



ATHLETICS FEDERATION OF INDIA

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Ref. F.No. 5-AFI/2023

Circular No. 18-03/2023

March 24, 2023

To,
All Affiliated Units – AFI

Subject:- 21st National Federation Cup Juniors (U20) Athletics Championships

Dear Sir,

I'm pleased to inform you that **21st National Federation Cup Juniors (U20) Athletics Championships** is scheduled to be conducted at District Sports Complex Collectorate, Thiruvannamalai, (Tamil Nadu) from 28-30 April 2023. The Competition will be organized by **Tamil Nadu Athletics Association** under the aegis of Athletics Federation of India. This Championships is a qualifying championships for **20th Asian U20 Athletics Championships** to be held at Yecheon, South Korea from 04-07 June 2023.

The Championships and events shall be organized in accordance with the Rules of World Athletics Competition & Technical Rules 2022 Edition & Indian Athletics Manual (updated as on 01.10.2020).

The SOP (Standard Operating Procedure) issued by Govt. of India/MYAS/SAI/AFI & Government of Tamil Nadu shall be followed for hosting this National Athletics Championships.

Championships & Eligibility Details:

1. The **individuals** representing the "Affiliated States/UT Athletics Associations" and "Recognized Units" will enter in the Competition. An Athlete can enter in **TWO individual events**.
2. Athletes aged 18 or 19 years on 31 December 2023 (Born in 2004 or 2005) may compete in any Event. Athletes aged 16 or 17 years as on 31st December in the year of the competition (e.g. for the 2023 Championships, born in 2006 and 2007) may compete in any event. However, the maximum number of events in which U18 athletes can compete is two individual events plus one of the relays. If two individual events are track events only one of these may be longer than 200m. No Athlete younger than 16 years as on 31st December 2023 may be entered (Born in 2008 or above)
3. The entries should be submitted "ONLINE" on AFI Website directly **by the individual Athletes** from **13th April to 25th April 2023 with the proof of achieving the Entry Standard**. Entries sent by the mode other than "ONLINE" will not be accepted. In other words, no manual entry will be accepted.
4. Athletes have to carry **negative RTPCR report** even if they are vaccinated. Without valid RTPCR report athletes **will not be allowed** to enter the Stadium. This report should only be **72 hours prior** to the commencement of the event.
5. An entry fee of INR 500/- per event to be submitted online **directly by athletes**. The entry fee paid is **non-refundable**, hence athletes are advised to submit the entries only if they achieve the Entry Standard in National/State/UT Meets or AFI recognised meets in last 3 years.

Events to be conducted:

The list of events to be conducted with the specifications is attached herewith.

Entry Standards:

Entry Standards is attached with this circular. It is once again advised to enter your name for the championships only if you have achieved the prescribed entry standards fixed by AFI either in National/State/UT Meets or AFI recognised meets where electronic system had been used and the proof is must to be attached in online portal.

BIB Numbers:

Bib nos. will be issued to concerned **Athletes as per day wise Start list and two hours before their event** at the Entry Gate of Championships Venue after showing their valid Photo-ID card.

Medals & Certificates:

Medals will be given during the medal ceremony & Participation Certificates will be issued online. However, Participation Certificates will be issued only to those athletes who achieve the qualification standards set by AFI. **Merit Certificates** will be sent to the concerned athletes at their registered address as per AFI-UID after receiving the Dope Test results from NADA which may take 3-4 months.

Dope Samples:

Dope Samples will be collected by the officials of National Anti-Doping Agency (NADA).

Boarding & Lodging:

Plased be informed that the Boarding, Lodging & Local Transport facilities to participating Athletes will not be provided by the Athletics Federation of India. Athletes will therefore have to make their own arrangements in this regard.

It may please be noted that other guidelines issued by the concerned State Government in connection with Covid-19 Pandemic, shall be strictly followed to ensure that the competition is conducted smoothly. Any Athlete/Official violating the SOP, Guidelines issued with regard to Covid-19 Pandemic will be debarred from participation in this Championships.

Important Information:

The athletes who achieve the Asian Championships U20 qualifying marks are advised to submit their **passport copy to AFI Office via email followed by hard copy of the same via courier/speed post for visa and accreditation purpose.** The athletes who do not have the passport are advised to apply for the same immediately.

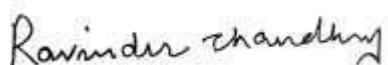
Disclaimer:

AFI will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection to participation in 21st National Federation Cup U-20 Athletics Championships 2023. All Athletes/officials/vendors have to participate on their own risk.

You are requested to bring it to the notice of your athletes. Your cooperation in this regard is solicited.

Thanking You,

Yours sincerely,



(Ravinder Chaudhry)

Secretary, AFI

21st National Federation Cup U20 Athletics Championships

List of Events & Entry Standards

Sr. no.	Junior Men (Under-20 Boys)	Entry Standard for 21st Fed Cup Jr. Champs	20th Asian Championship U-20 (Entry Standard)	Junior Women (Under-20 Girls)	Entry Standard 21st Fed Cup Jr. Champs	20th Asian Championship U-20 (Entry Standard)
1	100m	11.00s	10.46s	100m	12.75s	11.98s
2	200m	23.00s	21.09s	200m	26.50s	24.48s
3	400m	50.00s	47.58s	400m	59.50s	54.74s
4	800m	1:55.00s	1:54.55s	800m	2:20.00s	2:06.00s
5	1500m	4:10.00s	3:49.75s	1500m	4:50.00s	4:28.00s
6	3000m	9:40.00s	N/a	3000m	11:40.00s	9:38.50s
7	5000m	16:00.00 s	14:45.00s	5000m	18:50.00s	17:03.75s
8	3000m SC	10:15.00s	9:10.00s	3000m SC	14:00.00s	10:38.30s
9	110m Hurdles (0.991m)	15.00s	13.81s	100m Hurdles (0.838m)	16.20s	13.90s
10	400m Hurdles (0.914m)	55.00s	52.00s	400m Hurdles (0.762m)	1:08.00s	59.00s
11	10,000m Race Walking	50:00.00s	43:06.89s	10,000m Race Walking	1:06.00s	48:50.00s
12	High Jump	1.90m	2.10m	High Jump	1.55m	1.75m
13	Pole Vault	3.50 m	4.90m	Pole Vault	2.80m	3.60m
14	Long Jump	6.70m	7.46m	Long Jump	5.30m	5.92m
15	Triple Jump	14.00m	15.47m	Triple Jump	11.50m	13.08m
16	Shot Put (6.0 kg)	15.00m	18.10m	Shot Put (4.0 kg)	10.50m	14.76m
17	Discus Throw (1.75 kg)	47.00m	55.00m	Discus Throw (1.0 kg)	35.00m	46.57m
18	Hammer Throw (6.0 kg)	58.00m	67.50m	Hammer Throw (4.0 kg)	40.00m	55.46m
19	Javelin Throw (800g)	60.00m	65.36m	Javelin Throw (600g)	38.50m	50.00m
20	Decathlon	5200 pts.	6693 pts.	Heptathlon	3250 pts.	4700 pts.