Junior National Federation Cup Athletics Championship - Thiruvannamalai, Tamilnadu **Organised by Tamilnadu Athletics Association** 28th to 30th of April 2023, Version 1 as on 17th April 2023 [Version 2 will follow after the closure of entries] **Event** Scheduled Specification **Event** Section Round **Time** No Day 1 - 28th April Morning Session 101 0615hrs 5000m Junior Men Under 20 Final 1 102 0640hrs 5000m Junior Women Under 20 Final 2 103 0730hrs 100m Junior Men Under 20 Decathlon 1 104 0745hrs 100m Junior Women Under 20 Round 1 105 0800hrs Pole Vault Junior Women Under 20 Final 3 106 0810hrs 100m Junior Men Under 20 Round 1 107 0810hrs Long Jump Junior Men Under 20 Decathlon 2 108 0850hrs 400m Junior Women Under 20 Round 1 0910hrs 109 400m Junior Men Under 20 Round 1 110 0910hrs Junior Men Under 20 Qualifying Round Group 1 & 2 Long Jump 0945hrs 6.000kg 111 Shot Put Junior Men Under 20 Decathlon 3 Day 1 - 28th April Evening Session 112 1505hrs Junior Men Under 20 Decathlon 4 High Jump 113 1530hrs **Shot Put** 6.000kg Junior Men Under 20 Final 4 **1700 hrs Opening Ceremony** 114 1815hrs Hammer Throw 4.000kg Junior Women Under 20 Final 5 115 1820hrs 100m Junior Men Under 20 Semi Final 116 1830hrs Shot Put 4.000kg Junior Women Under 20 Final 6 117 1840hrs 1500m Junior Women Under 20 Final 7 1850hrs 1500m 118 Junior Men Under 20 Round 1 119 1915hrs 400m Junior Men Under 20 Decathlon 5 120 1930hrs 400m Junior Men Under 20 Semi Final Day 2 - 29th April Morning Session 201 0610hrs 10000m Race Walk Junior Men Under 20 Final 8 202 0715hrs 110m Hurdles 0.991m Junior Men Under 20 Decathlon 6 203 0730hrs 110m Hurdles 0.991m Junior Men Under 20 Round 1 204 0750hrs **Discus Throw** 1.750kg Junior Men Under 20 Decathlon 7 205 0800hrs 100m Hurdles 0.838m Junior Women Under 20 Heptathlon 1 206 0820hrs 100m Hurdles 0.838m Junior Women Under 20 Round 1

207	0845hrs	High Jump		Junior Women Under 20	Heptathlon 2			
208	0845hrs	Javelin Throw	800gm	Junior Men Under 20	Qualifying Round Group 1			
209	0850hrs	1500m		Junior Men Under 20	Final 9			
210	0900hrs	Pole Vault		Junior Men Under 20	Decathlon 8			
211	0945hrs	Javelin Throw	800gm	Junior Men Under 20	Qualifying Round Group 2			
Day 2 - 29th April Evening Session								
212	1620hrs	Javelin Throw	800gm	Junior Men Under 20	Decathlon 9			
213	1630hrs	Pole Vault		Junior Men Under 20	Final 10			
214	1640hrs	110m Hurdles	0.991m	Junior Men Under 20	Final 11			
215	1700hrs	100m Hurdles	0.838m	Junior Women Under 20	Final 12			
216	1705hrs	Long Jump		Junior Women Under 20	Final 13			
217	1710hrs	Shot Put	4.000kg	Junior Women Under 20	Heptathlon 3			
218	1725hrs	Discus Throw	1.750kg	Junior Men Under 20	Final 14			
219	1750hrs	100m		Junior Women Under 20	Final 15			
220	1800hrs	100m		Junior Men Under 20	Final 16			
221	1810 hrs	400m		Junior Women Under 20	Final 17			
222	1820hrs	400m		Junior Men Under 20	Final 18			
223	1825hrs	Long Jump		Junior Men Under 20	Final 19			
224	1835hrs	1500m		Junior Men Under 20	Decathlon 10 / Final 20			
225	1845hrs	Discus Throw	1.000kg	Junior Women Under 20	Final 21			
226	1850hrs	200m		Junior Women Under 20	Round 1			
227	1910hrs	200m		Junior Men Under 20	Round 1			
228	1940hrs	200m		Junior Women Under 20	Heptathlon 4			
229	2000hrs	800m		Junior Women Under 20	Round 1			
230	2015hrs	800m		Junior Men Under 20	Round 1			
Day 3 -30th April Morning Session								
301	0615hrs	10000m Race Walk		Junior Women Under 20	Final 22			
302	0715hrs	3000m		Junior Women Under 20	Final 23			
303	0720hrs	Hammer Throw	6.000kg	Junior Men Under 20	Final 24			
304	0730hrs	3000m		Junior Men Under 20	Final 25			
305	0740hrs	Long Jump		Junior Women Under 20	Heptathlon 5			
306	0800hrs	200m		Junior Women Under 20	Semi Final			
307	0810hrs	High Jump		Junior Women Under 20	Final 26			
308	0820hrs	200m		Junior Men Under 20	Semi Final			
309	0830hrs	Javelin Throw	600gm	Junior Women Under 20	Final 27			

310	0835hrs	Triple Jump		Junior Women Under 20	Final 28			
311	0845hrs	400m Hurdles	0.914m	Junior Men Under 20	Round 1			
312	0915hrs	400m Hurdles	0.762m	Junior Women Under 20	Round 1			
313	0920hrs	Javelin Throw	600gm	Junior Women Under 20	Heptathlon 6			
Day 3 - 30th April Evening Session								
314	1530hrs	High Jump		Junior Men Under 20	Final 29			
315	1600hrs	400m Hurdles	0.762m	Junior Women Under 20	Final 30			
316	1605hrs	Triple Jump		Junior Men Under 20	Final 31			
317	1615hrs	400m Hurdles	0.914m	Junior Men Under 20	Final 32			
318	1620hrs	Javelin Throw	800gm	Junior Men Under 20	Final 33			
319	1640hrs	200m		Junior Women Under 20	Final 34			
320	1650hrs	200m		Junior Men Under 20	Final 35			
321	1705hrs	800m		Junior Women Under 20	Heptathlon 7 / Final 36			
322	1715hrs	800m		Junior Women Under 20	Final 37			
323	1725hrs	800m		Junior Men Under 20	Final 38			
324	1740hrs	3000m Steeple Chase	0.914m	Junior Men Under 20	Final 39			
325	1800hrs	3000m Steeple Chase	0.762m	Junior Women Under 20	Final 40			
1815 hrs Valedictory Function								

Note The Bib Number will be distributed to the Athletes on 27th April 0900hrs onwards at the Stadium