33
4	SAHIL MALIK	717	19/04/06	UTTARKHAND	+0.8m/s	22.35
5	AJAY .	235	03/02/06	HARYANA	+0.8m/s	22.38
6	RUDRA SHINDE	405	14/03/07	MAHARASHTRA	+0.8m/s	22.52
7	MD AMIR	153	12/12/05	DELHI	+0.8m/s	22.68
8	SONU CHAUDHARY	611	04/11/05	UTTAR PRADESH	+0.8m/s	23.15

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SAI Regional Centre Sarojini Nagar**RESULTS OF SEMIS Heat 3**

1	DONDAPATI MRUTYAM JAYA	423	12/01/05	ODISHA	+1.2m/s	21.87
2	NIKHIL SUHAS DHAKE	408	04/11/05	MAHARASHTRA	+1.2m/s	22.14
3	UMAR SAIFI	665	15/01/05	UTTAR PRADESH	+1.2m/s	22.43
4	ROHAN SINGH	723	25/12/06	UTTARKHAND	+1.2m/s	22.49
5	SOURABH SHIVAM SINGH	495	16/01/05	RAJASTHAN	+1.2m/s	22.68
6	DEEPENDRA SINGH SHEKHA	501	02/12/05	RAJASTHAN	+1.2m/s	22.70
7	RAJAT RAJ	119	23/10/05	BIHAR	+1.2m/s	22.75
8	VAIBHAV BAISLA	154	30/12/07	DELHI	+1.2m/s	23.23

RESULTS OF PRELIMS Heat 1

1	RAMAN DAGAR	259	28/04/05	HARYANA	+0.0m/s	22.51
2	SOURABH SHIVAM SINGH	495	16/01/05	RAJASTHAN	+0.0m/s	22.59
3	VIKAS SINGH	170	14/10/06	DELHI	+0.0m/s	22.84
4	VAIBHAV BAISLA	154	30/12/07	DELHI	+0.0m/s	22.94
5	VISHU .	710	02/02/06	UTTARKHAND	+0.0m/s	23.40
6	LOKESH KUMAR	160	15/02/06	DELHI	+0.0m/s	23.66
7	ROHIT KUMAR YADAV	652	01/05/05	UTTAR PRADESH	+0.0m/s	24.12
	MUTHANNA K Y	306	09/04/06	KARNATAKA		DNS

RESULTS OF PRELIMS Heat 2

1	ASTIK PRADHAN	424	23/04/06	ODISHA	+1.8m/s	22.26
2	KOUSHIK GOGOI	102	07/05/07	ASSAM	+1.8m/s	22.44
3	RAJAT RAJ	119	23/10/05	BIHAR	+1.8m/s	22.57
4	SANDEEP .	150	31/08/07	DELHI	+1.8m/s	22.98
5	PROSANTA ROY	741	15/04/05	WEST BENGAL	+1.8m/s	23.02
6	KRISHNA NAND TIWARI	189	10/12/06	GUJARAT	+1.8m/s	25.01
7	SANJAY BHOI	475	01/02/07	RAJASTHAN	+1.8m/s	27.58
	RITHIK RAHUL.M	529	20/05/05	TAMIL NADU		DNS

RESULTS OF PRELIMS Heat 3

1	DONDAPATI MRUTYAM JAYA	423	12/01/05	ODISHA	+1.0m/s	22.36
2	AJAY .	235	03/02/06	HARYANA	+1.0m/s	22.76
3	GOWTHAM ALLURI	543	28/12/05	TELANGANA	+1.0m/s	22.90
4	LAVI SHARMA	165	24/12/06	DELHI	+1.0m/s	23.13
5	CHETAN KIRRAD	159	24/12/07	DELHI	+1.0m/s	23.50
	JAY SHIV	675	15/12/05	UTTAR PRADESH		DNS
	PRATEEK D	303	09/05/06	KARNATAKA		DNS
	ABDUL SAMAD	666	01/01/06	UTTAR PRADESH		DNS

RESULTS OF PRELIMS Heat 4

1	MANGAL KUMAR YADAV	651	12/12/05	UTTAR PRADESH	-0.4m/s	22.27
2	AJEET KUMAR MAURYA	643	06/02/06	UTTAR PRADESH	-0.4m/s	23.24
3	KAPIL KUMAR	486	28/03/05	RAJASTHAN	-0.4m/s	23.71
4	YOGESH .	592	05/05/05	UTTAR PRADESH	-0.4m/s	24.52
5	HARSH GIRI GOSWAMI	332	05/12/06	MADHYA PRADESH	-0.4m/s	24.85
6	HANSRAJ .	472	13/10/05	RAJASTHAN	-0.4m/s	26.82
	MOHAMMAD REYAN BASHA	426	21/10/06	ODISHA		DNS

RESULTS OF PRELIMS Heat 5

1	ANKIT SHARMA	668	05/06/05	UTTAR PRADESH	+0.7m/s	22.22
2	SAHIL MALIK	717	19/04/06	UTTARKHAND	+0.7m/s	22.49
3	RUDRA SHINDE	405	14/03/07	MAHARASHTRA	+0.7m/s	22.50
4	AMAN KUMAR	108	12/12/05	BIHAR	+0.7m/s	22.94
5	GAJENDRA SINGH	497	24/03/07	RAJASTHAN	+0.7m/s	24.63
6	MUBBASSIR JAVED	620	29/12/06	UTTAR PRADESH	+0.7m/s	24.71
	AMAN CHAUDHARY	155	04/04/06	DELHI		DNS

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SAI Regional Centre Sarojini Nagar**RESULTS OF PRELIMS Heat 6**

1	NIKHIL SUHAS DHAKE	408	04/11/05	MAHARASHTRA	+1.7m/s	22.19
2	ABHAY KANWAR	334	02/07/06	MADHYA PRADESH	+1.7m/s	22.33
3	ROHAN SINGH	723	25/12/06	UTTARKHAND	+1.7m/s	22.63
4	MD AMIR	153	12/12/05	DELHI	+1.7m/s	22.70
5	KAUSHIK KAMAT	397	24/01/05	MAHARASHTRA	+1.7m/s	23.10
6	ANIKET MANTOSH RAJ	399	26/04/06	MAHARASHTRA	+1.7m/s	23.41
	ARJIT KUMAR YADAV	113	10/01/06	BIHAR		DNS

RESULTS OF PRELIMS Heat 7

1	UMAR SAIFI	665	15/01/05	UTTAR PRADESH	+0.6m/s	22.44
2	SAPHIN LAKRA	289	17/06/05	JHARKHAND	+0.6m/s	22.83
3	ATHARVA ATUL PATIL	389	02/06/05	MAHARASHTRA	+0.6m/s	23.07
4	SOURABH TAK	503	13/05/05	RAJASTHAN	+0.6m/s	23.40
5	RITESH KUMAR	637	01/08/07	UTTAR PRADESH	+0.6m/s	23.78
6	HIMANSHU KUMAR RAI	112	30/01/06	BIHAR	+0.6m/s	23.98
	KARTIK .	149	26/08/05	DELHI		DNS

RESULTS OF PRELIMS Heat 8

1	ABHAY SINGH	351	15/06/06	MADHYA PRADESH	-0.6m/s	22.27
2	DEEPENDRA SINGH SHEKHA	501	02/12/05	RAJASTHAN	-0.6m/s	22.63
3	SONU CHAUDHARY	611	04/11/05	UTTAR PRADESH	-0.6m/s	22.80
4	ARUN KUMAR	266	09/10/05	HARYANA	-0.6m/s	23.72
5	SATISH SAHANI	664	10/10/06	UTTAR PRADESH	-0.6m/s	24.10
6	AMIT GUPTA	616	05/04/05	UTTAR PRADESH	-0.6m/s	24.32
	ANSHU RAJAK	662	14/07/07	UTTAR PRADESH		DNF

Event # 11 MENS 400m Hurdles JUNIOR

& ASIAN JR. U-20 Q.M: 51.26

NR.:T. SANTHOSH KUMAR CHENNAI 50.16 28/09/2017

% MR.:DURGESH KUMAR PAL PUNE 51.26 2012

RESULTS OF FINALS Heat 1

1	MURAD SIRMAN	192	10/09/05	GUJARAT		52.31
2	ARJUN PRADEEP	318	22/06/05	KERALA		54.12
3	AMIT DAHIYA	260	10/10/06	HARYANA		55.26
4	TUSHAR KAJLA	262	04/09/05	HARYANA		55.43
	55.422					
5	NOEL JOSEPH PRABHU	305	30/12/05	KARNATAKA		55.43
	55.425					
6	SANGRAM SINGH	682	10/09/05	UTTAR PRADESH		55.70
7	AMIT KUMAR	625	14/01/07	UTTAR PRADESH		56.14
8	SHATRUDHAN .	587	12/02/05	UTTAR PRADESH		56.62

RESULTS OF PRELIMS Heat 1

1	SANGRAM SINGH	682	10/09/05	UTTAR PRADESH		55.96
2	SHATRUDHAN .	587	12/02/05	UTTAR PRADESH		56.53
3	VISHU RATHI	663	08/08/06	UTTAR PRADESH		56.69
4	GAUTAM SHOU	496	21/06/06	RAJASTHAN		59.68
5	DEVANSH SINGH	677	02/04/06	UTTAR PRADESH		1:00.49
6	SALAB KUMAR	714	07/04/06	UTTARKHAND		1:03.68

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SAI Regional Centre Sarojini Nagar**RESULTS OF PRELIMS Heat 2**

1	MURAD SIRMAN	192	10/09/05	GUJARAT	54.72
2	ARJUN PRADEEP	318	22/06/05	KERALA	55.87
3	NOEL JOSEPH PRABHU	305	30/12/05	KARNATAKA	55.95
4	AMIT KUMAR	625	14/01/07	UTTAR PRADESH	56.68
5	VISHNU .	519	15/07/06	TAMIL NADU	59.77
6	RITESH KUMAR	288	17/12/06	JHARKHAND	1:00.73

RESULTS OF PRELIMS Heat 3

1	TUSHAR KAJLA	262	04/09/05	HARYANA	56.20
2	AMIT DAHIYA	260	10/10/06	HARYANA	57.07
3	PANKAJ .	245	29/10/05	HARYANA	57.37
4	DIVAKAR YADAV	694	22/12/06	UTTAR PRADESH	1:01.54
5	ANSHUL SHARMA	669	12/11/07	UTTAR PRADESH	1:04.01
	ROHIT MAAN	493	20/05/06	RAJASTHAN	DNS

Event # 36 WOMENS Shot Put JUNIOR

& ASIAN JR. U-20 Q.M: 15.00

#NR.:N.DHILLON CHENNAI 15.89 10/05/2014

% MR.:NAVJEET KAUR DHILLON CHENNAI 15.89 2014

1	TAMANNA .	747	31/08/06	HARYANA	14.56m
		13.68, 12.12, 13.74, X, 13.11, 14.56			
2	POOJA KUMARI	462	01/07/07	RAJASTHAN	13.83m
		13.00, 12.76, 13.83, X, 12.91, 13.47			
3	ANTIMA MISHRA	567	25/12/05	UTTAR PRADESH	12.71m
		11.82, 12.71, 12.10, 11.96, 12.51, X			
4	KHUSHI .	551	07/07/07	UTTAR PRADESH	11.52m
5	RITU KUMARI	463	10/10/05	RAJASTHAN	11.19m
	JHALAK CHAHAL	562	13/07/05	UTTAR PRADESH	DNS

Event # 30 WOMENS 400m Hurdles JUNIOR

& ASIAN JR. U-20 Q.M: 1:01.13

NR.:DEBI BOSE KOLKATA 58.42 15/12/1996

% MR.:ANUSHKA . TIRUVANNAMALAI 1:00.36 2023

RESULTS OF FINALS Heat 1

1	SHREEYA RAJESH	300	15/05/05	KARNATAKA	59.30 &%
2	JEYAVINDHIYA JEGADISH	510	11/01/05	TAMIL NADU	59.62 &%
3	UNNATHI AIYAPPA BOLLAND	294	05/06/05	KARNATAKA	59.86 &%
4	ANUSHKA KUMBHAR	376	04/05/05	MAHARASHTRA	1:01.06 &
5	SHRAVANI SACHIN SANGLE	381	16/11/05	MAHARASHTRA	1:02.01
6	MUSKAN	225	26/01/06	HARYANA	1:02.33
7	ASHA .	198	13/10/05	HARYANA	1:04.90
8	AMULYA BM	296	15/03/05	KARNATAKA	1:05.25

RESULTS OF PRELIMS Heat 1

1	SHREEYA RAJESH	300	15/05/05	KARNATAKA	1:00.50 &
2	SHRAVANI SACHIN SANGLE	381	16/11/05	MAHARASHTRA	1:03.58
3	ASHA .	198	13/10/05	HARYANA	1:04.29
4	AMULYA BM	296	15/03/05	KARNATAKA	1:04.48
5	SHREE S K	514	18/04/05	TAMIL NADU	1:07.88
6	SONA .	450	30/08/06	RAJASTHAN	1:16.88

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1	ANUSHKA KUMBHAR	376	04/05/05	MAHARASHTRA	1:00.85 &
2	JEYAVINDHIYA JEGADISH	510	11/01/05	TAMIL NADU	1:01.69
3	MUSKAN	225	26/01/06	HARYANA	1:03.15
4	UNNATHI AIYAPPA BOLLAND	294	05/06/05	KARNATAKA	1:03.70
5	GURIA MAHATO	731	10/03/06	WEST BENGAL	1:11.55
	HARSHITA GOSWAMI	138	08/06/06	DELHI	DNS

Event # 9 MENS 3000m Steeplechase JUNIOR

& ASIAN JR. U-20 Q.M: 9:18.43

NR.:SHARUK KHAN YECHEON 8:51.75 05/06/2023

% MR.:SHARUK KHAN TIRUVANNAMALAI 9:05.42 2023

1	SHARUK KHAN	622	25/07/06	UTTAR PRADESH	8:57.90 &%
2	RANVIR KUMAR SINH	187	04/07/05	GUJARAT	8:58.67 &%
3	SOHEL BEG	711	05/06/05	UTTARKHAND	8:59.95 &%
4	SUMIT RATHEE	745	22/09/06	HARYANA	9:04.47 &%
5	ANUPAM .	582	02/04/05	UTTAR PRADESH	9:09.64 &
6	AARIF .	329	10/07/05	MADHYA PRADESH	9:27.86
7	SURAJ KUMAR PAL	645	10/12/05	UTTAR PRADESH	9:30.80
8	ANKIT VERMA	361	16/11/05	MADHYA PRADESH	9:38.28
9	NAVRATAN .	244	06/12/06	HARYANA	9:40.71
10	VISHNU KUMAR	489	15/07/05	RAJASTHAN	9:42.47
11	AJIT .	330	11/07/05	MADHYA PRADESH	9:46.10
12	SAHILKUMAR VADHIYA	193	26/09/07	GUJARAT	9:47.07
13	KUMAR BALU JADHAV	390	12/08/05	MAHARASHTRA	10:04.78
14	TANISH KUMAR	161	10/08/05	DELHI	10:07.46
15	MONU .	584	03/02/06	UTTAR PRADESH	10:10.20
16	SUNIL KUMAR	639	18/03/05	UTTAR PRADESH	10:10.24
17	GURPINDER SINGH	441	11/10/05	PUNJAB	10:13.64
18	VINAY MOGILI	547	10/05/05	TELANGANA	10:33.84
19	ANKIT KUMAR	109	18/10/06	BIHAR	11:02.95
20	CHANDRA SHEKHAR	167	01/01/07	DELHI	11:03.03
	CHANDER SINGH	275	30/10/05	HARYANA	DNF
	OMKAR RAMRATAN SINGH	191	10/02/05	GUJARAT	DNF
	RAJA GAUTAM	613	19/06/06	UTTAR PRADESH	DNF
	RAJESH .	473	01/05/05	RAJASTHAN	DNF

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Event # 39 WOMENS Javelin Throw JUNIOR

& ASIAN JR. U-20 Q.M: 47.35

NR.:SUMAN DEVI BANGKOK 52.33 29/10/2002

% MR.:SUMAN DEVI JAMSHEDPUR 51.10 2004

1	DEEPIKA .	200	21/11/05	HARYANA	48.71m &
		44.02, X, 48.71, 47.01, X, 48.01			
2	POONAM .	212	22/04/07	HARYANA	46.24m
		41.66, 43.32, 43.57, 39.87, 46.24, 42.20			
3	JYOTI .	203	15/12/05	HARYANA	45.90m
		42.76, 44.13, 43.37, 42.36, 45.90, 45.84			
4	SAPNA .	217	26/12/05	HARYANA	45.08m
5	NISHI KUMARI	104	01/01/05	BIHAR	43.48m
6	VERSHA .	430	05/01/06	PUNJAB	40.71m
7	BHATERI .	199	11/07/07	HARYANA	39.33m
8	TANISHA YADAV	468	23/09/06	RAJASTHAN	34.68m
	BHAVYA PILANIA	230	18/10/07	HARYANA	DNS
	ARCHANA YADAV	575	11/02/05	UTTAR PRADESH	DNS
	ANKITA SAHU	467	21/12/07	RAJASTHAN	DNS

Event # 28 WOMENS 3000m Steeplechase JUNIOR

& ASIAN JR. U-20 Q.M: 11:30.00

NR.:SONAM . COIMBATORE 10:29.50 09/11/2023

% MR.:G. MAHESHWARI . TIRUVANNAMALAI 10:46.81 2019

1	EKTA PRADEEP DEY	326	21/09/05	MADHYA PRADESH	10:10.08 &#%
2	GARIMA YADAV	576	04/07/05	UTTAR PRADESH	10:57.13 &
3	CHAITALI BOREKAR	368	26/04/06	MAHARASHTRA	11:58.50
4	KAJALBEN DINESHBHAI VEG	177	18/02/05	GUJARAT	12:31.18
5	ANKITA BOHRA	707	15/06/05	UTTARKHAND	13:04.93
6	SAKSHI NAVSARE	380	20/11/05	MAHARASHTRA	16:15.69
	JASPREET .	202	10/02/06	HARYANA	DNF

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Event # 40 WOMENS Heptathlon

NR.: S.BARMAN PATI 5400 19/08/2014

MR.: S.BARMAN CHEN 5071 2014

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
1	PAVANA NAGARAJ (299) KARNATAKA	5076	14.95 848	1.72 879	11.25 612	25.29 860	3199	5.77 780	30.66 489	2:36.99 608	1877
2	MUBASSINA MOHAMMED (74) LAKSHADWEEP	4379	16.60 642	1.58 712	8.65 441	26.42 761	2556	5.37 663	35.26 577	2:39.12 583	1823
3	BIDISHA KUNDU (730) WEST BENGAL	4037	15.88 729	1.61 747	7.97 397	26.19 781	2654	5.06 576	15.65 209	2:37.85 598	1383
4	HARSHITA GOSWAMI (138) DELHI	3987	17.00 596	1.52 644	8.89 457	27.15 699	2396	4.35 391	29.69 471	2:27.16 729	1591
5	PRANITA BAVADEKAR (367) MAHARASHTRA	3205	16.26 683	1.43 544	7.91 394	27.15 699	2320	4.99 557	22.12 328	DQ 0	885
6	KETHAVATH SINDU (541) TELANGANA	2471	18.83 406	1.37 481	6.14 280	26.61 745	1912	4.54 438	10.86 121	DQ 0	559
7	RICHA YADAV (579) UTTAR PRADESH	2366	20.28 279	1.22 331	8.56 436	31.13 406	1452	NM 0	26.07 402	2:45.41 512	914